



Broadleaf
BOOKS

SPRING 2023

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Broadleaf Books

Our books inspire transformation in readers and their communities to foster a more open, just, and compassionate world.

Rooted in the progressive Christian tradition and reflecting the diversity of human creativity, we publish books that engage readers in fresh, substantive, timely, and inspiring reflection on what it is to live with meaning and connection.

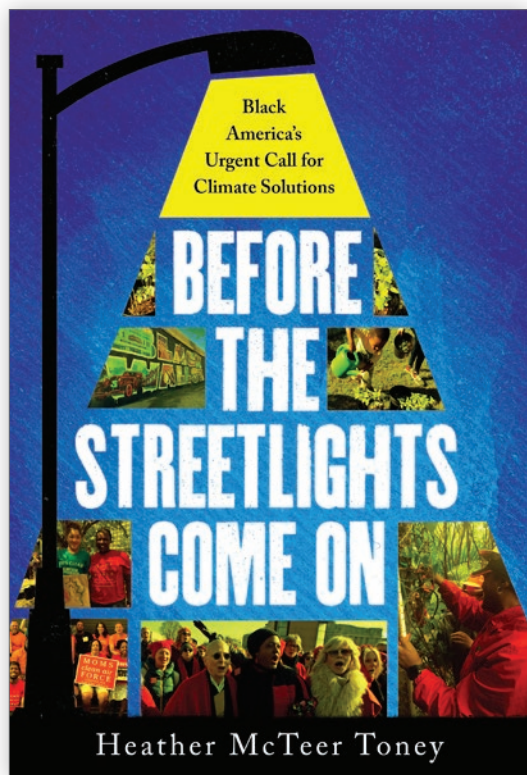
We are committed to publishing authors who bring thoughtful perspective to explorations in religion, spirituality, social justice, culture, and personal growth with credibility and authenticity.

Broadleaf Books is the new adult nonfiction imprint of 1517 Media. The other imprints of 1517 Media include Beaming Books, Augsburg Books, Fortress Press, Augsburg Fortress, and Sparkhouse.

For more information, visit 1517.media.



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Before the Streetlights Come On

Black America's Urgent Call for Climate Solutions

HEATHER MCTEER TONEY

Climate activist Heather McTeer Toney illuminates the central role of Black communities in the movement for climate justice and the impact on other, intertwining forms of systemic injustice.

MARKETING

- ▶ National print and online publicity to trade media, Black media, and social and environmental justice media
- ▶ Trade advertising
- ▶ Targeted digital and social-media campaign to Black readers and environmental and social justice readers
- ▶ Outreach to HBCU networks and audiences
- ▶ Targeted outreach to Black-owned independent bookstores, including author events
- ▶ Concerted Earth Day push, including paid promotions and national media pitching

Publication: April 18, 2023

978-1-5064-7862-3

Hardcover 5.5 x 8.5

208 pages

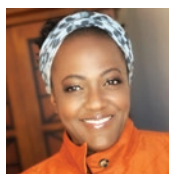
\$24.99

SOC072000 SOCIAL SCIENCE / Activism & Social Justice

SOC001000 SOCIAL SCIENCE / Ethnic Studies / American / African American & Black Studies

SCI092000 SCIENCE / Global Warming & Climate Change

In *Before the Streetlights Come On*, climate activist Heather McTeer Toney insists that those most affected by climate change are best suited to lead the movement for climate justice. McTeer Toney brings her background in politics, community advocacy, and leadership in environmental justice to this revolutionary exploration of why and how Black Americans are uniquely qualified to lead national and global conversations around systems of racial disparity and solutions to the climate crisis. As our country delves deeper into solutions for systemic racism and past injustices, the environmental movement must shift direction and leadership toward Black communities.



HEATHER MCTEER TONEY is an attorney, environmentalist, speaker, and writer. Formerly mayor of Greenville, Mississippi, regional administrator for the Environmental Protection Agency's Southeast Region, and senior director for Moms Clean Air Force, Toney is now vice president

of community engagement for the Environmental Defense Fund. She is a frequent guest on numerous shows and networks including CNN, Apple's *The Problem* with Jon Stewart, MSNBC, Democracy Now!, and Fox News. Heather lives with her husband and three children in Oxford, Mississippi.



heathermcteertoney



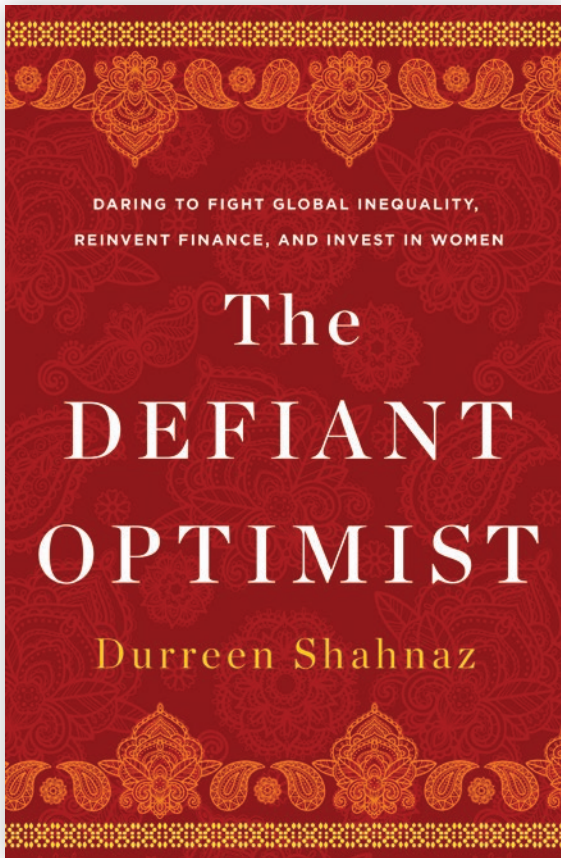
@heathermcteer



@heathermcteertoney



/HeatherMcTeerToney



The Defiant Optimist

Daring to Fight Global Inequality, Reinvent Finance, and Invest in Women

DURREEN SHAHNAZ

Impact investor Durreen Shahnaz reveals how she transformed systems designed to enrich the few to instead benefit the many, and how we also can become defiant optimists.

MARKETING

- ▶ Author speaking tour
- ▶ National print and online publicity campaign targeting business and news media
- ▶ Digital and social-media campaign targeting people interested in stories of women innovators and those interested in impact investing and socially responsible investing
- ▶ Advertising in traditional trade media
- ▶ Launch team tapping author's significant contacts in business, finance, and impact investing networks

Publication: June 27, 2023

978-1-5064-8076-3

Hardcover 5.5 x 8.5

276 pages

\$27.99

BUS071000 BUSINESS & ECONOMICS

/ Leadership

BUS109000 BUSINESS & ECONOMICS /

Women in Business

SEL031000 SELF-HELP / Personal

Growth / General

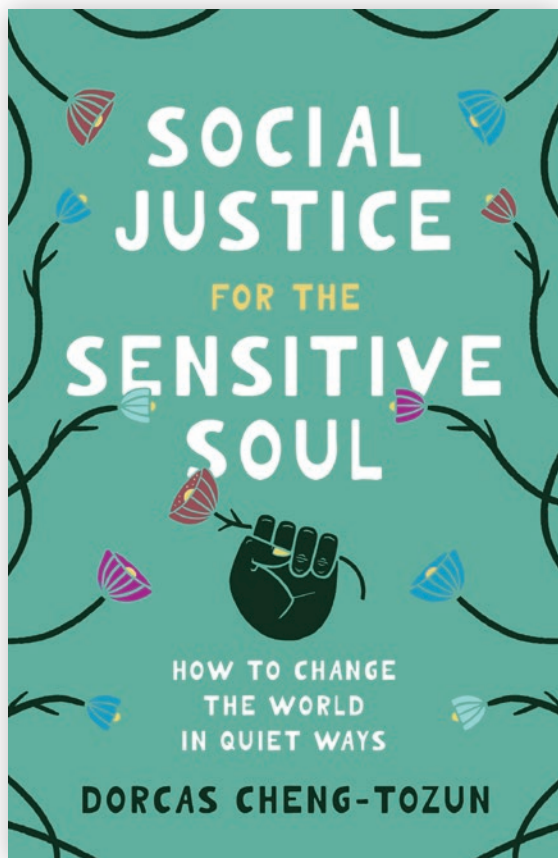
When she launched the world's first stock exchange for social enterprises, Durreen Shahnaz sparked a movement. Defiant optimism—the stubborn belief that systems that enrich the few can be transformed for the good of the many—requires an indomitable spirit. From growing up with constrained life chances, to working as the first Bangladeshi woman on Wall Street, to becoming a global leader in impact investing, Shahnaz takes us on a mesmerizing trek of innovation, compassion, and enterprise from Bangladesh to India and eventually to Wall Street. Changing how systems work—and who they work for—isn't for the faint of heart. But *The Defiant Optimist* offers strategies for placing women, the underserved, and the planet at the heart of systems of power.



DURREEN SHAHNAZ is founder of IIX, a pioneering impact investment firm that brings together investors, development agencies, and entrepreneurs to advance sustainable development and empower millions of women. Shahnaz is on the Forbes “50 over 50” list and received the 2017 Oslo

Business for Peace Award. Shahnaz holds degrees from Smith College, the University of Pennsylvania, and Johns Hopkins University. She and her husband have two daughters and live in Singapore.

iixglobal.com [@durreen](https://twitter.com/@durreen) [/durreen.shahnaz](https://facebook.com/durreen.shahnaz)



Social Justice for the Sensitive Soul

How to Change the World in Quiet Ways

DORCAS CHENG-TOZUN

Activist and highly sensitive person Dorcas Cheng-Tozun empowers introverts, other HSPs, and empaths to find their roles within social justice work in the ways that best support their talents and avoid burnout.

MARKETING

- ▶ National publicity campaign to trade media, national and major market newspapers, and social justice–related media
- ▶ Niche outreach to Highly Sensitive People affinity groups, including blog tour
- ▶ Additional outreach to Christian media involved in social justice work
- ▶ Digital and social-media campaign targeting personality test–takers and activist networks
- ▶ LinkedIn outreach to nonprofit leaders and volunteers
- ▶ Trade advertising
- ▶ Author launch team

Publication: June 20, 2023

978-1-5064-8343-6

Hardcover 5.5 x 8.5

224 pages

\$26.99

SEL031000 SELF-HELP / Personal

Growth / General

SOC072000 SOCIAL SCIENCE /

Activism & Social Justice

PSY023000 PSYCHOLOGY / Personality

Introverts—including those who are sensitive, empathic, or quiet—have much to contribute to bringing about a more just and equitable world. Such individuals are wise, thoughtful, and conscientious; they feel more deeply and see things that others don't. Yet, sustaining justice work can be particularly challenging for the sensitive, and it requires a deep level of self-awareness, intentionality, and care. Dorcas Cheng-Tozun expands the possibilities of how to have a positive social impact, affirming the particular gifts and talents that sensitive souls can offer. Alongside real-life examples of highly sensitive world-changers, Cheng-Tozun explores pathways where our quieter, but equally passionate, collaborators for social good can serve and thrive.



DORCAS CHENG-TOZUN is a nonprofit/social enterprise professional and multiple-burnout survivor who expands the possibilities of positive social impact. Cheng-Tozun's work with various nonprofits, social enterprises, and faith-based organizations has given her opportunity

to engage with a broad range of social issues toward solutions in the areas of homelessness, affordable housing, energy access, youth leadership, HIV/AIDS, and international development. She lives in San Jose, California.



chengtozun.com



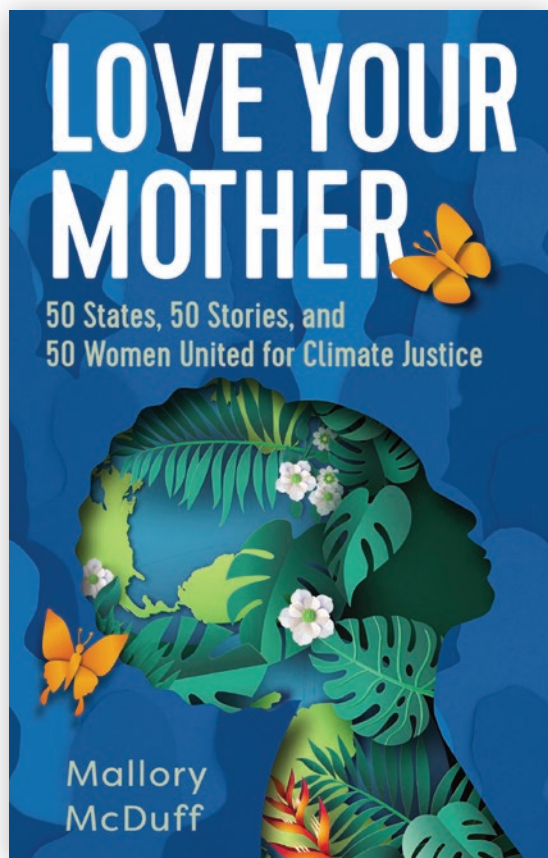
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@chengtozun



/chengtozun



Love Your Mother

50 States, 50 Stories, and 50 Women United for Climate Justice

MALLORY MCDUFF

With stunning illustrations, environmental educator Mallory McDuff highlights the diverse stories of fifty women and girls leading the way to address climate change and sustainability for the next generation.

MARKETING

- ▶ National publicity campaign targeting women's media and environmental media
- ▶ Targeted digital and social-media campaign to those interested in climate activism and stories of courageous female activists
- ▶ Outreach to environmental, conservation, and climate justice podcasts and blogs
- ▶ Launch team tapping author's connections in environmentalism and readers of her previous books

Publication: April 11, 2023

978-1-5064-6444-2

Hardcover 5 x 8

200 pages

\$24.99

NAT011000 NATURE / Environmental Conservation & Protection
 BIO022000 BIOGRAPHY & AUTOBIOGRAPHY / Women
 SCI092000 SCIENCE / Global Warming & Climate Change

As a mother and a professor of environmental education, Mallory McDuff wanted to give her two daughters and her students a roadmap to engage in climate justice in their communities, rather than be left feeling paralyzed by the problem. She set out to find women of diverse ages, backgrounds, and vocations—one from each of the fifty US states—as inspiration for a new kind of leadership. *Love Your Mother* lifts up the stories of these women working toward a viable future. From Alabama to Alaska, from Wisconsin to Wyoming, these women are poets, physicians, climate scientists, students, farmers, writers, filmmakers, and more. Their work lights the way for conversation and collective action. It's time we follow their lead.

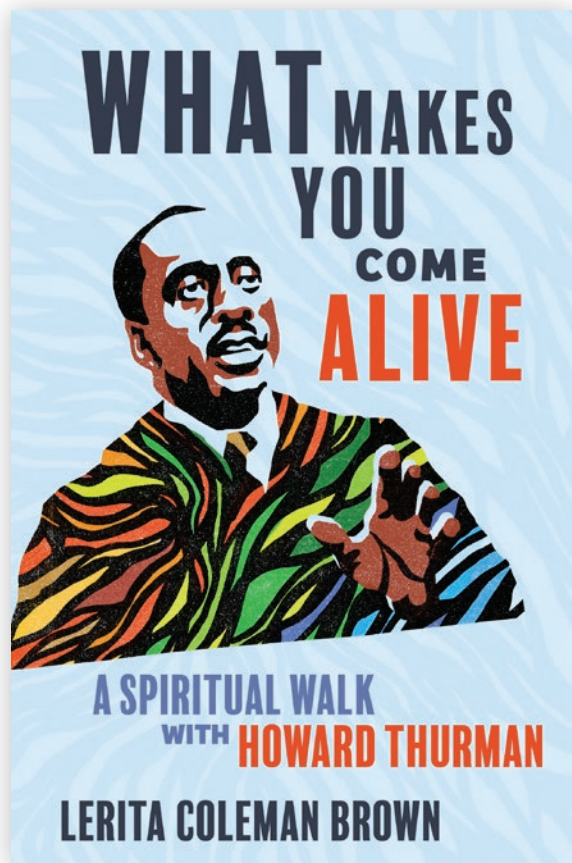


MALLORY MCDUFF teaches environmental education at Warren Wilson College outside Asheville, North Carolina. With her two daughters, she lives on campus in a 900-square-foot house with an expansive view of the Appalachian Mountains. She is the author of five books, including *Our Last*

Best Act: Planning for the End of Our Lives to Protect the People and Places We Love. Her essays have appeared in *The New York Times*, *The Washington Post*, *Wired*, and more.

 mallorymcduff.com  [@malmcduff](https://twitter.com/malmcduff)

 [@mallorymcduff1](https://www.instagram.com/mallorymcduff1)  [/mallory.mcduff](https://www.facebook.com/mallory.mcduff)



What Makes You Come Alive

A Spiritual Walk with Howard Thurman

LERITA COLEMAN BROWN

Retreat leader and speaker Dr. Lerita Coleman Brown brings Howard Thurman and his wisdom to the modern era, exploring what his guidance can offer everyday seekers today.

