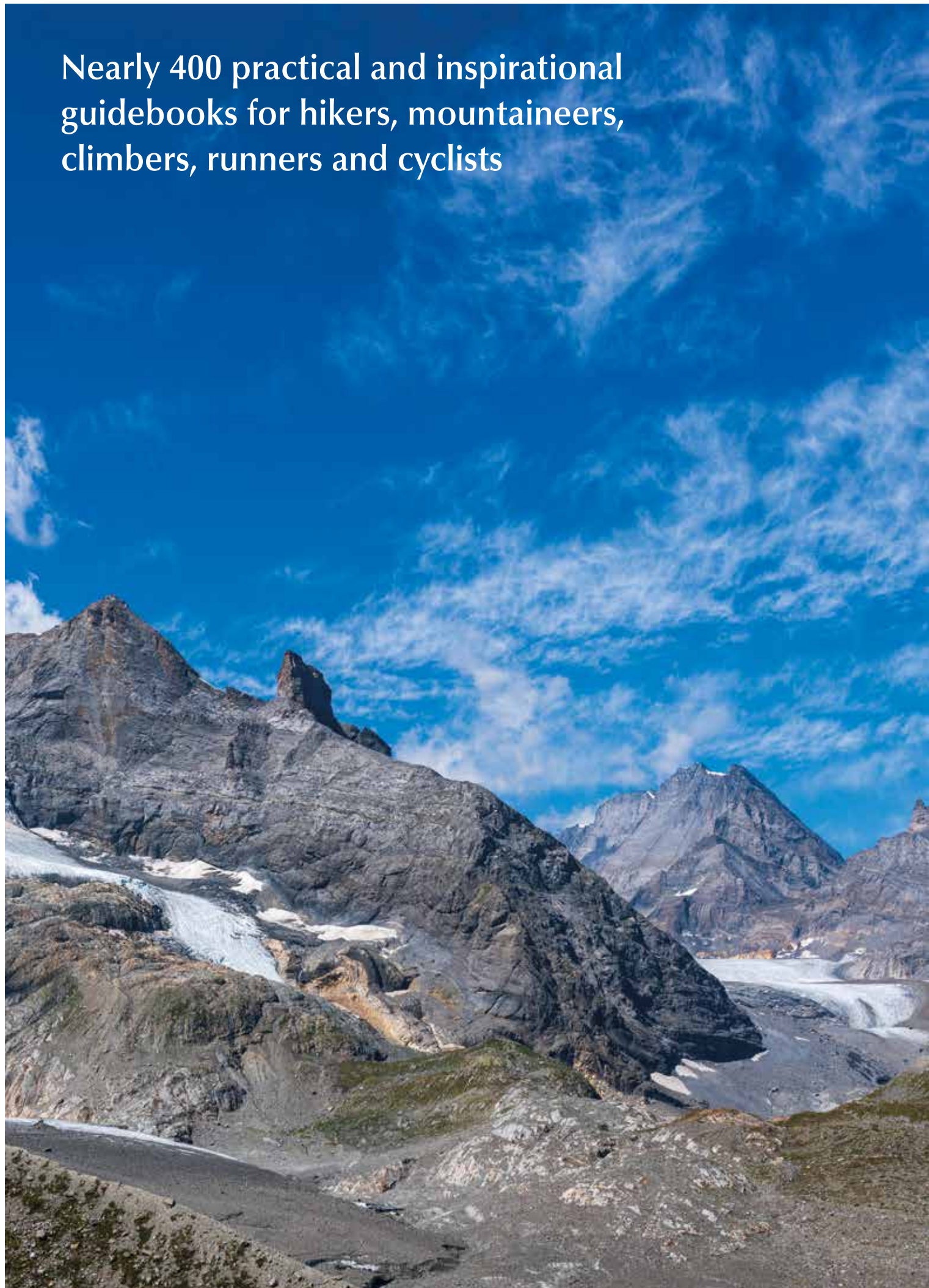


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Nearly 400 practical and inspirational
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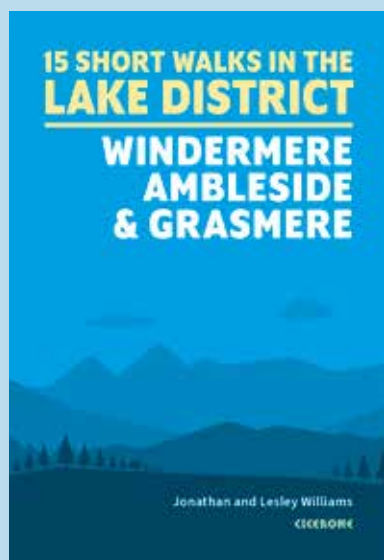
Contents

New titles Spring/Summer 2023 2–12

Book list

British Isles challenges, collections and activities	13
Scotland	13
Northern England routes	16
North-East England, Yorkshire Dales and Pennines	17
North-West England and the Isle of Man	18
Lake District	19
Derbyshire, Peak District and Midlands	21
Southern England	21
Wales and Welsh Borders	25
International challenges, collections and activities	27
Alps cross-border routes	27
France, Belgium and Luxembourg	28
Pyrenees and France/Spain cross-border routes	30
Spain and Portugal	30
Austria	33
Germany	33
Switzerland	34
Italy	34
Mediterranean	36
Slovenia, Croatia, Montenegro, Albania and Kosovo	37
Eastern Europe	37
Scandinavia, Iceland and Greenland	38
Himalaya	38
Africa	38
Ireland	39
North America	39
South America	39
Japan, and Asia	39
New Zealand and Australia	40
Mountain Literature	40
Techniques	41
Mini Guides	41

Short Walks – A Brand New Series



Short Walks in the Lake District

Jonathan and Lesley Williams

- Published in January 2023.
- Comes with easy to read Ordnance Survey maps, clear route description and lots of images.
- No challenging or complex navigation.
- Most walks are under three hours in length and range from 5km to 11km.
- All routes are accessible via public transport.

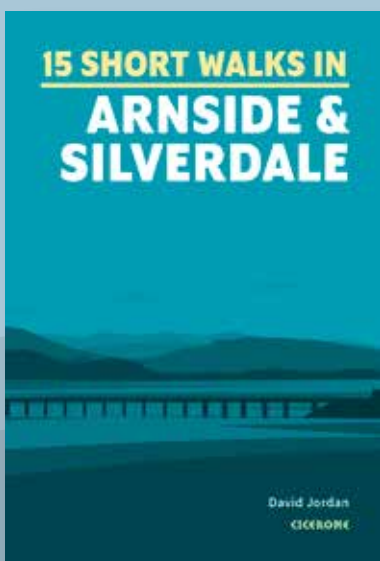
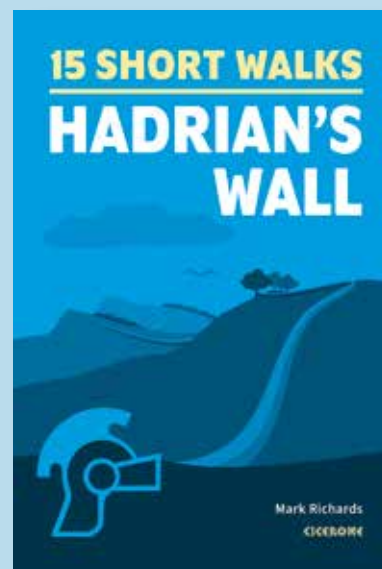
ISBN: 9781786311528 | £9.95 RRP

Short Walks Hadrian's Wall

Mark Richards

- Published in February 2023.
- Comes with easy to read Ordnance Survey maps, clear route description and lots of images.
- No challenging or complex navigation.
- Most walks are under three hours in length and range from 4km to 10.5km.
- Most routes are accessible via public transport.

ISBN: 9781786311573 | £9.95 RRP



Short Walks in Arnside and Silverdale

David Jordan

- ISBN: 9781786311580.
- Publishing in March 2023.
- Comes with easy to read Ordnance Survey maps, clear route description and lots of images.
- No challenging or complex navigation.
- Most walks are under three hours in length and range from 3km to 9km.
- Most routes are accessible via public transport.

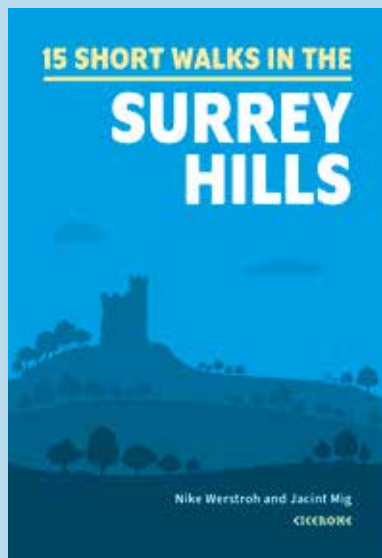
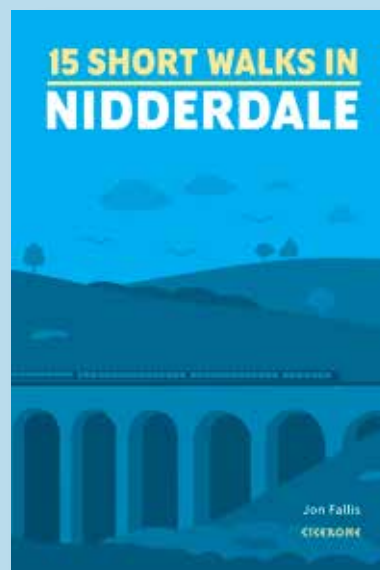
ISBN: 9781786311580 | £9.95 RRP

Short Walks in Nidderdale

Jon Fallis

- Publishing in April 2023.
- Comes with easy to read Ordnance Survey maps, clear route description and lots of images.
- No challenging or complex navigation.
- Most walks are under three hours in length and range from 1.6km to 11.5km.
- Most routes are accessible via public transport.

ISBN: 9781786311542 | £9.95 RRP



Short Walks in the Surrey Hills

Nike Werstroh and Jacint Mig

- Published in January 2023.
- Comes with easy to read Ordnance Survey maps, clear route description and lots of images.
- No challenging or complex navigation.
- Most walks are under three hours in length and range from 4.5km to 12.5km.
- Most routes are accessible via public transport.

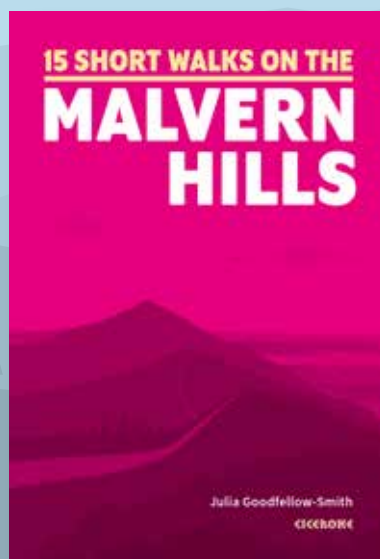
ISBN: 9781786311535 | £9.95 RRP

Short Walks on the Malvern Hills

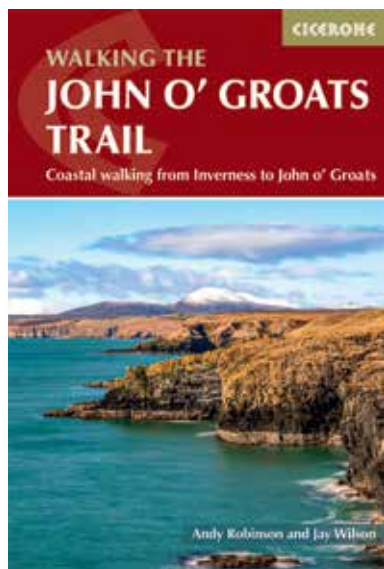
Julia Goodfellow-Smith

- Publishing in May 2023.
- Comes with easy to read Ordnance Survey maps, clear route description and lots of images.
- Most walks are under three hours in length and range from 2.5km to 7.5km.
- Most routes are accessible via public transport.

ISBN: 9781786311399 | £9.95 RRP



LONG DISTANCE TRAILS – UK



Walking the John o' Groats Trail

Andy Robinson and Jay Wilson

- Published in February 2023.
- Includes stage-by-stage custom-drawn maps.
- Comes with three bonus stages linking the Great Glen Way with the John o' Groats Trail, ideal for LEJOG challengers.
- The main route description is from south to north, but notes are included for those wanting to complete the trail from north to south.
- Contains guidance on accommodation, wild camping, equipment, and responsible use of Scotland's right to roam.

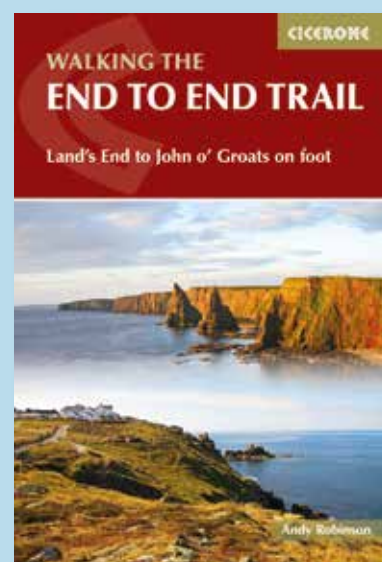
ISBN: 9781786310576 | £16.95 RRP

Walking the End to End Trail

Andy Robinson

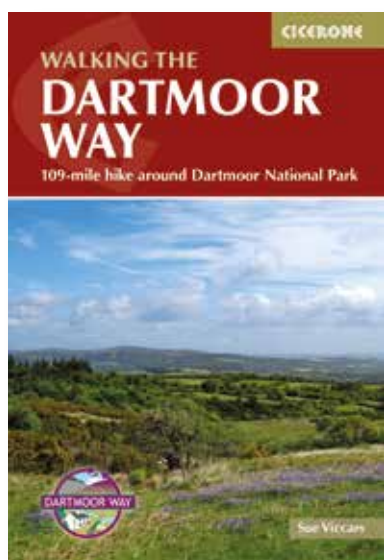
- Publishing in June 2023.
- Includes detailed route description and comprehensive mapping.
- The route can be walked in two months but an alternative 3 month schedule is also provided.
- Contains advice to help you prepare for your walk, covering equipment, safety, supplies and facilities.
- The route takes advantage of other long distance trails such as the South West Coast Path, Pennine Way, West Highland Way and the John o' Groats Trail.

ISBN: 9781786311474 | £19.95 RRP



Walking the Dartmoor Way

Sue Viccars



- Publishing in April 2023.
- Covers the route in 10 day-long stages plus the 2 day High Moor link which can be combined with the Dartmoor Way to create a shorter loop or a longer figure-of-eight route.
- The guide also contains options for walking the route in just 7 days or taking low-level detours to avoid bad weather.
- Comes with full stage directions and comprehensive mapping.

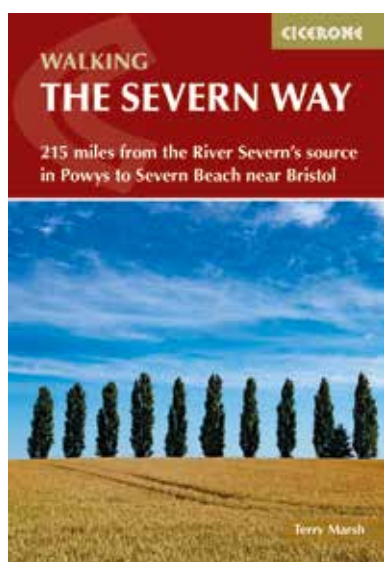
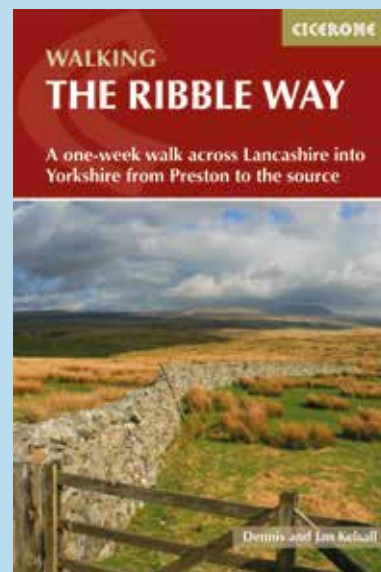
ISBN: 9781786311153 | £16.95 RRP

Walking the Ribble Way

Dennis and Jan Kelsall

- Publishing in July 2023.
- Contains OS map extracts and full route description split into 7 convenient stages, with suggestions for day walkers.
- An easier-going scenic route, ideal for novice and experienced walkers alike.
- Includes planning details and advice on when to go, where to stay and what to take.

ISBN: 9781786310910 | £16.95 RRP



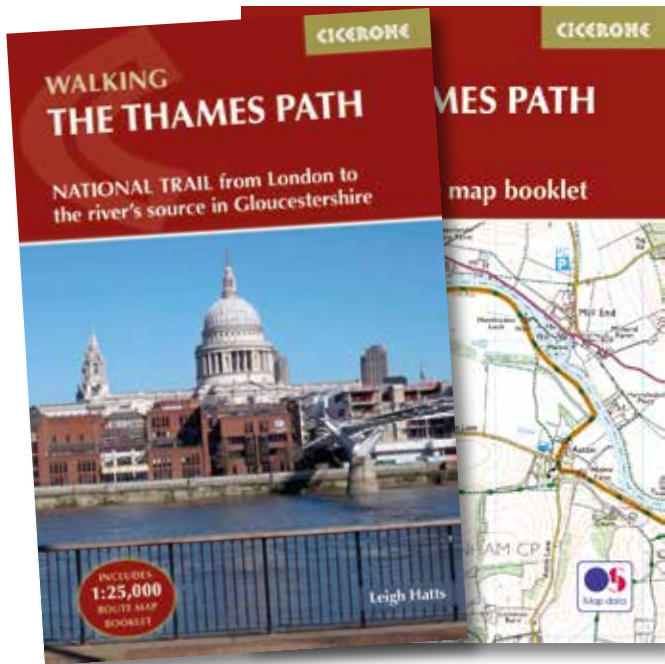
Walking the Severn Way

Terry Marsh

- Publishing in May 2023.
- Described over 22 stages ranging from 3 to 14 miles.
- Also includes a route to the source of the river via Plynlimon and a link route from Severn Beach back to Bristol at the end.
- Step-by-step route description is accompanied by OS map extracts.
- The book is divided into four sections that correspond to the four counties through which the River Severn flows.
- The route is easily accessed by bus and rail and it can be enjoyed at any time of year.

ISBN: 9781786311405 | £16.95 RRP



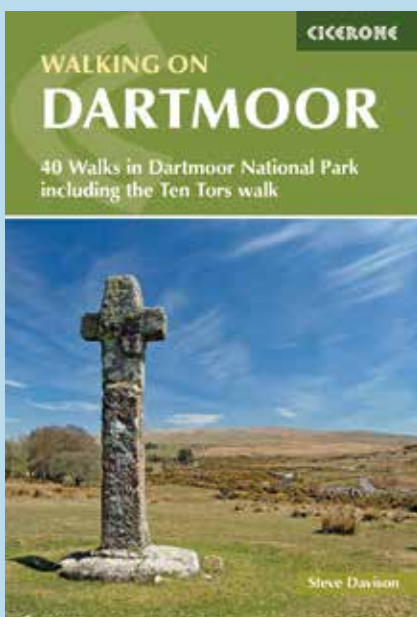


Walking the Thames Path

Leigh Hatts

- Publishing in April 2023.
- A separate map booklet is included with the guide, showing the full route on 1:25,000 scale OS maps. Providing all the mapping needed to complete the trail.
- The guide also contains OS 1:50,000 scale mapping in addition to the map booklet.
- The Thames Path takes in Greenwich, the City of London, the Houses of Parliament, Hampton Court, Windsor and rural countryside.
- Comprehensive information covering accommodation, facilities, and transport links is provided.

ISBN: 9781786311498 | £12.95 RRP

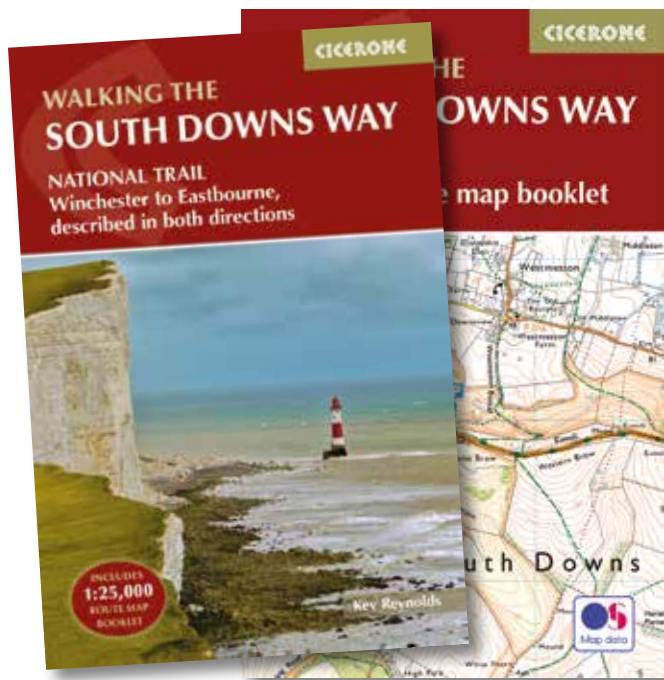


Walking on Dartmoor

Steve Davison

- Publishing in April 2023.
- Contains 39 varied day walks that cover routes across the Dartmoor National Park as well as a Ten Tors style two-day challenge.
- Includes a mixture of low-level short walks and high open moor walks.
- The guide provides advice on when to go, where to stay and public transport options, as well as local wildlife and geology.

ISBN: 9781786311085 | £14.95 RRP

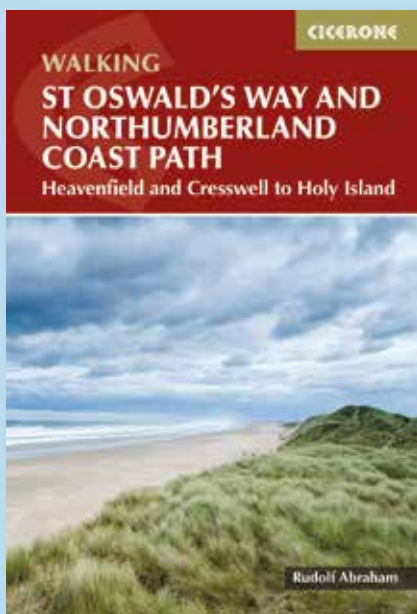


Walking the South Downs Way

Kev Reynolds

- Publishing in June 2023.
- Detailed route description is accompanied by 1:50,000 OS mapping and information on local points of interest.
- The guide also includes a separate map booklet containing all the 1:25,000 OS Explorer mapping needed to complete the trail, conveniently sized to fit in a pocket or rucksack top.
- The guide describes the route – including the bridleway alternatives – in both directions, in 12 stages.
- Highlights include Beachy Head, the mysterious Long Man of Wilmington, Clayton Windmills and the ancient cathedral city of Winchester.

ISBN: 9781786311658 | £12.95 RRP



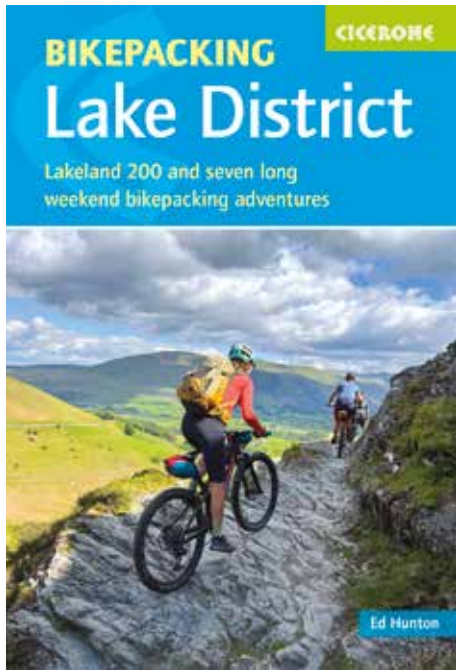
Walking St Oswald's Way and Northumberland Coast Path

Rudolf Abraham

- Publishing in July 2023.
- Described in easy stages, the route passes through the Northumberland National Park and the Northumberland Coast AONB.
- Detailed route descriptions and step-by-step instructions are accompanied by 1:50,000 OS mapping.
- Includes practical advice on when to go and what to take, and information on the region, its weather, wildlife, history and heritage.

ISBN: 9781786311559 | £16.95 RRP

Bikepacking – A Brand New Series



Bikepacking in the Lake District

Ed Hunton

- Publishing in August 2023.
- Contains 8 challenging bikepacking routes, each 2 to 5 days long.
- Includes the popular Lakeland 200 route.
- The maps and elevation profiles highlight local facilities, and the guide also offers suggestions for possible itineraries.
- Ideal for experienced MTB riders and gravel-bike riders comfortable with rough terrain.

