

STUDENT SUPPORT & CURRICULUM RESOURCES CATALOGUE



**Summer 2023-2024
Edition**



Woodslane

*PROUDLY DISTRIBUTING BOOKS IN AUSTRALIA AND NEW ZEALAND
ON BEHALF OF LOCAL AND INTERNATIONAL PUBLISHER FOR OVER
30 YEARS.*



Australian
GEOGRAPHIC



Jessica Kingsley
Publishers

ROWMAN &
LITTLEFIELD



Child's Play®



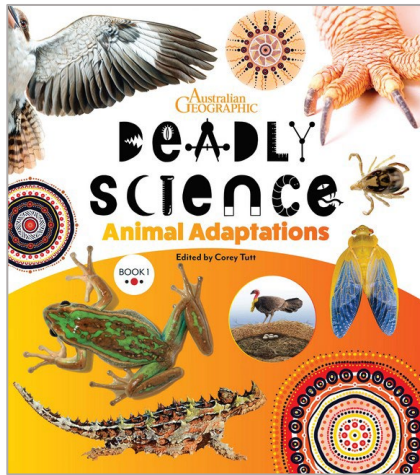
1517 Media



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Deadly Science - Animal Adaptations - Book 1

By Australian Geographic, Corey Tutt

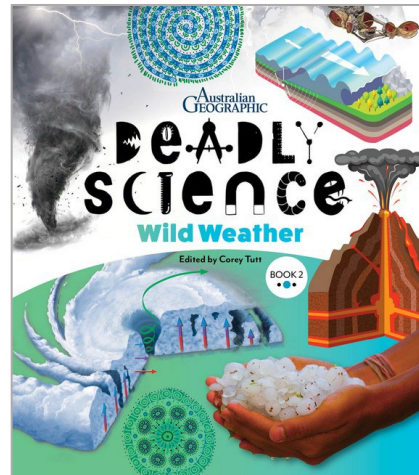


In this book, students investigate the different types of adaptations that animals might have to help them survive and thrive in their environment, and then explore a range of key Australian habitats, from deserts to rainforests.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE AUSTRALIAN
260 X 230 mm
Release Date: July 2021
9781922388155

Hardback
32 pages
COLOUR THROUGHOUT
AUD\$: 24.99



Deadly Science - Wild Weather - Book 2

By Australian Geographic, Corey Tutt

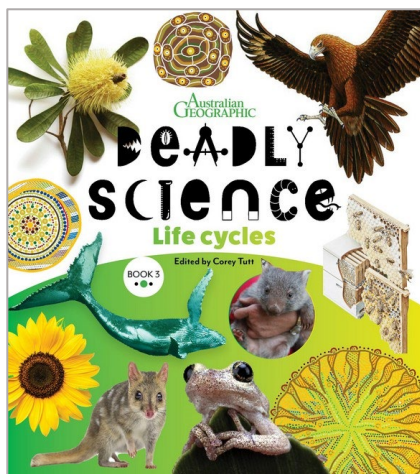


Extreme weather events, from bushfires to floods, and sudden geological changes, like earthquakes and tsunamis, have an enormous impact on our planet. In this book, students investigate different examples of extreme weather.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE AUSTRALIAN
260 X 230 mm
Release Date: July 2021
9781922388162

Hardback
32 pages
COLOUR THROUGHOUT
AUD\$: 24.99



Deadly Science - Life Cycles - Book 3

By Australian Geographic, Corey Tutt

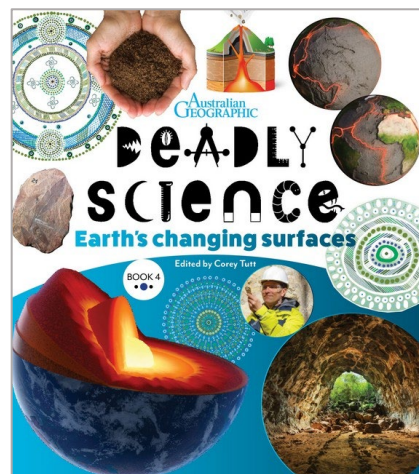


Eight-part series covering engaging science topics, including extreme weather events and their impact on the world. Developed in partnership with 2020 NSW Young Australian of the Year, Corey Tutt, and Deadly Science.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE AUSTRALIAN
260 X 230 mm
Release Date: February 2022
9781925847819

Hardback
32 pages
COLOUR THROUGHOUT
AUD\$: 24.99



Deadly Science - Earth's Changing Surfaces - Book 4

By Australian Geographic, Corey Tutt

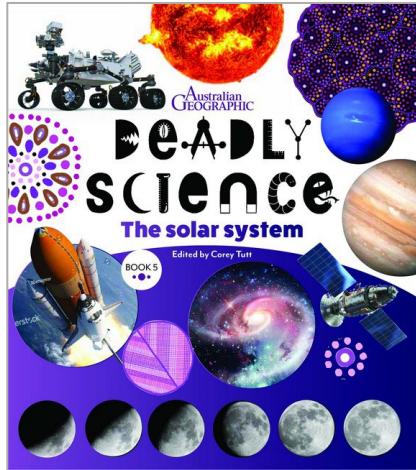


Geological forces throughout history have continually re-designed earth's natural landscape as our planet evolves and undergo changes. Today the constant effects of shifting tectonic plates, eruptions, erosion, desertification, and climate.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE AUSTRALIAN
260 X 230 mm
Release Date: February 2022
9781922388636

Hardback
32 pages
COLOUR THROUGHOUT
AUD\$: 24.99



Deadly Science - The Solar System - Book 5

By Australian
Geographic, Corey
Tutt

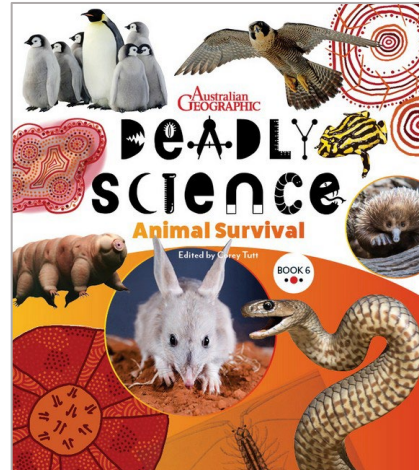


From planets made of gas, to stars made of fire, our vast Solar System is filled with mysteries still to be explored and solved. Did you know that the world's first astronomers were Indigenous Australians over 35,000 years ago?