MARKETING

- ▶ Publicity outreach to Christian and contemplative spirituality media
- ▶ Targeted outreach to spiritual directors and clergy and HBCU spiritual programs
- ▶ Advertising in Christian media
- ▶ Social-media campaign and digital targeting to HBCUs, activists, and those interested in contemplative spirituality and social action
- ▶ Key promotion through Black History Month
- ▶ Online or Zoom retreats

Publication: February 7, 2023
 978-1-5064-7465-6
 Hardcover 5.25 x 8
 213 pages
 \$26.99

REL062000 RELIGION / Spirituality
 BIO002010 BIOGRAPHY &
 AUTOBIOGRAPHY / Cultural, Ethnic &
 Regional / African American & Black
 BIO018000 BIOGRAPHY &
 AUTOBIOGRAPHY / Religious

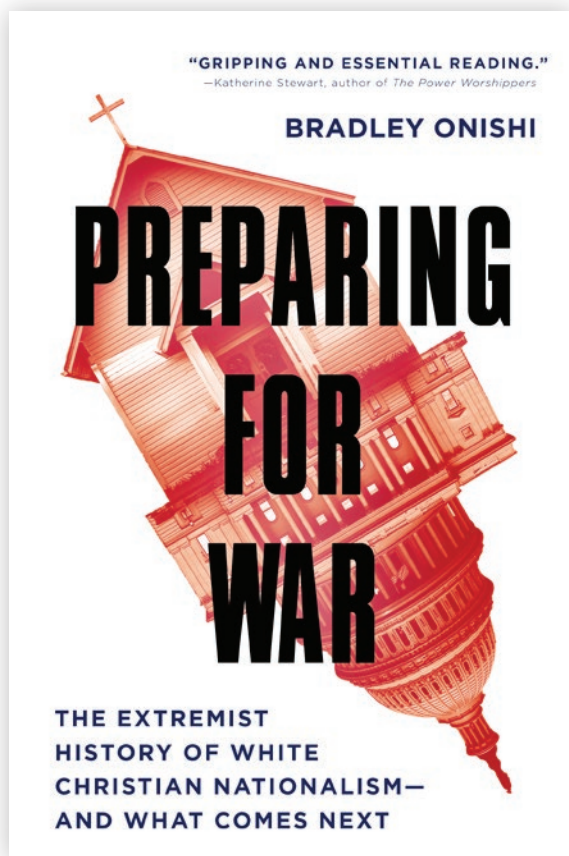
Howard Thurman served as the spiritual godfather of the civil rights movement. What wisdom might he offer us today? Lerita Coleman Brown beckons everyday seekers into mentorship with Thurman and his liberating spirituality. Brown walks us through Thurman's inimitable life and commitments as he summons us into centering down, encountering the natural world, paying attention to sacred synchronicity and more. We learn from Thurman's resilience in the Jim Crow South, his encounters with Quakers and with Mahatma Gandhi, and his sense of being guided by the Spirit. Thurman's work enlivened an entire movement, and it will inspire us to authentic action today.



DR. LERITA COLEMAN BROWN is a retreat leader, speaker, spiritual companion, and professor emerita of psychology at Agnes Scott College. She holds a BA from the University of California–Santa Cruz, a PhD from Harvard University, and a certificate from Shalem Institute for Spiritual

Formation. Brown is the author of numerous articles, essays, an edited volume, and *When the Heart Speaks, Listen: Discovering Inner Wisdom*. She has been featured in PBS documentaries about Howard Thurman and the Black church. She lives in Stone Mountain, Georgia.

 peaceforhearts.com
 [@peace4hearts](https://twitter.com/peace4hearts)
 [@peaceforhearts](https://www.instagram.com/peaceforhearts)
 [/peaceforhearts](https://www.facebook.com/peaceforhearts)



Preparing for War

The Extremist History of White Christian Nationalism—and What Comes Next

BRADLEY ONISHI

Former insider and religion scholar Bradley Onishi crafts an engrossing historical account of White Christian nationalism and the emergence of what he calls the New Religious Right.

MARKETING

- ▶ National and online publicity campaign to national newspapers and magazines on evangelicalism, Christian nationalism, and religious extremism
- ▶ Niche publicity outreach on two-year anniversary of Capitol insurrection
- ▶ West Coast book tour
- ▶ Trade and Christian advertising
- ▶ Preorder campaign
- ▶ Podcast tour based on author's extensive media contacts
- ▶ Author launch team

Publication: January 3, 2023

978-1-5064-8216-3

Hardcover 6 x 9

237 pages

\$28.99

POL072000 POLITICAL SCIENCE /

Religion, Politics & State

REL084000 RELIGION / Religion, Politics & State

HIS036070 HISTORY / United States /

21st Century

Combining his experiences in the youth groups and prayer meetings of the 1990s with an immersive look at the steady blending of White grievance politics with evangelicalism, Bradley Onishi traces the years-long campaign of White Christian nationalism that led to January 6. How did the rise of the New Religious Right give birth to violent White Christian nationalism during the Trump presidency and beyond? What propelled some of the most conservative religious communities in the country to ignite a cold civil war? From White supremacy and segregationist theologies to the Christian-school movement and the right-wing media ecosystem, Onishi pulls back the curtain on a dangerous subculture.



DR. BRADLEY ONISHI is a scholar of religion and cohost of the *Straight White American Jesus* podcast. His writing has been published in *The New York Times*, *LA Review of Books*, and *Religion & Politics*, among other outlets. He holds degrees from Azusa Pacific University, Oxford University, and L'institut

catholique de Paris, and he received his PhD from the University of California at Santa Barbara. A TEDx speaker and the author, editor, or translator of four previous books, Onishi teaches at the University of San Francisco and lives in the Bay Area with his wife and daughter.



bradonishi.com



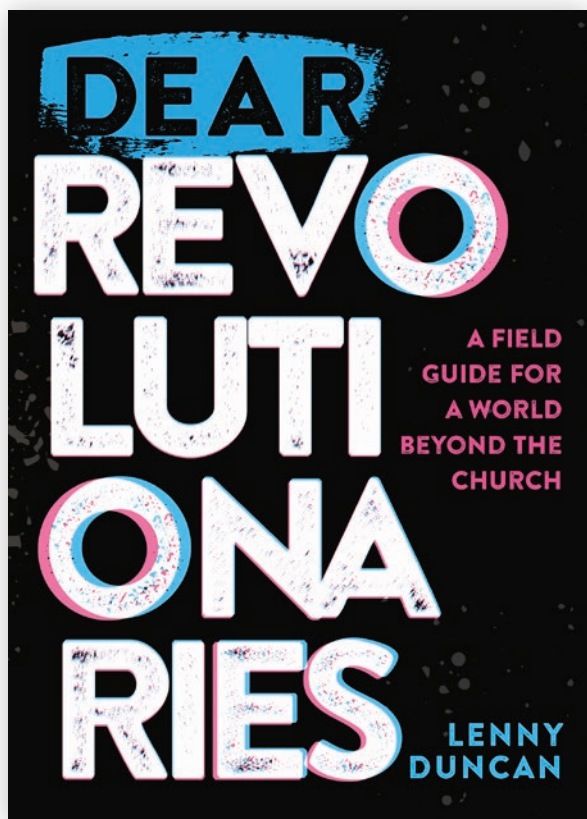
@BradleyOnishi



@bbonishi



/straightwhitejc



Dear Revolutionaries

A Field Guide for a World beyond the Church

LENNY DUNCAN

Lenny Duncan, author of *Dear Church*, returns with a bold new vision for a spiritual future led by the people in community in a world beyond the church.

MARKETING

- ▶ Author speaking tour
- ▶ National print and online publicity targeting Christian and spirituality media
- ▶ Digital and social-media campaign targeting progressive Christians concerned with issues of social justice
- ▶ Outreach to social justice, religion, and spirituality podcasts and blogs
- ▶ Advertising with Christian media
- ▶ Congregational promotion and inclusion in newsletter to large congregations
- ▶ Author launch team and social-media preorder campaign

Publication: February 21, 2023
978-1-5064-7906-4

Paperback 5 x 7
128 pages
\$17.99

REL012110 RELIGION / Christian Living / Social Issues
SOC072000 SOCIAL SCIENCE / Activism & Social Justice
REL012120 RELIGION / Christian Living / Spiritual Growth

In *Dear Church*, Lenny Duncan had a vision for a church that could reform itself into something new. Four years, an uprising, and a pandemic later, Lenny contends that we don't need a reformation—we need a revolution. *Dear Revolutionaries* gives readers the tools for spiritual community led by the people in a world beyond the church.



LENNY DUNCAN (they/them) is a writer, speaker, scholar, and media producer working at the forefront of racial justice in America. Lenny is the author of *Dear Church* and *United States of Grace* and co-creator of the podcast *BlackBerryJams* with PRX.

A PhD student in historical and cultural studies of religion, Lenny is currently investigating the theft of African spiritual thought by white American Esotericism. Lenny is originally from West Philadelphia, and now makes their home in Oakland, California.

lennyduncan.com [@lennyaduncan](https://twitter.com/lennyaduncan) [@lennyaduncan](https://www.instagram.com/lennyaduncan) [/lennyaduncan](https://www.facebook.com/lennyaduncan)

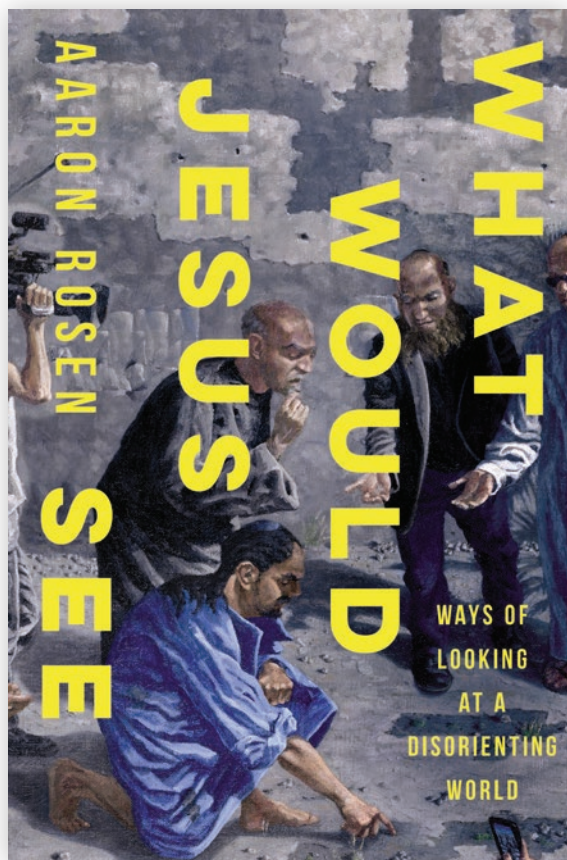
ALSO AVAILABLE:



Dear Church
978-1-5064-5256-2
Paperback
5.5 x 8.5
138 pages
\$16.99



United States of Grace
978-1-5064-6406-0
Hardcover
5.75 x 8.75
170 pages
\$22.99



What Would Jesus See

Ways of Looking at a Disorienting World

AARON ROSEN

Jewish scholar of art and religion Aaron Rosen offers a radical new reading of the life of Jesus through an exploration of how he saw the world, providing a fresh lens through which we might see the world today.

MARKETING

- ▶ National publicity campaign focused on spirituality, art, literary, and culture media
- ▶ Digital and social-media campaign targeting those interested in the visual arts, culture, religion, and social justice
- ▶ Targeted outreach to arts and culture, interfaith, and social justice podcasts and blogs
- ▶ Direct outreach to author's organizational ties through Wesley Theological Seminary and Henry Luce III Center for the Arts & Religion

Publication: June 6, 2023

978-1-5064-7865-4

Hardcover 5.5 x 8.5

208 pages

\$26.99

REL062000 RELIGION / Spirituality

REL006710 RELIGION / Biblical Studies

/ New Testament / Jesus, the Gospels & Acts

ART035000 ART / Subjects & Themes /

Religious

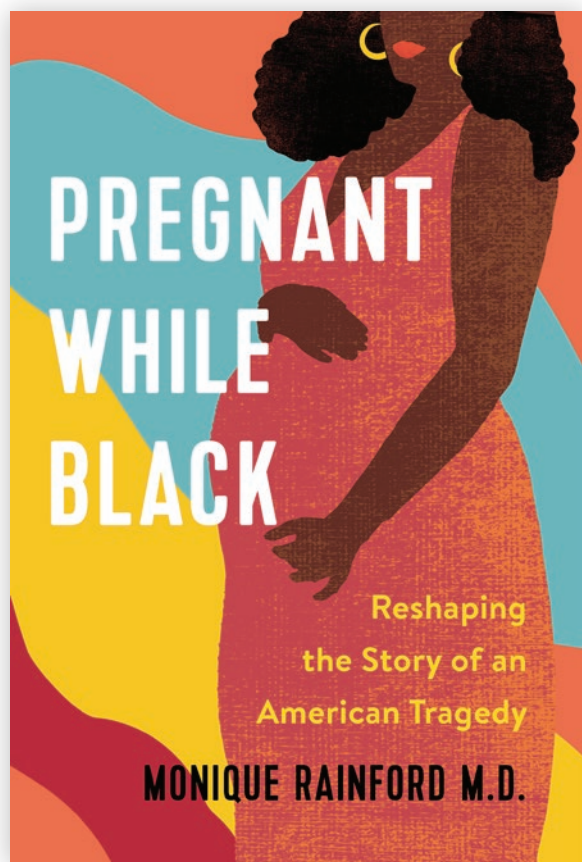
Aaron Rosen, one of the world's leading experts on art and religion, brings a fresh lens to the Gospels, informed by his experience as an art curator and critic as well as a scholar. He examines how Jesus kept his focus, his keen eye for spectacle, and his tools for discerning truth amid a flurry of false appearances. As he applies Jesus's view to key challenges facing society today, Rosen taps a surprising trove of examples drawn from art, current events, and popular culture. At the core of Jesus's ministry, Rosen finds, is a call to look at our world with radical empathy.



AARON ROSEN is an art curator and critic, a writer, and a scholar who has taught at Columbia, Yale, and Oxford Universities. He is director of the Henry Luce III Center for the Arts and Religion at Wesley Theological Seminary and visiting professor at King's College London. Rosen is the

visual arts editor at *Image Journal* and author and editor of ten books, including *Art & Religion in the 21st Century*. He has published widely for various media, including *The Guardian*, *The Los Angeles Times*, CNN.com, and *Art in America*. He lives with his wife, Rev. Carolyn Rosen, and their son on the coast of Maine.

 luceartsandreligion.org



Pregnant While Black

Reshaping the Story of an American Tragedy

MONIQUE RAINFORD

Drawing on over twenty years of experience in obstetrics and gynecology, Dr. Monique Rainford offers this comprehensive primer on adverse maternal-health outcomes for Black pregnancies and what can be done to improve them.

MARKETING

- ▶ National publicity campaign to major news organizations, national newspapers, BIPOC and women's health media
- ▶ Digital and social-media campaign to Black women and BIPOC media
- ▶ Trade advertising and library co-op promotion
- ▶ Awards submissions
- ▶ LinkedIn outreach to healthcare professionals

Publication: May 9, 2023
978-1-5064-8761-8
Hardcover 6 x 9
240 pages
\$26.99

SOC001000 SOCIAL SCIENCE / Ethnic Studies / American / African American & Black Studies
HEA041000 HEALTH & FITNESS / Pregnancy & Childbirth
MED033000 MEDICAL / Gynecology & Obstetrics

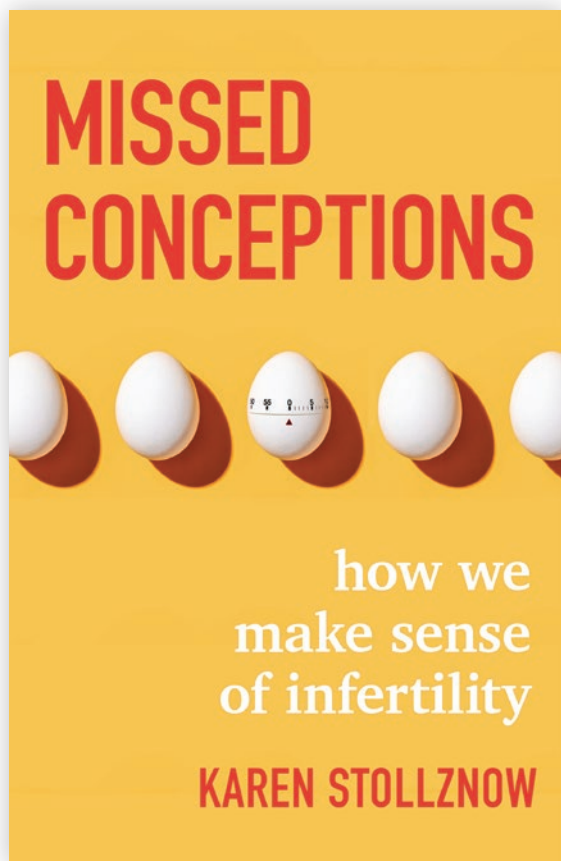
Despite medical advances over the last twenty years, for Black women the overwhelming dangers of carrying and delivering children remain, and it only seems to be getting worse. Passionately identifying why Black women are three times more likely to die from pregnancy than their white counterparts, this book carries the hopes and dreams of a generation looking to effect change. Dr. Monique Rainford examines infertility, institutional racism, pregnancy and delivery complications, and postpartum care for Black women, offering tangible solutions to address these issues, including improving treatment standards and highlighting critical legislation.



MONIQUE RAINFORD, MD, is a board-certified obstetrician and gynecologist with over twenty years' experience. An award-winning graduate of the University of Pennsylvania and Harvard Medical School, she is currently an assistant professor at Yale Medicine. Her writing about maternal and other

health disparities experienced by Black women has been featured in *Afro*, *Elephant Journal*, and the *Hartford Courant*, and her broader work related to women's health and wellness has been featured in the *South Florida Times*, the *Baltimore Sun*, *Thought Catalog*, and the *Journal of Reproductive Medicine*. She lives in Connecticut with her husband and two children.

 moniquerainford.com  [@MoniqueRainford](https://twitter.com/MoniqueRainford)  [/MoniqueRainfordMD](https://www.facebook.com/MoniqueRainfordMD)



Missed Conceptions

How We Make Sense of Infertility

KAREN STOLLZNOW

A cultural and personal exploration of infertility, mixing science, history, and personal reflection to offer hope and companionship to those struggling to conceive.