ISBN: 9781786311177 | £16.95 RRP

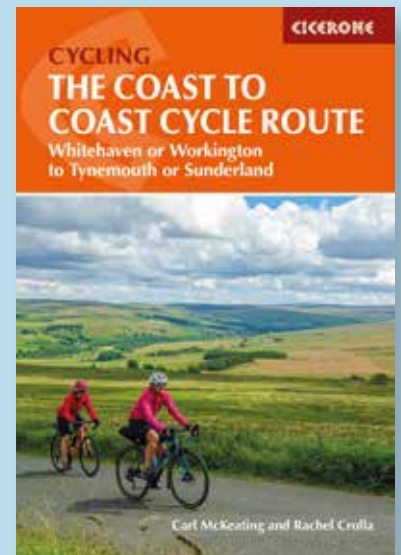


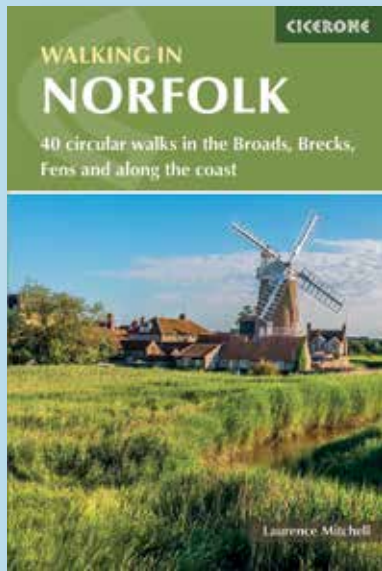
Cycling The Coast to Coast Cycle Route

Carl McKeating and Rachel Crolla

- Published in March 2023.
- This guide contains 1:100,000 mapping of the full route.
- Road and off-road route options available.
- Also includes alternative start and finish points, as well as summary notes for cyclists undertaking the route in the opposite direction.
- The introduction offers plenty of advice on preparing for the ride, including tips on transport, accommodation and equipment, and accommodation.

ISBN: 9781786311184 | £16.95 RRP





Walking in Norfolk

Laurence Mitchell

- Publishing in September 2023.
- Contains 40 easy to moderate circular walks, ranging from 4 to 12 miles in length.
- Easy access from Norwich, King's Lynn, Great Yarmouth and Cromer.
- Some routes use parts of long-distance paths, including the Peddars Way, Norfolk Coast Path, Boudica's Way and Weavers Way.
- Includes OS 1:40,000 mapping and step-by-step descriptions for each walk.

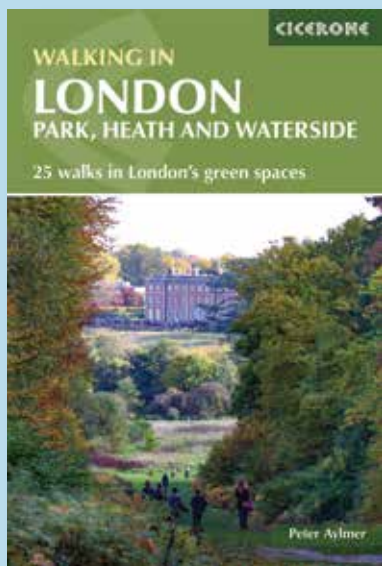
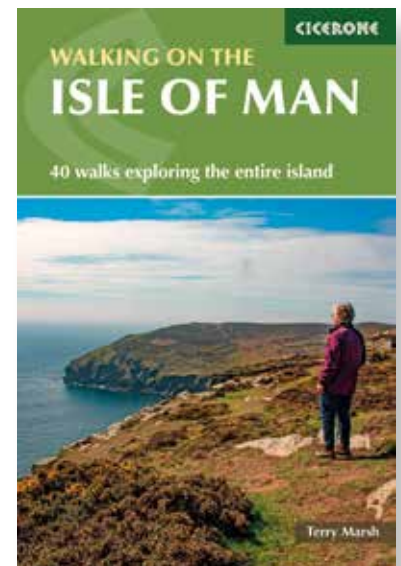
ISBN: 9781786311801 | £14.95 RRP

Walking on the Isle of Man

Terry Marsh

- Publishing in May 2023.
- Includes 40 walks, each ranging from 1 to 14 miles long.
- Routes can also be combined to create longer more ambitious walks.
- Contains OS 1:50,000 maps (blown up to 1:40,000 for greater clarity).
- Also includes practical information on getting to and around the Manx Isle.

ISBN: 9781786310927 | £14.95 RRP

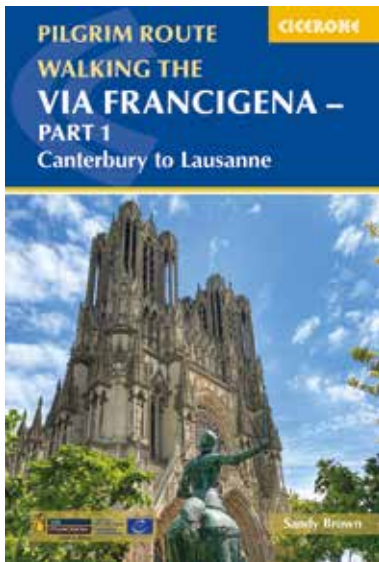


Walking in London

Peter Aylmer

- Publishing in July 2023.
- Covers both the city centre and the Greater London area
- Walks range from 4 to 14 miles and most can be accessed by public transport.
- Includes detailed route descriptions and OS mapping.
- Features information on parking, public transport and refreshments.
- Each walk showcases a particular species of wildlife that you might encounter, plus information on the history and conservation of the capital's wild spaces.

ISBN: 9781786311467 | £14.95 RRP



Walking the Via Francigena – Part 1

Sandy Brown

- Published in February 2023.
- Contains 1:100,000 mapping and additional city maps.
- Route is described in 52 stages but can be easily customised to other itineraries.
- There are two other Cicerone guidebooks to the trail. Part 2 covers the route from Lausanne to Lucca and Part 3 covers the route from Lucca to Rome.

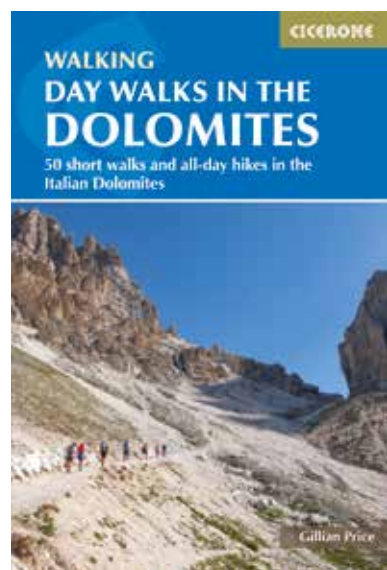
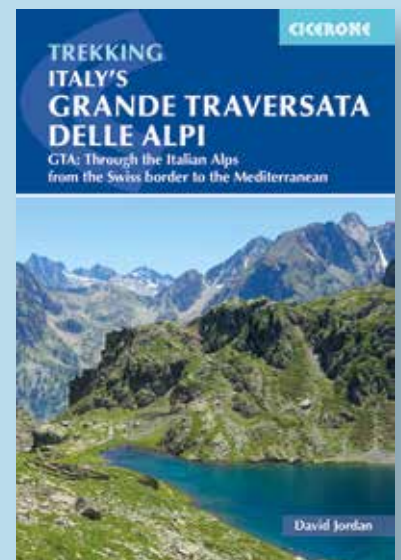
ISBN: 99781852848842 | £16.95 RRP

Trekking Italy's Grande Traversata delle Alpi

David Jordan

- Publishing in June 2023.
- The route traverses the Lepontine, Pennine, Graian, Cottian and Maritime Alps to finish near Monte Rosa.
- Split into 3 sections the route can be tackled as a whole or in parts, with transport options given to the trailheads of each section.
- Provides planning help and advice, including when to go, where to stay and what to bring.

ISBN: 9781786310408 | £18.95 RRP



Day Walks in the Dolomites

Gillian Price

- Publishing in April 2023.
- Includes walks among Tre Cime di Lavaredo, Pelmo, Marmolada, Civetta, Brenta Dolomites, Viel del Pan, Piz Boè circuit, Puez-Odle and Pelmo.
- Each walk features clear route descriptions and 1:50,000 mapping, with key information about distance, grade, ascent and terrain.
- Packed with advice on access, refreshments, and public transport.

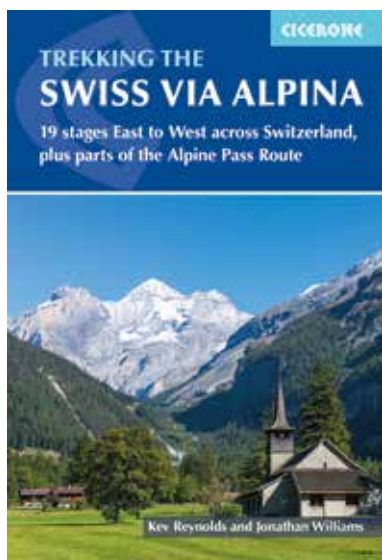
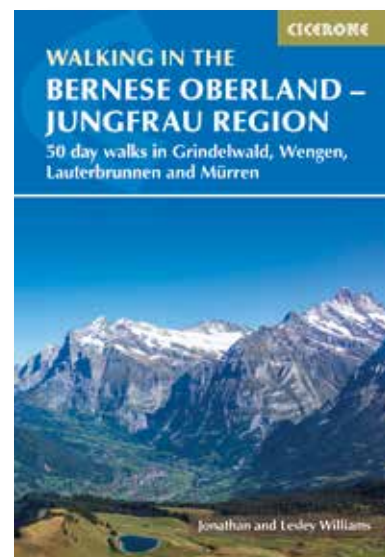
ISBN: 9781786311214 | £17.95 RRP

Walking in the Bernese Oberland

Jonathan and Lesley Williams

- Publishing in April 2023.
- Walks range from 5 to 23km in length and can be enjoyed in 1 to 10 hours.
- Local points of interest are featured including Eiger, Mönch, Wetterhorn, Schynige platte, Trümmelbach falls, and Reichenbach falls.
- 1:50,000 mapping is included for each walk.
- Detailed information on mountain huts, amenities, geology and wildlife.

ISBN: 9781786311146 | £17.95 RRP



Trekking the Swiss Via Alpina

Kev Reynolds and Jonathan Williams

- Publishing in July 2023.
- Formerly known as the Alpine Pass Route, the trail has now been fully waymarked as the Swiss Via Alpina (VA).
- Comprehensive route description is accompanied by 1:100,000 mapping.
- This guide includes a 27km (16¾ mile) 'prologue' from Liechtenstein to the traditional start-point at Sargans.
- The guide also includes alternative stages between Lenk and Montreux to follow the original Alpine Pass Route via Gsteig.

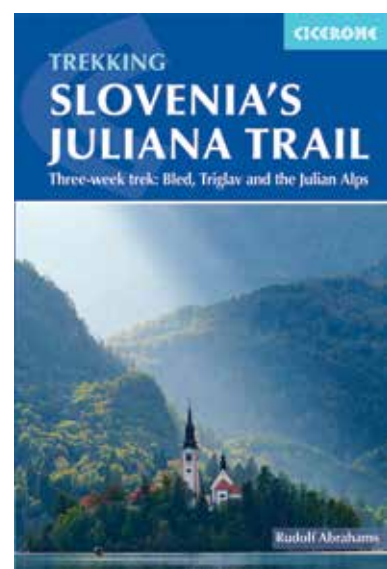
ISBN: 9781786311603 | £18.95 RRP

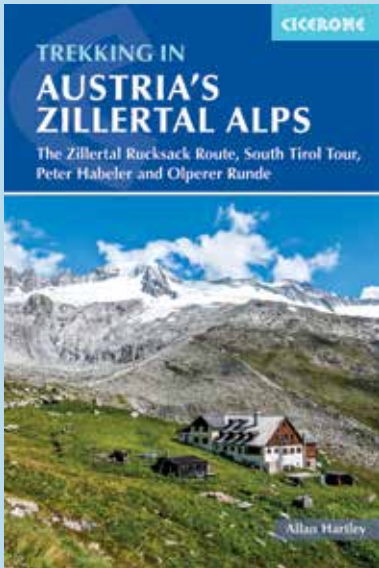
Trekking Slovenia's Juliana Trail

Rudolf Abraham

- Publishing in August 2023.
- A spectacular 330km trek through some lesser known areas of Slovenia's Julian Alps.
- Route circuits around Triglav, Slovenia's highest peak, along with well-known spots such as Lake Bohinj and Bled.
- This guide provides background information on local history, geology and wildlife, as well as planning details on when to go, where to stay and what facilities are available along the trail.

ISBN: 9781786310880 | £18.95 RRP





Trekking in Austria's Zillertal Alps

Allan Hartley

- Publishing in May 2023.
- Includes the 9-day Zillertal Rucksack Route (also known as the Berliner Hohenweg), the 7-day Zillertal South Tirol Tour, the 7-day Peter Habeler Tour and the 6-day Olperer Runde Tour.
- Also provides optional ascents of neighbouring peaks, including the region's highest, the 3510m Hochfeiler.
- Comes with 1:50,000 mapping and elevation profiles, and a comprehensive hut directory listing all of the huts on route.
- Includes a useful German-English glossary.

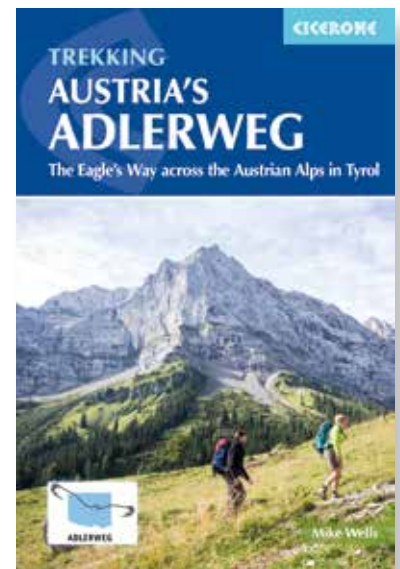
ISBN: 9781786310637 | £18.95 RRP

Trekking Austria's Adlerweg

Mike Wells

- Publishing in July 2023.
- The stages are graded with easier alternative routes provided for the most difficult stages.
- This east-to-west trek visits the historic town of Innsbruck and the mountain sub-ranges of Wilder Kaiser, Rofengebirge and Lechtaler Alpen.
- Provides accommodation details at the start and end points of each stage.
- Details on local transport, planning details, and local history and geology are also provided.

ISBN: 9781786310903 | £18.95 RRP

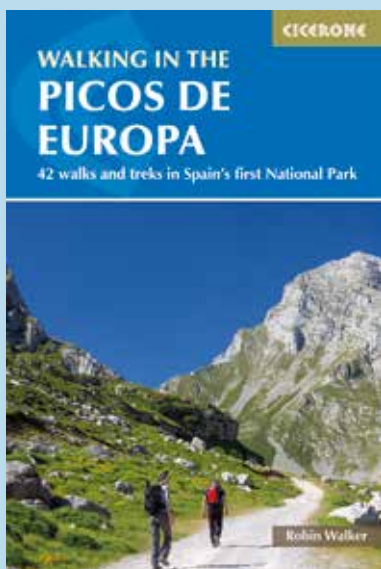


Walking in the Picos de Europa

Robin Walker

- Publishing in May 2023.
- Presents 38 walks in the stunning Picos de Europa mountains of northern Spain.
- Walks are graded by difficulty and range from easy valley walks to ascents of the high peaks.
- Walks cover the areas of Cangas de Onís, Cabrales, Liébana, Valdeón and Sajambre.
- Routes are illustrated with 1:50,000 mapping throughout.

ISBN: 9781852845360 | £17.95 RRP



British Isles challenges, collections and activities



Great Walks on the England Coast Path

Andrew McCloy

30 day and weekend walks around the best of England's shoreline. Routes range from 9 to 45km, and include linear and circular routes. Many can be enjoyed all year round.

9781852849894 Sep 2022
216pp 240x220mm £20.00

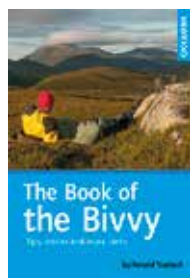


The Big Rounds

David Lintern

Guide to walking and running the 'Big Rounds' – the Bob Graham, the Charlie Ramsay and the Paddy Buckley. Practical information and advice, tales, insights and strategies from Jasmin Paris, Nicky Spinks, Charlie Ramsay, Jim Mann and Paddy Buckley.

9781852847722 Aug 2019
192pp 240x170mm £18.95

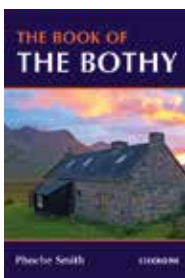


The Book of the Bivvy

Ronald Turnbull

Accounts of expeditions, both nice and nasty, alternate with practical tips on lightweight kit and suggested routes. Entertaining and informative reading!

9781786310781 Sep 2021
176pp 172x116mm £9.95



The Book of the Bothy

Phoebe Smith

A celebration of 26 of the author's favourite bothies in the UK. Packed with stories and advice on how to enjoy these free, old, empty houses, from packing lists to bothy etiquette and the best walks in.

9781852847562 Jan 2019
240pp 172x116mm £12.95

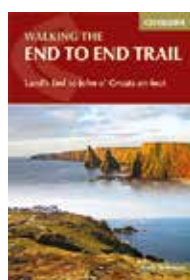


The National Trails

Paddy Dillon

An inspirational guidebook to the 19 National Trails of England, Wales and Scotland. Overview of special characteristics and information to help you take up a challenge.

9781852847883 May 2021
272pp 240x170mm £18.95

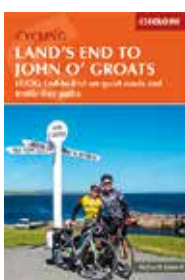


Walking the End to End Trail

Andy Robinson

A practical guidebook to a 1956km (1215 mile) long-distance walking route, following paths and tracks, presented in 61 daily stages averaging just less than 32km (20 miles).

9781786311474 Jun 2023
416pp 172x116mm £20.00

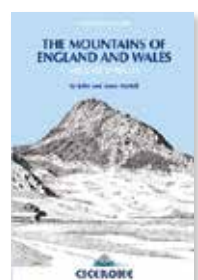


Cycling Land's End to John o' Groats

Richard Barrett

A 1000 mile guide to cycling the length of Britain. It includes advice on how to get to and from the start and finish, accommodation options and facilities, plus tips on how to prepare for the challenge.

9781786310255 May 2021
232pp 172x116mm £14.95

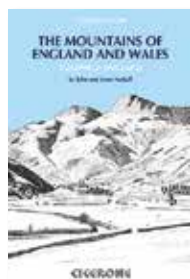


The Mountains of England and Wales: Vol 1 Wales

Anne Nuttall, John Nuttall

Guidebook to walking 190 'Nuttall' mountains with a height of 2000ft or more in Wales, in 49 routes. A definitive list.

9781852845940 Feb 2021
248pp 172x116mm £12.99

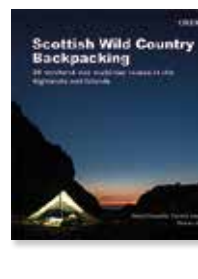
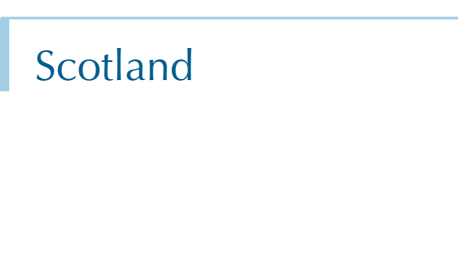


The Mountains of England and Wales: Vol 2 England

Anne Nuttall, John Nuttall

Guidebook to walking 254 'Nuttall' mountains with a height of 2000ft or more in England, in 60 routes. A definitive list.

9781852845896 Jan 2023
320pp 172x116mm £16.95

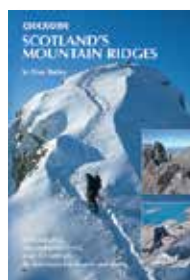


Scottish Wild Country Backpacking

Stefan Durkacz, David Lintern

30 challenging routes of 2 to 4 days in the remote landscapes of the Scottish Highlands and Islands, aimed at experienced self-reliant backpackers. With notes on equipment, access and safety.

9781852849047 Sep 2022
208pp 240x220mm £25.00



Scotland's Mountain Ridges

Dan Bailey

A rich mix of summer scrambling, rock climbing and winter mountaineering on Scotland's ridges, with outstanding photography. Both inspirational and practical.

9781852844691 Jan 2022
256pp 240x170mm £18.95



Great Mountain Days in Scotland

Dan Bailey

50 testing routes spread across Scotland's mountainous landscape. Classic routes and novel approaches in settings including the Cairngorms and the Hebrides.

9781852846121 Nov 2020
272pp 240x170mm £18.95



Scotland

Chris Townsend

A resource book covering the finest walks, treks and climbs in Scotland, to help you understand the character and possibilities of every area from the Southern Uplands to the Cuillin.

9781852844424 Dec 2021
560pp 234x156mm £25.00



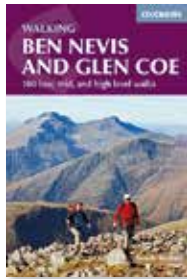


Winter Climbs: Ben Nevis and Glen Coe

Mike Pescod

A selection of the best winter climbs on Ben Nevis and around Glen Coe, categorised by type, with notes on their formation and advice to help maximise your chances of finding the best conditions.

9781786311009 Dec 2022 £25.00
176pp 172x116mm



Ben Nevis and Glen Coe

Ronald Turnbull

Details of 100 low, mid, and high-level walks among some of Scotland's highest mountains. From the Grey Corries to Ben Cruachan, including Glen Etive and the Blackmount.

9781852848712 Jul 2020 £14.95
320pp 172x116mm



Cycle Touring in Northern Scotland

Mike Wells

Guidebook to cycling a 528 mile circular route on quiet roads around northern Scotland, starting and finishing in Inverness.

9781786310026 Oct 2019 £14.95
208pp 172x116mm



Mountain Biking in Southern and Central Scotland

Peter Edwards

21 mountain biking routes, including the 7stanes in Dumfries and Galloway, and cross-country routes in the Borders. Graded moderate to very hard, 17 to 66km.

9781852847470 Jun 2016 £15.95
208pp 172x116mm

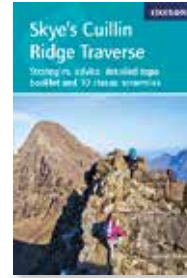


Mountain Biking in West and North West Scotland

Sean Benz

25 mountain biking routes in an area including Fort William and north of the Great Glen, the Outer Hebrides and the mountains of Torridon and Skye. From 20 to 73km and graded by difficulty.

9781852847463 Jun 2016 £15.95
224pp 172x116mm

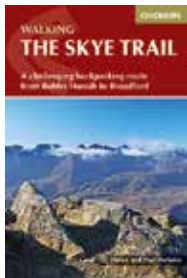


Skye's Cuillin Ridge Traverse

Adrian Trendall

All the information required to complete the main ridge traverse on Skye's Black Cuillin – strategy, gear, training, navigation and logistics. An additional lightweight book provides detailed maps, topos and route description.

9781786310439 Dec 2020 £19.95
144pp 172x116mm

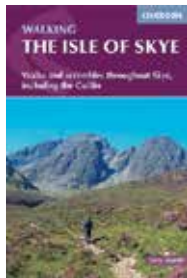


The Skye Trail

Paul Webster, Helen Webster

A 7-stage long-distance trail from Rubha Hinish in the north along the Trotternish Ridge and past the Cuillin to Broadford in the south – for experienced backpackers.

9781852848729 Nov 2019 £9.95
112pp 172x116mm



The Isle of Skye

Terry Marsh

87 walks and scrambles in Sleat and south-east Skye, Strath, Minginish, Duirinish, Waternish, Trotternish and the Cuillin. Walks range from coastal strolls to challenging exposed mountain scrambling.

9781852847890 Aug 2021 £14.95
288pp 172x116mm

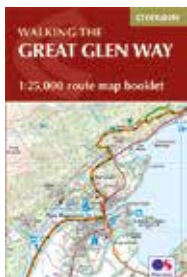


The Great Glen Way

Paddy Dillon

A two-way description of the 79 mile trail from Fort William to Inverness. Links with the West Highland Way. Year-round walking, with OS 1:25K mapping booklet.

9781852848019 Mar 2022 £14.95
192pp 172x116mm

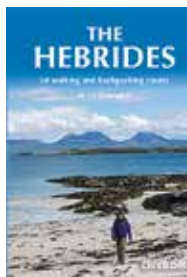


The Great Glen Way Map Booklet

Paddy Dillon

Map booklet of the 79 mile (124km) Great Glen Way (one of Scotland's Great Trails), between Fort William and Inverness. The full route is shown on OS 1:25K maps.

9781852848958 May 2022 £7.95
48pp 166x106mm



The Hebrides

Peter Edwards

An inspirational guide to 50 varied walking and backpacking routes right across the Hebrides, featuring classic routes such as the Cuillin Ridge on Skye, alongside lesser-known challenges.

9781852847050 May 2020 £18.95
256pp 240x170mm

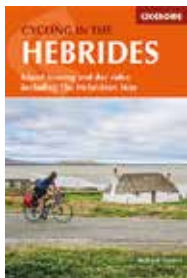


The Hebridean Way

Richard Barrett

154 mile (247km) walking trail from the island of Watersay to Stornoway on Lewis; the waymarked route takes 8 to 13 days and is suitable for most abilities. With extension to the Butt of Lewis.

9781852847272 May 2022 £14.95
192pp 172x116mm

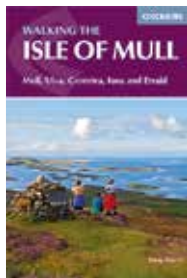


Cycling in the Hebrides

Richard Barrett

Routes, day rides and suggested island cycle tours throughout the Inner and Outer Hebrides and the Firth of Clyde, with ferry schedules and timings. Includes a challenging 600 mile tour.

9781852848279 Aug 2021 £14.95
304pp 172x116mm



The Isle of Mull

Terry Marsh

Guidebook describing over 40 walking routes, from 2 to 16 miles, on Mull, Ulva, Gometra, Iona and Erraid. Difficulty ranges from short and easy to demanding mountain ascents and traverses.

9781852849610 Sep 2021 £14.95
208pp 172x116mm



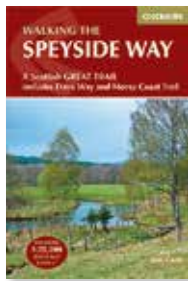
The Southern Upland Way

Alan Castle, Ronald Turnbull

Coast to coast through Galloway and the Scottish Borders. One of Scotland's Great Trails, the 347km (215 mile) route links Portpatrick with Cockburnspath.

