

THERAPIST RESOURCES



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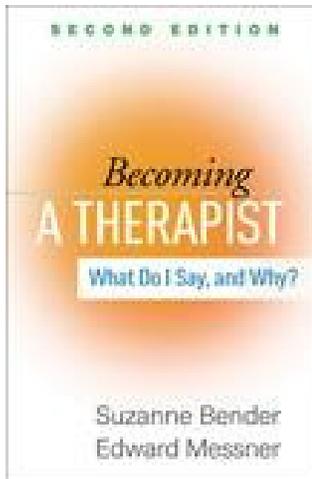
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Becoming a Therapist



Bender Suzanne

Revised and expanded for the digital age, this trusted guidebook and text helps novice psychotherapists of any orientation bridge the gap between coursework and real-world clinical practice. It offers a window into what works and what doesn't work in interactions with patients, the ins, and outs of the therapeutic relationship, and how to manage common clinical dilemmas. Featuring rich case examples, the book speaks directly to the questions, concerns, and insecurities of novice clinicians. Reproducible forms to aid in treatment planning can be downloaded and printed in a convenient 8 1/2" x 11" size.

COMING SOON

GUILFORD PUBLICATIONS

AUD RRP: \$77.99

ISBN13: 9781462549467

Release Date: 01/09/2022

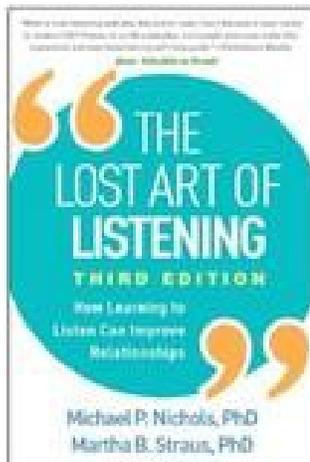
Format: Paperback

Pages: 454

Size: 229 X 152



The Lost Art of Listening 3/e



Michael P. Nichols and Martha B. Straus

One person talks: the other listens. It's so basic that we take it for granted. Unfortunately, most of us think of ourselves as better listeners than we actually are. Why do we so often fail to connect when speaking with family members, romantic partners, colleagues, or friends? How do emotional reactions get in the way of real communication? This thoughtful, witty, and empathic book has already helped over 125,000 readers break through conflicts and transform their personal and professional relationships. Experienced therapist Mike Nichols provides vivid examples, easy-to-learn techniques, and practical exercises for becoming a better listener—and making yourself heard and understood, even in difficult situations.

GUILFORD PUBLICATIONS

AUD RRP: \$35.99

ISBN13: 9781462542741

Release Date: 12/05/2021

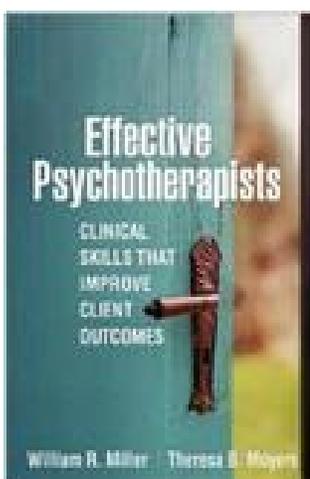
Format: Paperback

Pages: 368

Size: 229 X 152



Effective Psychotherapists



William R. Miller and Theresa B. Moyers

What is it that makes some therapists so much more effective than others, even when they are delivering the same evidence-based treatment? This instructive book identifies specific interpersonal skills and attitudes - often overlooked in clinical training - that facilitate better client outcomes across a broad range of treatment methods and contexts. Reviewing 70 years of psychotherapy research, the preeminent authors show that empathy, acceptance, warmth, focus, and other characteristics of effective therapists are both measurable and teachable. Richly illustrated with annotated sample dialogues, the book gives practitioners and students a blueprint for learning, practicing, and self-monitoring these crucial clinical skills.