MARKETING

- ▶ National print and online publicity campaign focused on women's, parenting, and health and wellness media
- ▶ Advertising in traditional book trade media
- ▶ Digital and social-media campaign targeting those struggling with infertility
- ▶ Niche publicity outreach to fertility and grief communities and therapists and counselors
- ▶ Author launch team

Publication: April 25, 2023

978-1-5064-8526-3

Hardcover 5.5 x 8.5

240 pages

\$26.99

HEA045000 HEALTH & FITNESS /
Fertility & Infertility
SOC057000 SOCIAL SCIENCE /
Disease & Health Issues
HIS058000 HISTORY / Women

Infertility is one of the most painful and painfully common of human experiences. One in six couples will experience fertility challenges. After her own struggle to conceive, linguist and historian Karen Stollznow journeyed through history—from ancient civilizations and religions, to early-modern folklore, to current-day popular culture and modern medical practice—to make sense of what we mean by infertility and what infertility means for us. Stollznow shines a light on beliefs about infertility, tests urban legends and old wives' tales, explores folk medicine and alternative therapies, and delves into modern science, separating fact from fiction.



DR. KAREN STOLLZNOW is the author of *On the Offensive: Prejudice in Language Past and Present*; *God Bless America*; and *Language Myths, Mysteries, and Magic*. She has written for *Psychology Today*, *Scientific American Mind*, and *The Conversation* and has appeared on *A Current Affair*, *The Anderson*

Cooper Show, and the History Channel's *Miracles Decoded*. She is currently a researcher with the Griffith Center for Social and Cultural Research and a host of *Monster Talk*, an award-winning science-based podcast. She lives in Denver, Colorado, with her husband and their son.



karenstollznow.com



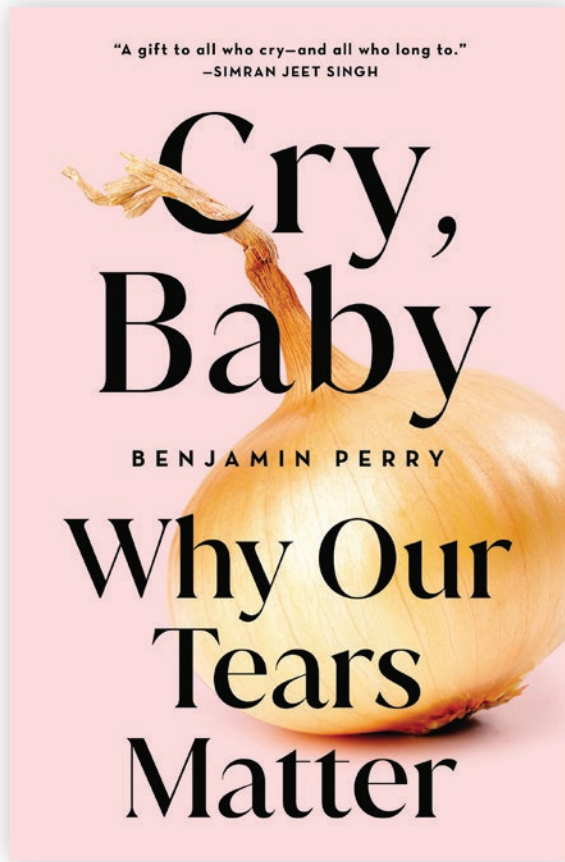
@karenstollznow



@karenstollznow



/karenstollznow



Cry, Baby

Why Our Tears Matter

BENJAMIN PERRY

Queer writer and activist Benjamin Perry explores our rich legacy of crying, why we stopped, and how learning to cry openly can change us and the world we inhabit.

MARKETING

- ▶ Publicity outreach to trade book media, national and major market newspapers, and psychology media
- ▶ Niche outreach to progressive Christian and spirituality media and LGBTQIA media
- ▶ Trade advertising
- ▶ Digital and social-media campaign targeting readers interested in vulnerability and shame
- ▶ Independent bookstore mailing
- ▶ Author launch team

Publication: May 16, 2023

978-1-5064-8511-9

Hardcover 5.5 x 8.5

250 pages

\$26.99

PSY013000 PSYCHOLOGY / Emotions

REL062000 RELIGION / Spirituality

SOC072000 SOCIAL SCIENCE /

Activism & Social Justice

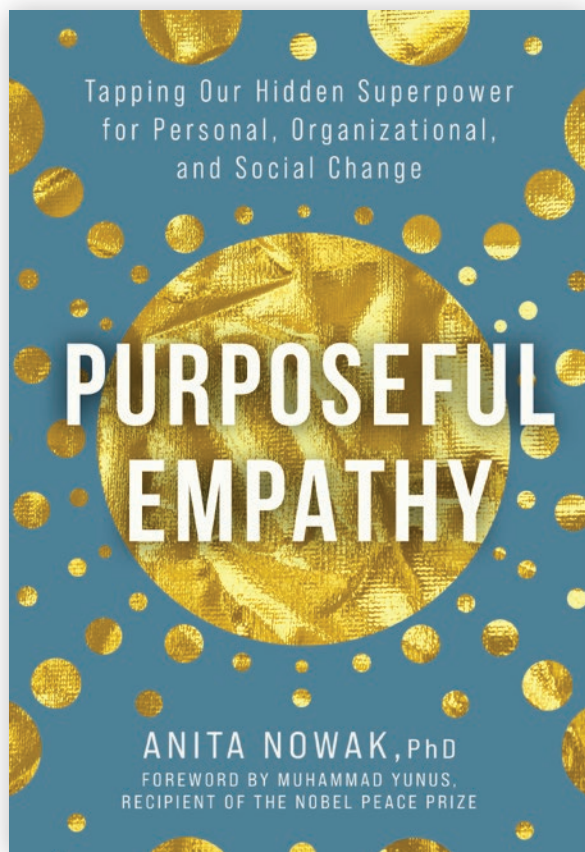
Cry, Baby explores humans' rich legacy of weeping—and why some of us stopped. With the keen gaze of a journalist and the vulnerability of a good friend, writer Benjamin Perry explores the great paradoxes of our tears. Why do we cry? In societies marked by racism, sexism, and homophobia, who is allowed to cry—and who isn't? Exploring the vast history, literature, physiology, psychology, and spirituality of crying, we can recognize our deepest hopes and longings, how we connect to others, and the social forces bent on keeping us from mourning. As we reclaim our crying as a central part of being human, we not only care for ourselves and relearn how to express our vulnerable emotions; we also prophetically reimagine the future.



BENJAMIN PERRY is a minister at Middle Church and an award-winning writer whose work has appeared in *The Washington Post*, *Slate*, *Sojourners*, and *Bustle*. With a degree in psychology from SUNY Geneseo and an MDiv from Union Theological Seminary, Perry has worked as an organizer with

the New York chapter of the Poor People's Campaign and as an editor at Time, Inc. Perry has appeared on MSNBC, Al Jazeera, and NY1, and is the editor of the Queer Faith photojournalism series. He and his spouse, Erin Mayer, live with his best friend and brother in Maine.

 @FaithfullyBP  @FaithfullyBP



Purposeful Empathy

Tapping Our Hidden Superpower for Personal, Organizational, and Social Change

ANITA NOWAK

FOREWORD BY MUHAMMAD YUNUS

Empathy expert and educator Anita Nowak crafts a vision for purposeful empathy, utilizing new brain science, interviews with experts, and practical exercises to help leaders utilize this underused human superpower in their organizations.

MARKETING

- ▶ Publicity outreach to leadership and business media and self-help media
- ▶ Trade advertising
- ▶ Social-media and digital campaign targeting self-help readers and those involved in social activism
- ▶ Niche outreach to leadership podcasts, organizations, and blogs
- ▶ Influencer mailing to those working within leadership and entrepreneurial spaces
- ▶ Speaking engagements at business leadership workshops and retreats
- ▶ Author launch team

Publication: April 11, 2023

978-1-5064-8505-8

Hardcover 6 x 9

280 pages

\$28.99

BUS071000 BUSINESS & ECONOMICS

/ Leadership

BUS041000 BUSINESS & ECONOMICS

/ Management

SEL042000 SELF-HELP / Emotions

We are living in an era of a massive empathy deficit, yet our capacity to imagine what someone else is feeling is a unique human superpower. Through inspiring stories, interviews with experts, and self-development exercises, *Purposeful Empathy* offers wisdom and practical advice to foster personal, organizational, and social transformation. Empathy increases dopamine, reduces stress, boosts self-esteem, strengthens the immune system, and enriches our relationships. Empathy also improves business key performance indicators. This means that leveraging empathy on purpose can lead to better health, happier and more productive workplaces, and a more meaningful life.



ANITA NOWAK, PHD, is an empathy expert, speaker, podcaster, award-winning educator, certified coach, and founder of Purposeful Empathy by Design, a boutique global advisory firm that helps purpose-driven organizations create cultures of empathy and social impact. Passionate

about mentoring the next generation of changemakers, she teaches leadership, ethics in management, and social entrepreneurship and innovation at McGill University. Anita lives in Montreal with her husband and daughter.



anitanowak.com



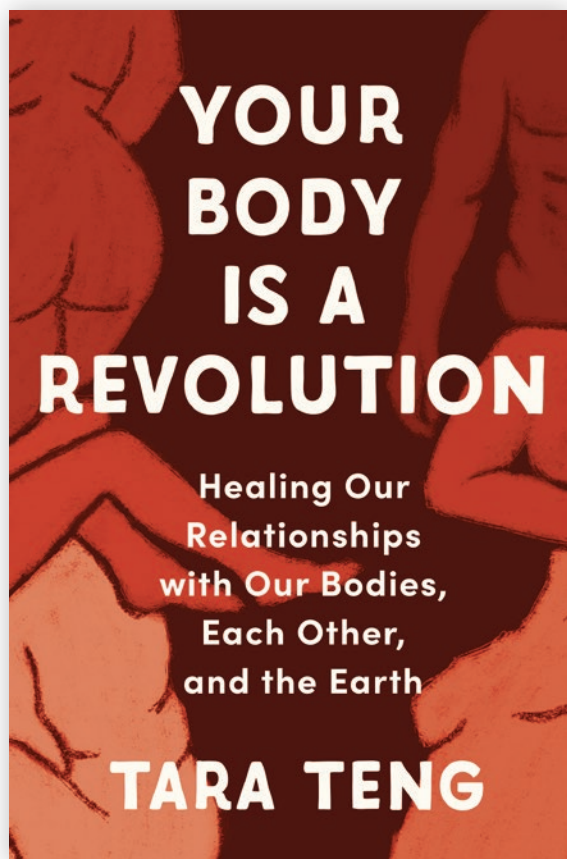
@anitanowak21



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/PurposefulEmpathy



Your Body Is a Revolution

Healing Our Relationships with Our Bodies, Each Other, and the Earth

TARA TENG

An invitation to explore the wisdom that our bodies long to teach.

MARKETING

- ▶ National print and online publicity campaign targeting trade media, women's media, health and wellness media, and progressive Christian media
- ▶ Digital and social-media campaign targeting progressive women interested in embodiment and somatic practice
- ▶ Targeted publicity push to health and wellness, spirituality, and progressive Christian podcasts and blogs
- ▶ Outreach to influencers in ex-vangelical, deconstructing faith, and embodiment spaces
- ▶ Launch team and social-media preorder campaign

Publication: May 16, 2023
978-1-5064-8378-8
Hardcover 5.5 x 8.5
224 pages
\$26.99

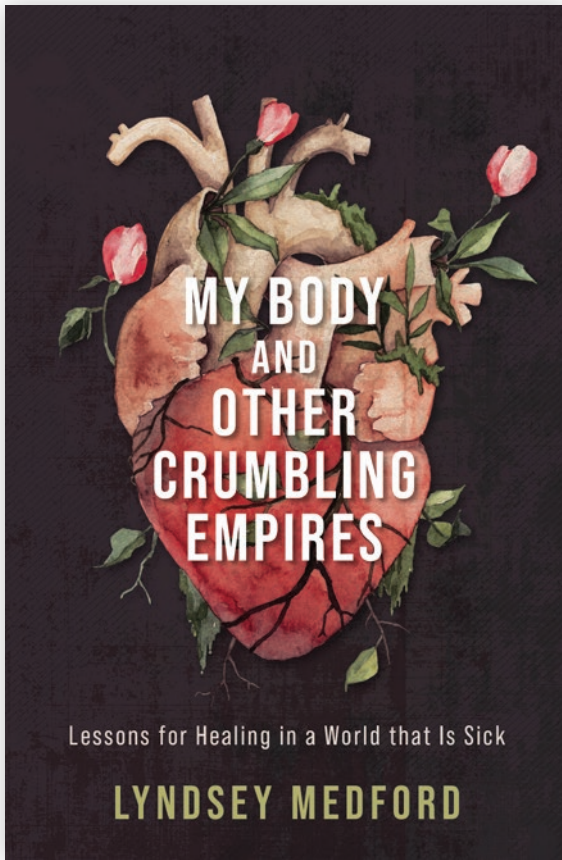
SEL023000 SELF-HELP / Personal Growth / Self-Esteem
OCC019000 BODY, MIND & SPIRIT / Inspiration & Personal Growth
REL012110 RELIGION / Christian Living / Social Issues

Too many of us are living disconnected from our bodies, chasing a constantly moving target of “ideal,” and accepting the societal narrative about which bodies are deserving of safety and protection. *Your Body Is a Revolution* is an invitation to reclaim what has been stolen from us, to embrace the wisdom our bodies long to share, and to fully inhabit our lives. Embodiment coach Tara Teng helps us untangle ourselves from centuries of body-based oppression built into our societal systems or masquerading as religion and teaches us to slow down and listen to the wisdom that comes through somatic practices.



TARA TENG is an embodiment coach and somatic practitioner who works at the intersections of embodiment, justice, and sexuality, helping people overcome shame, and heal trauma. A former Miss Canada, she was named Canada’s “Woman of the Year” in 2011, received an International Heroes award from the Joy Smith Foundation, and was presented with the Queen’s Diamond Jubilee medal in recognition of her human rights work to combat human trafficking. She lives with her three young children on the unceded traditional territories of the Kwantlen and Katzie First Nations, in Vancouver, Canada.

tarateng.com [@misstarateng](https://twitter.com/misstarateng) [@misstarateng](https://www.instagram.com/misstarateng) [/TaraTeng](https://www.facebook.com/TaraTeng)



My Body and Other Crumbling Empires

Lessons for Healing in a World That Is Sick

LYNDSEY MEDFORD

A hopeful exploration of how the strategies for living well with chronic illness can teach us how to survive, thrive, and find healing in a world that is sick.

MARKETING

- ▶ National print and online publicity campaign focused on women's media, and health & wellness media
- ▶ Digital and social-media campaign targeting those interested in social justice
- ▶ Outreach to Christian media, podcasts, and blogs
- ▶ Congregational promotion with discussion guide
- ▶ Author launch team

Publication: March 7, 2023
978-1-5064-8431-0
Hardcover 5.5 x 8.5
227 pages
\$26.99

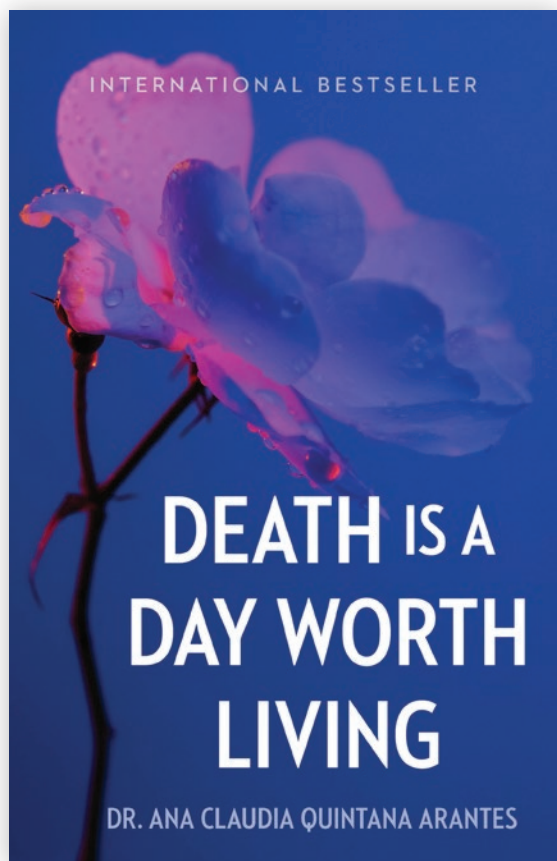
REL012120 RELIGION / Christian Living / Spiritual Growth
HEA039090 HEALTH & FITNESS / Diseases & Conditions / Immune & Autoimmune
REL012110 RELIGION / Christian Living / Social Issues

We are living in a world that is sick. Both literally sick, with 60 percent of adults in the US living with a chronic illness, and figuratively sick, facing ever increasing rates of burnout, anxiety, and disconnection. As a writer, activist, and theology student, Lyndsey Medford draws on her experiences with a rare autoimmune disease to illuminate the broader lessons we need to learn in order to heal what ails us individually and communally. Whether our burnout stems from illness, systemic racism, poverty, or simply sin's separation, we're all in need of hope, and we are called to heal together.



LYNDSEY MEDFORD is a writer, activist, and sometimes disabled person with a rare, chronic autoimmune disease. Her writing has been featured in *The Deconstructionist's Playbook*, *Sojourners*, *100 Days in Appalachia*, *The Wakening*, and *Our Bible App*. She holds a master of theological studies degree from Boston University School of Theology. She and her husband live in Charleston, South Carolina.

lyndseymedford.com [@lyndseymedford](https://www.instagram.com/lyndseymedford) [/lyndseymedford](https://www.facebook.com/lyndseymedford)



Death Is a Day Worth Living

DR. ANA CLAUDIA QUINTANA ARANTES

An international bestseller, this tender and lyrical exploration of end-of-life and palliative care is now offered in English for the first time.