9781852849931 Aug 2022 £14.95
192pp 172x116mm

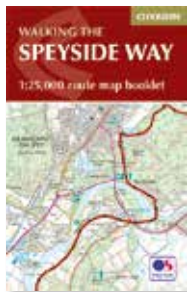




The Speyside Way
Alan Castle

A 66 mile walk from Aviemore to Buckie, described in 10 stages, from 2 to 11 miles. The route can be linked to the Dava Way and Moray Coast Trail, which are also described.

9781852848682 **Dec 2016**
224pp 172x116mm **£16.95**



The Speyside Way Map Booklet
Alan Castle

Map of the Speyside Way, from Aviemore to Buckie. This booklet is included with the guidebook, and shows the full route on OS 1:25K maps.

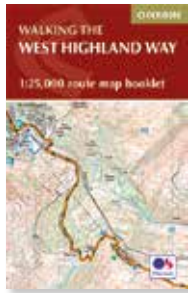
9781852849382 **Dec 2016**
56pp 166x106mm **£7.95**



The West Highland Way
Terry Marsh

95 mile Scottish long-distance route from Milngavie near Glasgow to Fort William. Suggested itineraries over 6 to 9 days, described both ways and with accommodation guide. With 1:25K OS map booklet.

9781852848576 **Jan 2022**
144pp 172x116mm **£14.95**



West Highland Way Map Booklet
Terry Marsh

Compact booklet of OS 1:25K maps showing the full route of the 95 mile West Highland Way. The booklet provides all the mapping you need.

9781852848989 **Feb 2022**
56pp 166x106mm **£7.95**



Not the West Highland Way
Ronald Turnbull

This book allows you to explore mountain alternatives to all but one of the West Highland Way stages, including 5 one-day hill circuits and 2 two-day routes for warm-up trips.

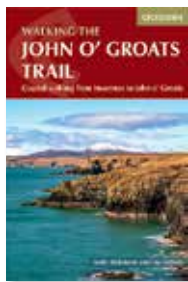
9781852846152 **Apr 2017**
224pp 172x116mm **£14.95**



Walking the Cape Wrath Trail
Iain Harper

A 230 mile long-distance trek through the Scottish Highlands from Fort William to Cape Wrath. This 3-week challenge passes through wild and magnificent landscapes, such as Morar, Knoydart, Torridon and Assynt.

9781786311344 **Jun 2022**
176pp 172x116mm **£16.95**



Walking the John o' Groats Trail
Jay Wilson, Andy Robinson

A 235km long-distance walk from Inverness to John o' Groats in the far north of Scotland. With stunning coastal scenery and fantastic cliff-top walking, the trail can be completed in around 2 weeks.

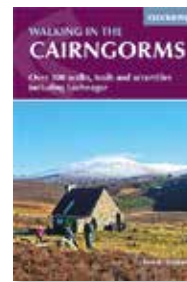
9781786310576 **Feb 2023**
184pp 172x116mm **£16.95**



Walking Ben Lawers, Rannoch and Atholl
Ronald Turnbull

80 routes exploring the grassy mountains between Stirling and the Cairngorms. Munros, Corbetts and lower-level walks included, with routes graded according to difficulty.

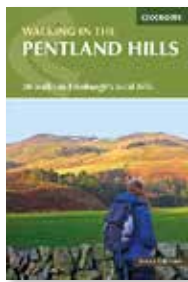
9781786311078 **Aug 2021**
320pp 172x116mm **£14.95**



Walking in the Cairngorms
Ronald Turnbull

Over 100 walks in the Cairngorms and Lochnagar, covering low-level, mid-level and mountain routes (including 18 Munro summits) and both day walks and multi-day treks.

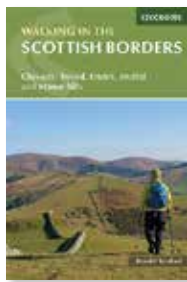
9781852848866 **Jun 2022**
320pp 172x116mm **£14.95**



Walking in the Pentland Hills
Susan Falconer

A guide to walking on Edinburgh's local hills, written by a Countryside Ranger. 30 circular walks, from 2 to 17 miles, on good paths, with ideas for all to enjoy.

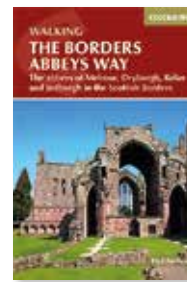
9781852848675 **Oct 2016**
176pp 172x116mm **£12.95**



Walking in the Scottish Borders
Ronald Turnbull

46 walks covering five areas: the Cheviots, Tweeddale, the Ettrick Hills, Moffat Hills and Manor Hills. These high and low-level routes can be fully customised using multiple variants.

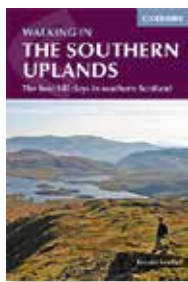
9781786310118 **Jun 2022**
256pp 172x116mm **£12.95**



The Borders Abbeys Way
Paul Boobyer

A 68 mile (6 stage) circuit from Tweedbank in the Scottish Borders, taking in 4 of Britain's grandest ruined medieval abbeys. Rich in history and suitable for a first long-distance walk.

9781852849801 **Feb 2019**
96pp 172x116mm **£11.95**



Walking in the Southern Uplands
Ronald Turnbull

44 full-day walking routes in wild and remote hill country for all seasons and abilities. With over 80 hills of 2000ft or more between the Galloway Hills in the west and the coast east of Edinburgh.

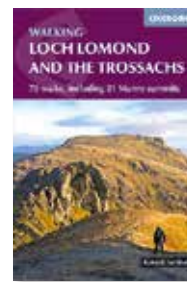
9781852847401 **Nov 2021**
272pp 172x116mm **£14.95**



Walking in Torridon, Fisherfield, Fannichs and An Teallach
Chris Townsend

50 walks and easy scrambles in north-western Scotland, covering Torridon, Fisherfield Forest and the Fannichs. Includes low-level hikes and serious mountain traverses.

9781786310286 **Jul 2022**
216pp 172x116mm **£16.95**

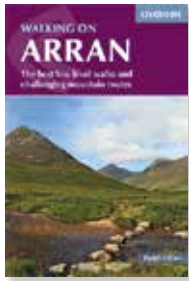


Walking Loch Lomond and the Trossachs
Ronald Turnbull

70 graded low-level, mid-level and mountain walks and all of the region's Munro summits. Highlights include Ben Lui, Ben Lomond, the Cobbler and the Arrochar Alps.

9781852849634 **May 2021**
288pp 172x116mm **£14.95**

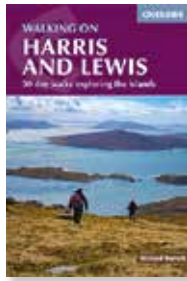




Walking on Arran
Paddy Dillon

These 45 walking routes, ranging from easy nature trails to long arduous mountain routes with scrambles, provide thorough coverage of Arran, including nearby Holy Isle. With the 110km Arran Coastal Way one of Scotland's Great Trails.

9781786311351 **May 2023**
288pp 172x116mm **£16.95**



Walking on Harris and Lewis
Richard Barrett

30 walks (2 to 14 miles long), from hill days to short walks visiting world heritage sites, accessible from Stornoway or Tarbert. Includes An Cliseam horseshoe, Calanais stone circles and the Butt of Lewis.

9781786311450 **Dec 2022**
192pp 172x116mm **£16.95**



Walking on Jura, Islay and Colonsay
Peter Edwards

Covering Jura, Scarba, Islay and Colonsay, this guide covers 22 walks plus a 5-day 89km trek along Jura's remote west coast. The routes range from 6.5 to 25km over rough and often pathless terrain.

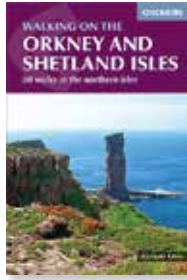
9781852849795 **Aug 2019**
240pp 172x116mm **£14.95**



Walking on Rum and the Small Isles
Peter Edwards

A guide to walking the hidden gems of the Western Isles – Rum, Eigg, Muck, Canna, Coll and Tiree – including a 55km backpack round the Rum coastline and a round of the Rum Cuillin.

9781852846626 **Jun 2012**
192pp 172x116mm **£14.95**



Walking on the Orkney and Shetland Isles
Graham Uney

80 routes on the Orkney, Shetland and Fair Isles, including Hoy, Rousay, Foula, Yell and Unst. Walks range from 1 to 16 miles and cater for most abilities. With visitor information.

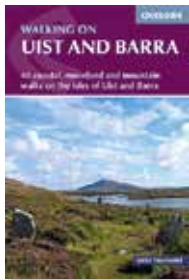
9781852848347 **Jul 2022**
240pp 172x116mm **£14.95**



Walking the Galloway Hills
Ronald Turnbull

Mountain walks covering Trool, Minnoch, Doon and Talnotry. Offering solitude and rugged natural beauty, this rocky, heathery wilderness is ideal for experienced hillwalkers. Includes summaries of longer backpack/bothy trips.

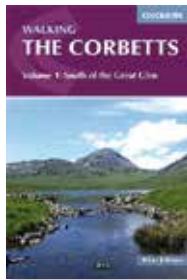
9781786310101 **Jul 2019**
208pp 172x116mm **£12.95**



Walking on Uist and Barra
Mike Townsend

40 day walks in the Outer Hebrides – Berneray, North Uist, Grimsay, Benbecula, South Uist, Eriskay, Barra, Vatersay and Mingulay. From easy beach walks to mountainous excursions.

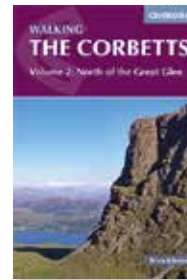
9781786311443 **Jan 2023**
192pp 172x116mm **£16.95**



Walking the Corbetts Vol 1 South of the Great Glen
Brian Johnson

Part of a 2-volume set, this guide describes routes up all 112 Corbetts south of the Great Glen. Challenging ascents and descents on steep slopes.

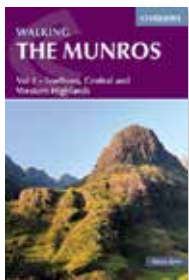
9781852846527 **Oct 2019**
352pp 172x116mm **£16.95**



Walking the Corbetts Vol 2 North of the Great Glen
Brian Johnson

Part of a 2-volume set, this guide describes routes up all 109 Corbetts north of the Great Glen. Challenging ascents and descents on steep slopes.

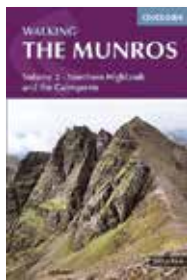
9781852846534 **Dec 2022**
352pp 172x116mm **£16.95**



Walking the Munros Vol 1 – Southern, Central and Western Highlands
Steve Kew

Guidebook to walking the Munros in the southern, central and western Highlands. Describes 69 routes across 139 mountains covering areas such as Glen Coe, Bridge of Orchy and Mull.

9781786311054 **Jul 2021**
272pp 172x116mm **£14.95**



Walking the Munros Vol 2 – Northern Highlands and the Cairngorms
Steve Kew

Focusing on the northern Highlands (north of the Great Glen), the Cairngorms and the Isle of Skye, with 70 routes, including those up Ben Macdui, Braeriach and Cairn Gorm.

9781786311061 **Jul 2022**
320pp 172x116mm **£14.95**



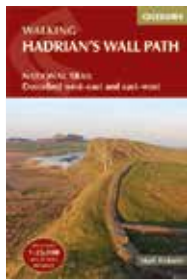
Northern England Routes



Short Walks Hadrian's Wall
Mark Richards

15 of the best short walks around Hadrian's Wall, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

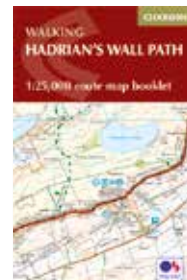
9781786311573 **Feb 2023**
96pp 172x116mm **£9.95**



Hadrian's Wall Path
Mark Richards

84 mile National Trail described both ways, with main west to east description between Bowness-on-Solway and Wallsend in Newcastle. Extensive historical information on the World Heritage site, with 1:25K OS map booklet.

9781852845575 **Jan 2022**
240pp 172x116mm **£14.95**

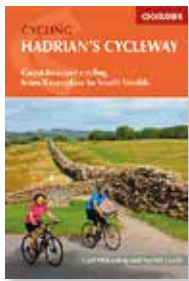


Hadrian's Wall Path Map Booklet
Mark Richards

This compact booklet of OS 1:25K maps shows the full route of the 84 mile (135km) Hadrian's Wall Path National Trail, providing all of the mapping you need.

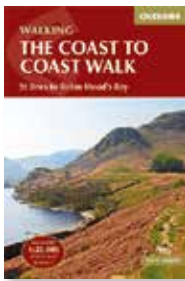
9781852848934 **Dec 2021**
56pp 166x106mm **£7.95**





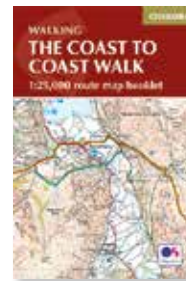
Hadrian's Cycleway
Carl McKeating, Rachel Crolla
 A 174 mile coast-to-coast route following the corridor of the Hadrian's Wall World Heritage Site. From Ravenglass in Cumbria through Northumberland to South Shields on cycle paths and quiet roads, with alternative Tynemouth finish.

9781786310422 **Mar 2022**
 136pp 172x116mm **£11.95**



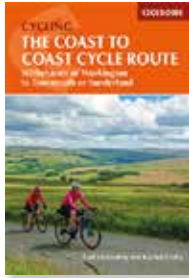
The Coast to Coast Walk
Terry Marsh
 From St Bees Head in Cumbria to Robin Hood's Bay, this popular 190 mile (300km) route can be walked in 2 weeks. With trek planner, accommodation guide and a separate 1:25K map booklet included.

9781852847593 **Jan 2022**
 256pp 172x116mm **£16.95**



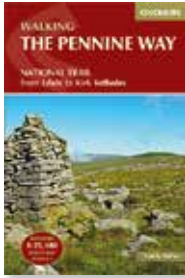
The Coast to Coast Map Booklet
Terry Marsh
 Coast to Coast Walk maps – 190 miles (300km) between St Bees Head and Robin Hood's Bay. This booklet is included with the Cicerone guidebook to the trail, and shows the full route on OS 1:25K maps.

9781852849269 **Jan 2017**
 104pp 172x116mm **£9.95**



The Coast to Coast Cycle Route
Carl McKeating, Rachel Crolla
 Guide to the Sustrans Coast to Coast Cycle Route, a 140 mile sea-to-sea journey across northern England. Suitable for all bikes, the route is presented in 3 stages, with alternative start and finish options.

9781786311184 **Mar 2023**
 128pp 172x116mm **£16.95**



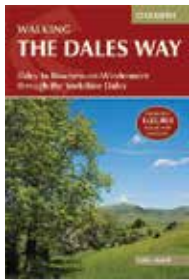
The Pennine Way
Paddy Dillon
 This 265 mile National Trail from Edale to Kirk Yetholm is described in 20 stages, and is suitable for most experienced long-distance walkers. Includes separate OS 1:25K map booklet of the route.

9781852849061 **Jan 2022**
 240pp 172x116mm **£16.95**



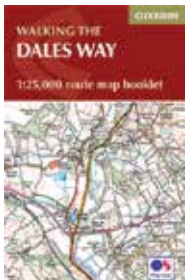
Pennine Way Map Booklet
Paddy Dillon
 This compact booklet of OS 1:25K maps shows the full route of the 270 mile (435km) Pennine Way National Trail, providing all of the mapping you need.

9781852849078 **Mar 2017**
 136pp 172x116mm **£12.95**



Walking the Dales Way
Terry Marsh
 Guidebook to walking the Dales Way, a picturesque 79 mile route from Ilkley to Bowness-on-Windermere, through the beautiful Yorkshire Dales. Described in both directions. Comes with 1:25K OS map booklet.

9781786310934 **Oct 2021**
 176pp 172x116mm **£14.95**



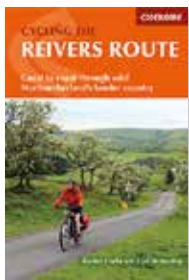
The Dales Way Map Booklet
Terry Marsh
 Map of the 79 mile Dales Way, a multi-day walk through the Yorkshire Dales between Ilkley and Bowness-on-Windermere. This booklet is included with the Cicerone guidebook and shows the full route on OS 1:25K maps.

9781786310941 **Oct 2021**
 48pp 166x106mm **£7.95**



Cycling the Way of the Roses
Rachel Crolla
 A 170 mile coast to coast cycle route from Morecambe (Lancashire) to Bridlington (Yorkshire), across the north of England. Described in 3 days with alternative 4 and 5-day schedules.

9781852849122 **Apr 2018**
 176pp 172x116mm **£11.95**



Cycling the Reivers Route
Carl McKeating, Rachel Crolla
 A 173 mile (280km) coast-to-coast cycle route from Tynemouth to Whitehaven, exploring the border territory of northern England and Scotland. Suitable for cyclists of all abilities on hybrid or sturdy touring bikes.

9781852849108 **Jul 2021**
 128pp 172x116mm **£11.95**

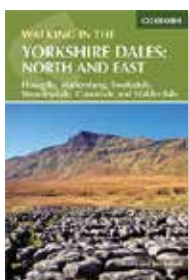


North-East England, Yorkshire Dales and Pennines



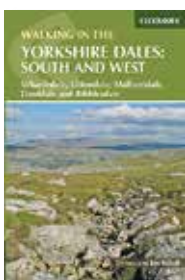
Short Walks in Nidderdale
Jon Fallis
 15 of the best short walks around Nidderdale in the Yorkshire Dales, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

9781786311542 **Apr 2023**
 96pp 172x116mm **£9.95**



Walking in the Yorkshire Dales: North and East
Dennis Kelsall
 43 circular walks in the northern and eastern dales of the National Park. Covers the Howgills, Mallerstang, Swaledale, Wensleydale, Coverdale and Nidderdale.

9781852847982 **Mar 2022**
 256pp 172x116mm **£12.95**



Walking in the Yorkshire Dales: South and West
Jan Kelsall, Dennis Kelsall
 44 mostly circular routes of 3½ to 13 miles in Wharfedale, Littondale, Malhamdale, Dentdale and Ribblesdale, including the Three Peaks circuit.

9781852848859 **Jun 2022**
 256pp 172x116mm **£12.95**



Trail and Fell Running in the Yorkshire Dales
Pete Ellwood
 Ranging from 5 to 24 miles, the 40 graded runs take in the region's diverse delights, from castles and waterfalls to iconic mountains such as Whenside, Ingleborough and Pen-y-ghent.

9781852849221 **Mar 2019**
 240pp 172x116mm **£12.95**





Cycling in the Yorkshire Dales

Harry Dowdell
23 of the best circular day rides, plus Stage 1 of the 2014 Tour de France (Leeds to Harrogate) and a circular 200 mile, 6-stage 'La Vuelta a Dales'. Day rides range from 14 to 57 miles.

9781786310170 **Apr 2019**
272pp 172x116mm **£14.95**



Mountain Biking in the Yorkshire Dales

Ian Boydton
30 routes throughout this National Park, exploring all the best riding available. Routes cover all the major dales and two of the park's famous 'Three Peaks'. All routes graded by difficulty.

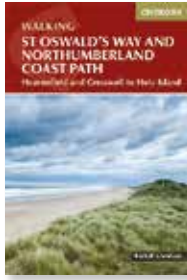
9781852846763 **Feb 2020**
224pp 172x116mm **£14.95**



Great Mountain Days in the Pennines

Terry Marsh
An inspirational and detailed guide to 50 classic expeditions on the rolling Pennines. Suitable for moderately adventurous walkers. Graded four-season routes.

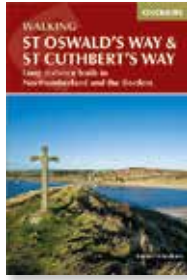
9781852846503 **Apr 2013**
256pp 240x170mm **£17.95**



Walking St Oswald's Way and Northumberland Coast Path

Rudolf Abraham
Described in easy stages, St Oswald's Way (97 miles) passes through the Northumberland National Park to Holy Island (Lindisfarne) on the Northumberland coast.

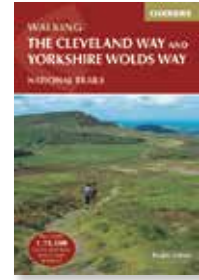
9781786311559 **Jul 2023**
144pp 172x116mm **£16.95**



St Oswald's Way and St Cuthbert's Way

Rudolf Abraham
Described in easy stages, St Oswald's Way (97 miles) and St Cuthbert's Way (62 miles) pass through the Northumberland National Park to meet at Holy Island.

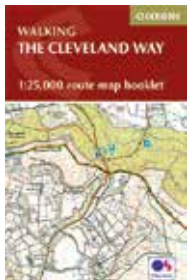
9781852848392 **Feb 2023**
192pp 172x116mm **£12.95**



The Cleveland Way and the Yorkshire Wolds Way

Paddy Dillon
Two National Trails plus the Tabular Hills Walk. Crossing the North York Moors National Park, the route has a mixture of coastal walking and quiet gentle countryside. With separate OS 1:25K map booklet.

9781852848231 **Sep 2020**
192pp 172x116mm **£16.95**



The Cleveland Way Map Booklet

Paddy Dillon
Map booklet of the Cleveland Way National Trail, a 177km (110 mile) walk around the North York Moors National Park. This compact booklet of OS 1:25K maps shows the full route.

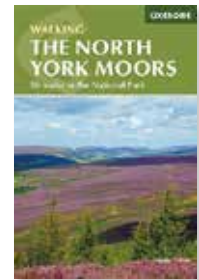
9781852849344 **Sep 2020**
64pp 166x106mm **£7.95**



The Reivers Way

Paddy Dillon
A guide to this 240km walk from Corbridge to Alnmouth visiting the North Pennines, Hadrian's Wall, the Simonside Hills, Coquetdale and the Cheviot Hills, over 9 days.

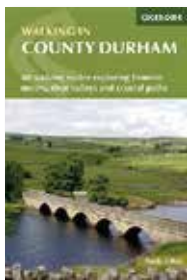
9781852844981 **May 2009**
160pp 172x116mm **£10.00**



The North York Moors

Paddy Dillon
50 varied walks ranging from short and easy low-level valley walks to coastal cliff walks and long, strenuous routes across the high moors, including the Lyke Wake Walk.

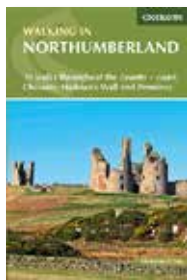
9781852849511 **Jun 2021**
264pp 172x116mm **£12.95**



Walking in County Durham

Paddy Dillon
40 day walks across County Durham. Walks range from 5 to 24km and show off the region's history and natural wonders. The terrain covers field paths and open moorlands, from the North Sea to the high Pennines.

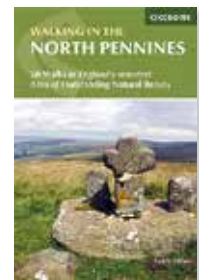
9781786311375 **Oct 2022**
200pp 172x116mm **£14.95**



Walking in Northumberland

Vivienne Crow
36 graded walks of 4 to 14 miles, from the beautiful coast with its immense, empty beaches and dramatic, crag-top castles to the remote hills of the Cheviots and Pennines. Includes Hadrian's Wall, Lindisfarne and Kielder.

9781852849009 **May 2021**
216pp 172x116mm **£12.95**



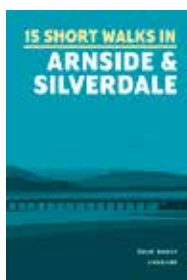
Walking in the North Pennines

Paddy Dillon
50 day walks across England's remotest AONB taking in parts of Cumbria, County Durham and Northumberland. Mostly circular routes ranging from 5 to 14 miles.

9781852849054 **Feb 2021**
256pp 172x116mm **£12.95**



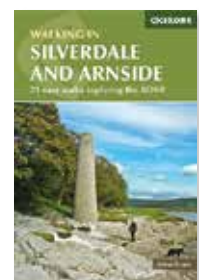
North-West England and the Isle of Man



Short Walks in Arnside and Silverdale

David Jordan
15 of the best short walks around Silverdale and Arnside, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

9781786311580 **Mar 2023**
96pp 172x116mm **£9.95**

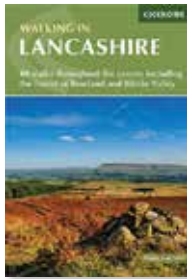


Walks in Silverdale and Arnside

Brian Evans
21 short walks in the wildlife-rich Silverdale and Arnside AONB, on the border of Cumbria and Lancashire. Coastal scenery, limestone hills, woodland and views of Morecambe Bay and the Lakeland Fells.

9781852846282 **Dec 2021**
160pp 172x116mm **£12.95**

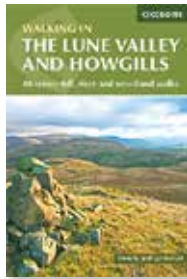




Walking in Lancashire

Mark Sutcliffe
40 walks for all seasons exploring the dales, moors, uplands and coast, including Morecambe Bay, Forest of Bowland, Ribbles Valley and the West Pennine Moors. Walks within easy reach of Preston, Blackburn, Burnley, Lancaster and Clitheroe.

9781786310033 Jul 2021
176pp 172x116mm £12.95



The Lune Valley and Howgills

Jan Kelsall, Dennis Kelsall
40 walks, from 3 to 11 miles, exploring the Lune Valley and Howgill Fells, set mainly within the Yorkshire Dales National Park and the AONBs of Bowland and Arnsdale and Silverdale.