AUSTRALIAN GEOGRAPHIC

Disc: TRADE AUSTRALIAN
260 X 230 mm
Release Date: February 2022
9781922388643

Hardback
32 pages
COLOUR THROUGHOUT
AUD\$: 24.99



Deadly Science - Animal Survival - Book 6

By Australian
Geographic, Corey
Tutt

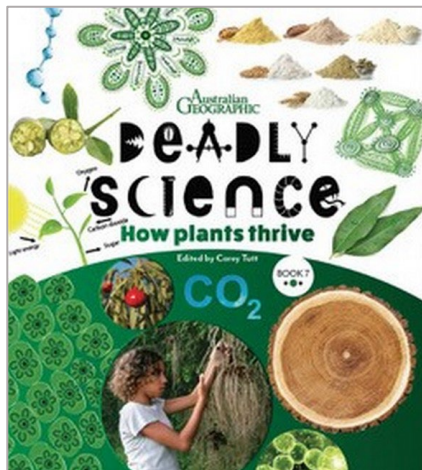


Every living thing on our planet experiences a life cycle. From fertilisation, to birth, through life and death, plants and animals undergo key stages of development.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE AUSTRALIAN
260 X 230 mm
Release Date: June 2022
9781922388650

Hardback
32 pages
COLOUR THROUGHOUT
AUD\$: 24.99



Deadly Science - How Plants Thrive - Book 7

By Australian
Geographic, Corey
Tutt

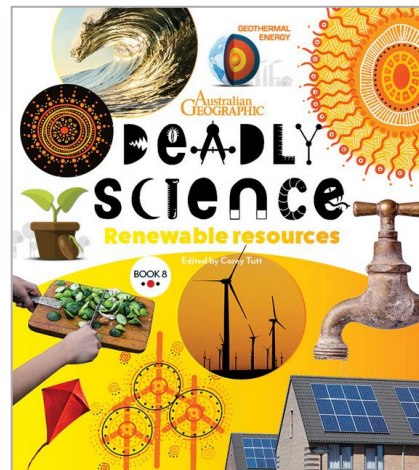


Inside of this book, you will find the tools, both modern and indigenous, to understand and navigate the difficulties ahead as we learn to live with Earth's internal and powerful forces.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE AUSTRALIAN
260 X 230 mm
Release Date: June 2022
9781922388667

Hardback
32 pages
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AUD\$: 24.99



Deadly Science - Renewable Resources - Book 8

By Australian
Geographic, Corey
Tutt

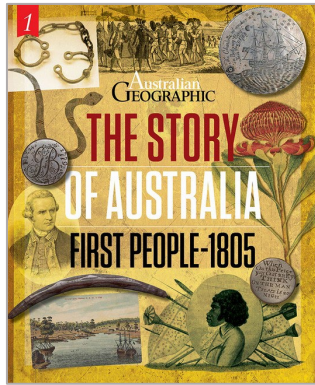


Did you know that the world's first astronomers were Indigenous Australians over 35,000 years ago? These Australians were the first humans to closely observe and note the movement of the planet and stars in space.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE AUSTRALIAN
260 X 230 mm
Release Date: June 2022
9781922388674

Hardback
32 pages
COLOUR THROUGHOUT
AUD\$: 24.99



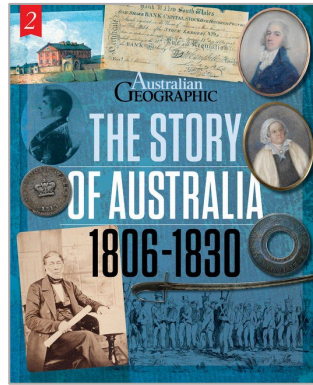
The Story of Australia: First People-1805

By Australian Geographic

Come with Australian Geographic on a story through time as we explore the early history of our nation, including the First Peoples of Australia.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE Hardback
AUSTRALIAN
275 X 225 mm 32 pages
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9781925847833 AUD\$: 24.99



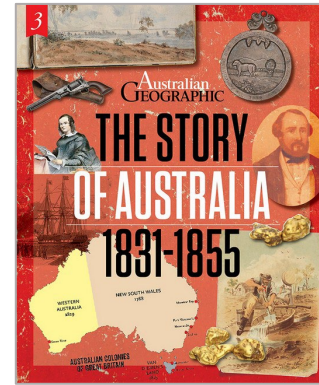
The Story of Australia: 1806-1830

By Australian Geographic

Learn about the Rum Rebellion, follow the rise and fall of the Macquarie era in Australia's early colonial history and discover the wider European exploration.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE Hardback
AUSTRALIAN
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9781925847840 AUD\$: 24.99



The Story of Australia: 1831-1855

By Australian Geographic

The mid-1800s were a time of great development and change in Australia. Come with Australian Geographic as we take you through the feats and milestones.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE Hardback
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9781925847857 AUD\$: 24.99



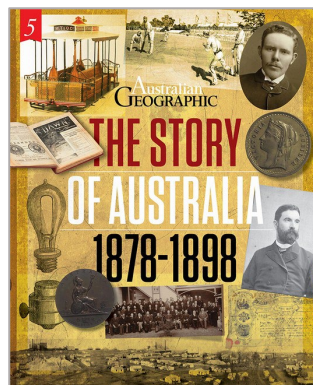
The Story of Australia: 1856-1877

By Australian Geographic

Come with Australian Geographic on a story through time as we examine the developments in transportation and settlement across the nation.

AUSTRALIAN GEOGRAPHIC

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AUSTRALIAN
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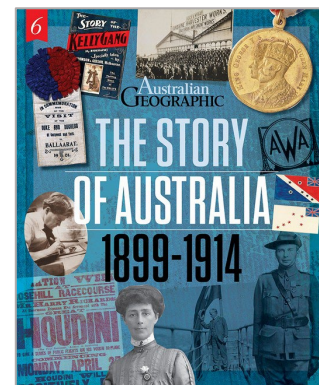
The Story of Australia: 1878-1898

By Australian Geographic

The fifth volume of The Story of Australia series examines the events that took place in the lead up to the federation in Australia.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE Hardback
AUSTRALIAN
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9781925847925 AUD\$: 24.99



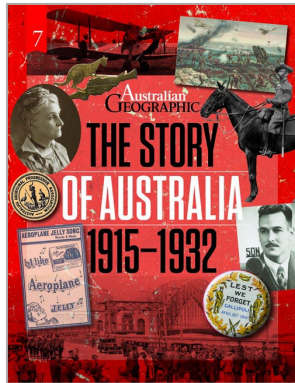
The Story of Australia: 1899-1914

By Australian Geographic

Federation in Australia brought forth a new government and the establishment of a nation. Capturing key movements such as the White Australia Policy.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE Hardback
AUSTRALIAN
275 X 225 mm 32 pages
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9781925847932 AUD\$: 24.99



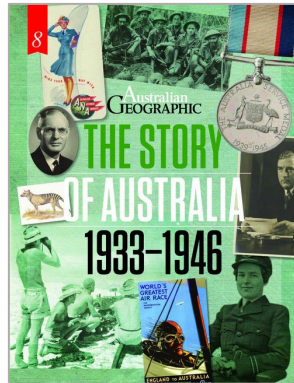
The Story of Australia: 1915-1932

By Australian Geographic

A new Australian history curriculum-linked, multi-volume set telling the story of Australia in chronological sequence from pre-colonial times to present.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE Hardback
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275 X 225 mm 32 pages
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THROUGHOUT
9781922388179 AUD\$: 24.99