MARKETING

- ▶ National and online publicity campaign to mainstream media
- ▶ Trade and spiritual advertising
- ▶ Digital and social-media campaign to readers of similar authors and medical/helping professionals
- ▶ Niche outreach and advertising during specific grieving months or holidays like Mental Health Awareness Month, Mother's Day, the holiday season, and New Year, New You
- ▶ Influencer mailing

Publication: March 14, 2023

978-1-5064-8772-4

Hardcover 5.5 x 8.5

244 pages

\$26.99

FAM014000 FAMILY & RELATIONSHIPS

/ Death, Grief, Bereavement

SEL010000 SELF-HELP / Death, Grief,

Bereavement

SOC036000 SOCIAL SCIENCE / Death

& Dying

Death Is a Day Worth Living has been translated into eight languages and now is being offered in English for the first time. Dr. Ana Claudia Quintana Arantes courageously takes on a subject that continues to be taboo, offering nothing short of a revolutionary way to reconsider the act of dying. We must care for each other, our loved ones, and patients in profound ways, even when there is no longer the possibility of cure. Dr. Quintana Arantes conveys a powerful sense that we need to—and can—do more to ensure that everyone has a well-managed and lovingly supported death.



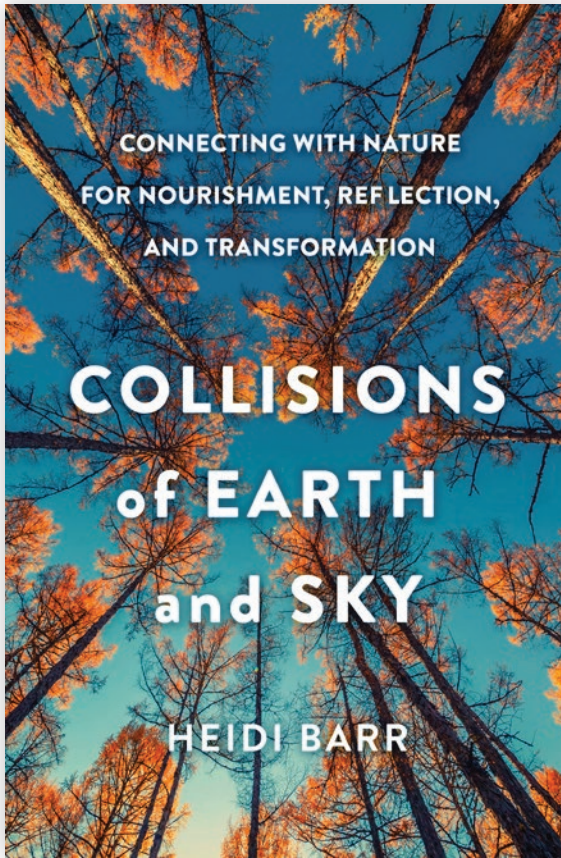
DR. ANA CLAUDIA QUINTANA ARANTES

is the founder of the Associação Casa do Cuidar, where she coordinates an advanced multidisciplinary program around palliative care. She's a graduate of the University of São Paulo, with advanced degrees from 4 Estações Institute of Psychology and

the Instituto Pallium of Oxford University. Her work in geriatrics, palliative care, psychology, and grief intervention has made her among the most respected voices in her field. Now a global voice for end-of-life care, her TED Talk has garnered over 3.2 million views.

 casadocuidar.org.br  [@anaclauquintanaarantes](https://www.instagram.com/anaclauquintanaarantes)

 [Ana Claudia Quintana Arantes](https://www.youtube.com/AnaClaudiaQuintanaArantes)



Collisions of Earth and Sky

Connecting with Nature for Nourishment, Reflection, and Transformation

HEIDI BARR

Beautifully lyrical reflections connect readers to the natural world, guiding us to achieve better physical and mental health, more authentic living, and transformational healing.

MARKETING

- ▶ National publicity campaign centered on health and wellness media and literary media
- ▶ Trade advertising
- ▶ Niche publicity outreach in Minnesota, South Dakota, and Wisconsin
- ▶ Author launch team and social-media preorder campaign to author's engaged network
- ▶ Targeted digital and social-media campaign to those interested in nature writing, wellness, and literary nonfiction

Publication: January 31, 2023

978-1-5064-8254-5

Hardcover 5.5 x 8.5

222 pages

\$25.99

OCC043000 BODY, MIND & SPIRIT /

Nature Therapy

NAT024000 NATURE / Essays

SEL032000 SELF-HELP / Spiritual

Spending time in nature provides countless benefits. But our lives leave little room for connecting with the natural world, and a history of colonization complicates our relationship to the land. Guided by wellness coach Heidi Barr, this journey of self-inquiry calls you to embrace wildness as an integral part of being fully alive.



HEIDI BARR is a writer and wellness coach with over fifteen years of experience in health promotion. She is the author of two works of creative nonfiction, two poetry collections, one cookbook, the coauthor of *12 Tiny Things*, and the editor of “The Mindful Kitchen,” a wellness column in *The Wayfarer*

Magazine. She lives with her family in Minnesota, where they tend a large vegetable garden, explore nature, and do their best to live simply.



heidibarr.com



@EmbodyAbundance



@heidicbarr



/HeidiBarrwriter



ALSO AVAILABLE:

12 Tiny Things

978-1-5064-6504-3

Paperback

5 x 7

180 pages

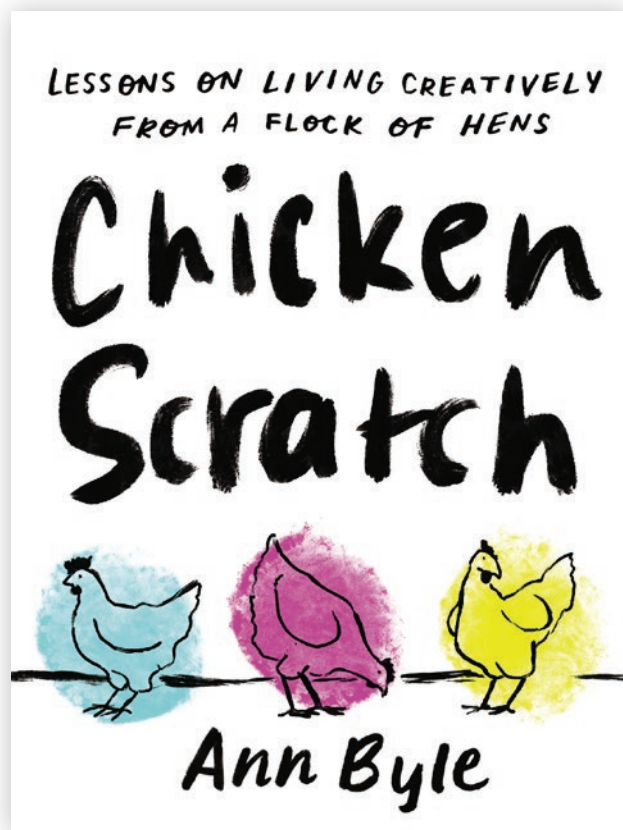
\$16.99

Chicken Scratch

Lessons on Living Creatively from a Flock of Hens

ANN BYLE

Lessons on creativity inspired by a flock of hens, the advice and stories of other artists, and practical exercises to jumpstart your creative journey.



MARKETING

- ▶ National publicity campaign to trade, literary/artistic, and Christian media
- ▶ Niche media outreach to author's regional connections
- ▶ Influencer mailing to creatives and those who raise chickens
- ▶ Writing conference event
- ▶ Social-media and digital campaign targeting those who raise and love chickens
- ▶ Trade and Christian advertising
- ▶ Author launch team

Publication: May 23, 2023

978-1-5064-8413-6

Hardcover 5.25 x 7

208 pages

\$22.99

SEL009000 SELF-HELP / Creativity

SEL031000 SELF-HELP / Personal

Growth / General

PET002000 PETS / Birds

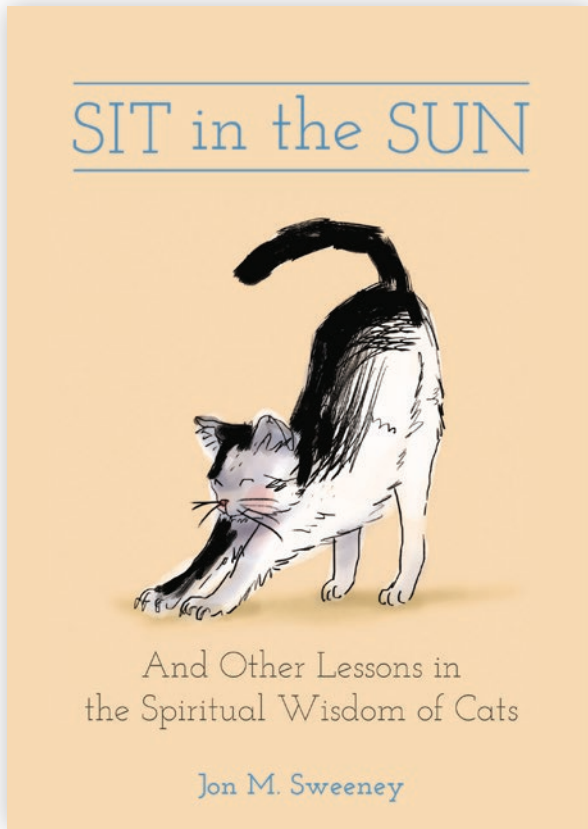
With *Chicken Scratch*, Ann Byle brings us good fun and meaning-making at the intersection of creative living and our egg-laying friends. She mixes quotes, stories from all kinds of creatives, and practical advice to help all of us invested in living more creatively. Drawing inspiration from Byle's flock of hens, each chapter includes questions for journaling, next-steps-in-creativity exercises, and a sidebar from "The Left-Brain Chicken," putting solid process-related steps to each chapter. The creative life can be profound, but also funny, exasperating, and downright weird—much like living with a flock of hens. If we take the time to notice, we have much to learn from our beloved chickens.



ANN BYLE is a journalist and nonfiction writer known for her trend pieces with *Publishers Weekly* and features with *Grand Rapids Magazine* and various nonprofit organizations' publications. She has authored and coauthored many books, including *The Joy of Working from Home*:

Embracing the Freedom, Avoiding the Pitfalls. She is a frequent speaker at writers' conferences and is a former adjunct professor in journalism. Ann lives in Grand Rapids, Michigan, with her husband and their dog, cat, and four chickens.

 annbylewriter.com



Sit in the Sun

And Other Lessons in the Spiritual Wisdom of Cats

JON M. SWEENEY

Award-winning spiritual writer Jon M. Sweeney offers a playful, gentle, and profound meditation on the many spiritual truths and practices of our favorite feline companions.

MARKETING

- ▶ National publicity campaign targeting spirituality media and cat lovers' media
- ▶ Targeted digital and social-media campaign to cat lovers who are interested in spirituality
- ▶ Outreach to spirituality podcasts and blogs
- ▶ Niche publicity campaign to cat and animal rescue influencers
- ▶ Author launch team

Publication: April 11, 2023
 978-1-5064-8227-9
 Hardcover 5 x 7
 240 pages
 \$24.99

PET003000 PETS / Cats / General
 OCC019000 BODY, MIND & SPIRIT /
 Inspiration & Personal Growth
 REL062000 RELIGION / Spirituality

Our greatest spiritual teachers might just be at our feet. Literally. These feline teachers teach us about living in the present, loving unconditionally, approaching life with a sense of playfulness, and trusting others, all the while being independent spirits. Jon Sweeney, beloved scholar and author of *The Pope's Cat* and numerous books about Saint Francis, offers a beautifully illustrated, playful meditation on the many spiritual truths and practices our feline companions provide if we but pause and pay attention.



JON M. SWEENEY is an award-winning spiritual writer and author of over thirty books. He has been interviewed in print by a range of publications from the *Dallas Morning News* to *The Irish Catholic*, and on television for *CBS Saturday Morning* and many other programs, about spirituality, spiritual practices, the

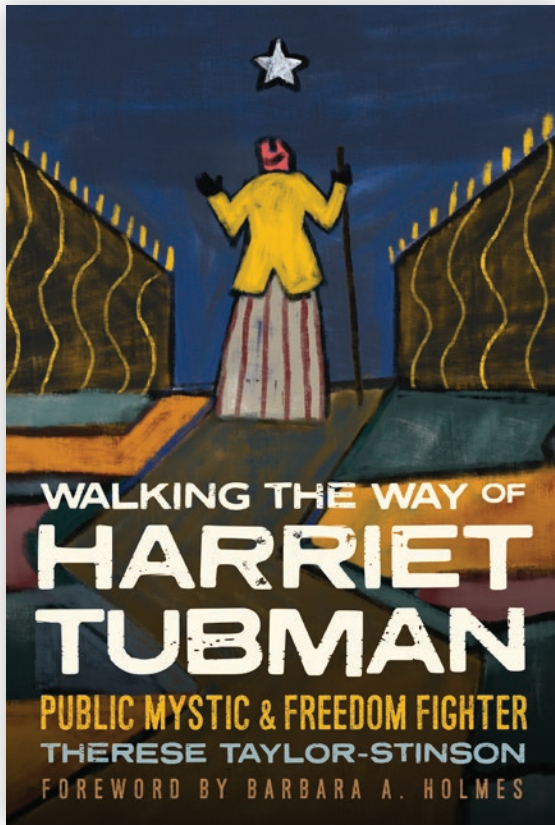
pope, and the great lover of all creatures—Saint Francis. He lives in Milwaukee with his wife and daughters.

 @jonmsweeney  @jonm.sweeney  /jonmsweeney



ALSO AVAILABLE:

Feed the Wolf
 978-1-5064-7073-3
 Hardcover
 5.25 x 7.25
 200 pages
 \$26.99



Walking the Way of Harriet Tubman

Public Mystic and Freedom Fighter

THERESE TAYLOR-STINSON

FOREWORD BY BARBARA A. HOLMES

An intimate look at the deeply spiritual life of Harriet Tubman, the iconic activist whose faith led to her internal liberation, the ultimate freedom that fueled her fight against enslavement.

MARKETING

- ▶ National author speaking tour
- ▶ National print and online publicity
- ▶ Trade and Christian advertising
- ▶ Publicity campaign targeting social justice and Black media
- ▶ Targeted digital and social-media advertising
- ▶ Author video interview
- ▶ Advertising and promotion with progressive Christian, social justice, and Black media
- ▶ Author launch team

Publication: February 14, 2023

978-1-5064-7833-3

Hardcover 5 x 7

172 pages

\$27.99

BIO002010 BIOGRAPHY & AUTOBIOGRAPHY / Cultural, Ethnic & Regional / African American & Black
 OCC012000 BODY, MIND & SPIRIT / Mysticism
 HIS056000 HISTORY / African American & Black

The story of Harriet Tubman, freedom fighter, has been told countless times. This is not that story. In *Walking the Way of Harriet Tubman*, we meet Harriet, a deeply spiritual mystic who drew strength from Christianity, African traditions, and nature. Harriet's lived spirituality illuminates a profound path forward for those of us in the fight for justice and equity—a freedom which Black, Indigenous, Latinx, and people of color must cultivate to be fully who we are called to be for ourselves and our communities. As the luminous significance of Harriet Tubman's spiritual life is revealed, so too is the path to our own spiritual truth, advocacy, and racial justice as we follow in her footsteps—for Black lives and all people of color.



THERESE TAYLOR-STINSON is a writer, spiritual director, ordained deacon, and ruling elder in the Presbyterian Church (USA). A graduate of the Shalem Institute and a member of the Shalem Society for Contemplative Leadership, she is also the Founding Managing Member of the Spiritual

Directors of Color Network, Ltd. Taylor-Stinson is the editor of the award-winning collection *Ain't Gonna Let Nobody Turn Me Around*. Therese and her husband live in Silver Spring, Maryland.

 sdcnetwork.org  [@SpiritWings11](https://twitter.com/SpiritWings11)  [@spir8wings](https://www.instagram.com/spir8wings)  [/ttaylorstinson](https://www.facebook.com/ttaylorstinson)



The Book of Nature

The Astonishing Beauty of God's First Sacred Text

BARBARA MAHANY

Barbara Mahany introduces us to *The Book of Nature*, an ancient theology that understands God's presence as first revealed to us in the natural world.

MARKETING

- ▶ National and online publicity campaign to Christian, spirituality, mind-body-spirit, and contemplative media
- ▶ Targeted Chicago-area outreach
- ▶ Influencer review copy mailing
- ▶ Christian and library advertising
- ▶ Digital and social-media campaign to spiritual readers, interfaith organizations, and literary/poetry readers
- ▶ Author launch team

Publication: March 21, 2023

978-1-5064-7351-2

Hardcover 6 x 8.5

191 pages

\$27.99

NAT011000 NATURE / Environmental Conservation & Protection
REL062000 RELIGION / Spirituality
RELI20000 RELIGION / Sacred Places

Weaving together the astonishments of science; the profound wisdom and literary gems of thinkers, poets, and observers who have come before us; and her own spiritual practice and gentle observation, Barbara Mahany reintroduces us to *The Book of Nature*, an experiential framework of the divine. As we grapple to make sense of today's tumultuous world, one where nature is at once a damaged and damaging source of disaster, as well as a place of refuge and retreat, we are called again to examine how generously it awaits our attention and devotion, standing ready to be read by all.