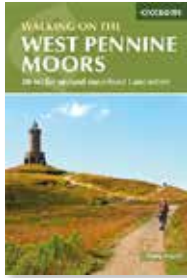
9781852849160 Nov 2021
208pp 172x116mm £12.95



Walking in the Forest of Bowland and Pendle

Terry Marsh
40 circular walks in two of Lancashire's largest AONBs. Includes Ward's Stone, Pendle Hill, Longridge Fell and Fair Snape Fell.

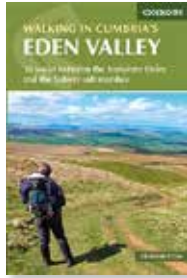
9781852845155 Jul 2022
176pp 172x116mm £11.95



Walking on the West Pennine Moors

Terry Marsh
30 walks including both short and easy country rambles and more challenging routes. Easily accessible from Blackburn, Darwen, Chorley and Bolton.

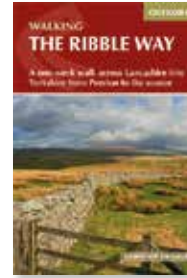
9781852845803 May 2022
176pp 172x116mm £12.95



Walking in Cumbria's Eden Valley

Vivienne Crow
30 graded walks, from 3 to 15 miles, from bases such as Kirkby Stephen and Appleby, explore diverse landscapes offering dramatic views of the Pennines, Lake District and Scotland.

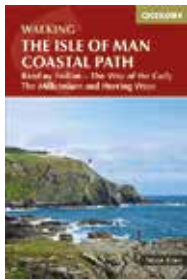
9781852849016 Oct 2018
184pp 172x116mm £12.95



Walking the Ribble Way

Jan Kelsall, Dennis Kelsall
A 72 mile long-distance route along the Ribble valley, from the estuary mouth, near Preston, to the river's source on Cam Fell in the Yorkshire Dales.

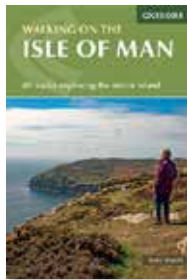
9781786310910 Jul 2023
144pp 172x116mm £16.95



Isle of Man Coastal Path

Aileen Evans
The 98 mile Way of the Gull (Raad ny Foillan) is described in 9 stages featuring beaches, glens, moorland and rugged sea cliffs, and can be walked within a week. The Millennium Way and the Herring Way (Bayr ny Skeddan) are also described.

9781852848798 Apr 2018
160pp 172x116mm £12.95



Walking on the Isle of Man

Terry Marsh
A guide to 40 accessible walks from 2 to 22km, covering moorlands, peaks (especially Snaefell), glens, coastal walks, beaches and cliffs.

9781786310927 May 2023
176pp 172x116mm £14.95



The Lancashire Cycleway

Jon Sparks
The Lancashire Cycleway has two distinct loops of 130 miles (225km) crossing at Whalley; cycle a loop in a weekend or do the whole cycleway. Visits Morecambe Bay, the Bowland Fells and the West Pennine Moors.

9781852848491 Feb 2017
192pp 172x116mm £12.95



Cycling the Pennine Bridleway

Keith Bradbury
Describes the 144km Yorkshire Dales section of the Pennine Bridleway, plus 11 graded circular loops to give a total of over 250 miles of trail riding.

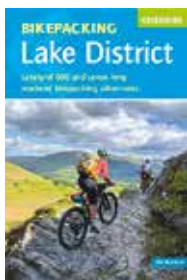
9781852846558 Feb 2017
208pp 172x116mm £15.95



Short Walks in the Lake District: Windermere, Ambleside and Grasmere

Jonathan Williams, Lesley Williams
15 of the best short walks with no challenging terrain or complicated navigation around Windermere, Ambleside and Grasmere.

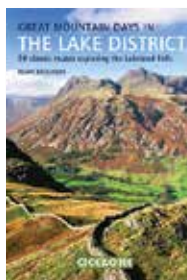
9781786311528 Jan 2023
96pp 172x116mm £9.95



Bikepacking in the Lake District

Edward Hunton
Eight challenging bikepacking routes, of 2-5 days, in the Lake District, including the Lakeland 200, taking in iconic passes and road climbs. Suitable for experienced MTB and gravel-bike riders.

9781786311177 Aug 2023
240pp 172x116mm £16.95



Great Mountain Days in the Lake District

Mark Richards
An inspirational and detailed guide to 50 expeditions on the high fells of Lakeland. Suitable for moderately adventurous walkers. Graded, four-season routes.

9781852845162 May 2022
288pp 240x170mm £18.95

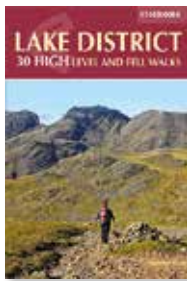


Joss Naylor's Lakes, Meres and Waters of the Lake District

Vivienne Crow, Joss Naylor
Legendary fell runner Joss Naylor reflects on his record-breaking 1983 run. Interweaving tales of past and present, Naylor regales his 1983 epic during a re-walk 37 years later. Inspiring, with practical information.

9781786310873 Nov 2021
160pp 240x220mm £19.95





Lake District: High Level and Fell Walks

Vivienne Crow

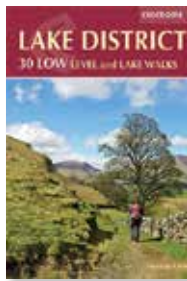
30 graded fell walks, including classic horseshoe routes and both traditional and unusual ascents of the iconic Lake District fells, as well as well-trodden routes onto the quieter summits.

9781852847357

Jun 2021

208pp 172x116mm

£9.99



Lake District: Low Level and Lake Walks

Vivienne Crow

30 easy-to-follow, graded walks. From delightful woods and sparkling tarns, to valleys towered over by craggy mountains. The walks described seek out the best walking at a lower, easier level.

9781852847340

Jan 2022

192pp 172x116mm

£9.99



Outdoor Adventures with Children – Lake District

Carl McKeating, Rachel Crolla

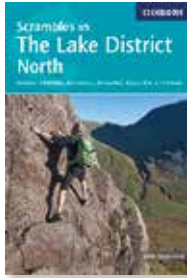
Outdoor adventures in the Lake District with children under 12, including walking, cycling, orienteering, paddling, boating, hostelling and more. Graded activities for families.

9781852849566

Nov 2021

224pp 172x116mm

£12.95



Scrambles in the Lake District – North

John Fleetwood

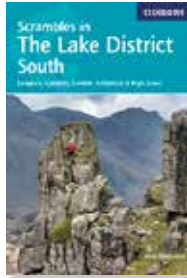
100 scrambling routes covering the northern Lake District, including Wasdale, Buttermere, Patterdale and Blencathra. Routes range from grade 1 to V Diff. With advice on equipment and safety.

9781786310460

May 2021

280pp 172x116mm

£18.95



Scrambles in the Lake District – South

John Fleetwood

106 scrambling routes climbing the rocks and ghylls of the southern English Lake District, including Langdale, Coniston and Eskdale. Routes range from grade 1 to V Diff. With advice on equipment and safety.

9781786310453

Jan 2021

256pp 172x116mm

£18.95



Trail and Fell Running in the Lake District

Kingsley Jones

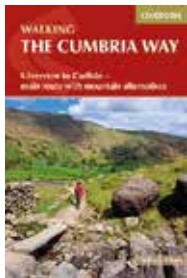
40 of the best trail, fell and skyrunning routes in the Lake District, plus race reces including Tour of Helvellyn, Langdale and Borrowdale. With races, training notes and the history of fell running.

9781852848804

Nov 2020

240pp 172x116mm

£14.95



Walking The Cumbria Way

John Gillham

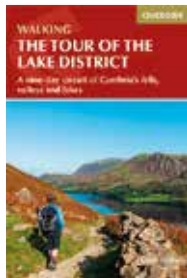
An easy 73 mile long-distance walk from Ulverston to Carlisle, on mostly low-level terrain but with optional mountain days to climb some of the famous fells en route.

9781786311337

Aug 2022

136pp 172x116mm

£14.95



Walking the Tour of the Lake District

Lesley Williams

A 145km (90 mile) circular walking route from Ambleside around the Lake District National Park, visiting all the main valleys and local centres. Described in 9 stages, with 5 high-level alternatives.

9781786310491

Apr 2021

152pp 172x116mm

£14.95



Walking the Lake District Fells – Keswick

Mark Richards

A wide range of routes to 30 Lakeland summits that can be climbed from Keswick, Whinlatter, Bassenthwaite, Caldbeck, Mungrisdale and Threlkeld, with highlights including Skiddaw and Blencathra.

9781786310378

Oct 2020

280pp 172x116mm

£14.95



Walking the Lake District Fells – Coniston

Mark Richards

A wide range of routes to 24 Lakeland summits that can be climbed from Coniston, Torver, the Duddon valley and the Birker Fell road, with highlights including Coniston Old Man, Swirl How, Wetherlam and Black Combe.

9781786310392

Feb 2021

240pp 172x116mm

£14.95



Walking the Lake District Fells – Langdale

Mark Richards

A wide range of routes to 25 Lakeland summits accessed from the Great Langdale valley, Ambleside and Grasmere, including Scafell Pike and Helm Crag. Includes suggestions for longer ridge routes.

9781786310323

Sep 2019

248pp 172x116mm

£14.95



Walking the Lake District Fells – Wasdale

Mark Richards

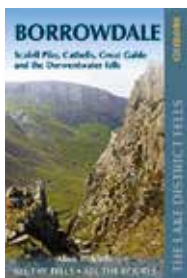
A wide range of routes to 25 Lakeland summits and connecting ridge routes from the Wasdale, Eskdale and Ennerdale valleys, including Scafell Pike, Great Gable and Pillar.

9781786310316

Sep 2019

256pp 172x116mm

£14.95



Walking the Lake District Fells – Borrowdale

Mark Richards

A wide range of routes to 28 Lakeland summits that can be climbed from the Borrowdale and Thirlmere valleys, with highlights including Catbells, and Scafell Pike. Includes suggestions for longer ridge routes.

9781786310385

Feb 2021

288pp 172x116mm

£14.95



Walking the Lake District Fells – Buttermere

Mark Richards

A wide range of routes to 32 Lakeland summits that can be climbed from the Buttermere, Lorton and Newlands valleys, with highlights including Haystacks, High Stile and Grasmoor.

9781786310361

Oct 2020

280pp 172x116mm

£14.95



Walking the Lake District Fells – Mardale and the Far East

Mark Richards

A wide range of routes to 36 Lakeland summits that can be climbed from the Ullswater, Haweswater, Troutbeck, Kentmere and Longsleddale valleys, including High Street, Place Fell and the Kentmere fells.

9781786310354

Mar 2020

320pp 172x116mm

£14.95





Walking the Lake District Fells – Patterdale
Mark Richards

A wide range of routes to 35 Lakeland summits that can be climbed from Ambleside, Grasmere, Patterdale and Thirlmere and Ullswater valleys, including Helvellyn. Includes suggestions for longer ridge routes.

9781786310347 **Mar 2020**
280pp 172x116mm **£14.95**



Mountain Biking in the Lake District
Ian Boydton

24 original and exciting graded routes throughout the national park for riders of all abilities, including a full circumnavigation of Windermere.

9781852846442 **Nov 2021**
192pp 172x116mm **£14.95**



Cycling in the Lake District
Richard Barrett

A 5-day 186 mile cycle tour of the Lake District, with optional variants, and 15 tough day rides throughout the National Park. Includes the Fred Whitton Challenge and other tours.

9781852847784 **May 2016**
208pp 172x116mm **£14.95**



Lake District Winter Climbs
Brian Davison

The best winter climbing routes in the Lake District. Nearly 1000 winter climbs in every part of the national park. Published with the Fell and Rock Club.

9781852847166 **Nov 2012**
464pp 172x116mm **£20.00**



Derbyshire, Peak District and Midlands



Short Walks on the Malvern Hills
Julia Goodfellow-Smith

15 of the best short walks in the Malvern Hills, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

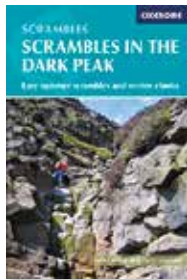
9781786311399 **May 2023**
88pp 172x116mm **£9.95**



Dark Peak Walks
Paul Besley

40 walks: 35 circular routes (8 to 19km) and 5 longer routes (25 to 45km) around Edale, Marsden, Fairholmes, Baslow and Castleton, including Kinder Scout and Mam Tor.

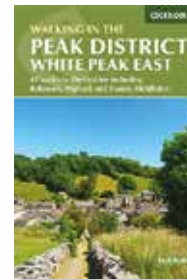
9781852845193 **Aug 2021**
224pp 172x116mm **£12.95**



Scrambles in the Dark Peak
Tom Corker, Terry Sleaford

41 graded scrambles in the Dark Peak and Roaches areas of the Peak District, most of which can be done year round. Includes Kinder Scout, the Wilderness Gullies and Bleaklow.

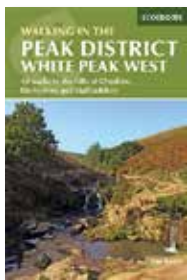
9781786310163 **Sep 2021**
192pp 172x116mm **£12.95**



Walking in the Peak District – White Peak East
Paul Besley

42 half-day and day walks in the limestone landscapes of Derbyshire's White Peak, part of the Peak District National Park. With walks from Bakewell, Eyam, Castleton, Birchover, Matlock and Wirksworth.

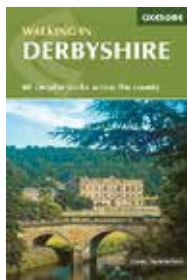
9781852849764 **Oct 2022**
232pp 172x116mm **£12.95**



Walking in the Peak District – White Peak West
Paul Besley

40 day walks in Derbyshire's White Peak, part of the Peak District National Park. This book covers the west of the region and potential bases include Buxton, Hartington, Thorpe, Ashbourne, Cheddleton and Winster.

9781852849771 **Aug 2021**
224pp 172x116mm **£12.95**



Walking in Derbyshire
Elaine Burkinshaw

60 walking routes centred around Derbyshire's history, taking walkers past remnants of ancient settlements and to visit market towns, mines, castles and country houses.

9781852846336 **Jul 2021**
288pp 172x116mm **£12.95**



Cycling in the Peak District
Chiz Dakin

20 day routes and one multi-day cycle tour of the Peak District using minor roads, towpaths and tracks, suitable for road and trail bikes.

9781852848781 **Sep 2021**
232pp 172x116mm **£12.95**



Southern England



Short Walks in the Surrey Hills
Jacint Mig, Nike Werstroh

15 of the best short walks around Guildford, Dorking and south Surrey, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

9781786311535 **Jan 2023**
96pp 172x116mm **£9.95**

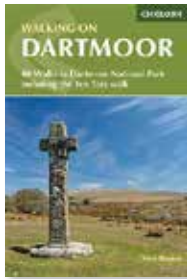


Walking the Dartmoor Way
Sue Viccars

Guide to the Dartmoor Way, a waymarked 175km (109 mile) circular walking route around the edge of Devon's beautiful Dartmoor. 10 stages plus the 2-stage High Moor Link.

9781786311153 **Apr 2023**
200pp 172x116mm **£16.95**

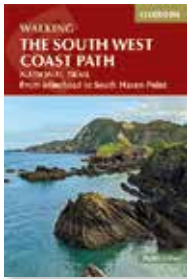




Walking on Dartmoor
Steve Davison

39 graded day walks in the Dartmoor National Park and its surrounding area, plus a two-day Ten Tors challenge. Routes vary in length and difficulty and visit local high points and sites of interest.

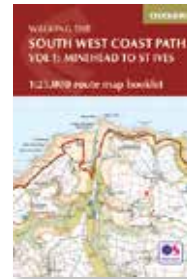
9781786311085 **Apr 2023**
256pp 172x116mm **£14.95**



Walking the South West Coast Path
Paddy Dillon

A 630 mile national trail from Minehead to Poole along the north Devon, Cornish, south Devon and Dorset coastline. Divided into 45 stages, this route could be completed within 4 weeks, or walked in sections.

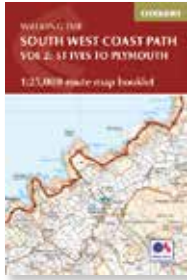
9781786310682 **Nov 2022**
352pp 172x116mm **£15.95**



South West Coast Path Map Booklet – Vol 1: Minehead to St Ives
Paddy Dillon

Convenient and compact booklet of OS 1:25K maps of the northern section of the 630 mile South West Coast Path National Trail. Covers the trail from Minehead to St Ives.

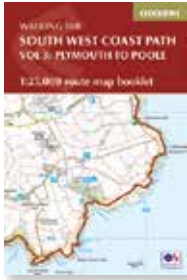
9781852849368 **Sep 2021**
112pp 172x116mm **£12.95**



South West Coast Path Map Booklet – Vol 2: St Ives to Plymouth
Paddy Dillon

Convenient and compact booklet of OS 1:25K maps to part of the southern section of the 630 mile South West Coast Path National Trail. Covers the trail from St Ives to Plymouth.

9781852849375 **Nov 2021**
88pp 172x116mm **£12.95**



South West Coast Path Map Booklet – Vol 3: Plymouth to Poole
Paddy Dillon

Convenient and compact booklet of OS 1:25K maps of part of the southern section of the 630 mile South West Coast Path National Trail. Covers the trail from Plymouth to Poole.

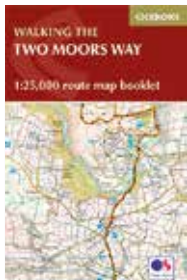
9781852849627 **Feb 2017**
112pp 172x116mm **£12.95**



The Two Moors Way
Sue Viccars

A 117 mile route incorporating the Two Moors Way and a section of the Erme-Plym Trail, from Wembury Bay in the south to Lynnmouth, passing through Dartmoor and Exmoor. Includes an OS 1:25K map booklet.

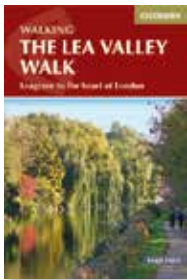
9781852849917 **May 2022**
216pp 172x116mm **£16.95**



Two Moors Way Map Booklet
Sue Viccars

Map booklet for Devon's Coast to Coast, a 117 mile route incorporating the Two Moors Way and a section of the Erme-Plym Trail. This booklet shows the full route on OS 1:25K maps and is included with the Cicerone guide.

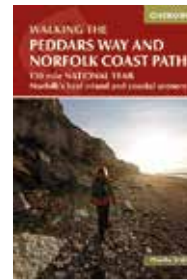
9781786310071 **Feb 2019**
72pp 166x106mm **£7.95**



The Lea Valley Walk
Leigh Hatts

A 53 mile walk, split into 9 stages, following the River Lea from its source at Leagrave to East India Dock or Limehouse in London, where it joins the Thames Path.

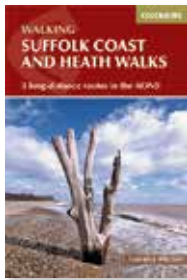
9781852847746 **Jan 2021**
144pp 172x116mm **£12.95**



The Peddars Way and Norfolk Coast Path
Phoebe Smith

An easy 130 mile (1-week) route combining the best of inland and coastal walking, from near Thetford to Hopton-on-Sea via Hunstanton. Ideal for people new to long-distance walks.

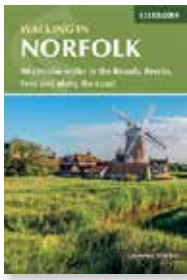
9781852847500 **May 2019**
152pp 172x116mm **£12.95**



Suffolk Coast and Heath Walks
Laurence Mitchell

3 long-distance walks in 1 AONB – the Suffolk Coast Path (Lowestoft to Felixstowe), the Stour and Orwell Walk (Felixstowe to Cattawade) and the Sandlings Walk (Ipswich to Southwold).

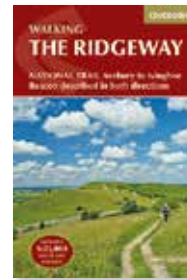
9781852848705 **Sep 2021**
176pp 172x116mm **£12.95**



Walking in Norfolk
Laurence Mitchell

40 easy to moderate 4 to 12 mile circular walks featuring a spectacular coastline of sand dunes, saltmarsh and tidal creeks, the Norfolk Broads and the big-sky country of the Fens.

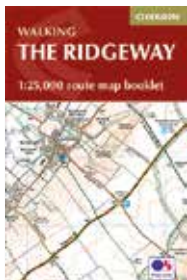
9781786311801 **Sept 2023**
208pp 172x116mm **£14.95**



The Ridgeway National Trail
Steve Davison

An 87 mile (139km) route from Avebury in Wiltshire to Ivinghoe Beacon in Buckinghamshire. Described in both directions. Includes an OS 1:25k map booklet.

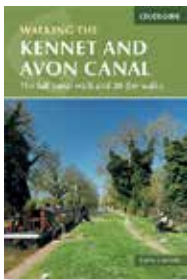
9781852848743 **Nov 2022**
208pp 172x116mm **£16.95**



The Ridgeway Map Booklet
Steve Davison

This compact booklet of OS 1:25K maps shows the full route of the 87 mile (139km) Ridgeway National Trail, providing all of the mapping you need. Included with the guidebook.

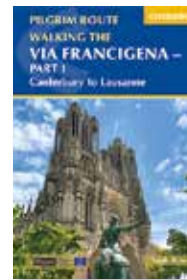
9781852849351 **Feb 2023**
56pp 166x106mm **£7.95**



The Kennet and Avon Canal
Steve Davison

From Reading to Bristol (94 miles) in 7 stages of fairly easy walking, visiting Bath and Bristol's Floating Harbour. 20 circular walks also included, ranging from ¼ to 9 miles.

9781852847869 **Jul 2020**
240pp 172x116mm **£12.95**

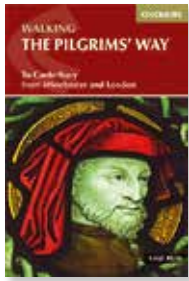


Walking the Via Francigena Pilgrim Route – Part 1
The Reverend Sandy Brown

The first 1090km, from Canterbury to Lausanne, passing through England, France (Nord-Pas-de-Calais, Picardie, Champagne-Ardenne and Franche-Comte) and Switzerland to finish by Lake Geneva. Described in 52 stages.

9781852848842 **Feb 2023**
304pp 172x116mm **£18.95**

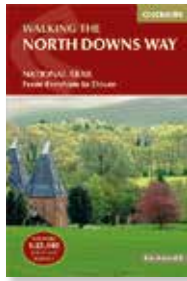




The Pilgrims' Way
Leigh Hatts

138 mile walk from Winchester in Hampshire to Canterbury in Kent, through wood and farmland, with views across the Weald. Divided into stages of about 10 miles.

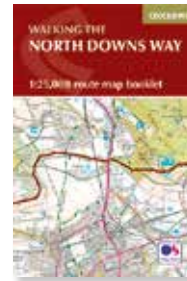
9781852847777 **Oct 2021**
208pp 172x116mm **£12.95**



The North Downs Way
Kev Reynolds

130 mile (208km) National Trail through pleasant countryside between Farnham and Dover, with an optional visit to Canterbury. The walk is described over 11 stages. Includes an OS 1:25K map booklet.

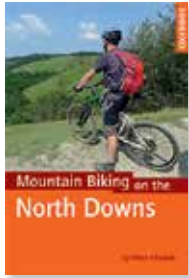
9781852848613 **Jul 2017**
144pp 172x116mm **£16.95**



North Downs Way Map Booklet
Kev Reynolds

This compact booklet of OS 1:25K maps shows the full route of the 130 mile (208km) North Downs Way National Trail, providing all of the mapping you need. Included with the guidebook.

9781852849559 **Nov 2022**
96pp 172x116mm **£9.95**



Mountain Biking on the North Downs
Peter Edwards

20 routes and 59km linking the North Downs Way with the South Downs Way, covering many of the finest trails. All graded by difficulty and illustrated with OS maps and height profiles.

9781852847029 **Mar 2014**
208pp 172x116mm **£14.95**



Mountain Biking on the South Downs
Peter Edwards

A fantastic selection of 26 off-road routes throughout the national park, including a 3-day South Downs National Trail route, using byways and bridleways. Graded by length and difficulty.

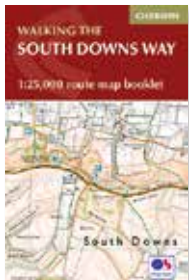
9781852846459 **Feb 2018**
240pp 172x116mm **£14.95**



The South Downs Way
Kev Reynolds, Richard Moon

A 100 mile (160km) route between Winchester and Eastbourne through the South Downs National Park, described in both directions over 12 stages. A good introduction to long-distance walking. Includes OS 1:25K map booklet.

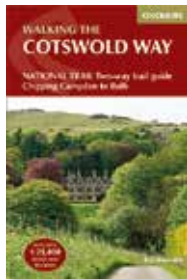
9781786311610 **June 2023**
200pp 172x116mm **£17.95**



The South Downs Way Map Booklet
Kev Reynolds, Richard Moon

This compact booklet of OS 1:25K maps shows the full route of the 100 mile (160km) South Downs Way National Trail, providing all of the mapping you need. Included with the guidebook.

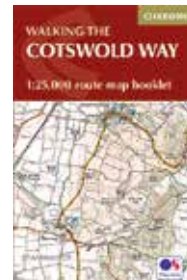
9781786311658 **June 2023**
64pp 166x106mm **£12.95**



The Cotswold Way
Kev Reynolds

102 mile national trail, described in both directions over 13 stages, through the Cotswolds AONB between Chipping Campden and Bath. Includes an OS 1:25K map booklet.