GUILFORD PUBLICATIONS

AUD RRP: \$58.99

ISBN13: 9781462546893

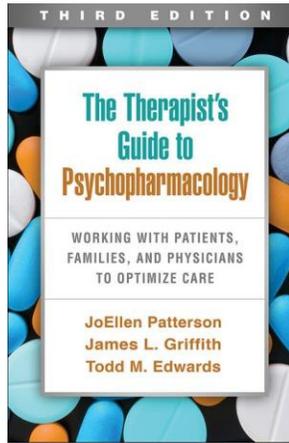
Release Date: 08/03/2021

Format: Paperback

Pages: 214

Size: 228 X 152





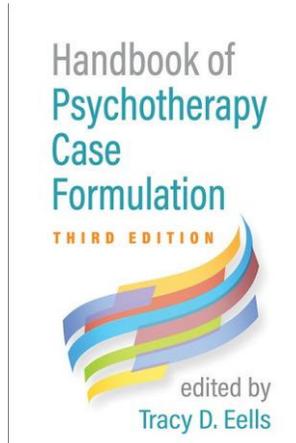
The Therapist's Guide to Psychopharmacology 3/e
 By *Patterson JoEllen*
 GUILFORD PUBLICATIONS



9 781462 1547661

Now in a revised and updated third edition, this noted practitioner guide and text incorporates the latest knowledge about psychopharmacology and collaborative care. Therapists and counsellors learn when and how to make medication referrals and how to address patients' questions about drug benefits, side effects, safety, and more.

AUD RRP: \$66.99 **ISBN-13:** 9781462547661
Release Date: 30/11/2021 **Size:** 229 X 152
Format: Paperback **Pages:** 308



Handbook of Psychotherapy Case Formulation 3/e
 By *Eells Tracy D.*
 GUILFORD PUBLICATIONS

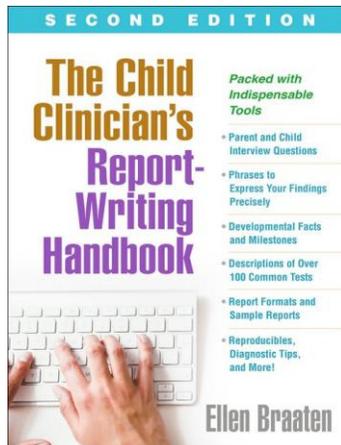


9 781462 1548996

Now in a significantly revised third edition featuring 60% new material, this is the authoritative clinical reference and course text on a crucial psychotherapy skill. Leading practitioners of major psychotherapies describe step by step how to construct sound case formulations and use them to guide individualized treatment.

COMING SOON

AUD RRP: \$90.99 **ISBN-13:** 9781462548996
Release Date: 01/07/2022 **Size:** 234 X 156
Format: Paperback **Pages:** 488



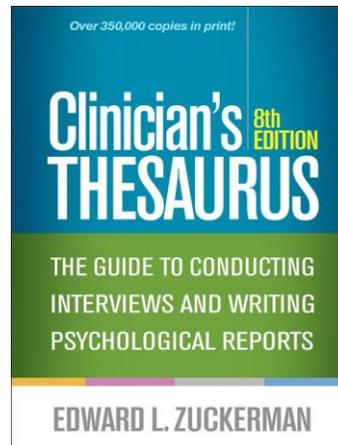
The Child Clinician's Report-Writing Handbook 2/e
 By *Braaten Ellen*
 GUILFORD PUBLICATIONS



9 781462 1540693

Now revised and updated, this indispensable tool streamlines the process of conducting child and adolescent assessments and producing high-quality reports. In a convenient large-size format, the book is filled with interview questions and reproducible forms for collecting pertinent information.