BARBARA MAHANY is an author and freelance journalist beloved for her features and writing that appeared in the *Chicago Tribune* for almost thirty years. She is known for her writing at the intersection of nature, spirituality, interfaith considerations, and family. She is the author of *Slowing Time: Seeing the*

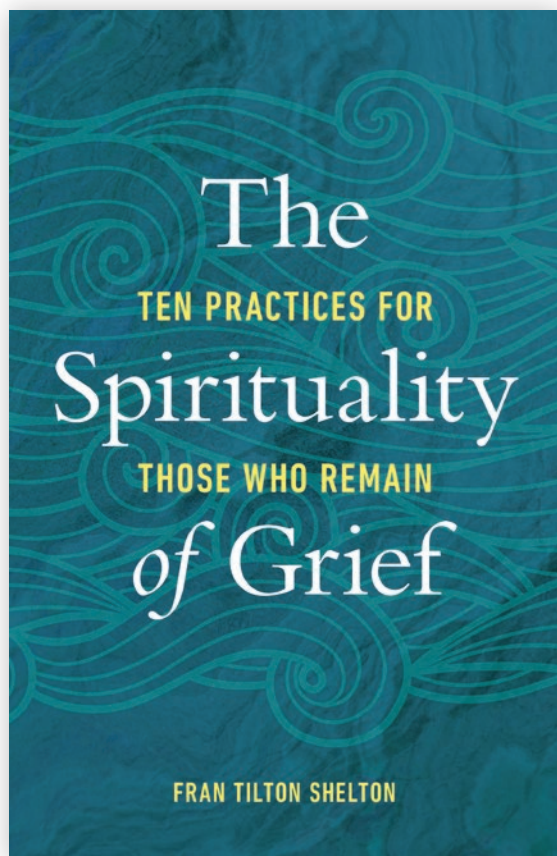
Sacred Outside Your Kitchen Door. Mahany lives in the Chicago area with her husband, the Pulitzer Prize-winning former *Chicago Tribune* architecture critic, Blair Kamin. They have two sons, Will and Teddy.

 pullupachair.org

 [@BarbaraMahany](https://twitter.com/BarbaraMahany)

 [@barbara.ann.mahany](https://www.instagram.com/barbara.ann.mahany)

 [/BarbaraMahanyAuthor](https://www.facebook.com/BarbaraMahanyAuthor)



The Spirituality of Grief

Ten Practices for Those Who Remain

FRAN TILTON SHELTON

A gentle guide through ten central questions of grief, offering strength and companionship to those who have experienced the death of a loved one.

MARKETING

- ▶ National publicity campaign targeting spirituality media
- ▶ Targeted digital and social-media campaign to those who have experienced the death of a loved one and those who engage the author's nonprofit, Faith & Grief
- ▶ Targeted outreach to grief support networks, palliative care and hospice programs, funeral director organizations, and grief counselors and therapists
- ▶ Outreach to grief and spirituality podcasts and blogs

Publication: April 18, 2023

978-1-5064-8310-8

Paperback 5.5 x 8.5

224 pages

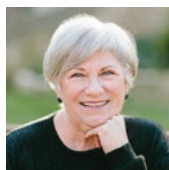
\$18.99

SEL010000 SELF-HELP / Death, Grief, Bereavement

PSY052000 PSYCHOLOGY / Grief & Loss

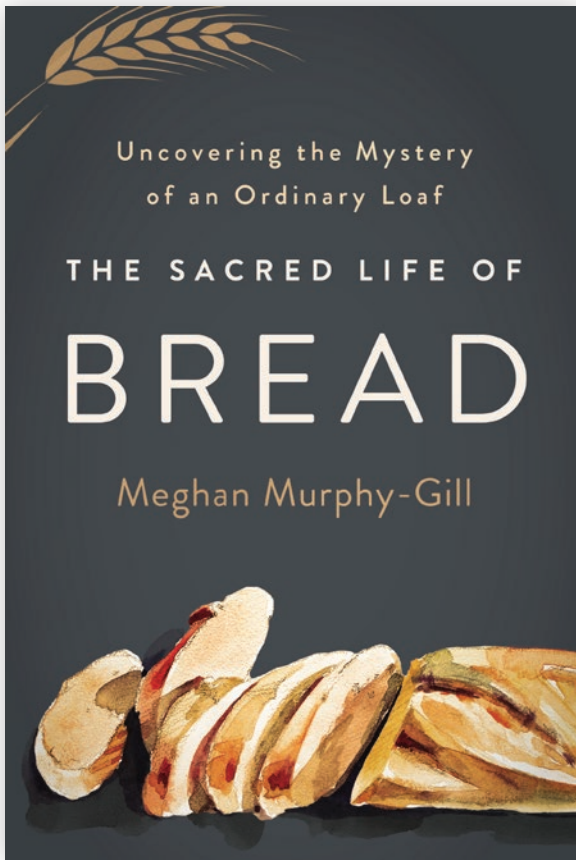
REL012010 RELIGION / Christian Living / Death, Grief, Bereavement

Grief is all-consuming. After the death of a loved one, we ask questions about the meaning of life, the whys of death, and how to carry our sorrow. *The Spirituality of Grief* honors the complex nature of grief and offers simple comfort: we are not alone, and there is no one right way to grieve. Author Fran Tilton Shelton walks us through the questions that gather in the wake of a loved one's death: Why are we exhausted? What do we do with guilt? How do we take care of ourselves? Each chapter offers a spiritual practice for those who remain.



FRAN TILTON SHELTON is a founder and president of the nonprofit Faith & Grief. She is a spiritual director and earned her doctor of ministry degree from Austin Presbyterian Theological Seminary. She has served in the Presbyterian Church (USA) for over two decades and is currently a parish associate at First Presbyterian Church in Dallas. The author of *No Winter Lasts Forever*, Shelton is a member of Spiritual Directors International and has been recognized by Faith Hospice and Forefront Living Foundation for her impact on those experiencing grief.

frantiltonshelton.com [@faithandgrief](https://www.instagram.com/faithandgrief) [/AuthorFranShelton](https://www.facebook.com/AuthorFranShelton)



The Sacred Life of Bread

Uncovering the Mystery of an Ordinary Loaf

MEGHAN MURPHY-GILL

An engaging and literary exploration of the spirituality of bread—from the planting of seeds to the harvesting of wheat, to baking and breaking bread together—offering meditations on the spiritually sustaining and physically nourishing loaf of bread.

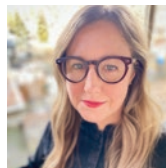
MARKETING

- ▶ Publicity campaign targeting food media, spirituality media, and Christian media
- ▶ Targeted digital and social-media campaign to those interested in food writing, bread-making, food justice, and spirituality
- ▶ Outreach to food and spirituality podcasts and blogs
- ▶ Author launch team

Publication: June 13, 2023
978-1-5064-8223-1
Hardcover 6 x 9
240 pages
\$26.99

CKB030000 COOKING / Essays & Narratives
REL062000 RELIGION / Spirituality
CKB009000 COOKING / Courses & Dishes / Bread

The pursuit of bread, from the time a single grain is planted in the soil to the moment a baked loaf is broken and consumed, satisfies longings not only physical but spiritual. Nearly all the world's religions count bread-related proverbs and prayers among their sacred scriptures. Meghan Murphy-Gill explores the life cycle of bread, from the planting of grains to harvesting and milling into flour to baking and breaking loaves. And even as she tells stories from growers, millers, bakers, and eaters, she reflects on the mysteries of each stage of bread's life.



MEGHAN MURPHY-GILL is an author, former journalist, and Episcopal priest whose formal religious studies and informal culinary education began in the same month of the same year and have been inseparably linked ever since. Her writing on food, spirituality, and culture has appeared in *The*

New York Times, *Chicago Magazine*, *Entertainment Weekly*, *Vice*, *New York Magazine*, *Modern Farmer*, the *Chicago Tribune*, the *Utne Reader*, *National Catholic Reporter*, *Sojourners*, and *U.S. Catholic* magazine. She lives in Chicago with her family.

 @memugi

searching for agabus

embracing authenticity
and finding your way to you

Michael Walrond

Searching for Agabus

*Embracing Authenticity and Finding
Your Way to You*

MICHAEL WALROND

Popular pastor and keynote speaker Michael Walrond uses the little-known New Testament prophet Agabus as a vehicle for how we can journey toward authenticity and self-acceptance.

MARKETING

- ▶ National publicity campaign to major news media, Christian media, and BIPOC media
- ▶ Niche outreach to NYC media based on author's popular preaching
- ▶ Digital and social-media campaign to Christians who engage daily with the Bible, as well as FCBC's large congregational following
- ▶ Institutional coordination with FCBC NYC to reach their thriving congregation
- ▶ Author launch team

Publication: June 6, 2023

978-1-5064-8529-4

Hardcover 5.25 x 8

144 pages

\$22.99

REL012040 RELIGION / Christian Living
/ Inspirational

REL012070 RELIGION / Christian Living
/ Personal Growth

REL012120 RELIGION / Christian Living
/ Spiritual Growth

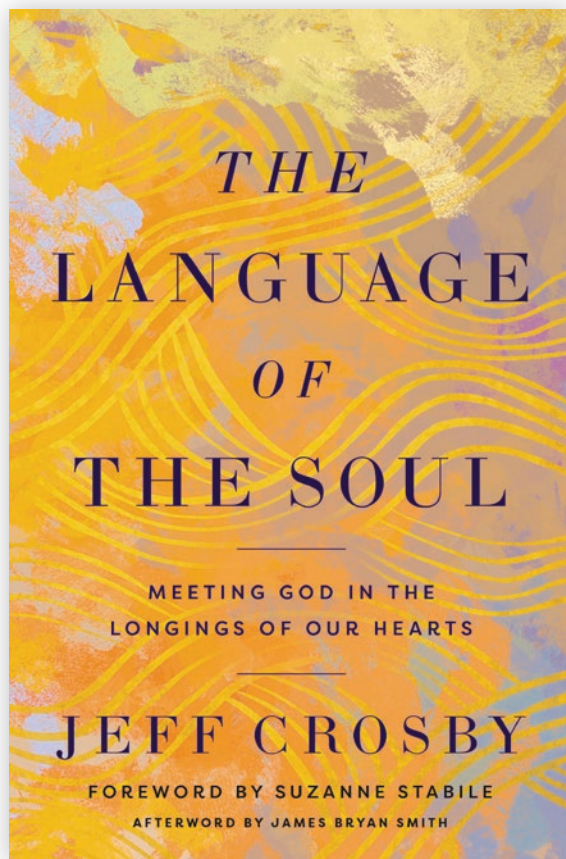
An overlooked background figure in the grand narrative of the apostle Paul, Agabus (Acts 21:10-14) bursts from the epistles with an audacious prophecy. In a world where everyone wants to be the main character, Agabus remains a minor one with powerful relevance for today. Exploring Agabus to convey the countercultural message that an anonymous life of authenticity and service is more important than approval of others or even fame, Michael Walrond dares us to be our authentic selves and to fulfill our callings in joyful anonymity.



MICHAEL WALROND is a popular keynote speaker and the pastor of First Corinthian Baptist Church of New York City. He has lectured widely, including at Yale Divinity School and Morehouse College. He is cohost with Al Sharpton of the nationally broadcast weekly radio program *Keepin' It Real*. He has

appeared on or written for NBC News, *The Wall Street Journal*, *New York Amsterdam News*, *The Huffington Post*, *The New York Times*, CNN, and more.

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The Language of the Soul

Meeting God in the Longings of Our Hearts

JEFF CROSBY

FOREWORD BY SUZANNE STABILE

AFTERWORD BY JAMES BRYAN SMITH

A beautiful literary exploration of the spiritual longings of our hearts that guides us to discover our true yearnings and listen to our deepest longings.

MARKETING

- ▶ National print and online publicity to trade and Christian spirituality media
- ▶ Targeted digital and social-media campaign to those interested in Christian spirituality
- ▶ Trade and Christian advertising
- ▶ Congregational promotion and inclusion in newsletter to large congregations
- ▶ Author launch team

Publication: May 23, 2023

978-1-5064-8054-1

Hardcover 5.5 x 8.5

224 pages

\$26.99

REL012120 RELIGION / Christian Living / Spiritual Growth

REL077000 RELIGION / Faith

SEL016000 SELF-HELP / Personal Growth / Happiness

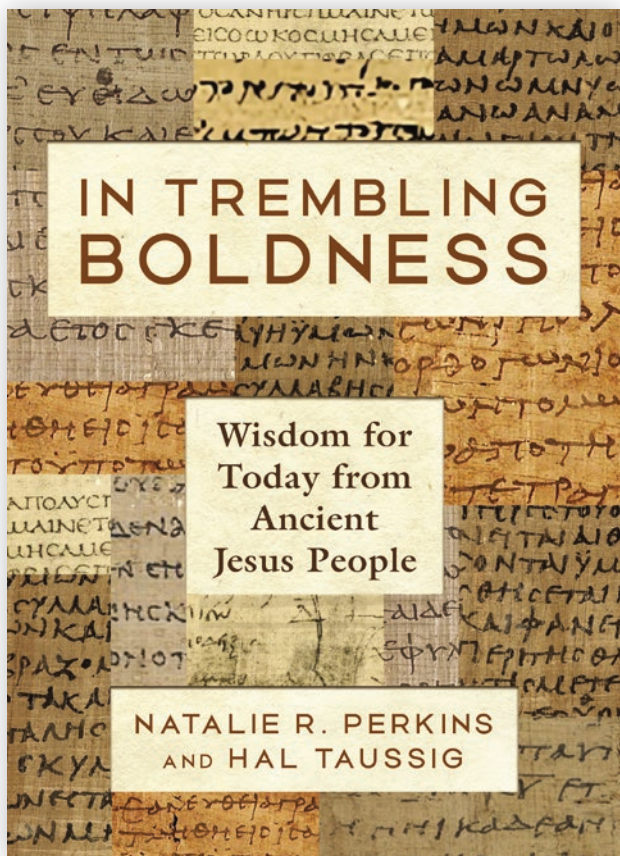
For over fifteen years, writer Jeff Crosby has been searching for a language of the soul—a way to articulate our deepest longings. Through the years he gathered clues from within global music styles, from different cultures, from his own Christian tradition and its sacred texts—and from deep within himself. Now, Crosby gifts us with those so-often-untranslatable desires of our hearts, guiding us to finally find the words and luminous insights for our own longings for home, for friendship, for forgiveness, and for transformation—and how God meets us in the midst of these longings.



JEFF CROSBY is an organizational leader in the world of words, ideas, and book publishing. Currently president and CEO of a trade association of publishers, he has served in various executive roles, including as vice president at Ingram Book Company, and at IVP, a publisher in the Chicago

area. He combines a background in journalism, leadership studies, and business with a love of language and insight from several fields in exploring faith and spirituality in light of applied practice. He and his wife of more than forty years, Cindy, have two grown children and six grandchildren.

 @JeffCrosby2  /jeff.crosby.3766



In Trembling Boldness

Wisdom for Today from Ancient Jesus People

NATALIE R. PERKINS
AND HAL TAUSSIG

A first-of-its-kind book of meditations on the words and wisdom of recently discovered writings by ancient followers of Jesus, and how they can offer us deeper spiritual connection today.

MARKETING

- ▶ National publicity campaign focused on Christian media and spirituality media
- ▶ Digital and social media-campaign targeting Christian readers and spiritual seekers
- ▶ Outreach to Christian and spirituality podcasts and blogs
- ▶ Congregational promotion and inclusion in newsletter to large congregations
- ▶ Author launch team

Publication: June 13, 2023
978-1-5064-8574-4
Hardcover 5 x 7
180 pages
\$21.99

REL012040 RELIGION / Christian Living / Inspirational
REL072000 RELIGION / Antiquities & Archaeology
OCC031000 BODY, MIND & SPIRIT / Ancient Mysteries & Controversial Knowledge

Using examples from modern life to introduce excerpts from texts like *The Odes of Solomon* and *The Gospel of Thomas*, this book draws meaning and connection between ancient followers of Jesus and today's most pressing issues, including LGBTQ+ inclusion, incarceration, addiction, immigration, violence, illness, social justice work, and civil disobedience.



NATALIE RENEE PERKINS serves as director of digital ministry at Middle Collegiate Church and as a chaplain for New York University. She received her master of divinity degree from Union Theological Seminary, where she was awarded the Karen Ziegler Feminist Preaching Prize. Perkins works with the

Westar Institute to bridge the gap between religious scholarship and the general public. She lives in New York City.

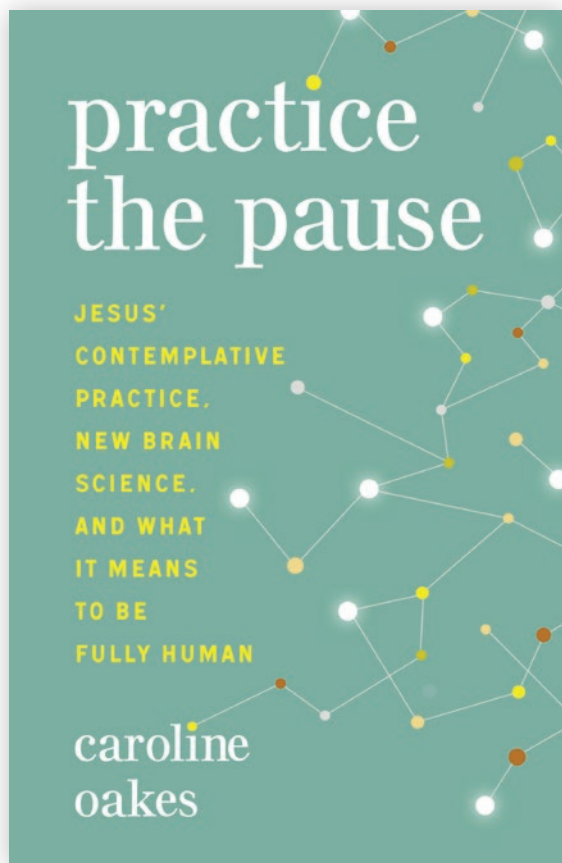
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REV. DR. HAL TAUSSIG is a retired professor and United Methodist pastor. He has published fourteen books including *After Jesus Before Christianity* and *A New New Testament*. He and his work have been featured in and covered by *The New York Times*, *The Daily Show*, National Public Radio, *The Philadelphia*

Inquirer, the History Channel, and *The Washington Post*. He lives near Philadelphia, Pennsylvania.