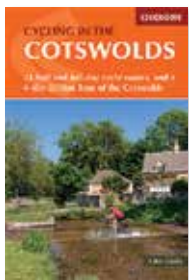
9781852848163 **Sep 2021**
240pp 172x116mm **£14.95**



The Cotswold Way Map Booklet
Kev Reynolds

This compact booklet of OS 1:25K maps shows the full route of the 102 mile (163km) Cotswold Way National Trail, providing all of the mapping you need. Included with the guidebook.

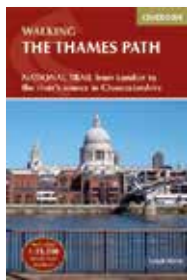
9781852848972 **May 2023**
48pp 166x106mm **£7.95**



Cycling in the Cotswolds
Chiz Dakin

21 day routes and a 4-day 200km tour showcase the best cycling throughout the Cotswolds AONB, mainly using quiet lanes, canal paths and bridleways, with some challenges.

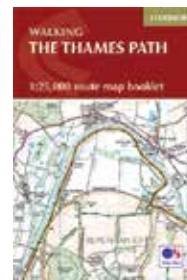
9781852847067 **Nov 2017**
208pp 172x116mm **£12.95**



The Thames Path
Leigh Hatts

Easy 182 mile (2-week) riverside National Trail from the Woolwich Foot Tunnel passing through Windsor and rural countryside to the river's source in Gloucestershire. With 1:25K OS map booklet.

9781786311481 **Apr 2023**
224pp 172x116mm **£17.95**



The Thames Path Map Booklet
Leigh Hatts

This compact booklet of OS 1:25K maps shows the full route of the 182 mile (290km) Thames Path National Trail, providing all of the mapping you need. Included with the guidebook.

9781786311498 **Mar 2023**
96pp 172x116mm **£12.95**



20 Classic Sportive Rides in South East England
Colin Dennis

20 graded routes on quiet, cycle-friendly roads between Kent, Oxford and the New Forest. Routes can be mixed and matched for sportive training.

9781852847432 **Mar 2015**
128pp 172x116mm **£12.95**



20 Classic Sportive Rides in South West England
Colin Dennis

20 graded routes in south-west England, a challenging and scenic area that boasts miles of quiet, cycle-friendly roads. Routes can be mixed and matched for sportive training.

9781852847449 **May 2015**
128pp 172x116mm **£12.95**



Walking Hampshire's Test Way
Malcolm Leatherdale

The 71km (44 mile) Test Way in Hampshire from Inkpen Beacon to the Eling Tide Mill near Southampton, following the crystal clear River Test. Also includes 15 day walks.

9781852849535 **Aug 2021**
160pp 172x116mm **£12.95**





Walking in Cornwall
Graham Uney

40 walks in Cornwall, from short strolls to longer, wilder routes. Routes explore the interior and coasts including ancient archaeological sites, old tin-mining areas and the Lizard and Land's End.

9781852846848 **Aug 2021**
160pp 172x116mm **£12.95**



Walking in Essex
Peter Aylmer

25 day walks ranging from 4 to 17 miles, plus a full description of the 96 mile 'Across Essex' route, incorporating the Essex Way and a traverse of Epping Forest.

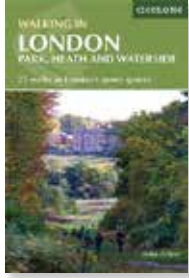
9781786310224 **Apr 2019**
208pp 172x116mm **£12.95**



Walking in Kent
Kev Reynolds

40 walks in west Kent and the Weald and north and east Kent, including the Kent Downs and the Greensand Hills. Walks of 5 to 9 miles explore rivers, coastline, countryside and historic villages.

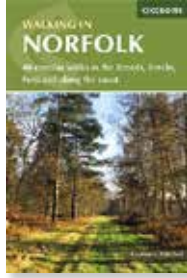
9781852848620 **Jul 2021**
240pp 172x116mm **£12.95**



Walking in London
Peter Aylmer

25 walks in London's green spaces and nature reserves, covering both the city centre and Greater London area. With information about some of the species you might encounter, as well as conservation.

9781786311467 **July 2023**
200pp 172x116mm **£14.95**



Walking in Norfolk
Laurence Mitchell

40 easy to moderate 4 to 12 mile circular walks featuring a spectacular coastline of sand dunes, saltmarsh and tidal creeks, the Norfolk Broads and the big-sky country of the Fens.

9781852848699 **Jun 2021**
208pp 172x116mm **£12.95**



Walking in the Chilterns
Steve Davison

35 walks in the chalk hills and ancient woodlands from Reading and the Thames valley through Oxfordshire, Buckinghamshire and Hertfordshire to Luton. Walks range from 4 to 12 miles.

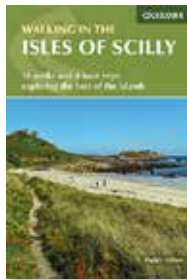
9781786310187 **Aug 2021**
224pp 172x116mm **£12.95**



Walking in the Cotswolds
Damian Hall

30 walks including 14 circular routes on the Cotswold Way National Trail. Ranging from 4 to 12 miles, the walks cover valley and hill country, with superb views and delightful villages.

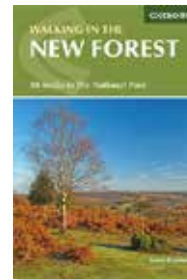
9781852848330 **Jul 2021**
176pp 172x116mm **£12.95**



Walking in the Isles of Scilly
Paddy Dillon

A guide to 11 day walks (from 2.5 to 16km) and 4 boat trips on and around the Scilly Isles, which enjoy a mild climate, rich birdlife and wildflowers.

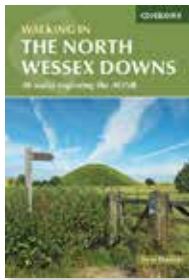
9781786311047 **Apr 2022**
96pp 172x116mm **£8.95**



Walking in the New Forest
Steve Davison

30 walks of between 3 and 10 miles set throughout the New Forest National Park. Explore ancient woodland, heather-clad heath and dramatic coastline. Walks for all abilities, easily combined to create longer challenges.

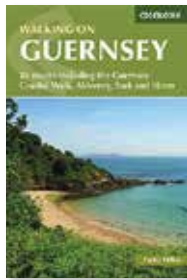
9781852848774 **May 2021**
208pp 172x116mm **£12.95**



Walking in the North Wessex Downs
Steve Davison

30 walking routes exploring the North Wessex Downs AONB. The routes cover four counties: Berkshire, Hampshire, Wiltshire and Oxfordshire, with walks to reach the highest point in each one.

9781786311108 **Nov 2021**
192pp 172x116mm **£12.95**



Walking on Guernsey
Paddy Dillon

25 short easy walks on the Channel Islands of Guernsey, Alderney, Sark and Herm, including the Guernsey Coastal Walk. With notes on travel, accommodation and the islands' fascinating history.

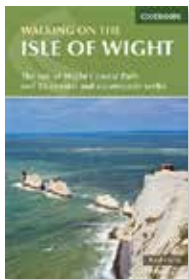
9781786311306 **Jun 2023**
192pp 172x116mm **£14.95**



Walking on Jersey
Paddy Dillon

24 short easy walks exploring Jersey's excellent coastline and countryside, with historical and scenic interest. Walks can be combined to make longer routes, including the Jersey Coastal Walk.

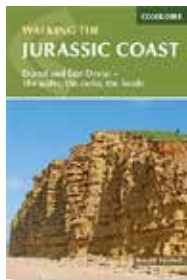
9781786311030 **Sep 2021**
192pp 172x116mm **£12.95**



Walking on the Isle of Wight
Paul Curtis

32 walking routes, from 4 to 18 miles long, exploring forest trails and downland, and visiting Yarmouth, Cowes and Ventnor. Includes a complete circuit of the island's coast.

9781852848736 **Jan 2022**
232pp 172x116mm **£12.95**



Walking the Jurassic Coast
Ronald Turnbull

30 walks on the Jurassic Coast of Devon and Dorset, between Exmouth and Bournemouth. Including both coastal and some inland areas, the routes range from 3 to 16 miles and explore the spectacular geology, which is clearly explained.

9781852847418 **Aug 2021**
240pp 172x116mm **£12.95**



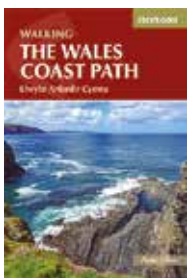
Walks in the South Downs National Park
Kev Reynolds

40 circular walks (5 to 11 miles) throughout the South Downs National Park, between Eastbourne and Winchester. Walks include Beachy Head and the Seven Sisters and hundreds of prehistoric sites.

9781852848354 **Jun 2021**
224pp 172x116mm **£12.95**



Wales and Welsh Borders



Walking the Wales Coast Path Paddy Dillon

The entire 1400km (870 mile) Wales Coast Path, from Chester to Chepstow. Described in 57 stages, it leads through 2 national parks and numerous AONBs.

9781786310668 May 2022
368pp 172x116mm £16.95



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Cycle Touring in Wales Richard Barrett

A circuit of Wales – perfect for a 2-week trip – plus 6 cross routes, which range from 45 to 73 miles and can be completed as day or weekend rides, or used to create shorter versions of the main circuit.

9781852849887 Jun 2019
240pp 172x116mm £12.95



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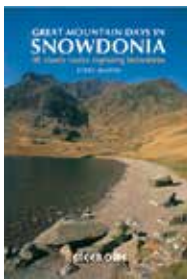
Cycling Lon Las Cymru Richard Barrett

Lon Las Cymru is a 255 mile (410km) route from Cardiff, or 242 miles (390km) from Chepstow to Holyhead, through Wales' rural heartland. It can be completed in 4 to 7 days, using quiet roads and traffic-free paths.

9781852849870 Aug 2018
128pp 172x116mm £11.95



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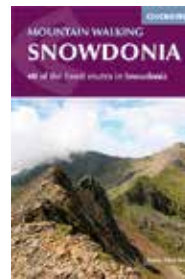
Great Mountain Days in Snowdonia Terry Marsh

An inspirational guide to 40 graded walks within the Snowdonia National Park. Some routes include mild scrambling and all encourage exploration and adventure.

9781852845810 May 2017
240pp 240x170mm £18.95



9 781852 845810



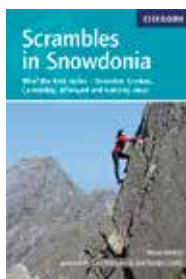
Mountain Walking in Snowdonia Terry Fletcher

40 of Snowdonia's best day walks, from exposed scrambles to sheltered river and forest walks. Includes a 2-day traverse of all 15 of Snowdonia's 3000ft peaks.

9781852847678 Oct 2020
224pp 172x116mm £14.95



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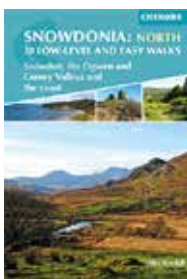
Scrambles in Snowdonia Carl McKeating, Rachel Crolla

Revised edition of Steve Ashton's classic guide with 80 graded scrambles, including the Snowdon Horseshoe, North Ridge of Tryfan, Bristly Ridge and the Cneifion and Cyfrwy Aretes. Contains photo topos.

9781786311368 Oct 2022
280pp 172x116mm £16.95



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Snowdonia: 30 Low-level and Easy Walks – North Alex Kendall

30 mostly low-level walks on clear paths to showcase the region's beautiful scenery. Covers the Snowdon area, the Ogwen and Conwy valleys, Betws-y-Coed, Beddgelert, Ffestiniog and the coast.

9781852849849 Jul 2019
176pp 172x116mm £9.95



9 781852 849849



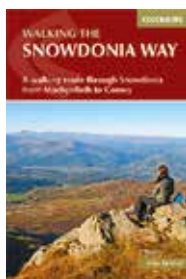
Snowdonia: 30 Low-level and Easy Walks – South Alex Kendall

30 mostly low-level walks on clear paths to showcase the region's beautiful scenery. Covers Trawsfynydd, Bala, Dolgellau, Machynlleth, the Harlech Coast and the valleys of the Mawddach and Dyfi.

9781852849856 Sep 2020
168pp 172x116mm £9.95



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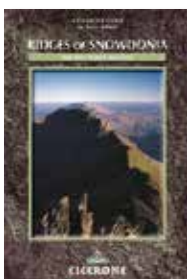
The Snowdonia Way Alex Kendall

Machynlleth to Conwy through Snowdonia National Park. A low-level route of 97 miles (6 to 8 stages) includes the Ogwen Valley. The 122 mile mountain route (9 stages) includes Cadair Idris, Snowdon and the Glyders.

9781852848569 Jan 2020
176pp 172x116mm £14.95



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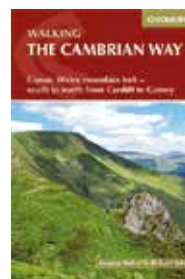
Ridges of Snowdonia Steve Ashton

The best ridge routes of the Cameddau, Glyders, Tryfan, Snowdon range, Moelwyns, Nantlle, Rhinogs, Arans and Cader Idris, including a traverse of the 14 Snowdon 3000ers.

9781852843502 Apr 2013
192pp 172x116mm £12.95



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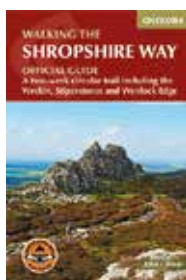
The Cambrian Way George Tod, Richard Tyler

A challenging 470km 3-week mountain trek through Wales from Cardiff to Conwy, described from south to north. Often following long, beautiful ridgelines, it crosses wild and rugged terrain and visits many of Wales' highest mountains, including Snowdon.

9781852849900 Nov 2021
264pp 172x116mm £14.95



9 781852 849900



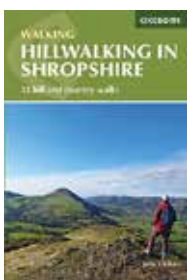
Walking the Shropshire Way John Gillham

A 180 mile (290km) route made up of two loops centred on Shrewsbury, visiting Stiperstones, Wenlock Edge, Ironbridge and the Wrekin. Includes the challenging 20 mile (32km) Stretton Skyline Walk.

9781786310088 Jul 2022
192pp 172x116mm £14.95



9 781786 310088



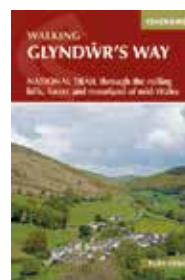
Hillwalking in Shropshire John Gillham

32 routes range from 3 to 12 miles (5 to 19km), taking in highlights such as The Wrekin, Wenlock Edge, Long Mynd and Stiperstones, Castle Ring and Bury Ditches.

9781852848071 Jan 2022
192pp 172x116mm £12.95



9 781852 848071



Glyndwr's Way Paddy Dillon

The 135 mile route from Knighton to Welshpool via Machynlleth takes 9 days to walk, and 2 further days (29 miles) to complete the loop down the Offa's Dyke Path to create a circular trail through quiet hills, forests and rolling countryside.

9781852849504 May 2018
176pp 172x116mm £12.95



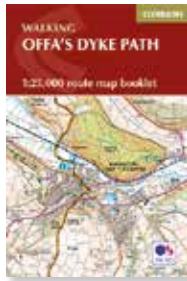
9 781852 849504



Offa's Dyke Path
Mike Dunn

177 miles (283km) along the English and Welsh border between Sedbury (near Chepstow) and Prestatyn, split into 12 stages with suggestions for alternative itineraries. With OS 1:25K map booklet.

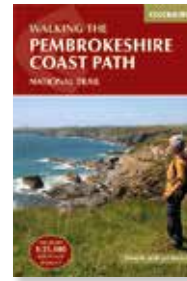
9781852847760 **Jan 2022**
192pp 172x116mm **£16.95**



Offa's Dyke Map Booklet
Mike Dunn

This compact booklet of OS 1:25K maps shows the full route of the 177 mile (283km) Offa's Dyke Path National Trail, between Sedbury (near Chepstow) and Prestatyn. Included with the guidebook.

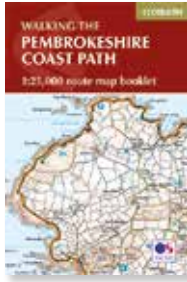
9781852848941 **Apr 2022**
80pp 172x116mm **£9.95**



The Pembrokeshire Coast Path
Jan Kelsall, Dennis Kelsall

This scenic national trail from Amroth to St Dogmaels is about 180 miles and typically takes around 2 weeks to walk. Rugged cliffs and sandy beaches. Includes OS 1:25K map booklet.

9781852848156 **Apr 2021**
272pp 172x116mm **£16.95**



Pembrokeshire Coast Path Map Booklet
Jan Kelsall, Dennis Kelsall

Map booklet of the Pembrokeshire Coast Path National Trail, between Amroth and St Dogmaels. OS 1:25K maps show the full route. Included with the guidebook.

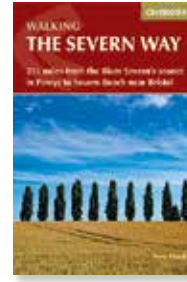
9781852848965 **Mar 2021**
80pp 172x116mm **£9.95**



Walking in Pembrokeshire
Jan Kelsall, Dennis Kelsall

40 circular walks of 1 to 12 miles. Routes take in the dramatic beauty of the national park and its coast, the Daugleddau and the Preseli Hills, exploring wooded gorges, prehistoric hillforts and medieval castles.

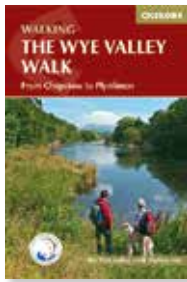
9781852849153 **Jul 2021**
208pp 172x116mm **£12.95**



Walking the Severn Way
Terry Marsh

A 210 mile (338km) walking route beginning near the source of the River Severn in Powys, mid-Wales, and finishing in Bristol. Described over 22 stages ranging from 3 to 14 miles.

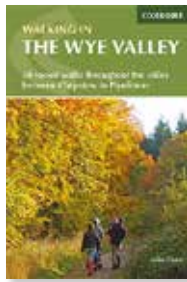
9781786311405 **May 2023**
176pp 172x116mm **£16.95**



The Wye Valley Walk
The Wye Valley Walk Partnership

A perfect mix of river and hill walking, following the River Wye for 136 miles through woodland, moorland and peaceful meadows from Chepstow to the slopes of Plynlimon in Powys.

9781852846251 **Feb 2022**
176pp 172x116mm **£12.95**



Walking in the Wye Valley
Mike Dunn

30 varied walks in the valley of the Wye, the most scenic river in England and Wales. Spectacular river scenery and pastoral moorland tranquility, between Chepstow and Plynlimon.

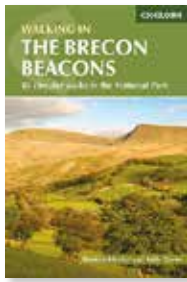
9781852847241 **Jun 2022**
176pp 172x116mm **£12.95**



Walking in Carmarthenshire
Jim Rubery

30 walking routes (2 to 10 miles), including parts of the Carmarthenshire Coast Path. Walks for all abilities include coastal, river, forest and hill walks in the Cambrian and Black Mountains and Brecon Beacons.

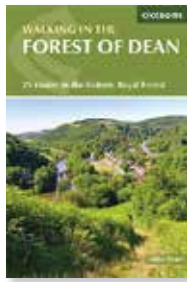
9781852847371 **Oct 2015**
176pp 172x116mm **£12.95**



Walking in the Brecon Beacons
David Whittaker, Andy Davies

45 day walks in Wales' Brecon Beacons National Park, of varying difficulty. Classic ridges, dramatic waterfalls, wooded gorges and upland valleys, with plentiful information on history, geology, plants and wildlife.

9781786310897 **May 2022**
256pp 172x116mm **£14.95**



Walking in the Forest of Dean
Mike Dunn

25 varied walks in ancient forest and rolling farmland. From short walks to all-day outings in a unique historic landscape. Includes sections of the Gloucestershire Way.

9781852846893 **May 2022**
160pp 172x116mm **£12.95**



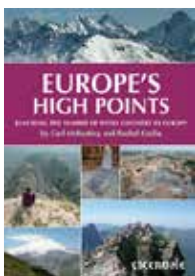
Walking on Gower
Andy Davies

30 circular routes (2½ to 14 miles) combine the peninsula's rugged coastline and beaches with valleys, hills and ridges inland, in this beautiful south Wales AONB. Routes avoid crowds.

9781852848217 **Nov 2022**
192pp 172x116mm **£14.95**



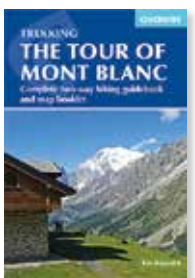
International challenges, collections and activities



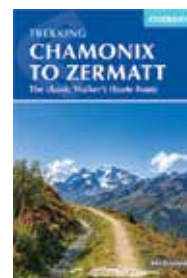
Europe's High Points
Carl McKeating, Rachel Crolla
 Descriptions of routes to the highest point in each of Europe's 50 countries from Liechtenstein to Latvia and from Germany to Greece. With sketch maps, and general advice and information.
9781852845773 **Sep 2018**
 256pp 210x148mm **£14.95**



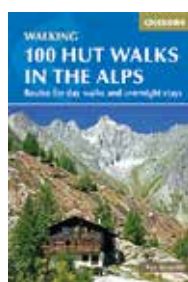
Alps cross-border routes



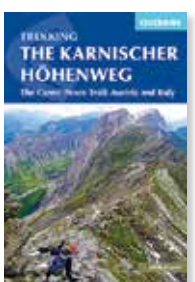
Trekking the Tour of Mont Blanc
Kev Reynolds
 The 170km TMB route typically takes 11 days and is described in both anti-clockwise and clockwise directions, with optional variants. Includes a separate booklet showing the entire route on IGN 1:25K maps.
9781786310620 **Mar 2022**
 240pp 172x116mm **£17.95**



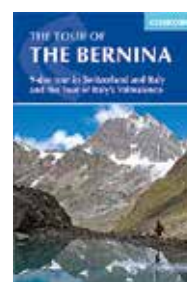
Trekking Chamonix to Zermatt
Kev Reynolds
 A 225km route between Mont Blanc and the Matterhorn described in 14 stages, taking around 2 weeks to walk. Contains planning information and accommodation.
9781786311382 **Jul 2022**
 256pp 172x116mm **£16.95**



100 Hut Walks in the Alps
Kev Reynolds
 100 day walks to suit alpine walkers of all abilities, with suggestions for some hut-to-hut tours. Circular routes in France, Switzerland, Italy, Austria and Slovenia.
9781852847531 **Jan 2018**
 256pp 172x116mm **£14.95**



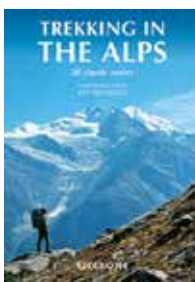
The Karnischer Höhenweg
John Hayes
 A 170km waymarked hut-to-hut trek along the border between Italy and Austria. Also known as the Carnic Peace Trail, it runs west to east along the ridge of the Carnic Alps, the site of the WW1 front line.
9781852849429 **Jun 2018**
 160pp 172x116mm **£15.95**



The Tour of the Bernina
Gillian Price
 Two multi-stage treks on the Swiss-Italian border around Piz Bernina, close to St Moritz. The 9-stage, 119km Tour of the Bernina is suitable for first-time trekkers. The 8-stage, 94km Alta Via Valmalenco is more challenging.
9781852847524 **Mar 2015**
 176pp 172x116mm **£15.95**



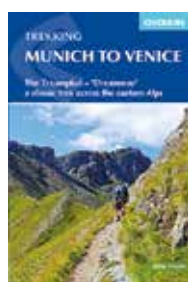
Trail Running – Chamonix and the Mont Blanc region
Kingsley Jones
 40 graded runs in the Mont Blanc regions of France, Switzerland and Italy, from wide trails to technical skyrunning, with ascent/descent and distance figures. Includes the 168km Ultra-Trail of Mont Blanc.
9781852848002 **Jun 2020**
 240pp 172x116mm **£14.95**



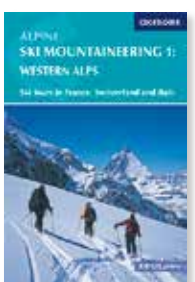
Trekking in the Alps
Kev Reynolds, Paddy Dillon
 An exciting and inspiring collection of 20 treks of varying difficulty, including classics such as the Tour of Mont Blanc and more adventurous routes such as the Traverse of the Slovenian Alps.
9781852846008 **Jan 2019**
 256pp 240x170mm **£17.95**



Walking in the Alps
Kev Reynolds
 An outstanding and comprehensive volume suggesting many thousands of possible walks and trekking routes in every alpine region. Kev Reynolds' lifetime Alpine knowledge in one book.
9781852844769 **Dec 2021**
 512pp 234x156mm **£25.00**



Trekking Munich to Venice
John Hayes
 The Traumpfad, 'Dream Way', is a 570km trek from Munich to Venice in 30 stages. The guide includes 5 alternate stages and a day's via ferrata in the Dolomites. Crosses some of the best Alpine scenery.
9781852848040 **Nov 2016**
 264pp 172x116mm **£16.95**



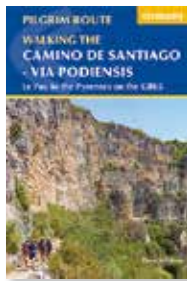
Alpine Ski Mountaineering Vol 1 – Western Alps
Bill O'Connor
 The finest ski-mountaineering tours in the Écrins, Vanoise, Mont Blanc, Gran Paradiso and Pennine Alps. Includes the classic Chamonix to Zermatt Haute Route.
9781852843731 **Nov 2017**
 256pp 172x116mm **£16.95**



Trekking in the Silvretta and Rätikon Alps
Kev Reynolds
 Three treks of between 5 and 8 days, in the Silvretta and Rätikon Alps, and 12 other half-day hut-to-hut routes, on the borders of Switzerland, Austria and Liechtenstein.
9781852846961 **Apr 2014**
 208pp 172x116mm **£16.95**



France, Belgium and Luxembourg



Camino de Santiago – Via Podiensis

Dave Whitson

A 735km route pilgrim route through France along the GR65, linking Le Puy-en-Velay with Saint-Jean-Pied-de-Port and the start of the Camino Francés to Santiago. Includes Célé Valley and Rocamadour variants.