AUD RRP: \$87.99 **ISBN-13:** 9781462540693
Release Date: 22/11/2019 **Size:** 266 X 203
Format: Paperback **Pages:** 384



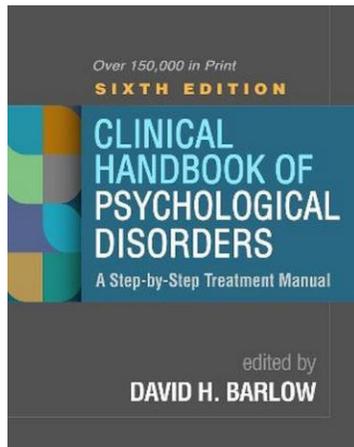
Clinician's Thesaurus 8/e
 By *Zuckerman Edward L.*
 GUILFORD PUBLICATIONS



9 781462 1538805

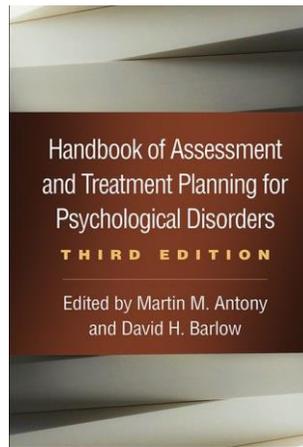
Hundreds of thousands of students and early-career professionals have relied on this authoritative report-writing tool, now updated for DSM-5/ICD-10-CM and newer types of evaluations. In a convenient large-size format with lay-flat binding, the book covers nearly all areas of concern addressed in intakes, evaluations, treatment plans and progress.

AUD RRP: \$108.00 **ISBN-13:** 9781462538805
Release Date: 01/06/2019 **Size:** 266 X 203
Format: Paperback **Pages:** 400



Clinical Handbook of Psychological Disorders 6/e

By Barlow David H.
GUILFORD PUBLICATIONS



Handbook of Assessment & Treatment Planning for Psychological Disorders

By Martin M. Antony and David H. Barlow
GUILFORD PUBLICATIONS

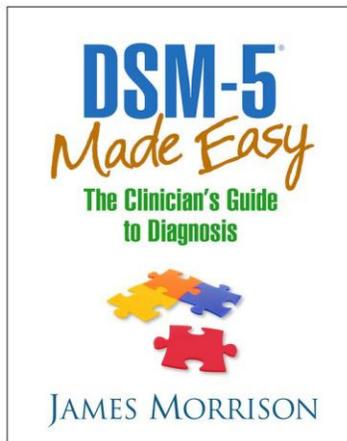


Now in a revised and expanded sixth edition, this is the leading text on evidence-based treatments for frequently encountered mental health problems. David H. Barlow has assembled preeminent experts to present their respective approaches in step-by-step detail, including extended case examples.

This authoritative clinical reference and text--now revised and updated with 50% new content--presents the assessment tools and strategies that every evidence-based psychotherapy practitioner needs. Unlike most assessment texts, the volume is organized around specific clinical problems.

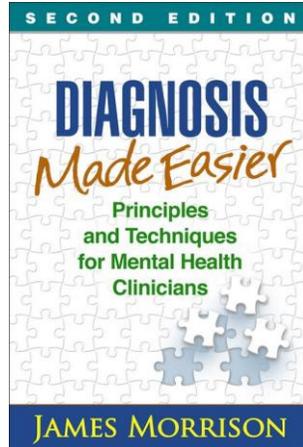
AUD RRP: \$162.00 **ISBN-13:** 9781462547043
Release Date: 19/08/2021 **Size:** 150 X 150
Format: Hardback **Pages:** 822

AUD RRP: \$118.00 **ISBN-13:** 9781462544882
Release Date: 25/03/2021 **Size:** 254 X 178
Format: Paperback **Pages:** 638



DSM-5A (R) Made Easy

By Morrison James
GUILFORD PUBLICATIONS



Diagnosis Made Easier 2/e

By Morrison James
GUILFORD PUBLICATIONS

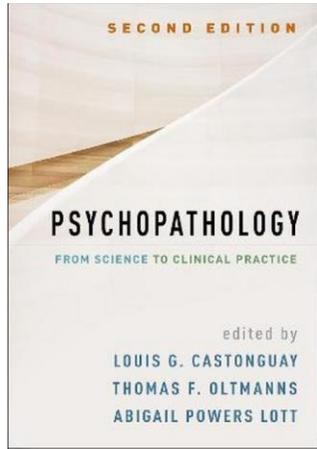


In this indispensable book, master diagnostician James Morrison presents the spectrum of diagnoses in DSM-5 in an accessible, engaging, clinically useful format. Demystifying DSM-5 criteria without sacrificing accuracy, the book includes ICD-10-CM codes for each disorder.