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Practice the Pause

Jesus' Contemplative Practice, New Brain Science, and What It Means to Be Fully Human

CAROLINE OAKES

Spiritual director Caroline Oakes guides us through Jesus's own contemplative practice and the revolutionary potential of a seven-second pause.

MARKETING

- ▶ Publicity campaign to Christian, spirituality, contemplative, and mind-body-spirit media
- ▶ Regional event and publicity outreach to Maryland and Pennsylvania
- ▶ Christian advertising
- ▶ Digital and social-media campaign to focus on progressive Christians, post-evangelicals, and readers of Richard Rohr and similar writers
- ▶ Congregational outreach
- ▶ Author launch team

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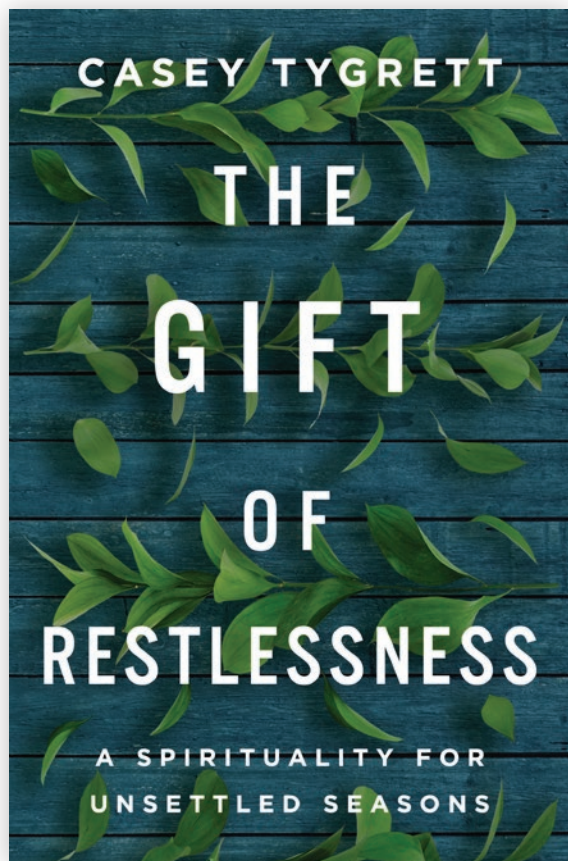
New studies have proven that an intentional practice of pausing for a few moments of meditation, prayer, or another contemplative practice actually *rewires* our brain in ways that make us calmer, less reactive, and better able to see the bigger picture. In *Practice the Pause*, Caroline Oakes offers easy-to-understand explanations of this new brain science and shows that by practicing the pause, we become more self-aware and better able to understand others. We become more “God aware.”



CAROLINE OAKES is a writer and spiritual director whose essays have been published at On Being, *The Huffington Post*, and her bimonthly “Mind & Spirit” column in *The Bucks County Herald*, an award-winning regional newspaper. A student of everyday spirituality, wisdom teachings, and the human spirit, she has a master’s degree in ascetical theology from the General Theological Seminary of the Episcopal Church and participated in Thomas Keating’s Contemplative Ministry Project. She is trained in teaching contemplative practice and mindfulness meditation by Shalem Institute for Spiritual Formation and by Mindful Schools, Inc. She lives in Annapolis, Maryland.

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The Gift of Restlessness

A Spirituality for Unsettled Seasons

CASEY TYGRETT

Embrace restlessness as normal, healthy, and holy and as an opportunity to ask the spiritual questions that lead us to grow.

MARKETING

- ▶ Publicity campaign to progressive Christian media, mind-body-spirit media, and spirituality media
- ▶ Digital and social-media campaign to spiritual seekers and contemplatives
- ▶ Niche outreach to congregational audiences
- ▶ Christian advertising
- ▶ Author launch team

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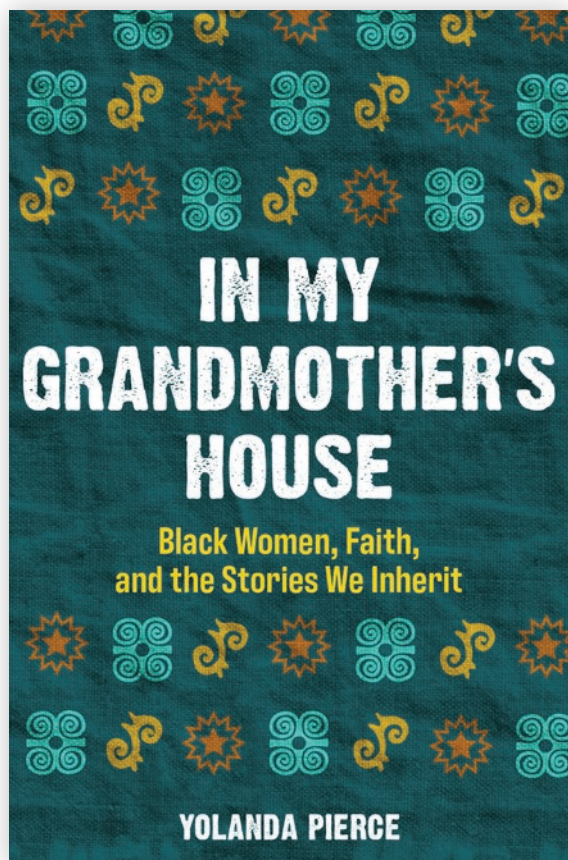
SEL032000 SELF-HELP / Spiritual

No one asks for restless moments. No one wants to feel irritated, unsettled, or stuck. But what if restlessness is normal, healthy, and even holy? Spiritual director Casey Tygrett upends the notion that restlessness is a sign that we must move up, move on, or move out. Working within the prayerful tradition of writers like Henri Nouwen and Barbara Brown Taylor, Tygrett turns over our innermost questions and holds them up to the light. Where do I belong? What am I here for? And he finds a surprising alignment of these restless questions with the prayer that Jesus taught us to pray. Each chapter offers profoundly spiritual practices that, when taken together, create a spirituality sturdy enough for our unsettled seasons.



CASEY TYGRETT is a speaker and the director of spiritual direction practice for Soul Care, which helps church and nonprofit leaders restore health to their souls. He is the author of *Becoming Curious* and *As I Recall* and is the host of the *otherWISE* podcast. Tygrett holds an MDiv and a DMin in spiritual formation from Lincoln Christian Seminary. He and his family live in south suburban Chicago.

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In My Grandmother's House

Black Women, Faith, and the Stories We Inherit

YOLANDA PIERCE

An accessible and deeply personal tribute to Black women's faith and womanist theology from Yolanda Pierce, dean of Howard University School of Divinity.

MARKETING

- ▶ National publicity campaign to progressive Christian and spirituality media
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- ▶ Trade and Christian advertising
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- ▶ Author launch team

Publication: February 7, 2023

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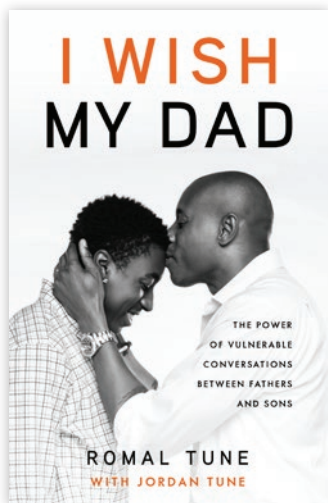
A grandmother's theology carries wisdom strong enough for future generations. Theologian Yolanda Pierce builds an everyday womanist theology rooted in liberating scriptures and truths from Black women's lives in this paperback edition. It's time to get to know the God who has been showing up at the kitchen tables of Black women all along.



YOLANDA PIERCE is professor and dean of Howard University School of Divinity. She is a scholar of African American religious history, womanist theology, race, and religion, as well as a public theologian, activist, and commentator.

An alumna of Princeton University and Cornell University, Pierce served as the founding director of the Center for the Study of African American Religious Life at the National Museum of African American History & Culture. Pierce's writing has appeared in *Time*, *Sojourners*, and *The Christian Century*, and she is the author of the book *Hell Without Fires*. Pierce lives in Washington, DC.

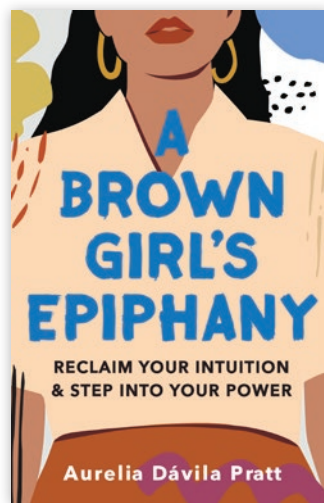
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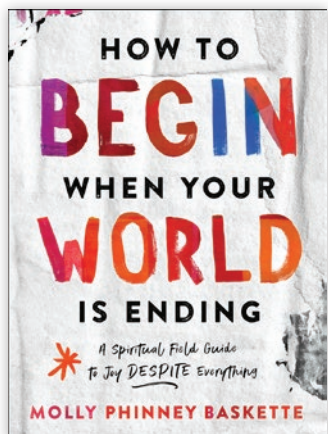
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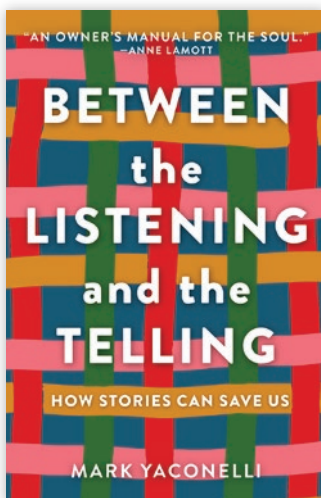
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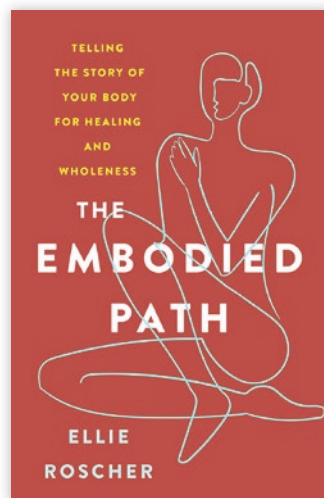
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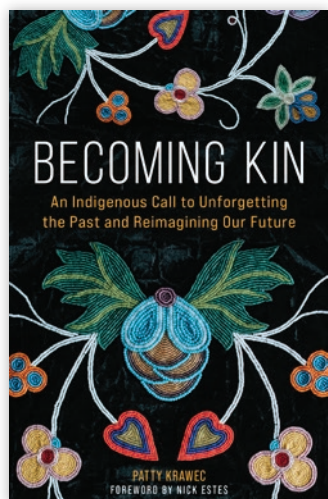
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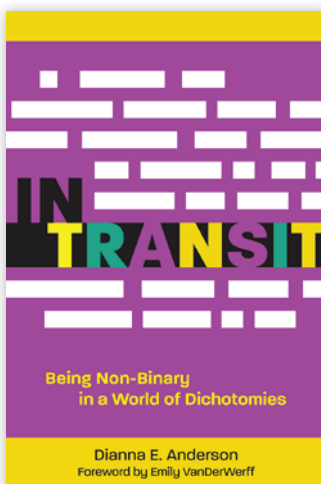
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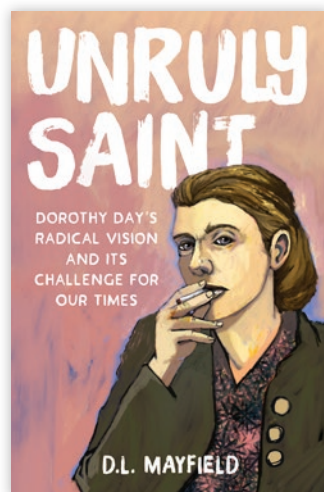
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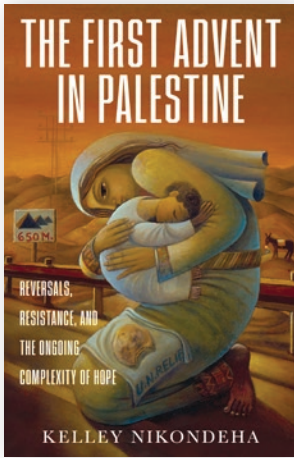
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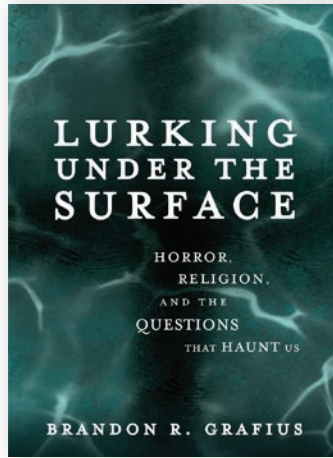
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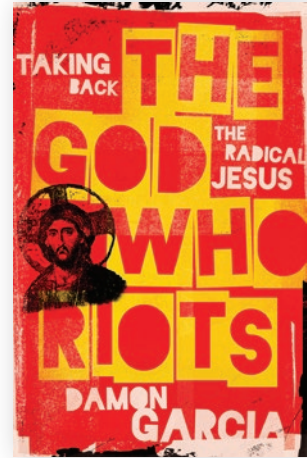
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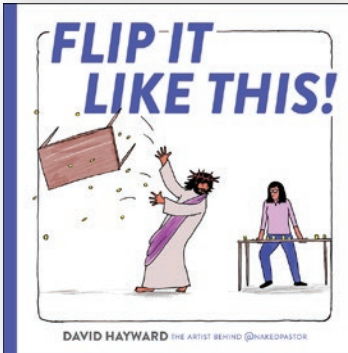
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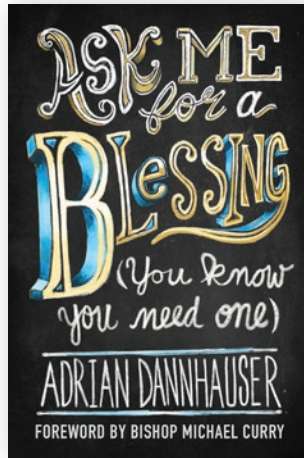
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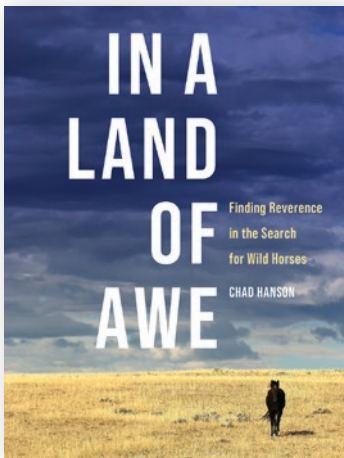
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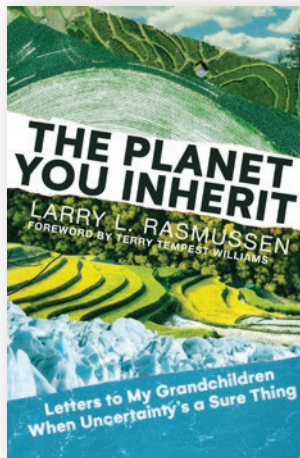
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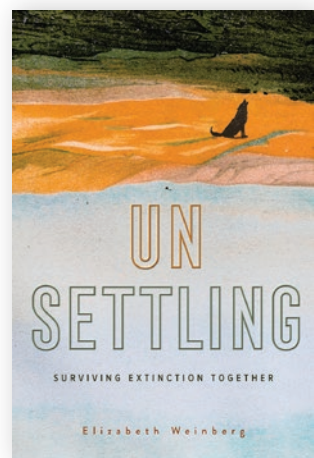
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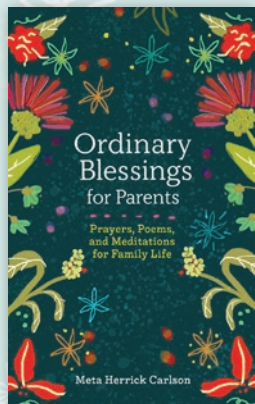
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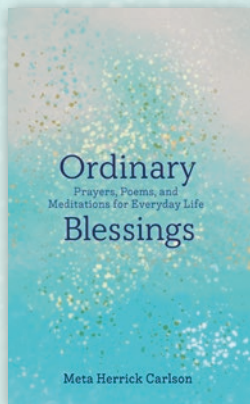
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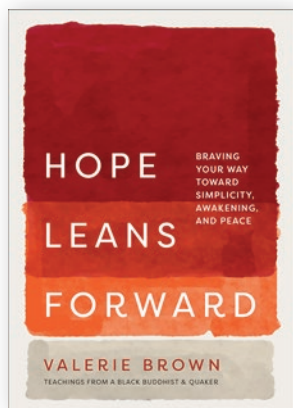
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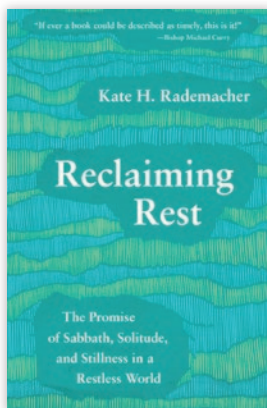
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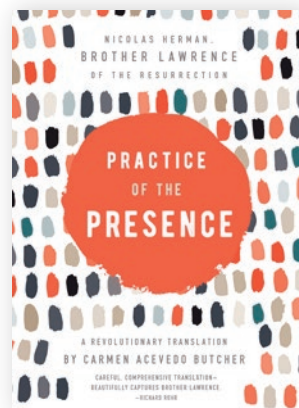
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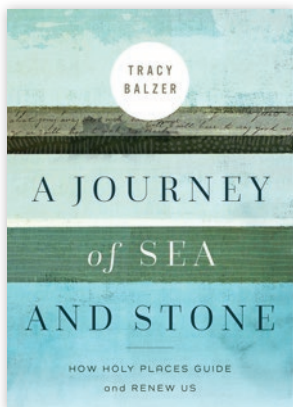
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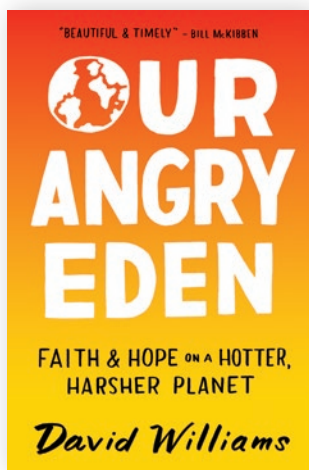
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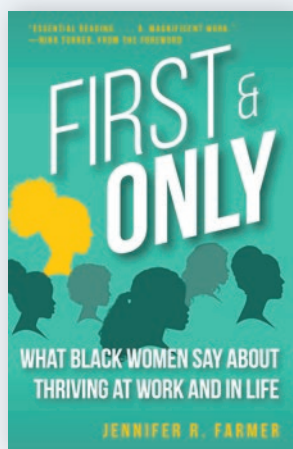