9781786311023 Jul 2022
296pp 172x116mm £17.95

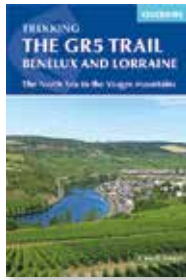


The GR5 Trail

Paddy Dillon

The 660km GR5 trail from Lake Geneva to the Mediterranean at Nice (or Menton) through the whole of the French Alps. Includes variants. A month of fantastic walking.

9781852848286 Jan 2016
320pp 172x116mm £17.95

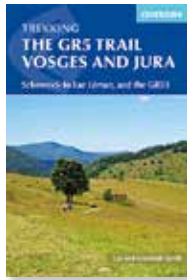


The GR5 Trail – Benelux and Lorraine

Carroll Dorgan

The northern section of the GR5 – 1000km starting in Hoek van Holland and passing through the Netherlands, Belgium, Luxembourg and Lorraine to Schirmeck in France.

9781852849597 Sep 2018
312pp 172x116mm £17.95

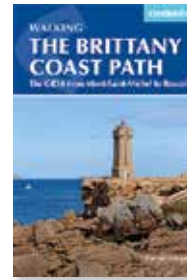


The GR5 Trail – Vosges and Jura

Elizabeth Smith, Les Smith

A traverse of the Vosges and the Haut-Jura plateau, from Wissembourg to Schirmeck on the GR53, then following the GR5 to Nyon on Lac Léman, a total of 687km (427 miles), through wooded and grassy hills and gorges in 11 sections.

9781852848125 Apr 2017
208pp 172x116mm £16.95

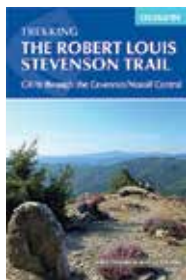


Walking the Brittany Coast Path

Carroll Dorgan

A 624km section of the GR34 Customs Officers' Path following the beautiful northern coast of Brittany from Mont-Saint-Michel to Roscoff, a route rich in scenic interest, history and culture.

9781786310613 Apr 2022
216pp 172x116mm £16.95

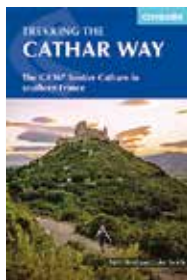


Trekking the Robert Louis Stevenson Trail

Jacint Mig, Nike Werstroh

The GR70 through France's Velay and Cévennes regions follows in the footsteps of Stevenson and his faithful donkey, Modestine. At 272km, this long-distance trail from Le Puy to Ales is ideal for people new to walking holidays.

9781852849184 Feb 2021
128pp 172x116mm £16.95

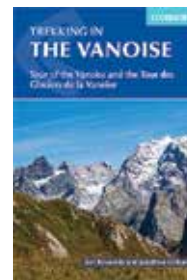


Trekking the Cathar Way

Nell Sleet, Luke Smith

The 260km Cathar Way (GR367) from the Mediterranean to the foothills of the Pyrenees via 9 medieval castles, tracing the history of the Cathars, a persecuted religious sect. 13 route stages plus northern variant.

9781786310477 Jan 2022
160pp 172x116mm £16.95



Trekking in the Vanoise

Jonathan Williams, Kev Reynolds

A 150km hut-to-hut trek in the Vanoise National Park between Mont Blanc and the Écrins, described in 11 stages from Modane, plus Tour des Glaciers de la Vanoise and suggestions for other short treks.

9781852848637 Nov 2021
192pp 172x116mm £16.95

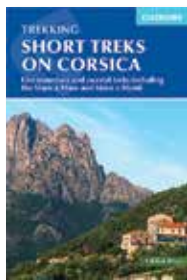


Mountain Adventures in the Maurienne

Andy Hodges

Walks, treks, via ferratas, road cycling and mountain biking routes in an area perfect for Alpine adventures. Readers can mix and match their activities to suit.

9781852846213 Jun 2011
192pp 172x116mm £14.95



Short Treks on Corsica

Gillian Price

Five mountain and coastal treks: the 2-day Sentier du Douanier (Custom Officer's Path), the 10-day Mare e Monti, the 11-day coast-to-coast Mare a Mare Nord, the 5-day Mare a Mare Sud and the 5-day Mare e Monti Sud.

9781786310590 Mar 2021
192pp 172x116mm £16.95



Trekking the GR20 Corsica

Paddy Dillon

Suitable for experienced walkers, this tough 180km route between Calinzana and Conca takes 2 weeks to complete and includes hands-on scrambling. With high and low-level options and 1:25K map booklet.

9781786310675 Jun 2022
304pp 172x116mm £17.95



Walking on Corsica

Gillian Price

25 graded day walks cover both the coast and the mountainous inland, showcasing Corsica's beautiful landscapes, visiting cliffs, inlets, forests, river gorges, waterfalls, maquis shrubland, peaks and historic sites.

9781852849658 Jun 2022
144pp 172x116mm £14.95

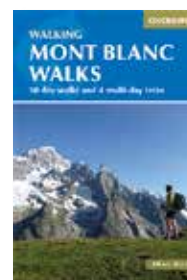


Chamonix Mountain Adventures

Hilary Sharp

Routes include walking, mountain biking, road cycling, rock climbing and via ferratas. There is something for everyone here, from families to veteran adventurers.

9781852846633 Nov 2022
288pp 172x116mm £17.95



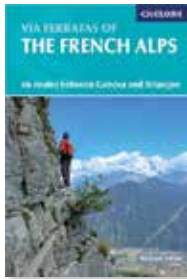
Mont Blanc Walks

Hilary Sharp

50 day walks near Chamonix and Courmayeur, plus outlines of 4 multi-day treks. Walks range from 3 to 20km, from easy valley walks to more challenging alpine routes.

9781852848194 Oct 2018
288pp 172x116mm £14.95





Via Ferratas of the French Alps

Richard Miller

The best routes between Geneva and Briançon, from easy protected routes to exposed challenges suitable for the experienced. Covers techniques and equipment.

9781852846480 Sep 2022
352pp 172x116mm £17.95



Walking in the Haute Savoie: North

Janette Norton, Pamela Harris

30 walks between Lake Geneva and the Swiss border including pré-Alpe areas Salève, Chablais, the Vallée Verte and near Evian and Morzine. Walks include local summits and ridges.

9781852848101 Nov 2017
264pp 172x116mm £14.95



Walking in the Haute Savoie: South

Janette Norton, Pamela Harris

30 half to full-day routes in the area between Chamonix and Annecy. Walks are located near Samoëns, Sixt, Thônes and Lake Annecy. Includes Chaîne des Aravis, Plateau de la Borne and Haut Giffre.

9781852848118 Jun 2017
272pp 172x116mm £14.95



Walking in the Auvergne

Carl McKeating, Rachel Crolla

42 walks, from easy to challenging, in the volcanic hills of central France. Ideal for day-walkers and hikers to explore a beautiful, quiet region.

9781852846510 Jan 2020
256pp 172x116mm £14.95

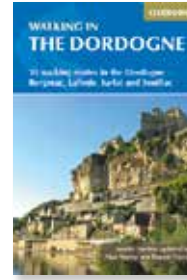


Walking in the Briançonnais

Andrew McCluggage

Short and full-day walks in the stunning valleys of Clarée, Cervyrette, Ayes, Durance and Guisane, including the mountains around Vallouise and Montgenèvre.

9781852848880 May 2018
240pp 172x116mm £16.95

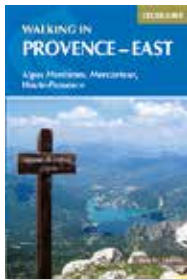


Walking in the Dordogne

Janette Norton, Pamela Harris

35 walking routes based around the Sarlat and Souillac regions (Périgord Noir) and Bergerac (Périgord Pourpre). The walks range from short walks to mountain circuits.

9781852848439 Feb 2018
264pp 172x116mm £14.95

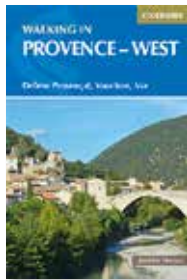


Walking in Provence – East

Janette Norton

30 varied day walks in the Alpes Maritimes, Alpes de Haute-Provence and Mercantour, with charming bases such as Vence, Grasse and Digne-les-Bains.

9781852846176 Nov 2014
240pp 172x116mm £14.95

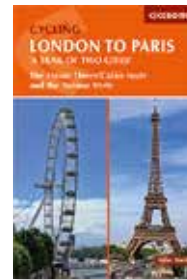


Walking in Provence – West

Janette Norton

30 varied day walks in the Drôme Provençale, the Vaucluse and the Var, from the Baronnies in the north to the Ste-Baume ridge in the south, staying in Nyons, Apt and Aix-en-Provence.

9781852846169 Nov 2014
272pp 172x116mm £14.95

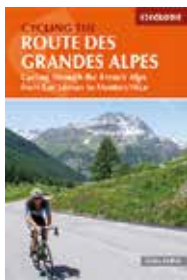


Cycling London to Paris

Mike Wells

Describes both the 500km traditional route, on cycle tracks and quiet roads via Dover/Calais, and the 400km waymarked Avenue Verte via Newhaven/Dieppe, mainly on dedicated cycle paths. Each takes 5 to 7 days.

9781852849146 Mar 2018
272pp 172x116mm £14.95



Cycling the Route des Grandes Alpes

Giles Belbin

A challenging 720km cycle route through south-eastern France. From Lake Geneva to Mediterranean Nice via numerous high Alpine passes, taking in the Vanoise, Écrins and Mercantour National Parks.

9781786310545 Jul 2022
200pp 172x116mm £16.95



Cycling the Canal de la Garonne

Declan Lyons

Describes 290km of cycle route from Bordeaux to Toulouse, connecting with the Canal du Midi, with excursions to towns and villages along the route. With accommodation and key facilities.

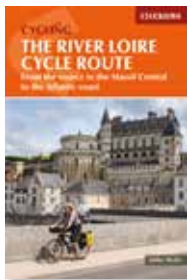
9781852847838 Jan 2019
192pp 172x116mm £14.95



Cycling the Canal du Midi

A guide to cycling this 240km route along a World Heritage site rich in history and culture, linking Toulouse and Sète. Perfect cycling with flat, car-free paths.

9781852847845 Sep 2022
192pp 172x116mm £14.95

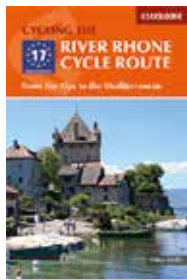


The River Loire Cycle Route

Mike Wells

Guidebook to cycling the Loire, France's longest river, from its source in the Massif Central to the Atlantic. The 1062km route is predominantly downhill or flat, and takes in extinct volcanos, vineyards and charming châteaux.

9781786310835 Jul 2022
256pp 172x116mm £16.95

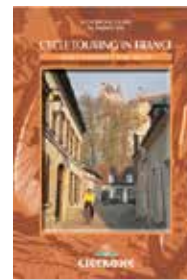


The River Rhone Cycle Route

Mike Wells

A 895km cycle route from the Swiss Alps through France to the Mediterranean Sea. Divided into 20 stages of around 45km, the route can be completed by most cyclists in 10 to 14 days.

9781786310828 Jan 2023
264pp 172x116mm £17.95



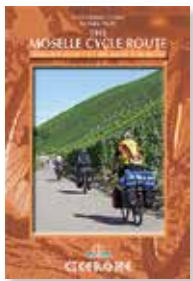
Cycle Touring in France

Stephen Fox

A guide to eight 1 and 2-week tours, for all levels and tastes, covering Brittany, Picardy, Alsace, Auvergne/Languedoc, Provence, Dordogne/Lot, the Alps and the Pyrenees.

9781852844325 Feb 2010
272pp 172x116mm £14.00

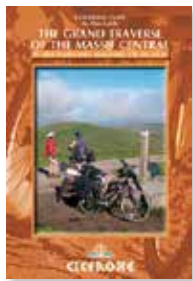




The Moselle Cycle Route Mike Wells

14 stages cover the entirety of the Moselle river, from its source in the Vosges Mountains to its confluence with the Rhine at Koblenz. Well-waymarked, easy cycling suitable for all experience levels.

9781852847210 **Aug 2014**
208pp 172x116mm **£14.95**



The Grand Traverse of the Massif Central Alan Castle

A guide to this 700km mountain biking trail from Clermont-Ferrand to Montpellier and Sète. 17 stages, with information for walkers and an on-road route for road cyclists.

9781852845711 **Jan 2010**
176pp 172x116mm **£14.00**



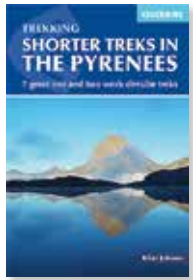
Walking in the Ardennes Jeff Williams

32 day walks and a 68km multi-stage route, the Sentier du Nord, in Belgium/Luxembourg/France, among rolling hills, deep valleys, rivers and forests, taking in WW2 battlefields and medieval castles.

9781852846862 **Jun 2014**
224pp 172x116mm **£16.95**



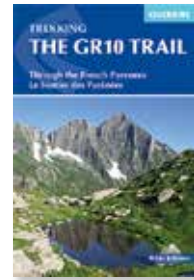
Pyrenees and France/ Spain cross-border routes



Shorter Treks in the Pyrenees Brian Johnson

Seven circular treks of 4-12 days, covering both sides of the French-Spanish border, including both the High Pyrenees and lower mountains of the Basque Country and Catalonia.

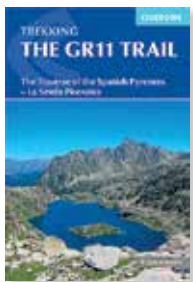
9781852849306 **May 2019**
280pp 172x116mm **£16.95**



The GR10 Trail Brian Johnson

A 955km trek across the French Pyrenees from Hendaye on the Atlantic coast to the Mediterranean coast at Banyuls-sur-Mer, described in 55 daily stages, with full information.

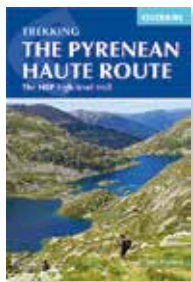
9781852847739 **Mar 2019**
320pp 172x116mm **£16.95**



The GR11 Trail Brian Johnson

The GR11 traverses the Spanish Pyrenees from Irún on the Atlantic coast to Cap de Creus on the Mediterranean. 820km route in 47 stages over high passes. Trekkers require experience of high mountains.

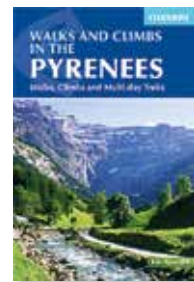
9781852849214 **Oct 2021**
272pp 172x116mm **£16.95**



The Pyrenean Haute Route Tom Martens

A largely unwaymarked 750km route, presented in 44 stages, staying close to the main ridge in the highest and most spectacular Central Pyrenees. Suitable for strong and experienced mountain walkers.

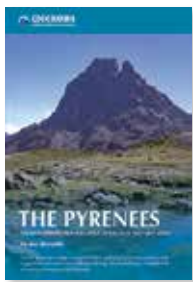
9781852849818 **Jan 2022**
344pp 172x116mm **£17.95**



Walks and Climbs in the Pyrenees Kev Reynolds

170 selected walks, multi-day tours and moderate summit ascents in the Central and High Pyrenees. Graded routes from 1hr to 12 days explore mountains including Monte Perdido, Pic du Midi d'Ossau and Gavarnie.

9781786310538 **Sep 2019**
408pp 172x116mm **£17.95**



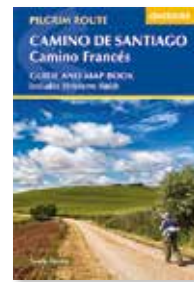
The Pyrenees Kev Reynolds

A planning resource for a range of mountain activities (walks, treks and climbs) in the High Pyrenees from the Cirque de Lescun to the Carlit massif and Andorra.

9781852844202 **Oct 2010**
464pp 216x138mm **£22.00**



Spain and Portugal



Camino de Santiago: Camino Frances The Reverend Sandy Brown

Guidebook and map book to walking the 784km Camino Francés from St Jean-Pied-de-Port in southern France to Santiago de Compostela in Spain. Includes 36 customisable stages and over 500 pilgrim hostels.

9781786310040 **May 2022**
304pp 172x116mm **£17.95**



The Camino del Norte and Camino Primitivo Laura Perazzoli, Dave Whitson

The 820km Camino del Norte from Irún via Bilbao and Santander takes around 5 weeks to complete. The 355km Camino Primitivo takes about 2 weeks. Includes the Camino Finisterre.

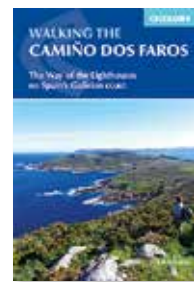
9781786310149 **Mar 2022**
312pp 172x116mm **£16.95**



The Camino Ingles and Ruta do Mar Laura Perazzoli, Dave Whitson

116km Camino Inglés from Ferrol or A Coruña to Santiago de Compostela and the 190km Ruta do Mar linking Ribadeo with the Inglés at Ferrol. Includes the 120km camino to Finisterre or Muxia.

9781786310064 **Jun 2019**
152pp 172x116mm **£14.95**



Walking the Camino dos Faros John Hayes

The Camino dos Faros, also known as the way of the lighthouses lies on Spain's Galician coast and is a 200km route described in 8 stages and takes in some of the area's most enchanting coastal scenery.

9781852849719 **Oct 2019**
120pp 172x116mm **£14.95**





Cycling the Ruta Via de la Plata

John Hayes

A 924km route through western Spain from Seville to Gijón in 13 stages, as well as a pilgrimage variant to Santiago de Compostela. With road route and off-road alternative suitable for gravel bikes.

9781786310125 Mar 2022
224pp 172x116mm £16.95



Cycling the Camino de Santiago

Mike Wells

850km cycle route from St Jean-Pied-de-Port to Santiago de Compostela, following the original pilgrim route with optional road variants. Suitable for most abilities, in 19 stages averaging 45km each.

9781852849696 Dec 2021
264pp 172x116mm £14.95

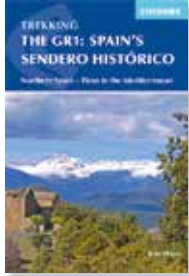


Walking in the Picos de Europa

Robin Walker

Walks and multi-day treks in the Picos de Europa, a striking limestone range in northern Spain. Routes vary in difficulty and some include an element of scrambling.

9781852845360 May 2023
256pp 172x116mm £17.95

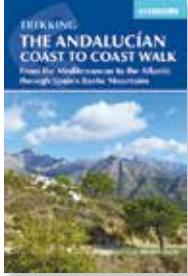


Spain's Sendero Historico: The GR1

John Hayes

1250km route traversing northern Spain from Puerto de Tarna (León) to the Mediterranean near L'Escala in Catalonia. Fascinating, varied landscapes and Pyrenees foothills. Described in 53 stages.

9781852845698 Oct 2015
304pp 172x116mm £17.95

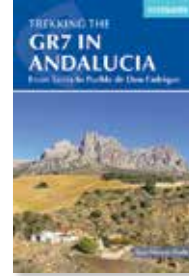


The Andalusian Coast to Coast Walk

Guy Hunter-Watts

A 416km, 21-day route from Maro on the Mediterranean coast to Bolonia, on the Atlantic, passing through 7 Natural Parks, and sites with Roman and Moorish origins including Ronda and Tarifa.

9781852849702 Jul 2018
216pp 172x116mm £14.95

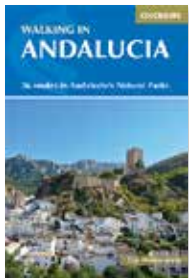


Trekking the GR7 in Andalusia

Guy Hunter-Watts

The Andalusian section of the GR7, from Tarifa to Puebla de Don Fadrique. Includes a northern route via Cordoba Province and southern route via Granada Province. The full route takes 34-42 days but can be split.

9781852849955 Nov 2021
320pp 172x116mm £18.95

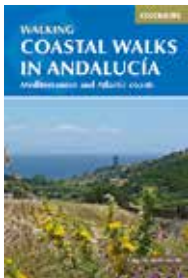


Walking in Andalusia

Guy Hunter-Watts

The Alpujarra region of the Sierra Nevada, Aracena, Grazalema, Los Alcornocales and Gaucin, La Axarquía, and Cazorla. 6 walks in each region from 5 to 21km, graded for difficulty.

9781852848026 Sep 2020
256pp 172x116mm £14.95



Coastal Walks in Andalusia

Guy Hunter-Watts

Over 40 half and full-day walks in Andalusia's Natural Parks and Reserves. Year-round walking, on Costa de la Luz, Costa del Sol, Nerja region and Costa del Almería.

9781852848033 Oct 2022
272pp 172x116mm £14.95

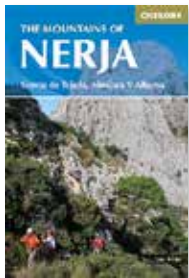


The Mountains of Ronda and Grazalema

Guy Hunter-Watts

32 graded routes (4 to 16km) exploring the Natural Parks of Grazalema and La Sierra de las Nieves, the 'Pueblos Blancos' (White Villages), and the Genal and Guadiaro river valleys.

9781852848927 Jan 2018
224pp 172x115mm £16.95

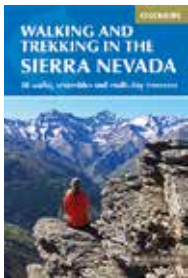


The Mountains of Nerja

Jim Ryan

24 graded day walks in the Sierras Tejeda, Almijara and Alhama in Azarquía, easily accessible from Nerja and Malaga on the Costa del Sol. Easy strolls to strenuous climbs.

9781852847548 Sep 2017
160pp 172x116mm £14.95

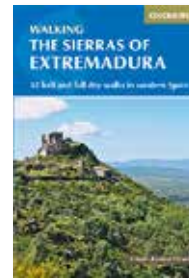


Walking and Trekking in the Sierra Nevada

Richard Hartley

Walks and multi-day treks in the Sierra Nevada of Andalusia. The 38 routes take in the summit of Mulhacén, and villages including Trevélez and Capileira. Includes main ridge traverses and high mountain scrambles.

9781852849177 Nov 2022
272pp 172x116mm £17.95



The Sierras of Extremadura

Gisela Radant Wood

32 mainly circular walks (6 to 19km) in the provinces of Cáceres and Badajoz. Walks visit mountain Sierras, oak forests and ancient paths. Includes the Jerte Valley, Montánchez, Guadalupe and Monesterio.

9781852848484 Oct 2017
224pp 172x116mm £16.95

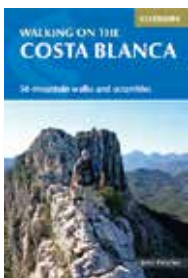


Costa Blanca Mountain Adventures

Mark Eddy

A multi-activity guide to outdoor adventure in Spain's Costa Blanca, with 60 route suggestions covering ridge scrambles, via ferrata, canyoning, sport climbing, trad climbing, hiking, trail running and mountain biking.

9781786310330 Sep 2022
280pp 172x116mm £17.95

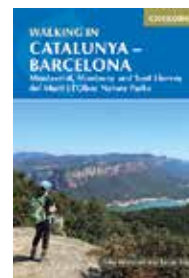


Walking on the Costa Blanca

Terry Fletcher

50 circular walks and scrambles exploring the mountains around the resorts of Alicante, Benidorm and Calp. Gentle strolls to demanding, steep and exposed routes, from 3 to 20km long.

9781852847517 Apr 2023
224pp 172x116mm £14.95



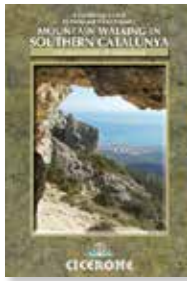
Walking in Catalunya - Barcelona

Jacint Mig, Nike Wersthor

32 varied walks of 6.5 to 28km among the rocky mountains, forested slopes and idyllic wine country that surrounds Barcelona.

9781786310774 Nov 2022
192pp 172x116mm £17.95





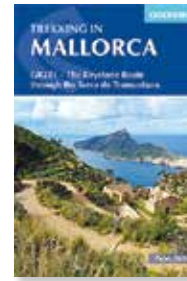
Mountain Walking in Southern Catalunya
Vivien Freakley, Philip Freakley
 30 routes in 3 national parks between Barcelona and Valencia, including the immense limestone crags of the Parc Natural dels Ports overlooking the Mediterranean.

9781852845827 Aug 2010
 192pp 172x116mm £12.95



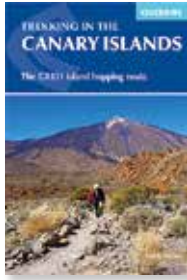
Mountain Walking in Mallorca
Paddy Dillon
 50 full and half-day walks (5.5km to 24km) in Mallorca's mountainous Serra de Tramuntana. Potential bases include Pollença, Sóller, Valldemossa and Andratx.

9781852849498 May 2018
 288pp 172x116mm £14.95



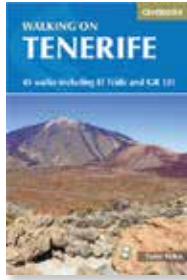
Trekking in Mallorca
Paddy Dillon
 The GR221 Drystone Route (140km in 10 day stages) traverses the Serra de Tramuntana between Pollença and Andratx, through forests, mountains and welcoming villages.