This popular practitioner guide and course text takes the reader step by step through diagnostic decision making in mental health. Acclaimed for both the clarity of his writing and his clinical expertise, James Morrison provides principles and decision trees for evaluating information from multiple sources.

AUD RRP: \$147.00 **ISBN-13:** 9781462514427
Release Date: 14/06/2014 **Size:** 235 X 187
Format: Hardback **Pages:** 652

AUD RRP: \$64.99 **ISBN-13:** 9781462529841
Release Date: 16/02/2017 **Size:** 229 X 152
Format: Paperback **Pages:** 322



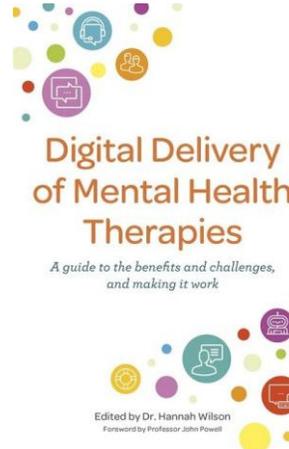
Psychopathology 2/e

By Castonguay Louis G.
GUILFORD PUBLICATIONS



The text of choice for instructors looking for an innovative, empirically based, and practice-oriented perspective on psychopathology is now in a revised and expanded second edition with 50% new material. The volume presents state-of-the-art information on the disorders most frequently seen in clinical practice.

AUD RRP: \$124.00	ISBN-13: 9781462547616
Release Date: 24/10/2021	Size: 254 X 178
Format: Hardback	Pages: 478



Digital Delivery of Mental Health Therapies

By Wilson Hannah
JESSICA KINGSLEY PUBLISHERS



This guide reviews the benefits and challenges of digital mental health care and offers guidance on how to make it work for you and your clients. It looks at aspects relevant to all practitioners, such as therapeutic alliance, risk and safeguarding, and offers guidance on adapting specific therapies, such as CBT, ACT and DBT, for digital delivery.

NEW RELEASE

AUD RRP: \$71.99	ISBN-13: 9781787757240
Release Date: 24/03/2022	Size: 229 X 152
Format: Paperback	Pages: 288
Illustration: B&W Throughout	



Creative Counselling

By Sharpe Tanja
JESSICA KINGSLEY PUBLISHERS



A practical guide showing therapists how to incorporate creative interventions into counselling to help clients through art, sound, movement, symbols, and poetry. It includes activities and example scripts to incorporate creativity into every step of the therapeutic journey.

COMING SOON

AUD RRP: \$52.99	ISBN-13: 9781839970184
Release Date: 01/06/2022	Size: 229 X 152
Format: Paperback	Pages: 224
Illustration: B&W Throughout	



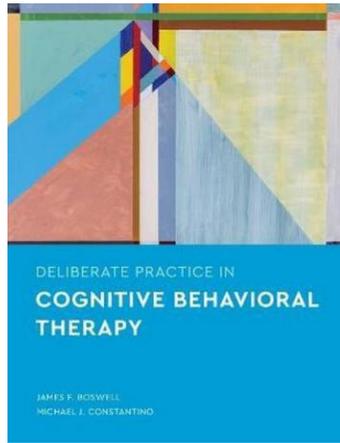
The First Interview 4/e

By Morrison James
GUILFORD PUBLICATIONS



This trusted practitioner resource and course text is grounded in James Morrison's experience with more than 15,000 mental health patients. Morrison provides a complete framework for interviewing adult patients about their current symptoms, personal and family history, mental status, behavioural risks, and other relevant issues.

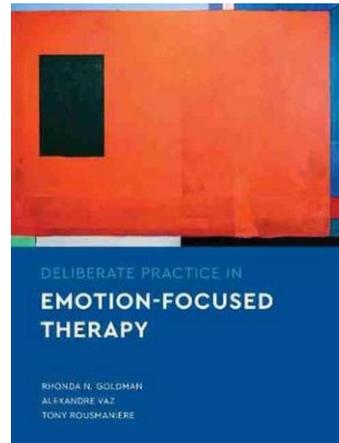
AUD RRP: \$66.99	ISBN-13: 9781462529834
Release Date: 10/02/2017	Size: 229 X 152
Format: Paperback	Pages: 369



Deliberate Practice in Cognitive Behavioral Therapy

By Boswell James F.