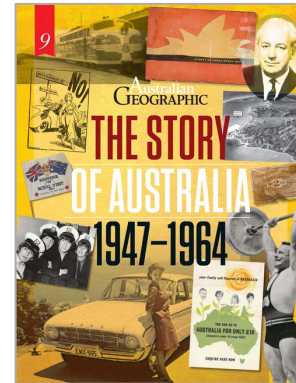
The Story of Australia: 1933-1946

By Australian Geographic

This book details the historic shifts of Australian society through 1933 to 1946.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE Hardback
AUSTRALIAN
275 X 225 mm 32 pages
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9781922388186 AUD\$: 24.99



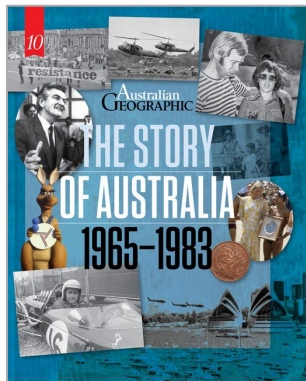
The Story of Australia: 1947-1964

By Australian Geographic

A new Australian history curriculum-linked, multi-volume set telling the story of Australia in order, from 1947 until 1964.

AUSTRALIAN GEOGRAPHIC

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9781922388193 AUD\$: 24.99



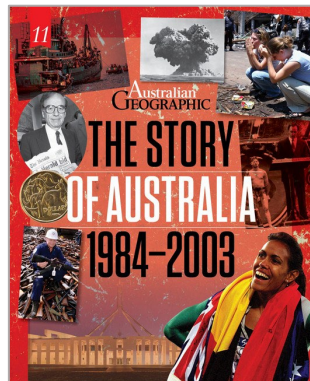
The Story of Australia: 1965-1983

By Australian Geographic

An Australian history curriculum-linked, multi-volume set telling the story of Australia in chronological order from 1965 until 1983.

AUSTRALIAN GEOGRAPHIC

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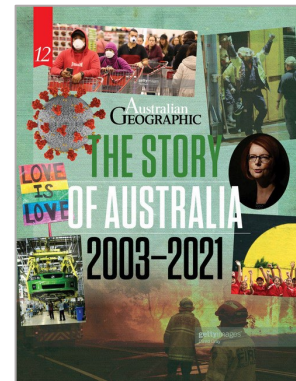
The Story of Australia: 1984-2003

By Australian Geographic

An Australian history curriculum-linked, multi-volume set telling the story of Australia in order from 1984 until 2003.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE Hardback
AUSTRALIAN
275 X 225 mm 32 pages
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9781922388216 AUD\$: 24.99



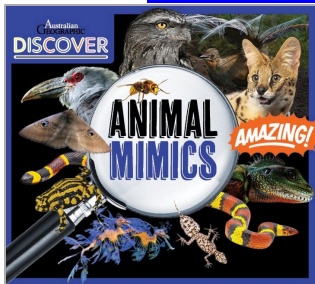
The Story of Australia: 2003-2021

By Australian Geographic

An Australian history curriculum-linked, multi-volume set telling the story of Australia in chronological order from 2003 until 2021.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE Hardback
AUSTRALIAN
275 X 225 mm 32 pages
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NEW

Australian Geographic Discover: Animal Mimics

By Dr. Timothy Jackson, Australian Geographic

From the vocal 'copycat' antics of lyrebirds to ant-mimicking spiders, find out all about Australia's trickiest creatures and cleverest 'actors' in this engaging junior non-fiction title.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE AUSTRALIAN

Paperback

240 X 215 mm

32 Pages

COLOUR THROUGHOUT

Rel Date: October 2023

9781922388926

AUD\$: 14.99



NEW

Australian Geographic Discover: Glowing Animals

By Dr. Timothy Jackson, Australian Geographic

Find out how the natural world gets a 'glow up' with this fascinating foray into the world of bioluminescence, phosphorescence, and fluorescence. Let Australian Geographic lead you into glow worm caves and even down to the ocean depths to explore animals that glow in the dark.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE AUSTRALIAN

Paperback

240 X 215 mm

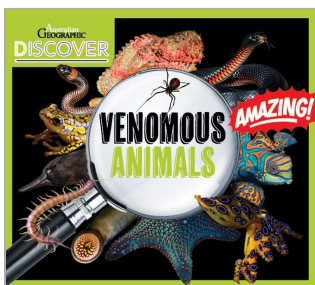
32 Pages

COLOUR THROUGHOUT

Rel Date: October 2023

9781922388933

AUD\$: 14.99



NEW

Australian Geographic Discover: Venomous Animals

By Dr. Timothy Jackson, Australian Geographic

Australia has more venomous creatures than any other continent in the world, but that doesn't mean you have to be alarmed - especially when you're educated! It won't hurt a bit to learn about Australia's elapid snakes, stinging sea jellies, blue-ringed octopus and even an amazing venomous mammal, in this totally absorbing title for kids.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE AUSTRALIAN

Paperback

240 X 215 mm

32 Pages

COLOUR THROUGHOUT

Rel Date: October 2023

9781922388940

AUD\$: 14.99





**Discover:
Animals
Homes**

*By Australian
Geographic*



With stunning images from Australian Geographic's extensive picture library, fun facts about native Australian wildlife and information on the variety of different habitats, this book is a great way to introduce the homes of Australia's unique animals. From lizards living in hot, sandy deserts to alpine possums and the marine creatures in the depths of the ocean, find out about the many different places where Australian animals live.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE AUSTRALIAN
240 X 215 mm
Release Date: May 2019
9781925847413

Paperback
32 pages
COLOUR THROUGHOUT
AUD\$: 14.95



**Discover:
Aussie Birds**

*By Australian
Geographic*

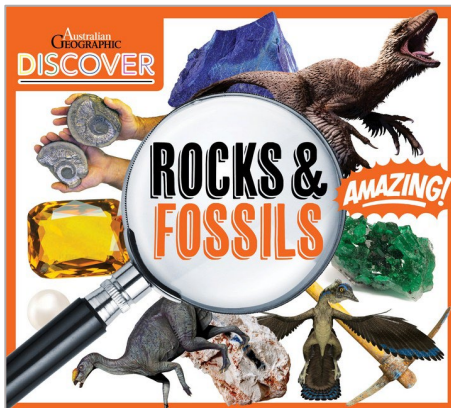


With stunning images from Australian Geographic's extensive picture library and plenty of fun facts, this book is a great way to introduce the bird life of Australia. From the birds we can find in our backyard and those that form huge flocks in the sky, to birds that live near the sea and even some that can't fly, find out all about Australia's birds.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE AUSTRALIAN
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Release Date: May 2020
9781925847772

Paperback
32 pages
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AUD\$: 14.95



**Discover:
Rocks and
Fossils**

*By Australian
Geographic*



Unearth the mysteries of the rocks that form the world around us, and the fossils that tell us the history of our planet!