9781852848507 Mar 2023
 216pp 172x116mm £16.95



Trekking in the Canary Islands
Paddy Dillon
 The GR131 is an island-hopping 560km (348 miles) trail that runs coast to coast across each of the 7 Canary Islands. Described over 32 stages between Lanzarote and El Hierro, the route will take about 1 month to complete.

9781852847654 Jan 2020
 272pp 172x116mm £16.95



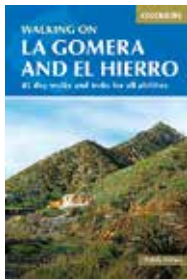
Walking on Tenerife
Paddy Dillon
 45 varied walks of 3.5km to 29.5km on Tenerife: 40 day walks – including ascents of El Teide, Spain's highest mountain – and the 5 Tenerife stages of the long-distance GR131.

9781786310699 Jan 2023
 232pp 172x116mm £17.95



Walking on Gran Canaria
Paddy Dillon
 45 day walks on Gran Canaria, generally averaging 10 to 12km each. A long-distance coast-to-coast route on the GR131 is included, and shorter walks can be linked to form longer itineraries.

9781852848545 Jan 2020
 240pp 172x116mm £14.95



Walking on La Gomera and El Hierro
Paddy Dillon
 45 day walks and treks for all abilities, from rugged mountain treks to coastal walks. The selection also covers the Camino de la Virgen and sections of the GR131 and GR132.

9781852848415 May 2020
 264pp 172x116mm £14.95



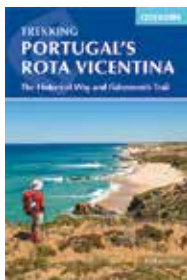
Walking on Lanzarote and Fuerteventura
Paddy Dillon
 45 walks including 14 on the long-distance GR131 trail, which crosses both islands. Lanzarote has a fascinating volcanic national park; Fuerteventura has famous golden beaches.

9781852846039 Jan 2019
 240pp 172x116mm £14.95



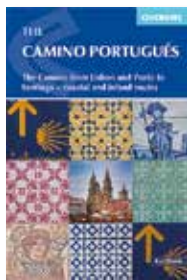
Walking on La Palma
Paddy Dillon
 45 walks and scrambles ranging from 7 to 31km in length. Some walks combine to complete the GR130 long-distance trail (8 days) and GR131 trail (3 days).

9781852848538 Jan 2019
 240pp 172x116mm £14.95



Portugal's Rota Vicentina
Gillian Price
 Rota Vicentina is a stunning 220km route down the south-western Atlantic coast, through the Alentejo and Algarve districts. The route, which is suitable for all fit walkers, is described across 12 stages, making it perfect for a 2-week holiday.

9781786311436 Nov 2022
 112pp 172x116mm £18.95



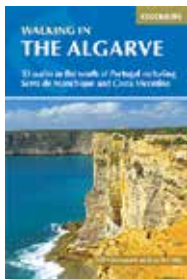
The Camino Portugues
Kat Davis
 The 620km route from Lisbon in Portugal to Santiago de Compostela in Spain, split into 25 stages with two coastal options. Takes in historic and religious sites and stunning scenery.

9781852849320 Nov 2022
 336pp 172x116mm £16.95



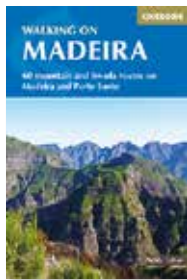
Walking in Portugal
Andrew Mok, Simon Whitmarsh
 Over 40 graded walks throughout Portugal. The mostly circular half-day and day routes showcase the country's varied scenery and beautiful national parks.

9781852848897 Mar 2022
 264pp 172x116mm £16.95



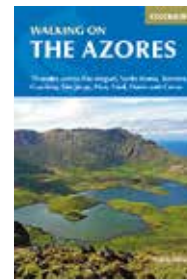
Walking in the Algarve
Jacint Mig, Nike Werstroh
 33 day walks in the Algarve, Portugal's southernmost region. The selected routes offer both coastal and inland options, including the Serra de Monchique and Costa Vicentina, the south and west coasts, the central region and East Algarve.

9781852849948 Oct 2019
 192pp 172x116mm £16.95



Walking on Madeira
Paddy Dillon
 Selection of day walks exploring Madeira's network of levadas (water channels) as well as routes across steep and rugged mountains, with slopes of bare rock or laurisilva 'cloud' forest. Includes the neighbouring island of Porto Santo.

9781852848552 Jul 2022
 296pp 172x116mm £14.95

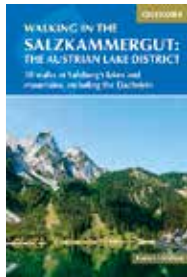


Walking on the Azores
Paddy Dillon
 70 walks on the Azores, a remote archipelago in the North Atlantic Ocean. Most of the walks are easy or moderate, across all 9 islands, from easy village-to-village to remote mountain walks including Portugal's highest mountain, Pico.

9781852849085 Dec 2019
 296pp 172x116mm £16.95



Austria



Walking in the Salzkammergut: the Austrian Lake District

Rudolf Abraham

30 day walks among the lakes and mountains of Austria's Salzkammergut. Easily accessible from Salzburg, the routes range from easy lakeside strolls to strenuous through-routes and ascents of the neighbouring peaks.

9781852849962 Mar 2021
184pp 172x116mm £16.95

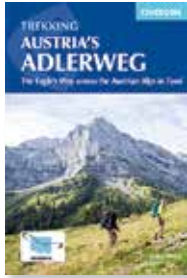


Innsbruck Mountain Adventures

Sharon Boscoe

60 summer mountain adventures: alpine mountaineering routes, overnight hut trips, scrambles, day walks, rock climbing, via ferratas, mountain biking, road cycling, trail running, plus activities for families.

9781852849580 Sep 2018
280pp 172x116mm £14.95

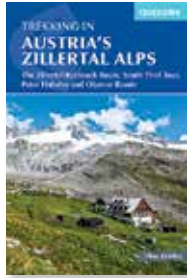


Trekking Austria's Adlerweg

Mike Wells

A 324km trek through the Austrian Tyrolean Alps from St Johann in Tirol to St Anton am Arlberg. Described in 24 stages with easier alternatives provided for the most challenging stages.

9781786310903 Jul 2023
240pp 172x116mm £18.95

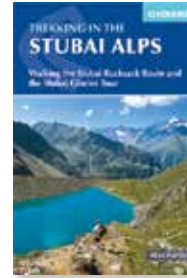


Trekking in Austria's Zillertal Alps

Allan Hartley

Four hut-to-hut treks in the Austrian Tirol: the 9-day Zillertal Rucksack Route/ Berliner Hoehenweg, the 7-day Zillertal South Tirol Tour, the 7-day Peter Habeler Tour and the 6-day Olperer Runde.

9781786310637 May 2023
256pp 172x116mm £18.95



Trekking in the Stubai Alps

Allan Hartley

This guide describes 2 multi-day hut-to-hut tours: the Stubai Rucksack Route and the more challenging Stubai Glacier Tour, either of which can be completed in 8 to 10 days.

9781852846237 Oct 2018
192pp 172x116mm £14.95



Walking in Austria

Kev Reynolds

101 routes: day walks, multi-day treks and tours in the Rätikon, Silvretta, Stubai, and Zillertal Alps, the Hohe Tauern, and the Karawanken. Includes 135 mountain huts.

9781852848590 Feb 2021
432pp 172x116mm £17.95



Trekking in Austria's Hohe Tauern

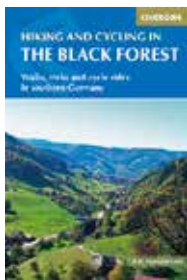
Allan Hartley

A guide to 4 treks and a 10-day traverse in this national park, the largest in Europe and a World Conservation Area, taking in the Tirol, Salzburg and Karnten.

9781852845681 Jan 2010
256pp 172x116mm £15.00



Germany

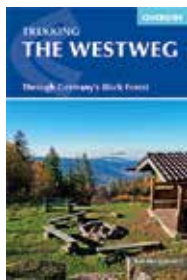


Hiking and Cycling in the Black Forest

Kat Morgenstern

From easy routes for families to multi-day journeys, the walks and 5 cycle rides explore the many forests, villages, castles and hills near Strasbourg, Baden-Baden, Freiburg and Basle.

9781786310217 Feb 2019
320pp 172x116mm £16.95

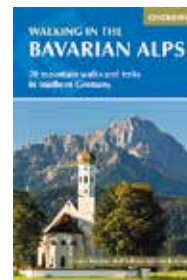


The Westweg

Kat Morgenstern

This 285km walk across Germany's Black Forest from Pforzheim to Basel includes an ascent of Feldberg. Takes 13 to 14 days, each day stage from 15 to 28km. 2 variants are described.

9781852847753 Nov 2016
224pp 172x116mm £16.95



Walking in the Bavarian Alps

Sabine Körner-Bourne, Grant Bourne

70 mountain routes, from half-day walks to 3-day hut-to-hut treks. Highlights include the Königssee and Breitach, Partnach and Höllental gorges. Also includes suggestions for valley walks.

9781852849290 Jun 2018
336pp 172x116mm £17.95

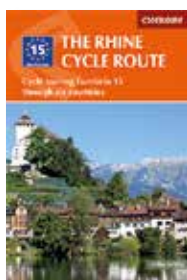


The Elbe Cycle Route

Mike Wells

A 1232km route through Czechia and Germany following one of Europe's great rivers from source to sea visiting Prague, Dresden, Magdeburg and Hamburg in 29 stages of easy, flat cycling.

9781786310552 Feb 2022
272pp 172x116mm £17.95

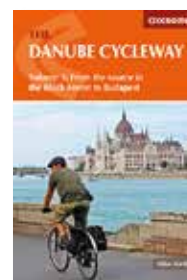


The Rhine Cycle Route

Mike Wells

From the summit of Oberalp to the Hook of Holland through Switzerland, Germany, France and the Netherlands: 1368km in 27 stages, mostly on well-surfaced cycle tracks.

9781786311092 Jan 2022
312pp 172x116mm £16.95



The Danube Cycleway Vol 1

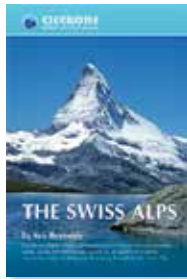
Mike Wells

The first 1269km of the Danube river, from its source in the Black Forest to Budapest. Suitable for all levels of cyclist, on all types of bike.

9781852847227 Feb 2019
272pp 172x116mm £14.95



Switzerland



The Swiss Alps

Kev Reynolds

An inspirational and comprehensive resource for independent adventurers planning to walk, trek or climb in this iconic mountain country, described in detail valley by valley.

9781852844653 **Mar 2021**
464pp 234x156mm **£25.00**

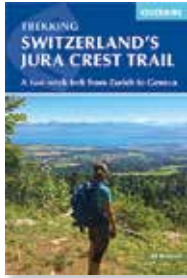


Trekking the Swiss Via Alpina

Kev Reynolds, Jonathan Williams

The Swiss Via Alpina between Sargans and Montreux, following parts of the Alpine Pass Route, including a prologue from Liechtenstein. Demanding 3-week trek crossing 16 passes including 2778m Hohtürli pass.

9781786311603 **Jul 2023**
224pp 172x116mm **£18.95**

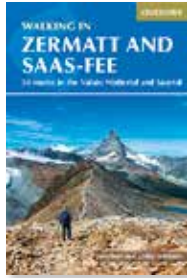


Switzerland's Jura Crest Trail

Ali Rowsell

Also known as the Jura High Route, this 2-week, 310km trek traverses the undulating limestone plateau of the Swiss Jura from Dielsdorf near Zurich to Nyon on Lac Léman (Lake Geneva).

9781852849450 **Jan 2019**
184pp 172x116mm **£16.95**

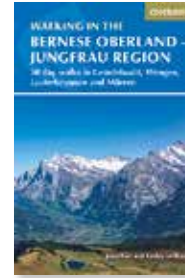


Walking in Zermatt and Saas-Fee

Jonathan Williams, Lesley Williams

50 graded day walks based around the resort towns of Zermatt and Saas-Fee. The routes cover the Mattertal and Saastal valleys and their surrounding mountains.

9781786310750 **Apr 2021**
264pp 172x116mm **£16.95**

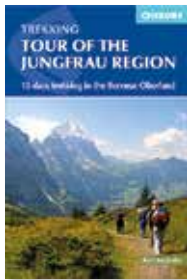


Walking in the Bernese Oberland - Jungfrau region

Jonathan Williams, Lesley Williams

50 routes with views of the iconic Alpine landscape of Switzerland, including the Eiger, Mönch and Jungfrau mountains. Includes routes for all abilities.

9781786311146 **Apr 2023**
256pp 172x116mm **£17.95**

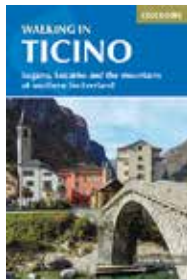


Tour of the Jungfrau Region

Kev Reynolds

The Tour of the Jungfrau Region is described as a clockwise circuit, in 10 stages (with alternatives offered), through the Bernese Oberland under the Mönch, Eiger and Jungfrau.

9781852848644 **Mar 2018**
128pp 172x116mm **£14.95**



Walking in Ticino

Andrew Beattie

38 graded walks of 4 to 19km in Ticino, Switzerland, including Lugano, Locarno, Bellinzona and Biasca, and Airolo and the St Gotthard Pass.

9781786310606 **Jan 2023**
264pp 172x116mm **£17.95**



Walking in the Engadine - Switzerland

Kev Reynolds

100 day walks in the Engadine, Val Bregaglia, neighbouring valleys and the Engadine National Park. Includes gentle rambles to adventurous high-level routes from 4 to 16km.

9781786310521 **Jul 2019**
312pp 172x116mm **£16.95**

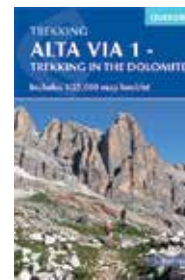
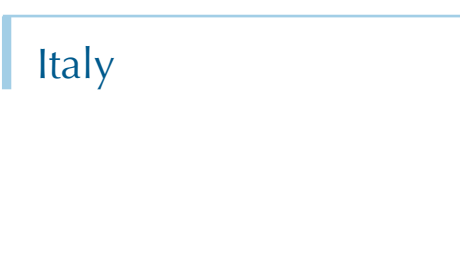


Walking in the Valais

Kev Reynolds

An essential guide to 111 day walks and 10 multi-day tours in the Pennine Alps, with the Matterhorn, Dent Blanche and Monte Rosa providing a perfect background.

9781852847333 **Apr 2014**
320pp 172x116mm **£17.95**

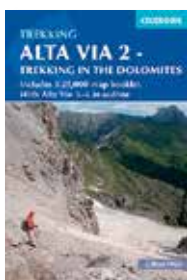


Alta Via 1 - Trekking in the Dolomites

Gillian Price

The 115km Alta Via 1, a hut-to-hut trail through the Italian Dolomites, presented in 11 stages. Easier than the other AV trails, the route offers fantastic mountain vistas.

9781786310811 **Mar 2022**
112pp 172x116mm **£16.95**

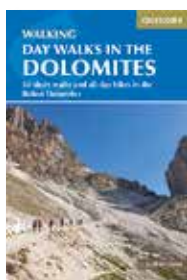


Alta Via 2 - Trekking in the Dolomites

Gillian Price

A challenging 160km hut-to-hut trek through the Italian Dolomites from Bressanone to Feltre in 13 stages, including some steep and exposed sections.

9781786310972 **Jun 2022**
144pp 172x116mm **£16.95**

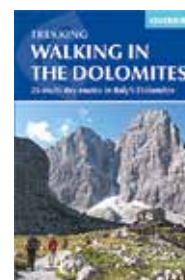


Day Walks in the Dolomites

Gillian Price

50 walks ranging from short 5km strolls to full-day high-mountain expeditions, all graded by difficulty between easy and strenuous. The Dolomites offer fantastic walking from June to September.

9781786311214 **Apr 2023**
256pp 172x116mm **£17.95**



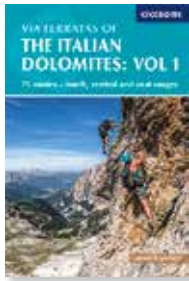
Walking in the Dolomites

Gillian Price

25 extended, mostly circular walks, 2 to 4 days long, which take in the Marmarole, Marmolada, Civet, Sella and Cortina Dolomites among others. Includes practical local information.

9781852848446 **Apr 2022**
288pp 172x116mm **£16.95**

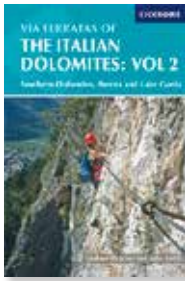




Via Ferratas of the Italian Dolomites: Vol 1
James Rushforth

This volume covers 75 graded routes in the northern, central and eastern Dolomites, including Cortina, Fassa, Sesto, Canazei and Corvara. Comprehensive route descriptions alongside maps and topos.

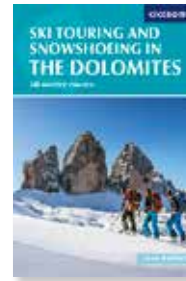
9781852848460 Nov 2019
320pp 172x116mm £17.95



Via Ferratas of the Italian Dolomites: Vol 2
John Smith, Graham Fletcher

A guide to 77 via ferratas in the south and west Dolomites of Civetta, Schiara, Pala and the Brenta, also Lake Garda and the Piccole Dolomites north of Vicenza.

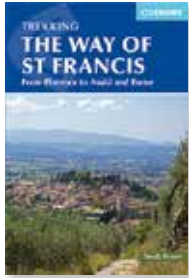
9781852843809 Aug 2019
320pp 172x116mm £17.95



Ski Touring and Snowshoeing in the Dolomites
James Rushforth

50 ski touring and snowshoeing graded routes, all of which take less than a day to complete, starting from the bases of Cortina, Arabba, Val di Zoldo, San Martino and San Vigilio.

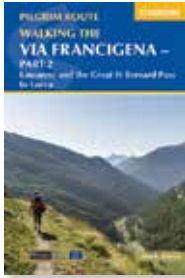
9781852847456 Jan 2017
280pp 172x116mm £18.95



The Way of St Francis
The Reverend Sandy Brown

550km Via di Francesco from Florence, through Assisi to Rome. Described in 28 day-stages, includes detailed maps, profiles and information about all the shrines, churches and towns along the way.

9781852846268 Nov 2019
288pp 172x116mm £16.95



Walking the Via Francigena Pilgrim Route - Part 2
The Reverend Sandy Brown

This 725km section links Lausanne on Lake Geneva and Lucca. The route crosses the Alps at the Great Saint Bernard Pass, descends the Po Valley, then climbs the Cisa Pass into Tuscany. Described in 32 stages.

9781786310866 Jun 2021
256pp 172x116mm £17.95



Walking the Via Francigena Pilgrim Route - Part 3
The Reverend Sandy Brown

The final 400km between Lucca and Rome, crossing Tuscany in the heartland of Italy. The route goes through Lucca and Siena, and visits San Gimignano, Monteriggioni and Radicofani. Described in 18 stages.

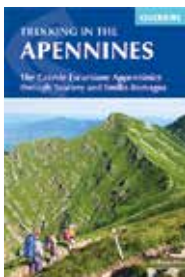
9781786310798 Jan 2023
184pp 172x116mm £17.95



Italy's Grande Traversata delle Alpi
David Jordan

A 55-day 798km trek on the Grande Traversata Delle Alpi in the western Italian Alps traversing the Lepontine, Pennine, Graian, Cottian and Maritime Alps to finish near Monte Rosa.

9781786310408 Jun 2023
304pp 172x116mm £18.95



Trekking in the Apennines
Gillian Price

The Grande Escursione Appenninica (GEA). Through Tuscany and Emilia-Romagna and 2 national parks, this 400km trail takes 23 days to complete, exploring the mountains, forests and hills of central Italy.

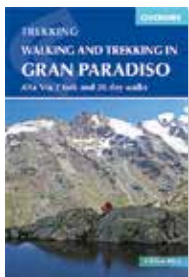
9781852847661 Jan 2016
160pp 172x116mm £14.95



Trekking the Giants' Trail: Alta Via 1 through the Italian Pennine Alps
Andy Hodges

Italy's 180km Alta Via 1 follows the northern flank of the Aosta Valley from Donnas to Courmayeur. Nicknamed the Giants' Trail the route offers views of the Alpine giants.

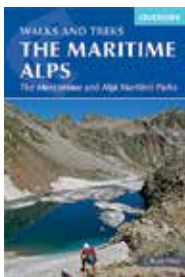
9781852849924 Feb 2021
192pp 172x116mm £16.95



Walking and Trekking in the Gran Paradiso
Gillian Price

28 day walks in the Gran Paradiso National Park south of Mont Blanc, and the challenging 12-day (148km) Alta Via 2 trek through the rugged mountains between Chardonnay and Courmayeur.

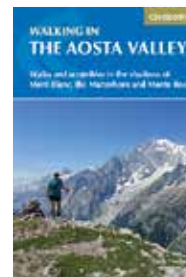
9781852849238 Feb 2018
224pp 172x116mm £16.95



Walks and Treks in the Maritime Alps
Gillian Price

18 day walks and 6 long-distance treks, including a 5-day traverse of the French Mercantour National Park, a 7-day traverse of the Alpi Maritime Park, and walks from 6 to 20km.

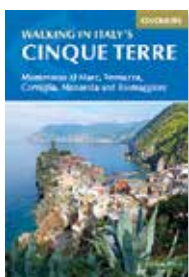
9781852848453 Jun 2016
224pp 172x116mm £16.95



Walking in the Aosta Valley
Andy Hodges

32 scenic routes, ranging from 4 to 20km, within both the main valley and those to the north, including the Lys valley and Grand St Bernard.

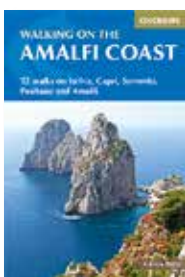
9781786310156 May 2022
224pp 172x116mm £16.95



Walking in Italy's Cinque Terre
Gillian Price

16 routes in and around the five famous fishing villages of Monterosso, Vernazza, Corniglia, Manarola and Riomaggiore. Breathtakingly beautiful, this UNESCO World Heritage coastline is a walker's (and foodie's) dream destination.

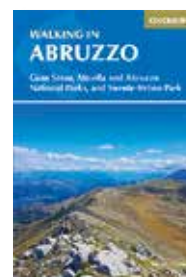
9781852849733 Aug 2019
112pp 172x116mm £14.95



Walking on the Amalfi Coast
Gillian Price

32 graded day walks on the Sorrento Peninsula, Amalfi Coast, Positano and Monti Lattari, and on the islands of Capri and Ischia, from family strolls to strenuous treks.

9781852848828 Apr 2019
192pp 172x116mm £14.95

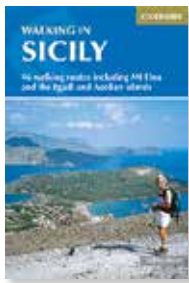


Walking in Abruzzo
Stuart Haines

40 day walks incorporating the wild Abruzzo, Maiella, and Gran Sasso national parks and the Sirente-Velino regional park, including an ascent of Corno Grande, the highest point in the Apennines.

9781852849788 Jan 2019
256pp 172x116mm £16.95



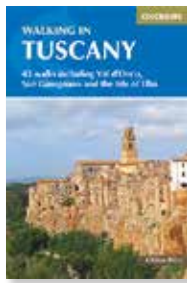


Walking in Sicily

Gillian Price

A guide to 46 graded walks encompassing ancient ruins, olive groves, coastal and volcanic landscapes. Includes Mt Etna, Madonie and Nebrodi mountains, and Egadi and Aeolian islands.

9781852847852 May 2022
256pp 172x116mm £14.95

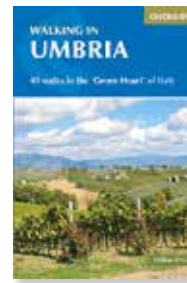


Walking in Tuscany

Gillian Price

43 graded, mostly easy walks near Florence and Siena, the World Heritage scenery of Val d'Orcia and San Gimignano and the stunning island of Elba, using historical pathways.

9781852847128 Jan 2018
240pp 172x116mm £16.95

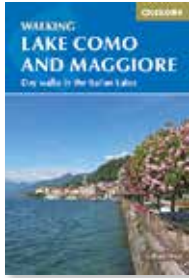


Walking in Umbria

Gillian Price

40 walks in Umbria, among the ancient towns of Assisi, Perugia, Orvieto and Norcia. Known as the 'green heart' of Italy, the hills reach up to the Apennines and Sibillini mountains, and take in ancient villages and Roman and Etruscan ruins.

9781852849665 Jul 2019
208pp 172x116mm £16.95

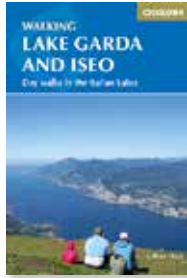


Walking Lake Como and Maggiore

Gillian Price

30 walks in the beautiful Italian lakes area of Maggiore and Como. Routes are graded by difficulty and range from easy lakeside strolls to challenging mountain peaks. Well-waymarked trails.

9781786310231 May 2019
176pp 172x116mm £14.95



Walking Lake Garda and Iseo

Gillian Price

20 day walks around the majestic Italian lakes of Garda and Iseo. The routes, which range from leisurely strolls to more strenuous routes up panoramic peaks, are easily accessible by public transport.