AMERICAN PSYCHOLOGICAL ASSOCIATION



Deliberate Practice in Emotion-Focused Therapy

By Goldman Rhonda N.

AMERICAN PSYCHOLOGICAL ASSOCIATION



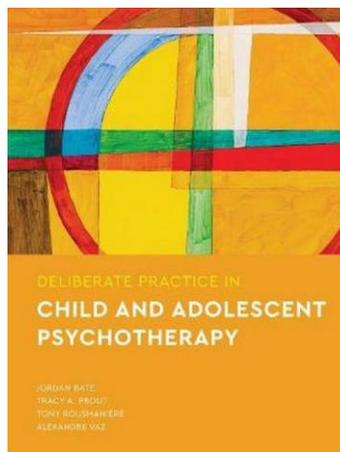
This book presents deliberate practice exercises in which students and trainees rehearse fundamental cognitive-behavioral therapy (CBT) skills until they become natural and automatic. Instructions guide readers through role-plays in which two participants play a client and a therapist, switching back and forth under a supervisor's guidance.

Presents deliberate practice exercises to help students, trainees, and clinicians address common challenges that arise in emotion-focused therapy. Deliberate practice is a rigorous training method that involves repeated behavioural rehearsal and stimulation-based learning therapy techniques.

NEW RELEASE

AUD RRP: \$84.99 **ISBN-13:** 9781433835551
Release Date: 15/02/2022 **Size:** 279 X 216
Format: Paperback **Pages:** 224

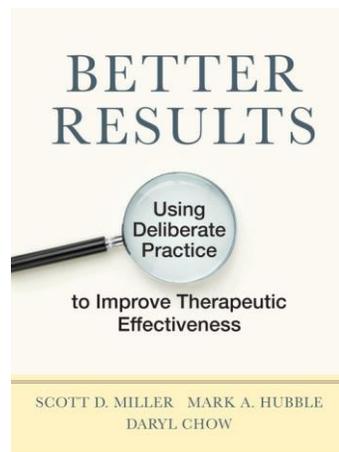
AUD RRP: \$86.99 **ISBN-13:** 9781433832857
Release Date: 25/08/2021 **Size:** 229 X 152
Format: Paperback **Pages:** 123



Deliberate Practice in Child and Adolescent Psychotherapy

By Bate Jordan

AMERICAN PSYCHOLOGICAL ASSOCIATION



Better Results

By Miller Scott D.

AMERICAN PSYCHOLOGICAL ASSOCIATION



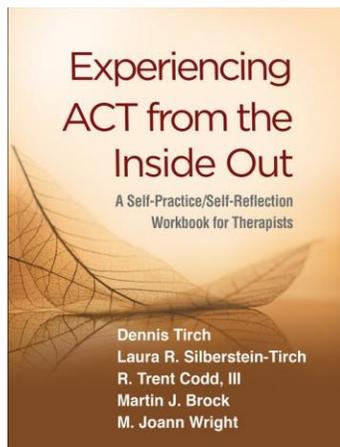
This book presents deliberate practice exercises in which students and trainees rehearse fundamental skills in child and adolescent psychotherapy until they become natural and automatic.

Deliberate practice is a systematic approach for improving psychotherapy outcomes one clinician at a time. This step-by-step guide to deliberate practice demonstrates how to collect and use client outcome data to create an individualized professional development plan to improve the quality of your service.