AUSTRALIAN GEOGRAPHIC

Disc: TRADE AUSTRALIAN
240 X 215 mm
Release Date: December 2021
9781922388568

Paperback
32 pages
COLOUR THROUGHOUT
AUD\$: 14.99



**Discover: Our
Australia**

*By Australian
Geographic*



Home to the oldest culture in the world and many unique plants and animals, Australia is an amazing place. With stunning images from Australian Geographic's extensive picture library and fun facts about Australian culture and history.

AUSTRALIAN GEOGRAPHIC

Disc: TRADE AUSTRALIAN
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9781925847673

Paperback
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**Discover:
Mini Beasts**

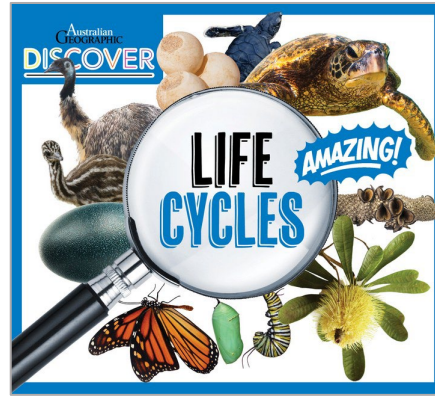
*By Australian
Geographic*



The world of minibeasts is bigger than we think! From the worms on the ground, to the insects in the air and the jellyfish in the sea - minibeasts are all around us.

AUSTRALIAN GEOGRAPHIC
Disc: TRADE AUSTRALIAN
240 X 215 mm
Release Date: May 2019
9781925847390

Paperback
32 pages
COLOUR THROUGHOUT
AUD\$: 14.95



**Discover:
Life Cycle**

*By Australian
Geographic*



Some mothers lay eggs, and some give birth to live young. Some animals are ready to leave the nest straight away, and others stay with family. Come along as we learn all about the different life cycles!

AUSTRALIAN GEOGRAPHIC
Disc: TRADE AUSTRALIAN
240 X 215 mm
Release Date: May 2019
9781925847420

Paperback
32 pages
COLOUR THROUGHOUT
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**Discover:
Outer Space**

*By Australian
Geographic*



Learn about planets, galaxies, space mission, moons, and the Sun in this exciting journey through our universe. Includes out-of-this-world photography and 3D illustrations.

AUSTRALIAN GEOGRAPHIC
Disc: TRADE AUSTRALIAN
240 X 215 mm
Release Date: December 2019
9781925847666

Paperback
32 pages
COLOUR THROUGHOUT
AUD\$: 14.95



**Discover:
Animal Families**

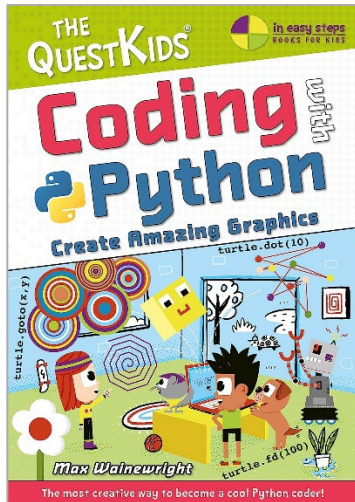
*By Australian
Geographic*



Some are big, some are small, some like to fly and others like to hunt. Find out about Australia's exciting animals and their family groups!

AUSTRALIAN GEOGRAPHIC
Disc: TRADE AUSTRALIAN
240 X 215 mm
Release Date: December 2019
9781925847659

Paperback
32 pages
COLOUR THROUGHOUT
AUD\$: 14.95



Coding with Python - Create Amazing Graphics

The QuestKids do Coding

By Max Wainwright

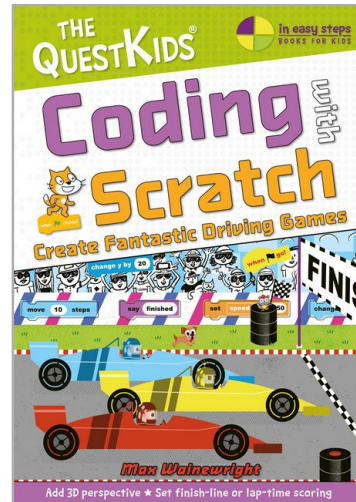


Another new title in the children's series that was launched by In Easy Steps in 2018, designed to make learning fun for children. Coding with Python - Create Amazing Graphics introduces coding in Python through a variety of projects. Each one teaches new coding concepts and results in some amazing graphics.

IN EASY STEPS

Disc: TRADE INTERNATIONAL
297 X 210 mm
Release Date: September 2022
9781840789577

Paperback
80 pages
COLOUR SECTION(S)
AUD\$: 24.99



Coding with Scratch - Create Fantastic Driving Games

The QuestKids do Coding

By Max Wainwright

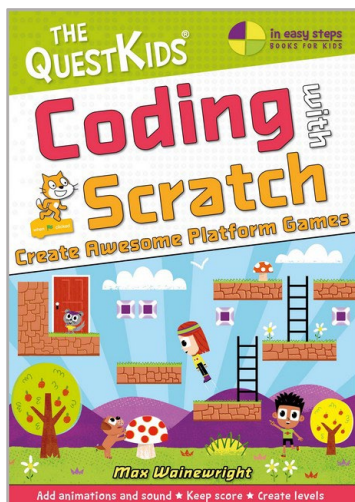


Coding with Scratch - Create Fantastic Driving Games will take you from Scratch basics through to creating your own fantastic driving games in easy steps. Each game comes with challenges to take you to the next level of coding. Even includes mods to make your game more exciting.

IN EASY STEPS

Disc: TRADE INTERNATIONAL
297 X 210 mm
Release Date: June 2022
9781840789560

Paperback
80 pages
COLOUR SECTION(S)
AUD\$: 24.99



Coding with Scratch - Create Awesome Platform Games

The QuestKids do Coding

By Max Wainwright

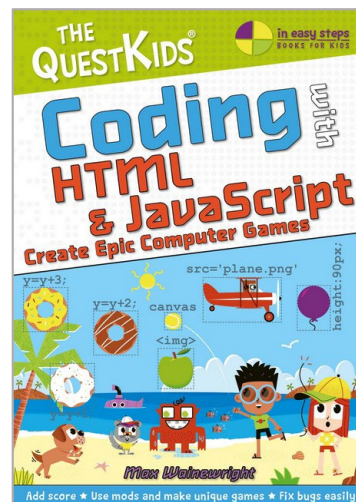


Coding with Scratch - Create Awesome Platform Games shows kids how to create amazing platform games with Scratch. They will learn how to use code to make a series of games where sprites leap from platform to platform.