9781786310248 Apr 2019
128pp 172x116mm £14.95



Italy's Sibillini National Park

Gillian Price

A guide to 21 walks and the 8-day Grande Anello dei Sibillini trek that encircles the massif and Sibillini National Park. Easily accessible from Rome.

9781852845353 Jun 2013
192pp 172x116mm £14.95

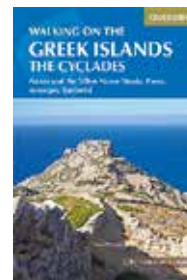
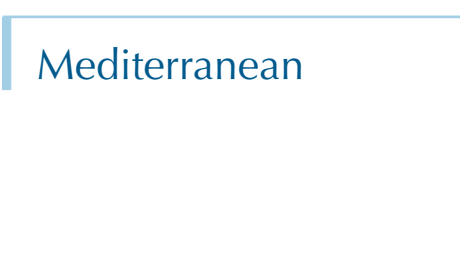


Walking in Italy's Stelvio National Park

Gillian Price

38 walks exploring a renowned national park in the Italian Alps, bordering the Dolomites to the east and Switzerland to the west. The first English-language guide to the area.

9781852846909 Jun 2013
192pp 172x116mm £16.95

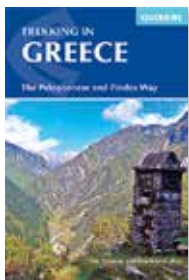


Walking on the Greek Islands - the Cyclades

Cilly Cameron-Cooper

Guidebook to 35 walks exploring the Greek islands of Naxos, Paros, Amorgos and Santorini in the Cyclades. Walks range from 4 to 17km, and include the 5-stage Naxos Strada coast-to-coast route.

9781786310095 May 2020
256pp 172x116mm £14.95



Trekking in Greece

Michael Cullen, Tim Salmon

Challenging treks traversing the Pindos Range, near Athens, and the Peloponnese, plus shorter routes including Zagori and Mount Olympus. For experienced trekkers through difficult and remote terrain.

9781852849689 Mar 2018
304pp 172x116mm £17.95

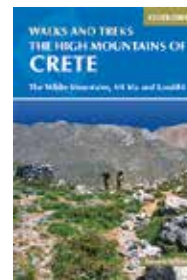


Walking and Trekking in Zagori

Aris Leontaritis

30 graded walks and 3 treks centred on the Zagori and Konitsa national parks, including the Vikos gorge, Drakolimni Lake and rugged Pindos summits.

9781852849412 Jan 2019
248pp 172x116mm £16.95

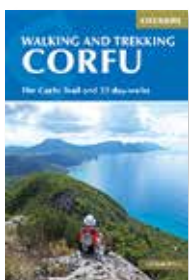


The High Mountains of Crete

Loraine Wilson

87 routes between 2 and 28km throughout the island, including the White Mountains, Mt Ida (the Psiloritis range) and the Lassithi range, and coverage of the E4 Trail.

9781852847999 Aug 2015
400pp 172x116mm £16.95

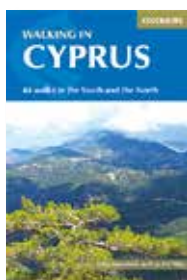


Walking and Trekking on Corfu

Gillian Price

22 day walks and the 150km Corfu Trail from Kavos north to Agios Spyridonas, described in 10 stages. Enjoy olive groves, coastal paths, beaches, lush hillsides and picturesque villages.

9781852847951 May 2022
192pp 172x116mm £14.95

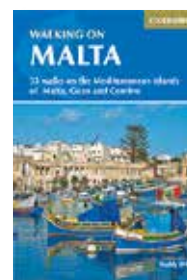


Walking in Cyprus

Jacint Mig, Nike Werstroh

44 graded routes of 3 to 20km covering both the south and north of the island. Taking in pine-clad slopes, olive groves, rugged coastline and dramatic gorges, and historical sites of interest.

9781852848378 Oct 2017
232pp 172x116mm £16.95



Walking on Malta

Paddy Dillon

33 walks on Malta and the islands of Gozo and Comino. Walks from 3 to 17km include heritage trails, coast walks and the 30km 'Victoria Lines' route. Year-round walking.

9781852848224 Sep 2019
240pp 172x116mm £14.95



Slovenia, Croatia, Serbia, Montenegro, Albania and Kosovo



Trekking Slovenia's Juliana Trail *Rudolf Abraham*

Guidebook to walking Slovenia's Juliana Trail. A 330km trek through Slovenia's Julian Alps and Triglav National Park in 20 stages.

9781786310880 Aug 2023
160pp 172x116mm £18.95



The Slovene Mountain Trail *Roy Clark, Justi Carey*

550km across Slovenia from Maribor near the Austrian border to Ankaran on the Adriatic coast, described as a series of 3 to 6-day treks through the Karavanke and Kamnik-Savinja mountains and Julian Alps.

9781786310200 Feb 2023
256pp 172x116mm £16.95



The Julian Alps of Slovenia *Roy Clark, Justi Carey*

A guide to 58 walks in attractive limestone mountain scenery, from 5 bases – Kranjska Gora, Bovec, Kobarid, Bled and Bohinj. Valley strolls to high mountain routes, including Triglav, requiring via ferrata equipment.

9781852847098 Sep 2022
352pp 172x116mm £17.95



Mountain Biking in Slovenia *Rob Houghton*

35 full-day and half-day mountain biking routes in Slovenia. The graded routes range from 12 to 59km, taking in Gorenjska, Soca Valley, the South, as well as Central and North East Slovenia.

9781852848088 Mar 2017
208pp 172x116mm £16.95



Walking in Slovenia: The Karavanke *Roy Clark, Justi Carey*

23 routes set across the mountainous border between Slovenia and Austria, with most approaches from the relatively gentle Slovenian side. Beautiful, untouched Alpine walking.

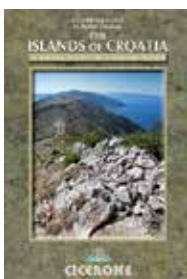
9781852846428 May 2013
192pp 172x116mm £15.95



Walks and Treks in Croatia *Rudolf Abraham*

Day walks and treks in all Croatia's main hiking areas and national parks on the mainland, including the national parks of Northern Velebit, Paklenica, Risnjak, UNESCO-listed Plitvice Lakes and more.

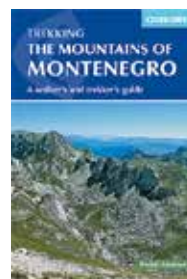
9781852847692 Jun 2019
288pp 172x116mm £16.95



The Islands of Croatia *Rudolf Abraham*

30 day walks on 14 islands of the Croatian Adriatic, ranging from short, easy coastal strolls to more challenging, full-day outings, with spectacular views.

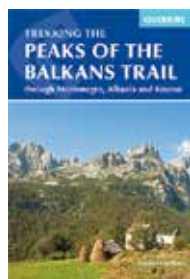
9781852847036 Jun 2014
240pp 172x116mm £16.95



The Mountains of Montenegro *Rudolf Abraham*

A guide to walking and trekking in the Dinaric Alps. 17 circular and linear routes, from easy hour-long outings to challenging 5-day treks involving exposure and scrambling.

9781852847319 Mar 2019
256pp 172x116mm £16.95



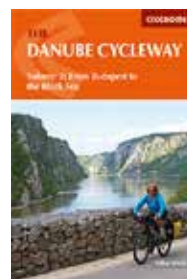
The Peaks of the Balkans Trail *Rudolf Abraham*

A 192km waymarked trek through Montenegro, Albania and Kosovo. Takes 2 weeks and covers terrain between 670m and 2300m in altitude, crossing remote valleys and mountain passes.

9781852847708 Sep 2019
160pp 172x116mm £16.95



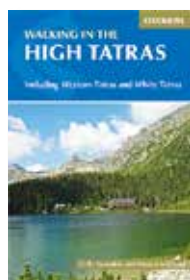
Eastern Europe



The Danube Cycleway Vol 2 *Mike Wells*

Explores the route from Budapest to the Black Sea. Starts in Hungary and continues into Serbia and Bulgaria before ending at Constanta in Romania. Part of EuroVelo 6 (EV6).

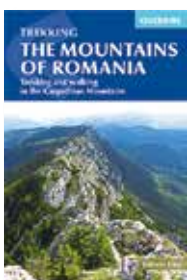
9781852847234 Feb 2016
288pp 172x116mm £16.95



The High Tatras *Colin Saunders, Renáta Nárožná*

Walks and scrambles in the High Tatras on the Poland-Slovakia border, and neighbouring White and Western Tatras ranges, most using a network of waymarked routes.

9781852848873 Mar 2017
336pp 172x116mm £17.95



The Mountains of Romania *Janneke Klop*

Walks and multi-day treks in the Carpathian mountains of Romania. Includes routes in the Maramures and Bucovina regions, Piatra Craiului ridge, and the Retezat and Fagaras mountains.

9781852849481 Feb 2020
416pp 172x116mm £18.95

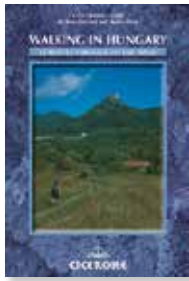


Walking in Bulgaria's National Parks *Julian Perry*

A guide to 12 superb 2 to 3-day walks for experienced mountain walkers in the Pirin, Rila and Central Balkan National Parks. Includes a full-day ascent of Mount Vihren.

9781852845742 May 2023
256pp 172x116mm £15.00





Walking in Hungary
Beáta Dósa, Tom Chrystal
A guide to exploring Hungary's limestone landscape in 32 walks. Includes information on accommodation, sights of cultural interest, vocabulary and public transport.

9781852843526 Jul 2003
256pp 172x116mm £14.00

Scandinavia, Iceland and Greenland



Walking and Trekking in Iceland
Paddy Dillon
A range of walks and treks (a total of 100 days) right across the country, taking in amazing volcanic and glacial landscapes, coastal, off-island and inland, with lots of tips for budget travellers.

9781852848057 May 2019
352pp 172x116mm £17.95



Hiking in Norway – South
Ute Koninx
10 short treks in southern Norway. The hut-to-hut routes, of 3 to 8 days, cover Jotunheimen, Rondane, Dovrefjell, Trollheimen and Ryfylke, and an ascent of Galdhopiggen, Norway's highest peak at 2469m. Suitable for experienced hikers.

9781852849757 Jan 2021
296pp 172x116mm £17.95



Trekking the Kungsleden
Mike Laing
The Kungsleden (King's Trail) is Sweden's 460km premier long-distance trek, mostly within the Arctic Circle across Lapland. Described in 28 stages. Includes an optional ascent of Kebnekaise.

9781852849825 Jan 2023
272pp 172x116mm £17.95

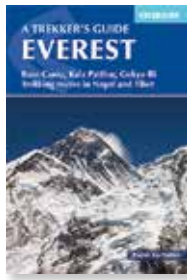


Trekking in Greenland – The Arctic Circle Trail
Paddy Dillon
Comprehensive backpacking guide to the 100 mile trail from Kangerlussuaq to Sisimiut crossing the largest ice-free area of West Greenland, 25–30 miles north of the Arctic Circle. Takes 7 to 10 days to complete.

9781852849672 Jan 2023
136pp 172x116mm £18.95

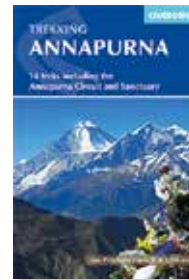


Himalaya



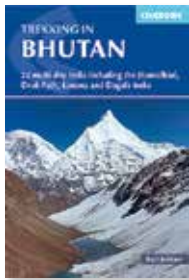
Everest: A Trekker's Guide
Radek Kucharski
Comprehensive trekking guide to Thame Valley, Lukla to Namche, Everest Base Camp from Namche and Gokyo, two routes in Tibet (Rongbuk and Kharta Valley), and the Three Passes trek (Dingboche to Namche via Kongma La, Cho La, Renjo La).

9781786311627 Aug 2023
320pp 172x116mm £22.95



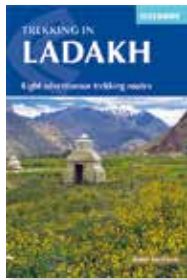
Annapurna
Bob Gibbons, Siân Pritchard-Jones
14 treks of various lengths throughout the Annapurna Conservation Area, including the Annapurna Circuit and Sanctuary. Packed with extensive planning information.

9781852848262 Jul 2022
328pp 172x116mm £18.95



Trekking in Bhutan
Bart Jordans
22 multi-day treks including the Jhomolhari, Druk Path and Dagala treks. The trails are mostly in western and central Bhutan, vary from 2 to 23 days and range from easy to strenuous.

9781852849191 Mar 2018
320pp 172x116mm £19.95



Trekking in Ladakh
Radek Kucharski
Eight treks in multiple stages, in a remote and high-altitude landscape of Ladakh, Zaskar and the Markha Valley, where trekking is extremely challenging. Ideal for adventurous trekkers.

9781852848309 Oct 2015
384pp 172x116mm £22.95

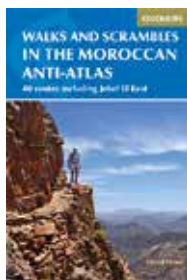


Trekking in the Himalaya
Kev Reynolds
Inspirational guide outlining 20 treks in the Himalaya, including Bhutan, India, Nepal, Tibet and Pakistan. Classic routes such as Everest Base Camp and Annapurna covered.

9781852846053 Sep 2013
256pp 240x170mm £20.00

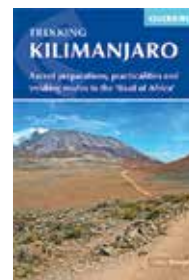


Africa



Walks and Scrambles in the Moroccan Anti-Atlas
David Wood
40 routes from 5 to 25km, including a summary of a 1-week north to south long-distance trail. Covers 6 main areas: Tafraout, Jebel El Kest, Ait Mansour, Ameln Valley, Taskra and Tanalt.

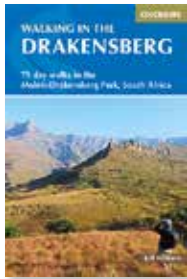
9781852848095 Nov 2018
280pp 172x116mm £17.95



Kilimanjaro
Alex Stewart
All the trekking routes on Kilimanjaro (5895m). 6 ascent routes, 3 summit ascents, the Circuit Path and 2 descent routes, plus information on preparation, access, accommodation and a route on Mt Meru.

9781852847586 Feb 2018
272pp 172x116mm £16.95





Walking in the Drakensberg

Jeff Williams

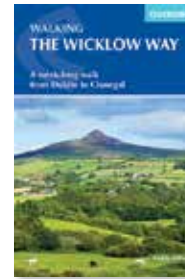
75 day walks of 1 to 26km in South Africa's Maloti-Drakensberg Park, a UNESCO World Heritage Site. Easily accessible from Johannesburg, walks explore the cliffs, gorges, waterfalls and abundant wildlife.

9781852848811 Apr 2017
256pp 172x116mm £17.95



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Ireland



Walking the Wicklow Way

Paddy Dillon

A 146km trail through the scenic Wicklow Mountains from Dublin to Clonegal. The waymarked route is described in 7 stages, through rolling countryside, forest trails and wild mountain landscapes, as well as the historic site of Glendalough.

9781786310507 May 2021
112pp 172x116mm £12.95



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The Wild Atlantic Way and Western Ireland

Tom Cooper

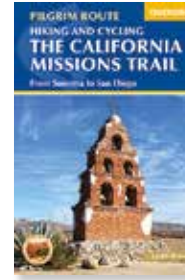
Six cycling tours of 7 to 10 days, based on the Wild Atlantic Way, that can be combined to create a 44-stage, 2400km tour of Ireland's west coast from Derry/Londonderry to Cork.

9781852849092 Nov 2021
256pp 172x116mm £14.95



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North America



Hiking and Cycling the California Missions Trail

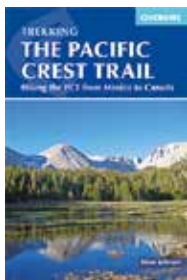
The Reverend Sandy Brown

An 800 mile (1289km) pilgrimage trail between San Francisco Bay and San Diego takes in 21 historic Spanish missions and can be completed in 50-60 walking days or 2-3 weeks cycling.

9781786311139 Jan 2023
320pp 172x116mm £18.95



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The Pacific Crest Trail

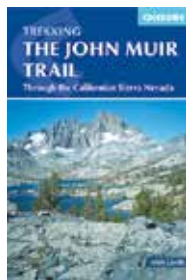
Brian Johnson

2650 mile trek from the Mexican border to British Columbia, passing through California, Oregon and Washington State, taking in the Mojave desert, High Sierras and Cascades.

9781852849207 Sep 2022
352pp 172x116mm £16.95



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The John Muir Trail

Alan Castle

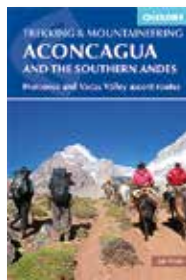
21 daily stages covering 216 miles, from the Yosemite Valley through 3 national parks of the Californian Sierra Nevada. Includes information on preparation, permits, wilderness skills etc.

9781852847906 Nov 2018
224pp 172x116mm £16.95



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South America



Aconcagua and the Southern Andes

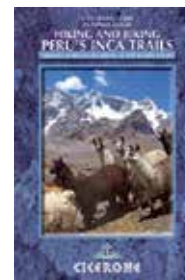
Jim Ryan

Describes the Normal route (taking 12 days) or the Vacas Valley route (14 days). Difficult mountain terrain up to 6962m, for experienced mountaineers. With treks in the Vallecitos and Tupungato ranges.

9781852849740 Feb 2018
184pp 172x116mm £16.95



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Hiking and Biking Peru's Inca Trails

William Janecek

A range of half, full and multi-day walking and mountain bike routes, including 7 different routes with access to Machu Picchu via little-frequented Inca roads and trails.

9781852846312 Jul 2013
288pp 172x116mm £16.95



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Japan and Asia



Hiking in Hong Kong

Andrew Mok, Simon Whitmarsh

Guide to 4 multi-day trails and 25 day walks (from easy to challenging) on the fascinatingly diverse Hong Kong archipelago. With notes on local plants, wildlife and geology and public transport information.

9781786310514 Jan 2023
264pp 172x116mm £17.95



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Hiking and Trekking in the Japan Alps and Mount Fuji

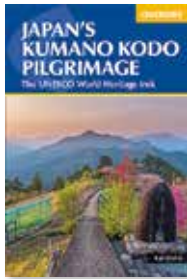
Wes Lang, Tom Fay

27 routes in the North, Central and South Alps, and Mt Fuji area. Short easy walks to long, tough treks and scrambles. Covers popular areas of Hakuba, Tateyama, Kamikochi, Kawaguchiko.

9781852849474 Aug 2021
400pp 172x116mm £22.95



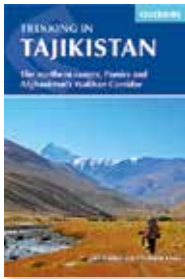
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Japan's Kumano Kodo Pilgrimage

Kat Davis
Japan's Kumano Kodo is a network of ancient pilgrimage trails on the Kii Peninsula, south of Osaka. Covering the Nakahechi, Kohechi and Iseji trails, as well as Koyasan and the Choishimichi route.

9781852849726 Jul 2020
240pp 172x116mm £17.95



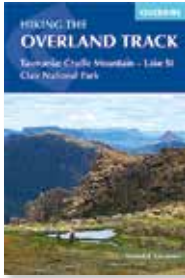
Trekking in Tajikistan

Christine Oriol, Jan Bakker
21 treks exploring 7 different mountain areas, including the Northern Ranges, Pamir Mountains and Afghanistan's Wakhan Corridor. Includes a few day hikes. With advice on equipment, permits, visas and travel.

9781852849467 Nov 2018
400pp 172x116mm £22.95



New Zealand and Australia



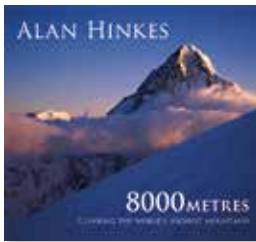
Hiking the Overland Track

Warwick Sprawson
Described over 7 stages, the 80km trail from Cradle Valley to Lake St Clair in Tasmania takes in glacier-carved valleys, vast buttongrass moorlands, mossy rainforests, rugged peaks, thundering waterfalls, alpine meadows and peaceful lakes. Includes side trips.

9781786310132 Feb 2020
208pp 172x116mm £17.95



Mountain Literature



8000 metres

Alan Hinkes
Alongside stunning photography, renowned mountaineer Alan Hinkes relates his awe-inspiring experiences of climbing all 14 of the world's highest mountains.

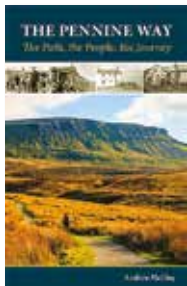
9781852845483 Jul 2022
192pp 265x290mm £25.00



Fifty Years of Adventure

Kev Reynolds
Fifty Years of Adventure is a compilation of tales by Cicerone authors. A story to celebrate each year Cicerone has been publishing outdoor activity guidebooks.

9781786310309 Nov 2018
160pp 240x220mm £25.00



The Pennine Way – the Path, the People, the Journey

Andrew McCloy
A personal, thoughtful and often humorous story. Well-researched history, delightful people – from rambles to resourceful B&B landladies, and the author's own experiences.

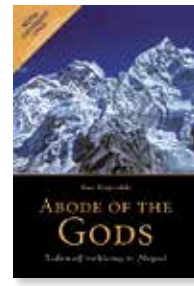
9781852849245 Sep 2016
240pp 216x138mm £12.95



A Walk in the Clouds

Kev Reynolds
75 stories sharing Kev Reynolds' most treasured moments in 50 years among the mountain tops of the Pyrenees, Alps, Himalaya, Atlas Mountains and elsewhere.

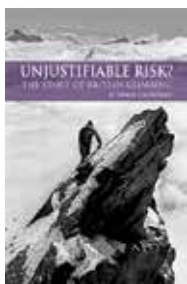
9781852847265 Aug 2013
224pp 216x138mm £12.95



Abode of the Gods

Kev Reynolds
Covering Kangchenjunga, Annapurna, Everest, Langtang, Mansalu, Daplo, the Far West and the Mugu region, Kev Reynolds tells in lyrical tones of his first explorations, spread over 25 years.

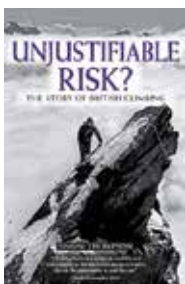
9781852847715 Sep 2015
288pp 234x156mm £19.95



Unjustifiable Risk?

Simon Thompson
The story of British climbing over 200 years, exploring the social, economic and cultural aspects, and the achievements and motives of those who have shaped its development.

9781852846275 Jul 2010
400pp 234x156mm £20.00



Unjustifiable Risk?

Simon Thompson
The story of British climbing over 200 years, exploring its social, economic and cultural aspects, and the achievements and motives of those who have shaped its development.

9781852846794 Feb 2012
400pp 198x129mm £9.99



Techniques



Fastpacking *Lily Dyu*

An introduction to the fastpacking concept through inspiring stories, tales from endurance legends such as Jez Bragg, 12 route ideas from both adventures to 'hut-hopping' trips, plus practical tips and tricks.

9781852849573 Jan 2023
192pp 172x116mm £16.95



Geocaching in the UK *Terry Marsh*

A UK-oriented guide to geocaching, an accessible, fun, family-friendly and popular outdoor activity. Information on gear and how to identify, find and create your own geocaches.

9781852847395 Sep 2014
144pp 216x138mm £12.95



Map and Compass *Pete Hawkins*

This comprehensive guide to navigation provides you with the confidence to get away from crowds, invent your own routes and discover new areas. For veterans and newcomers alike.

9781852845988 Nov 2019
176pp 216x138mm £14.95



Outdoor Photography *Chiz Dakin, Jon Sparks*

Thorough introduction to the basics, focusing on capturing outdoor activities on dry land and in the water, and making the most of digital images when you get them home.

9781852846466 Aug 2011
256pp 216x138mm £14.95



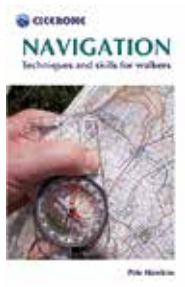
The Mountain Hut Book *Kev Reynolds*

An informative and entertaining introduction to mountain huts and refuges, exploring their history, and explaining modern-day hut etiquette. With profiles of the author's favourite huts, and sample hut-to-hut routes in the Alps and Pyrenees.

9781852849283 Apr 2018
256pp 210x148mm £14.95



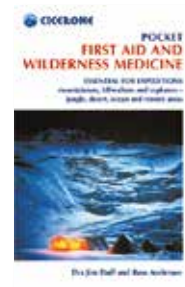
Mini Guides



Navigation *Pete Hawkins*

A pocket handbook to learn map and compass skills for mountain walking. Chapters include map scales, symbols and contours, grid references, map reading, bearings, route planning and night and bad-weather navigation, as well as navigating with a GPS.

9781852848910 Mar 2022
152pp 155x100mm £9.95



Pocket First Aid and Wilderness Medicine *Ross Anderson, Jim Duff*

Written by specialist doctors, this pocket guide provides clearly referenced chapters on how to minimise risks (including the preparation of first-aid kits) and how to cope with accident or illness in remote settings.

9781852849139 Feb 2022
256pp 155x100mm £11.95



Alpine Flowers *Gillian Price*

Small, relevant field guide to 230 of the most commonly found Alpine species. Categorized by colour with notes on curious historical facts and origins of names.

9781852845650 Dec 2019
144pp 155x100mm £11.95



Snow *Robert Bolognesi*

A comprehensive guide to understanding, testing, measuring and assessing snow conditions to help you make better avalanche forecasts.

9781852844745 Nov 2015
64pp 155x100mm £9.99



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