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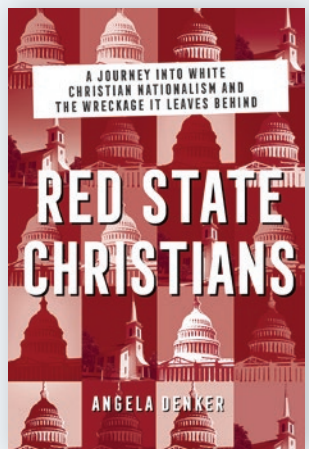


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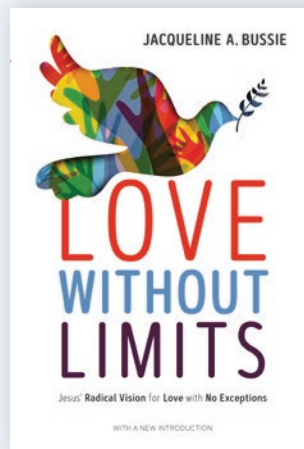
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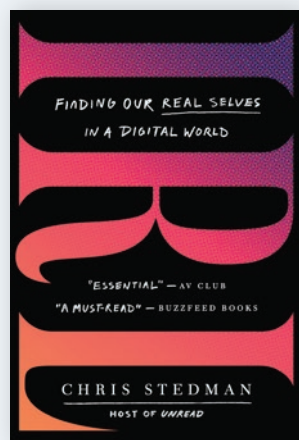
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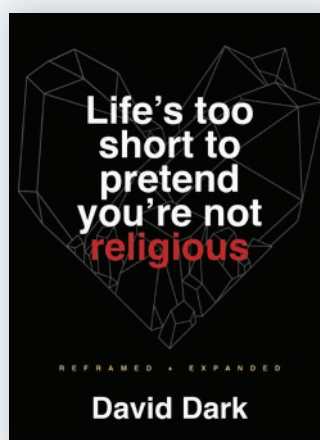
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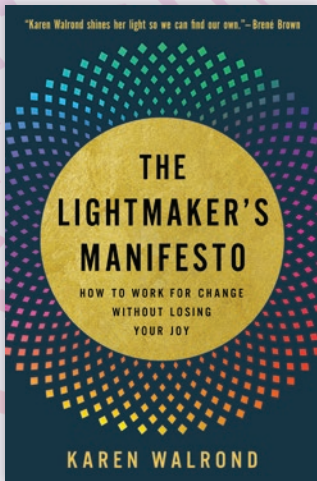
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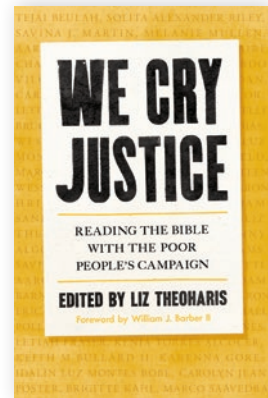
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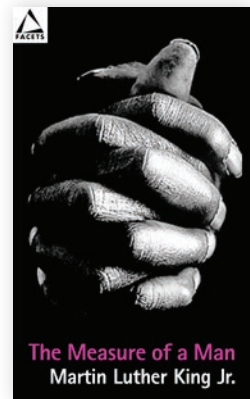
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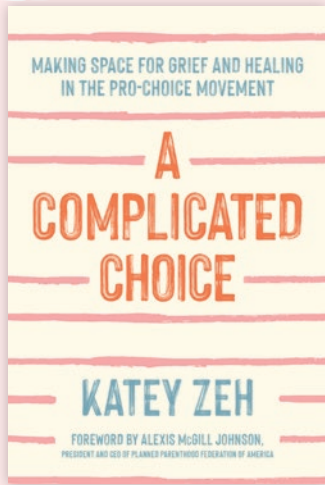
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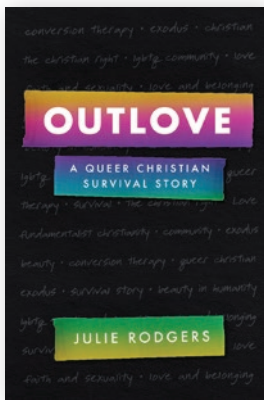
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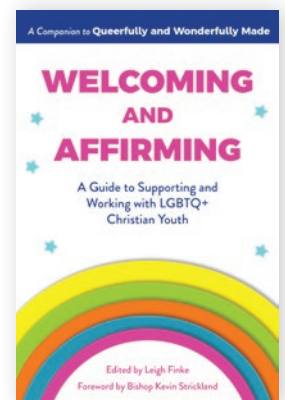
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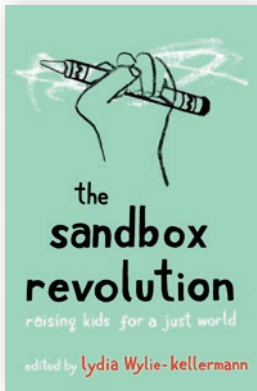
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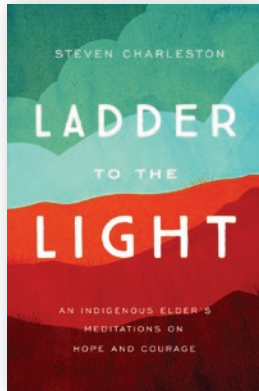
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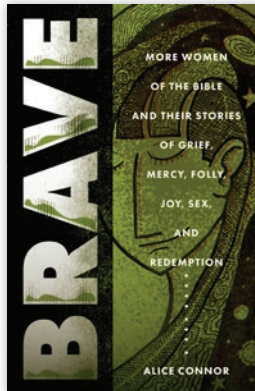
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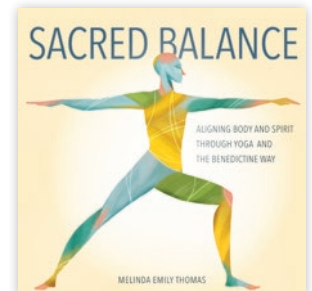
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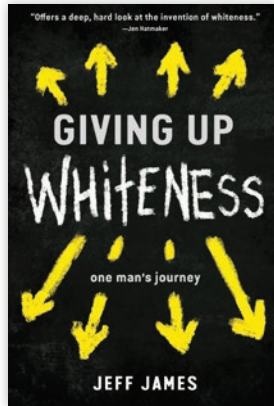
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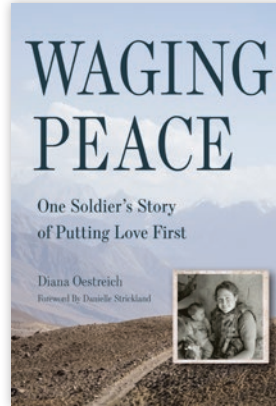
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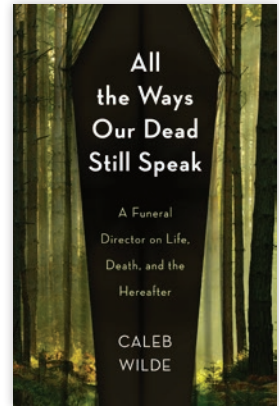
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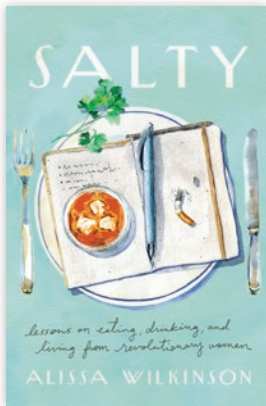
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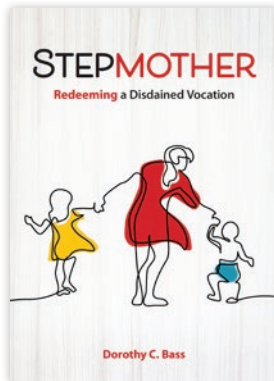
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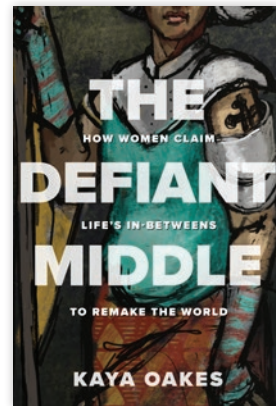
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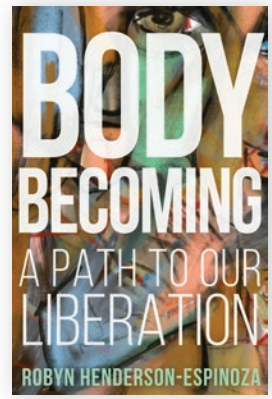
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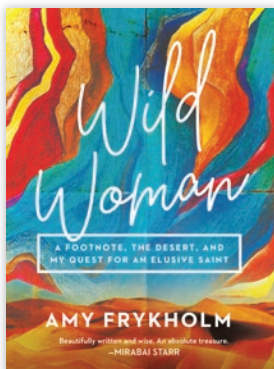
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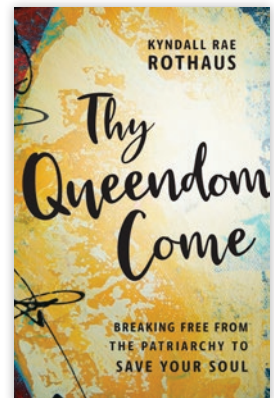
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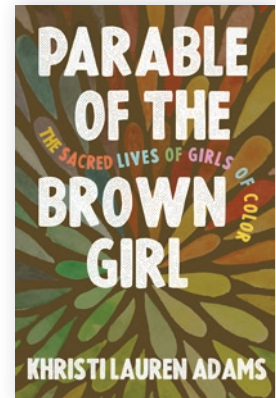
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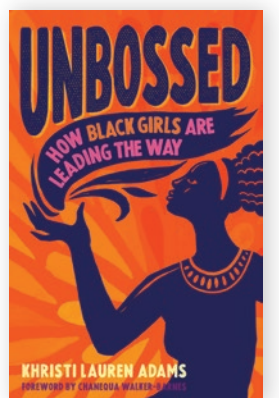
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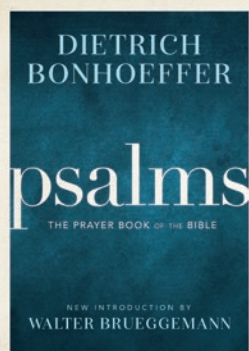
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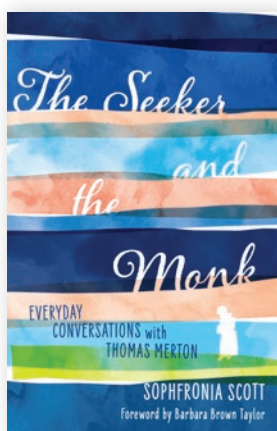
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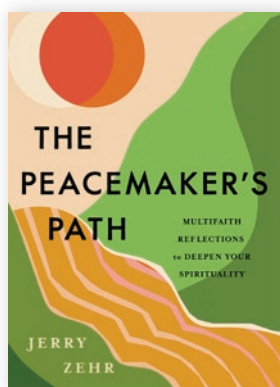
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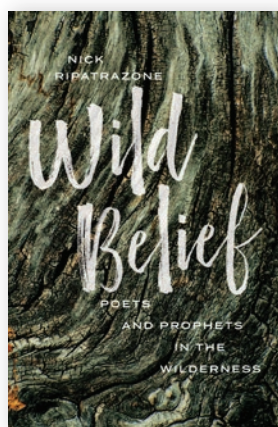
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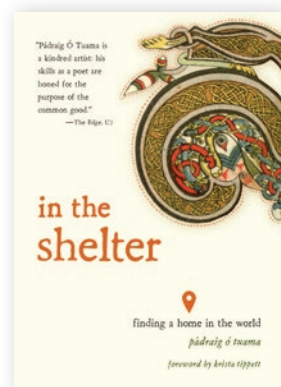
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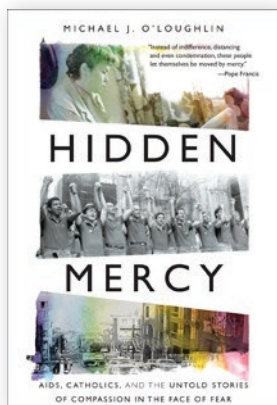
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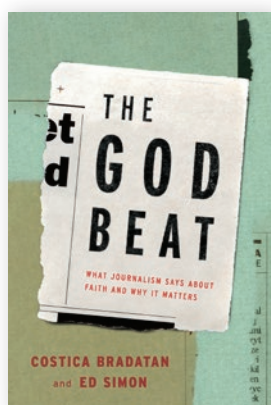
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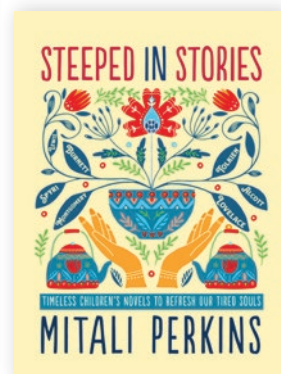
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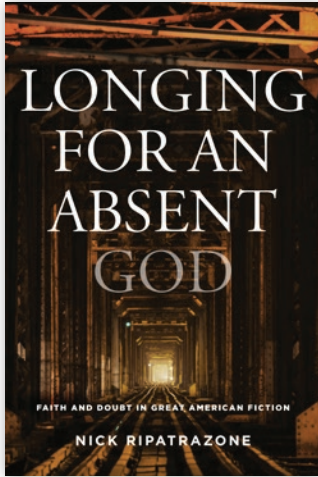
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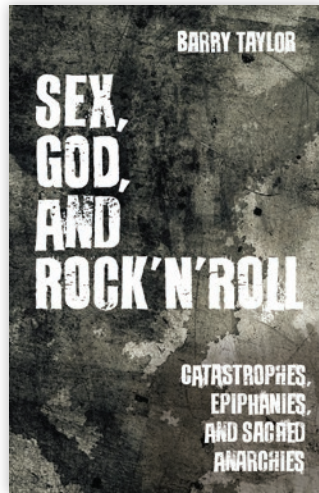
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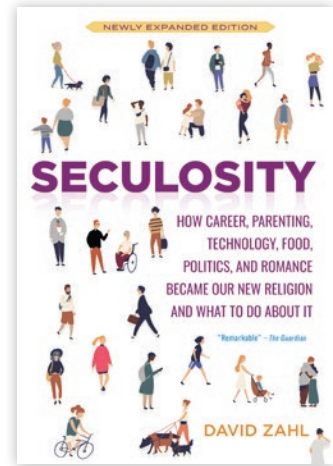
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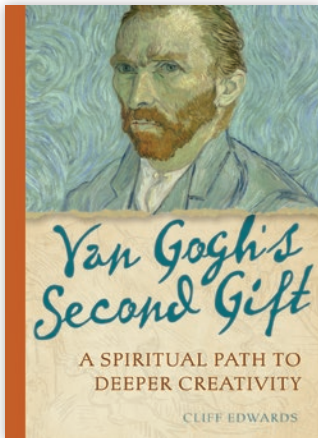
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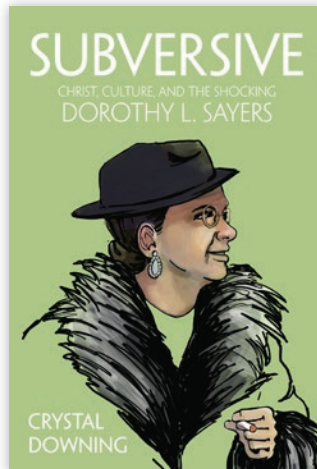
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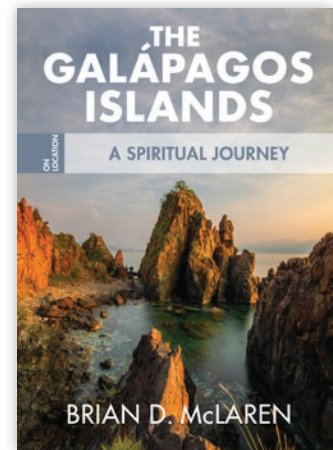
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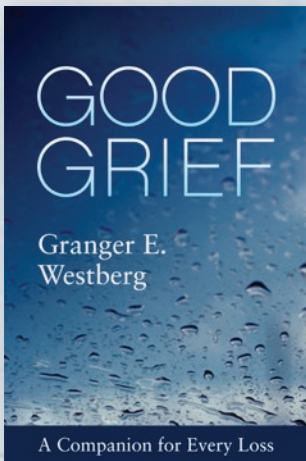
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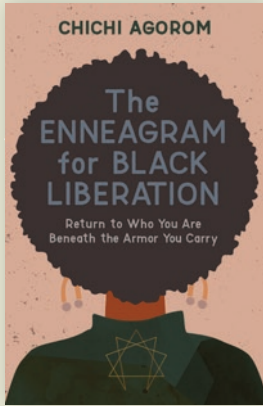
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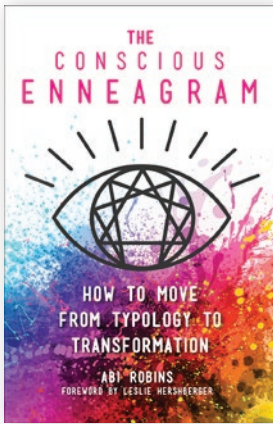
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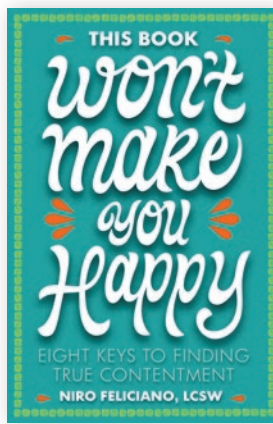
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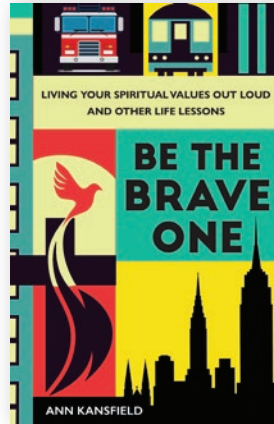
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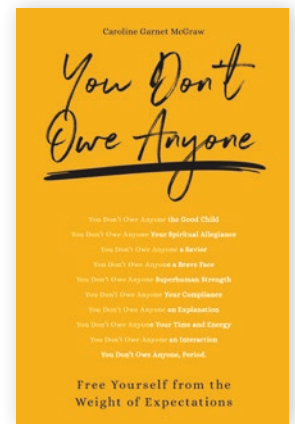
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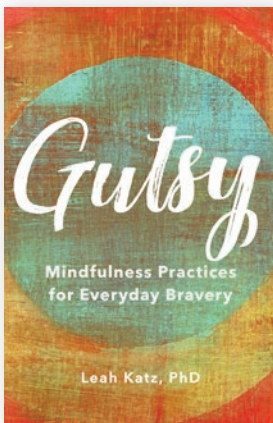
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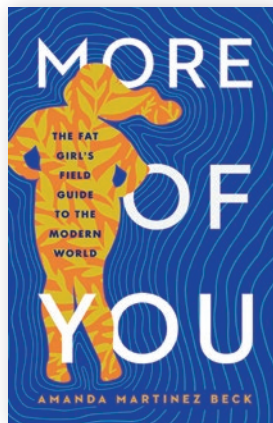
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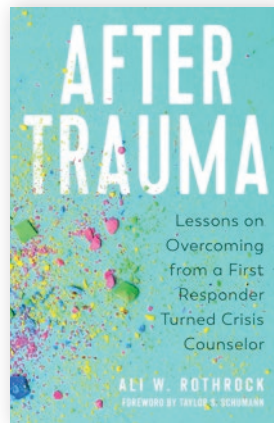
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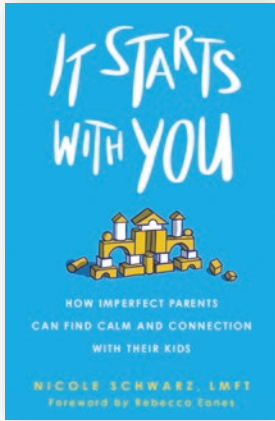
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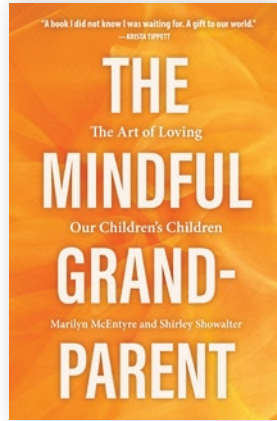
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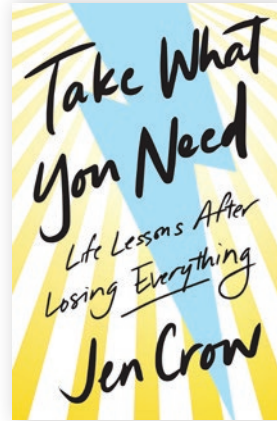
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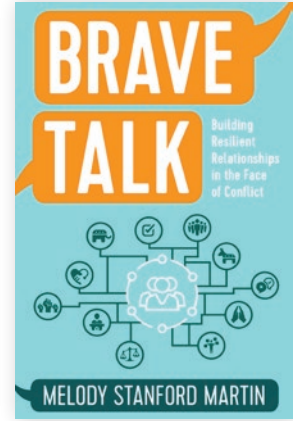
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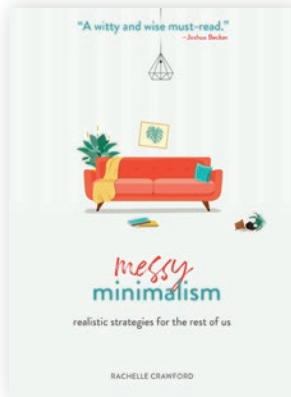
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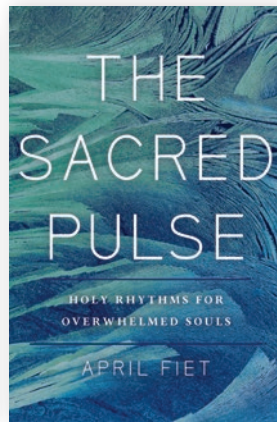
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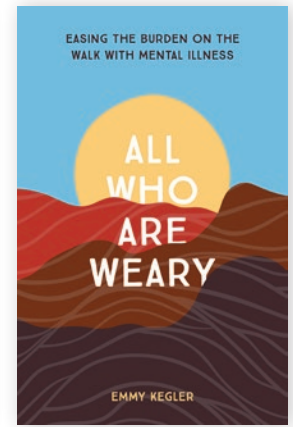
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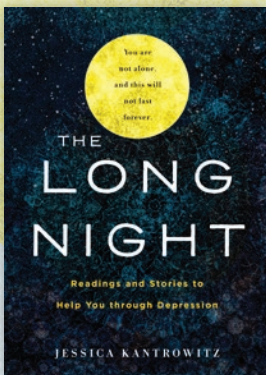
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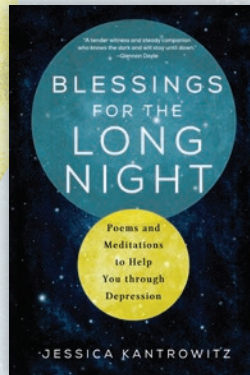
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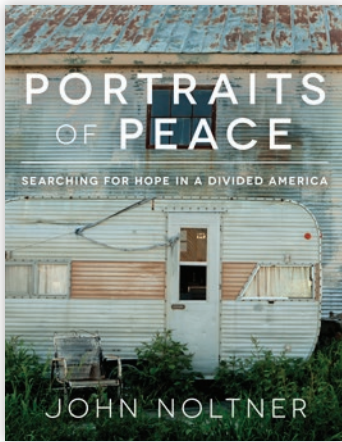
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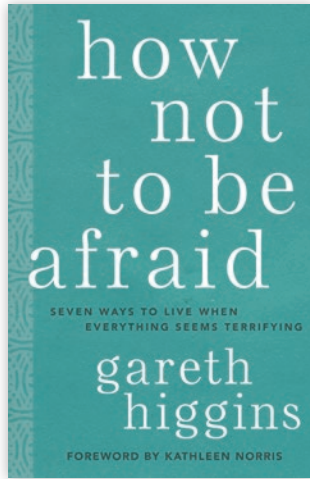
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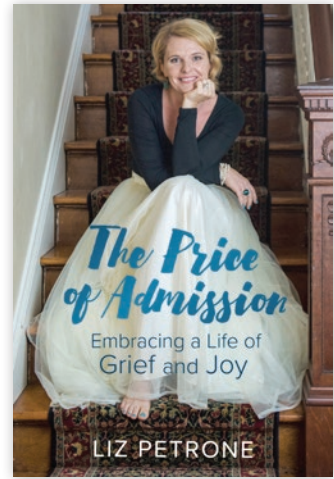
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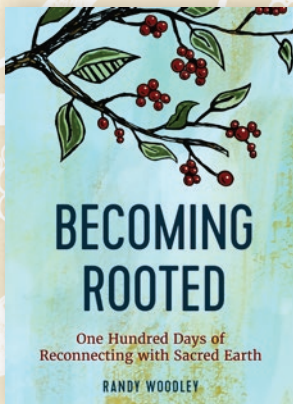
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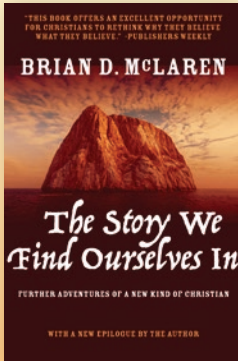
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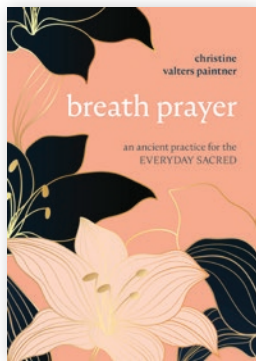
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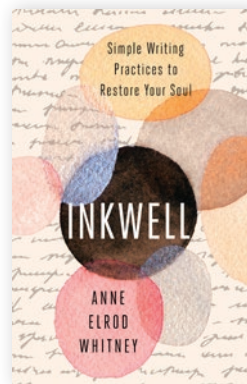
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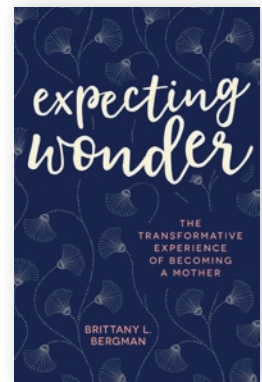
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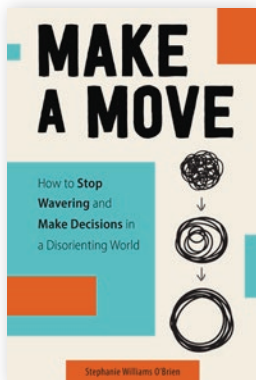
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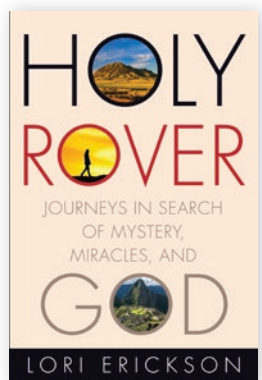
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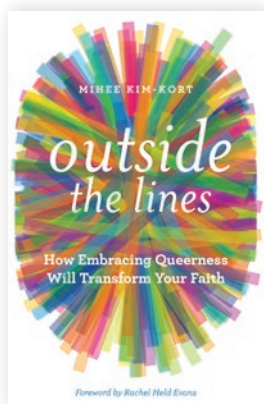
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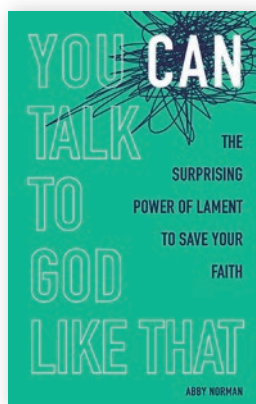
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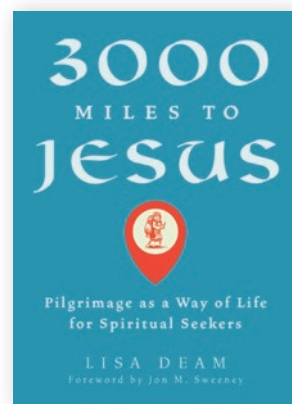
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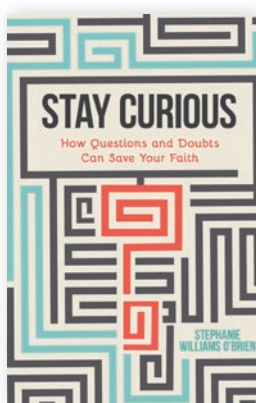
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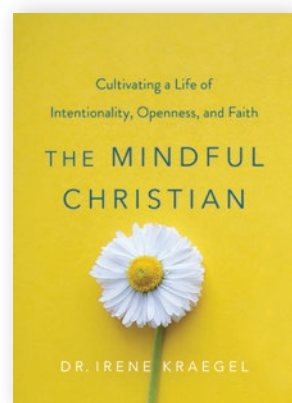
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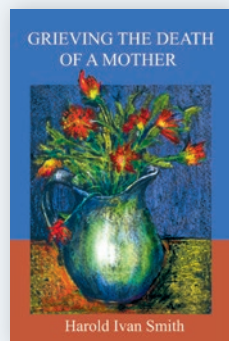