IN EASY STEPS

Disc: TRADE INTERNATIONAL
297 X 210 mm
Release Date: February 2022
9781840789546

Paperback
80 pages
COLOUR SECTION(S)
AUD\$: 24.99



Coding with HTML & JavaScript - Create Epic Computer Games

The QuestKids do Coding

By Max Wainwright

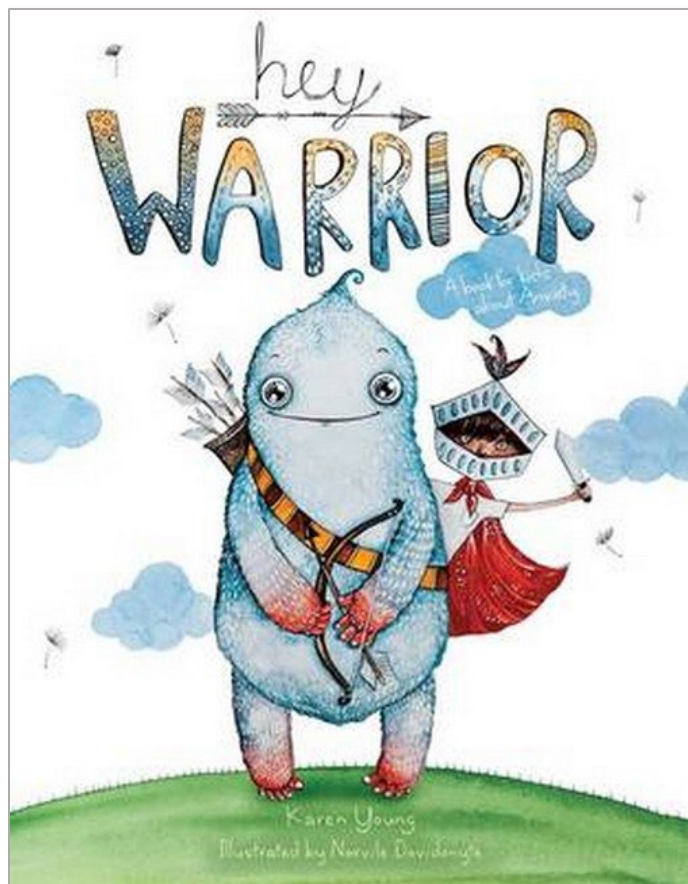


Coding with HTML & JavaScript - Create Epic Computer Games is ideal for readers with some experience of coding with Scratch but are ready to take their coding to the next level. Readers will learn how to make images move and responds to keyboard hits.

IN EASY STEPS

Disc: TRADE INTERNATIONAL
297 X 210 mm
Release Date: April 2022
9781840789553

Paperback
80 pages
COLOUR SECTION(S)
AUD\$: 24.99



Hey Warrior

A book for kids about anxiety

By Karen Young

Key Sales Points:

- * The symptoms of anxiety will fuel anxiety until they make sense
- Hey Warrior explains where the symptoms of anxiety come from and why anxiety feels the way it does.
- * It creatively assists children (and the important adults in their lives) to understand and manage anxiety.
- * It empowers children by making sense of anxiety and offering them a way to find calm.
- * By helping children understand why anxiety feels the way it does, Hey Warrior helps to take the fear out of anxiety and moves children towards brave behaviour.

Kids can do amazing things with the right information.

Understanding why anxiety feels the way it does and where the physical symptoms come from is a powerful step in turning anxiety around.

Anxiety explained, kids empowered.

Author Bio:

Karen began her career as a psychologist before she founded www.heyigmund.com, the website that brings the science of psychology to the art of being human. She has an honours degree in psychology and masters in Gestalt therapy. Karen is a sought-after speaker, both at home in Australia and internationally, on the topic of anxiety in children and teens. Norvile graduated art school in Lithuania and got a bachelor's degree of fine photography in Vilnius Design College. Ever since she can remember, she has been fascinated by children's storybooks, and especially creative illustrations. She lives in Lithuania. Her work can be found at www.norvile.com.

HEY SIGMUND

Author is from QLD

Colour Throughout

Disc: Trade Australian

270 X 210 mm

Release Date: January 2017

9780648488804

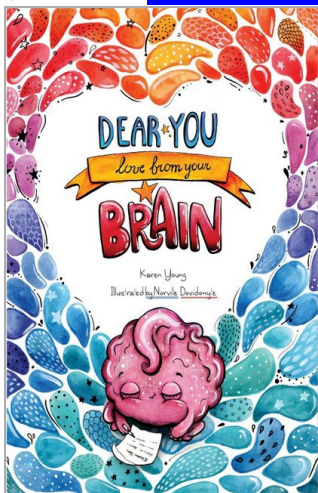
Age: 5+ years

Hardback

32 pages

AUD\$: 24.99





Dear You, Love From Your Brain

A book for kids about the brain

By Karen Young, Norvile Dovidonyte

Like all strong, beautiful, important things, brains take time to build. Along the way, children have an enormous capacity to influence the brain-building process in profound and enduring ways. First though, they need information that will help them perform their magic. This book will help children discover more about the brain - how it works, what it needs, and how to love it big so it loves them bigger.

HEY SIGMUND

Author is from QLD

Age: 5+ years

Disc: TRADE AUSTRALIAN
Hardback

275 X 215 mm

36 Pages

COLOUR THROUGHOUT

Rel Date: May 2022

9780648488880

AUD\$: 24.95



Hey Awesome

A book about anxiety, courage, and being already awesome

By Karen Young

If kids with anxiety could see their strengths, they would feel so much bigger than their anxiety. They would feel bigger than everything - as though a tiny, tip-toed stretch could have them touching the top of the world from where they are. This book is a reminder for all kids that everything they need to be brave, strong, and brilliant is already in them.

HEY SIGMUND

Author is from QLD

Age: 5+ years

Disc: TRADE AUSTRALIAN
Hardback

270 X 210 mm

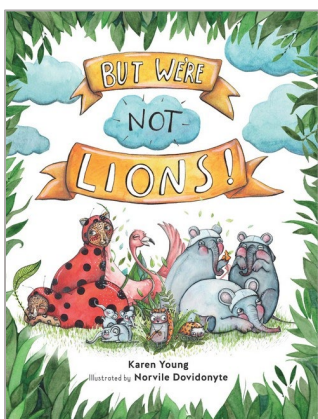
36 Pages

COLOUR THROUGHOUT

Rel Date: October 2020

9780648488828

AUD\$: 24.99



But We're Not Lions

By Karen Young, Norvile Dovidonyte

The animals were mighty and magnificent, but they were miserable! For way too long, they'd been forced to become something that didn't feel right - something that felt too much like bad days and scratchy things. The animals needed a hero, or someone to show them that a hero was in each of them all along. A book about boundaries, peer pressure, self-esteem, and self-acceptance, and a reminder for all kids that the very best thing about them, is them.