COMING SOON

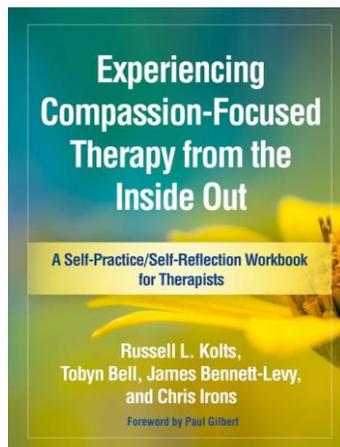
AUD RRP: \$90.99 **ISBN-13:** 9781433837487
Release Date: 12/09/2022 **Size:** 279 X 216
Format: Paperback **Pages:** 204

AUD RRP: \$109.00 **ISBN-13:** 9781433831904
Release Date: 28/09/2020 **Size:** 254 X 178
Format: Paperback **Pages:** 209



Experiencing ACT from the Inside Out

By Dennis Tirch and Laura R. Silberstein-Ti
GUILFORD PUBLICATIONS



Experiencing Compassion-Focused Therapy from the Inside Out

By Russell L. Kolts and Tobyn Bell
GUILFORD PUBLICATIONS



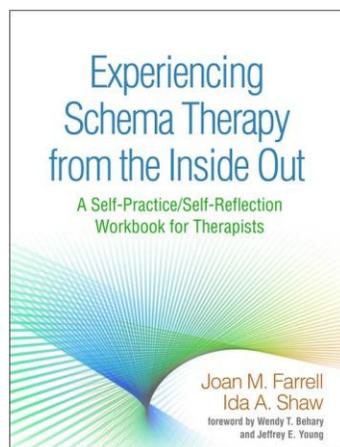
From leading acceptance and commitment therapy (ACT) practitioners, this experiential training workbook invites therapists to broaden and strengthen their ACT skills through deep engagement with ACT theory and techniques. Everyone from beginning therapists to seasoned ACT practitioners can enhance their work through self-practice/self-reflection.

For therapists wishing to build their skills in compassion-focused therapy (CFT), this powerful workbook presents a unique evidence-based training approach. Self-practice/self-reflection (SP/SR) enables therapists to apply CFT techniques to themselves and reflect on the experience as they work through 34 brief, carefully crafted modules.

AUS AUTHOR

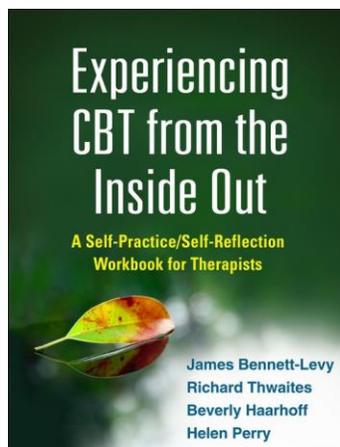
AUD RRP: \$68.99 **ISBN-13:** 9781462540648
Release Date: 26/10/2019 **Size:** 266 X 203
Format: Paperback **Pages:** 256

AUD RRP: \$68.99 **ISBN-13:** 9781462535255
Release Date: 22/08/2018 **Size:** 266 X 203
Format: Paperback **Pages:** 332



Experiencing Schema Therapy from the Inside Out

By Joan M. Farrell and Ida A. Shaw
GUILFORD PUBLICATIONS



Experiencing CBT from the Inside Out

By James Bennett-Levy and Richard Thwaites
GUILFORD PUBLICATIONS



This unique resource helps therapists build their skills in schema therapy (ST) by applying ST techniques to themselves and reflecting on the experience. Designed for use by individuals or groups, the book harnesses the power of self-practice/self-reflection (SP/SR), an evidence-based training strategy.

Engaging and authoritative, this unique workbook enables therapists and students to build technical savvy in contemporary CBT interventions while deepening their self-awareness and therapeutic relationship skills. Self-practice/self-reflection (SP/SR), an evidence-based training strategy, is presented in 12 carefully sequenced modules.

AUS AUTHOR

NZ AUTHOR

AUD RRP: \$68.99 **ISBN-13:** 9781462533282
Release Date: 16/02/2018 **Size:** 266 X 203
Format: Paperback **Pages:** 318

AUD RRP: \$70.99 **ISBN-13:** 9781462518890
Release Date: 24/04/2015 **Size:** 266 X 203
Format: Paperback **Pages:** 278



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