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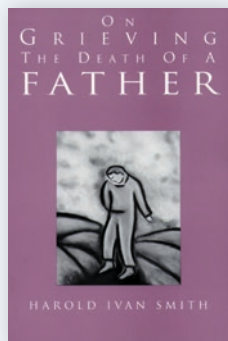


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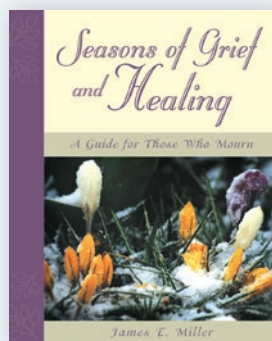
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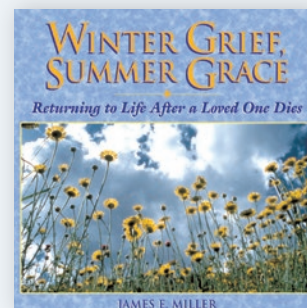
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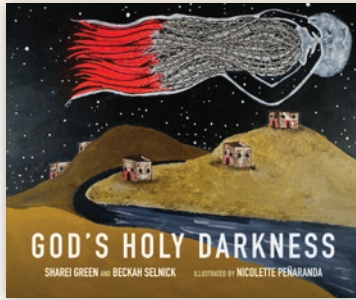


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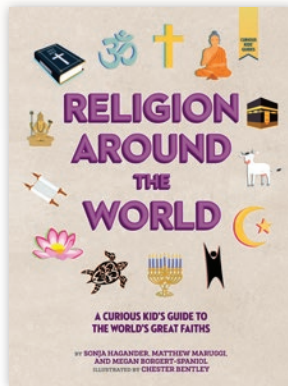
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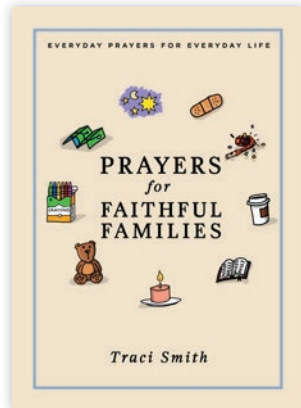
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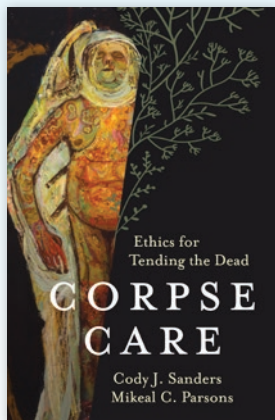


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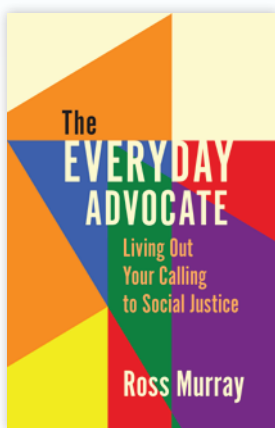
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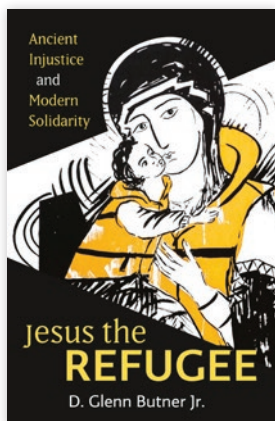
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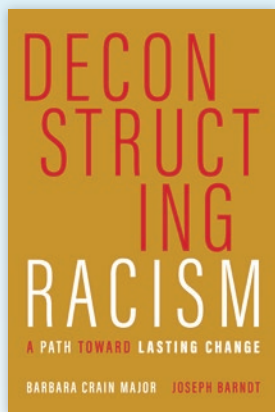
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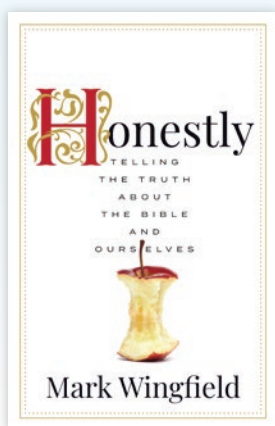
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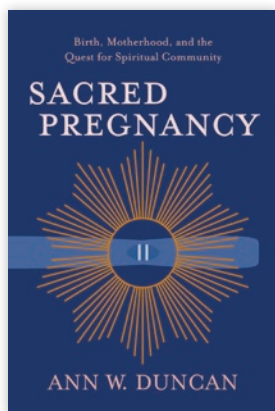
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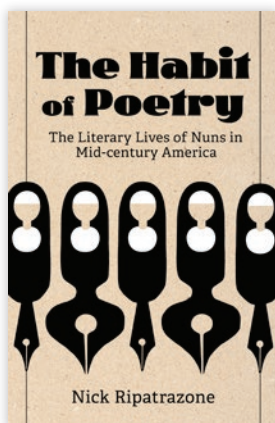
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