HEY SIGMUND

Author is from QLD

Age: 5+ years

Disc: TRADE AUSTRALIAN
Hardback

270 X 210 mm

36 Pages

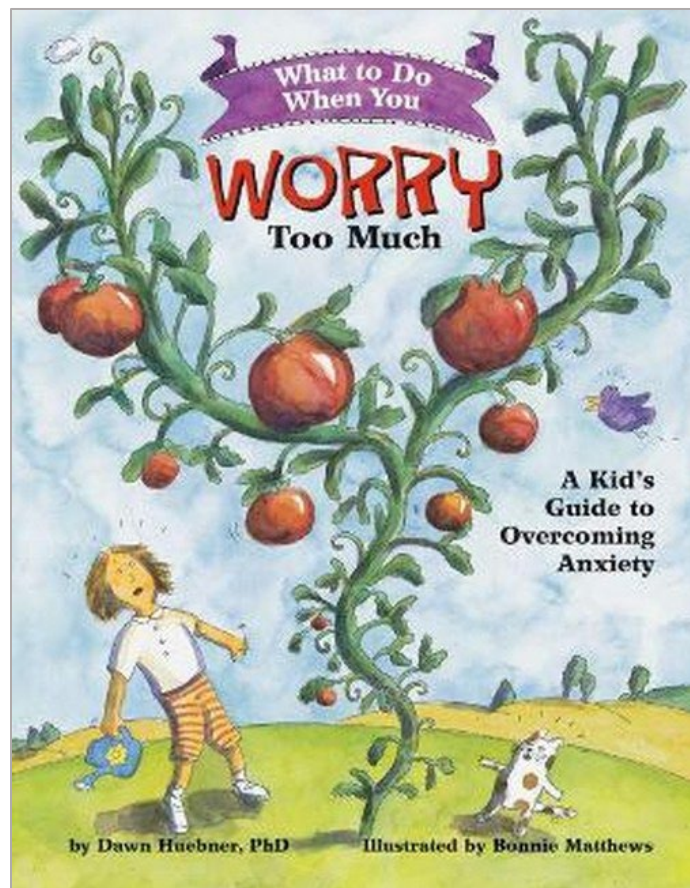
COLOUR THROUGHOUT

Rel Date: November 2019

9780648488859

AUD\$: 24.95





What to Do When You Worry Too Much

A Kid's Guide to Overcoming Anxiety

By Dawn Huebner, Bonnie Matthews

What to Do When You Worry Too Much is an interactive self-help book designed to guide 6–12-year-olds and their parents through the cognitive-behavioral techniques most often used in the treatment of generalised anxiety.

Engaging, encouraging, and easy to follow, this book educates, motivates, and empowers children to work towards change.

It includes a note to parents by psychologist and author Dawn Huebner, PhD.

MAGINATION PRESS

B&W Throughout

Disc: Trade International

279 X 216 mm

Release Date: December 2005

9781591473145

Age: 6+ years

Paperback

80 pages

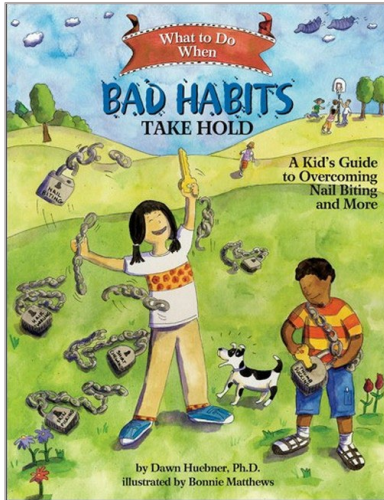
AUD\$: 34.99



Author and Illustrator Bio:

Dawn Huebner, PhD, is a clinical psychologist in Exeter, New Hampshire, specializing in the treatment of children and their parents.

Bonnie Matthews has illustrated many children's books. Her whimsical characters have also appeared in more than 100 magazines worldwide, as well as on gift wrap, greeting cards, tin cans, and even the cover of the Lands' End Kids catalog. She lives in Baltimore.



What to Do When Bad Habits Take Hold

A Kid's Guide to Overcoming Nail Biting and More

By Dawn Huebner, Bonnie Matthews

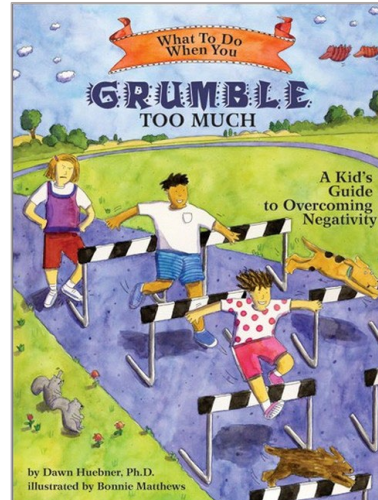


Guides children and their parents through the cognitive-behavioral techniques used to treat a variety of habits. This interactive self-help book includes engaging examples, illustrations, and instructions that teach children a set of habit-busting strategies in the form of 'keys' to unlock habits.

MAGINATION PRESS

Disc: TRADE INTERNATIONAL
279 X 216 mm
Release Date: January 2009
9781433803833

Paperback
72 pages
B&W THROUGHOUT
AUD\$: 34.99



What to Do When You Grumble Too Much

A Kid's Guide to Overcoming Negativity

By Dawn Huebner, Bonnie Matthews

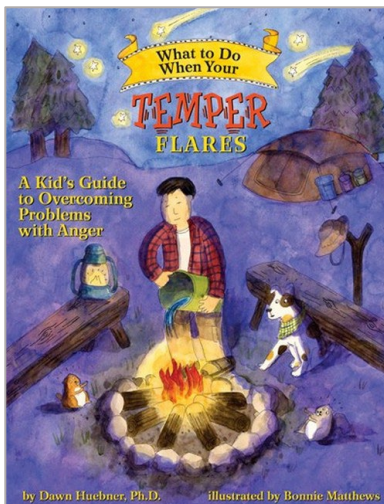


An interactive self-help book that guides 6- to 12-year-old children and their parents through the cognitive-behavioral techniques used to treat negative thinking. This "What to Do" guidebook aims to empower children to work toward change.

MAGINATION PRESS

Disc: TRADE INTERNATIONAL
250 X 200 mm
Release Date: January 2007
9781591474500

Paperback
88 pages
B&W THROUGHOUT
AUD\$: 34.99



What to Do When Your Temper Flares

A Kid's Guide to Overcoming Problems with Anger

By Dawn Huebner, Bonnie Matthews

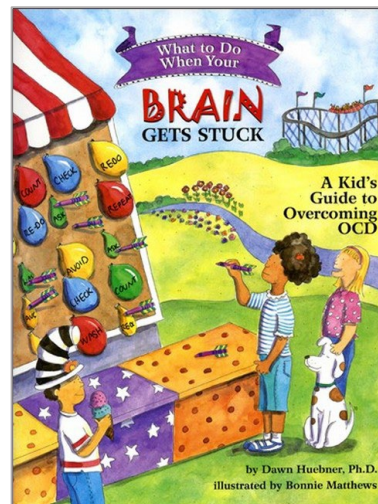


Guides children and their parents through the cognitive-behavioral techniques used to treat problems with anger. This interactive self-help book teaches children a set of "anger dousing" methods aimed at cooling angry thoughts and controlling angry actions, resulting in calmer kids.

MAGINATION PRESS

Disc: TRADE INTERNATIONAL
279 X 216 mm
Release Date: January 2008
9781433801341

Paperback
88 pages
B&W THROUGHOUT
AUD\$: 34.99



What to Do When Your Brain Gets Stuck

A Kid's Guide to Overcoming OCD

By Dawn Huebner, Bonnie Matthews

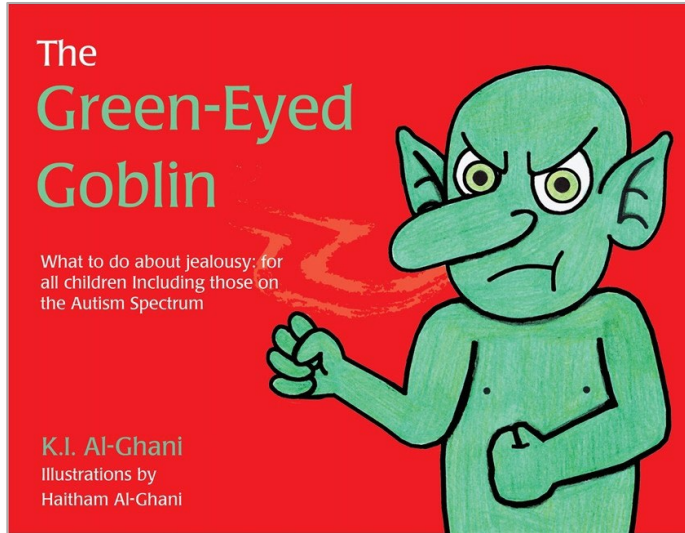


Guides children and their parents through the cognitive-behavioral techniques used to treat obsessive compulsive disorder. This interactive self-help book contains examples, activities, and step-by-step instructions that help children master skills needed to break free from OCD's sticky thoughts.

MAGINATION PRESS

Disc: TRADE INTERNATIONAL
279 X 216 mm
Release Date: August 2007
9781591478058

Paperback
96 pages
B&W THROUGHOUT
AUD\$: 34.99



Green-Eyed Goblin

What to do about jealousy - for all children including those on the Autism Spectrum

By Kay Al-Ghani, Haitham Al-Ghani

Deep inside everyone, a little goblin lies sleeping. When it wakes up, its eyes turn green, its nose grows, and it starts to breathe a smelly green mist.

This is the story of the waking of a Green-Eyed Goblin.

When Theo sees his sister getting lots of attention for her birthday, his sleeping goblin wakes, and he can't seem to stop himself from saying all the horrid things the nasty goblins green mist is making him think.

Will Theo learn how to send his Green-Eyed Goblin back to sleep in time for the party?

This fun illustrated storybook will help children aged 5-13 to understand and cope with jealousy and how it can sometimes make us feel not good enough.

A helpful introduction for parents and carers explains jealousy in children, and a section at the back of the book provides strategies for overcoming it.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

287 X 223 mm

Release Date: December 2016

9781785920912

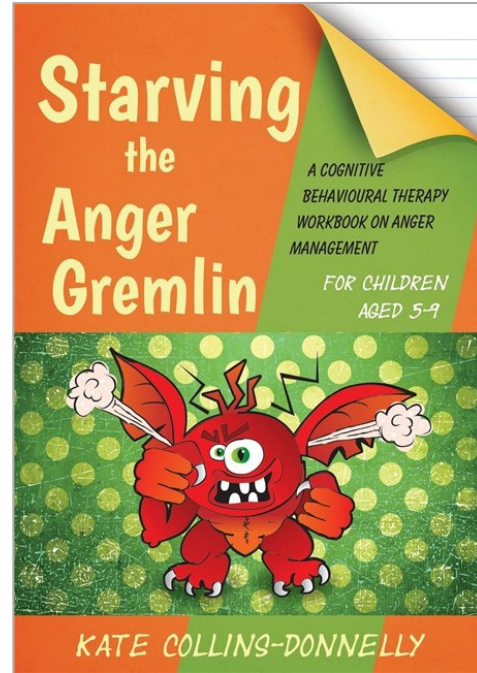
Hardback

48 pages

AUD\$: 36.99



9 781785 920912



Starving the Anger Gremlin for Children Aged 5-9

A Cognitive Behavioural Therapy Workbook on Anger Management

By Kate Collins-Donnelly

Help children to understand and manage their anger with this fun and imaginative workbook.

The Anger Gremlin is a naughty creature, and his favourite food is your anger! The more anger you feed him, the bigger and bigger he gets and the angrier and angrier you feel! How can you stop this?

Starve the Anger Gremlin of angry thoughts, feelings, and behaviours, and watch him disappear!

Based on cognitive behavioural principles, this workbook uses fun and engaging activities to teach children how to manage their anger by changing how they think and act - getting rid of their Anger Gremlins for good!

Packed full of stories, puzzles, quizzes, and colouring, drawing, and writing games, this is an excellent resource for parents or practitioners to use with children aged 5 to 9 years.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

246 X 176 mm

Release Date: October 2014

9781849054935

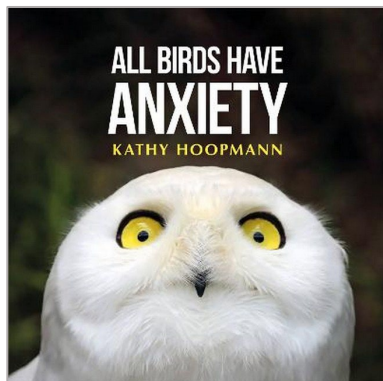
Paperback

176 pages

AUD\$: 36.99



9 781849 054935



All Birds Have Anxiety

By Kathy Hoopmann



Life as a bird can be stressful! From worrying about airplanes, windows, and getting enough worms to eat, birds can be anxious beings. Through a light-touch, quizzical depiction of bird behaviour, All Birds Have Anxiety uses colourful images and astute explanations to explore with gentle humour what it means to live with anxiety day-to-day, and how to begin to deal with it.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia

Disc: TRADE INTERNATIONAL

218 X 214 mm

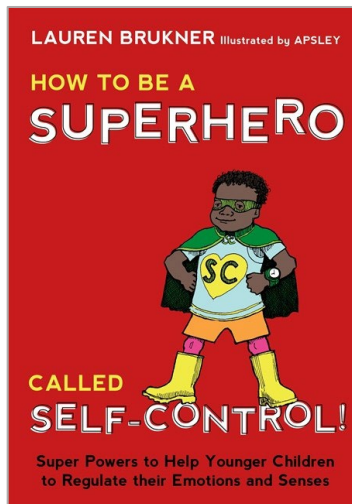
Release Date: May 2017

9781785921827

Hardback

72 pages

AUD\$: 26.99



How to Be a Superhero Called Self-Control!

Super Powers to Help Younger Children to Regulate their Emotions and Senses

By Lauren Brukner, Apsley



Meet Self-Control, a superhero who wants to teach young children his superpowers of self-control! Anxiety, frustration, anger, and other difficult feelings won't stand a chance against their new-found powers.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

254 X 177 mm

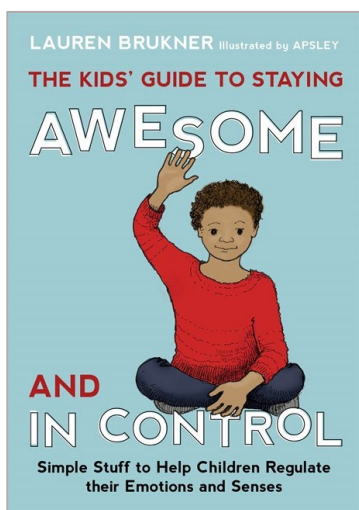
Release Date: January 2016

9781849057172

Hardback

112 pages

AUD\$: 36.99



Kids' Guide to Staying Awesome and in Control: Simple Stuff to Help Children Regulate Their Emotions and Senses

By Lauren Brukner



Packed with simple ideas to regulate the emotions and senses, this book will help children tackle difficult feelings head-on and feel awesome and in control! From breathing exercises, pressure holds, and finger pulls, to fidgets, this book is brimming with fun stuff to help keep kids feel cool.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

253 X 176 mm

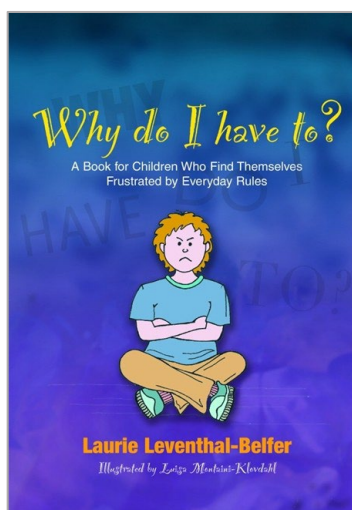
Release Date: September 2014

9781849059978

Hardback

112 pages

AUD\$: 36.99



Why Do I Have To? A Book for Children Who Find Themselves Frustrated by Everyday Rules

By Luisa Montaini-Klov Dahl, Laurie Leventhal-Belfer



Laurie Leventhal-Belfer empathises with children's wish to do things their way, explains clearly why their way does not work, and provides a list of practical suggestions for how to cope with these challenges and avoid feelings of frustration. This is the ideal book for children who have difficulty coping with living.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

244 X 172 mm

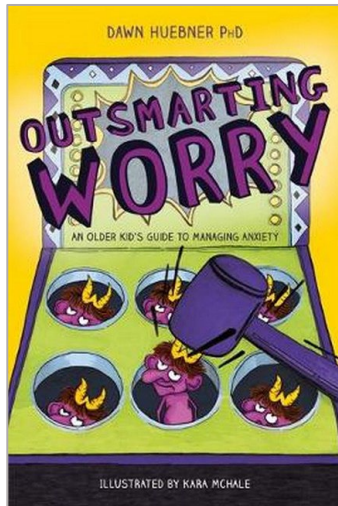
Release Date: September 2008

9781843108917

Paperback

80 pages

AUD\$: 21.99



Outsmarting Worry
An Older Kid's Guide to Managing Anxiety

By Dawn Huebner, Kara McHale



Outsmarting Worry teaches 9–13-year-olds and the adults who care about them a specific set of skills that makes it easier to face - and overcome - worries and fears. Smart, practical, proven techniques are presented in language immediately accessible to children with an emphasis on shifting from knowing to doing.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

226 X 150 mm

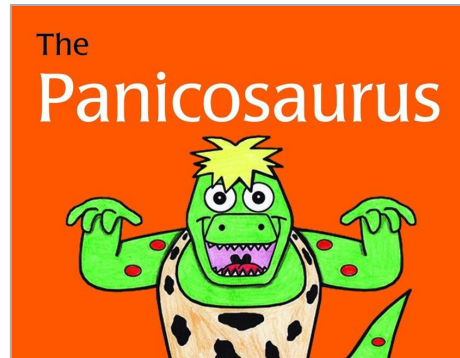
Release Date: January 2018

9781785927829

Paperback

112 pages

AUD\$: 26.99



Panicosaurus

By Kay Al-Ghani, Haitham Al-Ghani

This fun, easy-to-read and fully illustrated storybook will inspire children who experience anxiety and encourage them to banish their own Panicosauruses with help from Mabel's strategies. Parents and carers will like the helpful introduction, explaining anxiety in children, and the list of techniques for lessening anxiety at the end of the book.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

283 X 218 mm

Release Date: December 2012

9781849053563



Hardback

56 pages

AUD\$: 36.99



Disappointment Dragon

By Haitham Al-Ghani, Kay Al-Ghani

The fun characters in this charming, fully illustrated storybook will help children to cope with, and discuss openly, their feelings of disappointment. There are many creative suggestions on how to banish the Disappointment Dragon and an introduction for adults explain disappointment in children and how they can help.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

280 X 224 mm

Release Date: February 2014

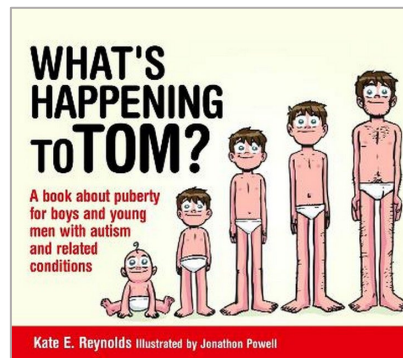
9781849054324



Hardback

64 pages

AUD\$: 36.99



What's Happening to Tom?

By Kate E. Reynolds, Jonathon Powell

NEW

Tom notices that his body is changing. Tom's voice is different, and hair is growing in new places. There are other changes happening too. Tom learns that he has started growing into a man. Following Tom as he begins to notice changes to his body, this simple resource helps parents teach boys.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

189 X 171 mm

Release Date: October 2014

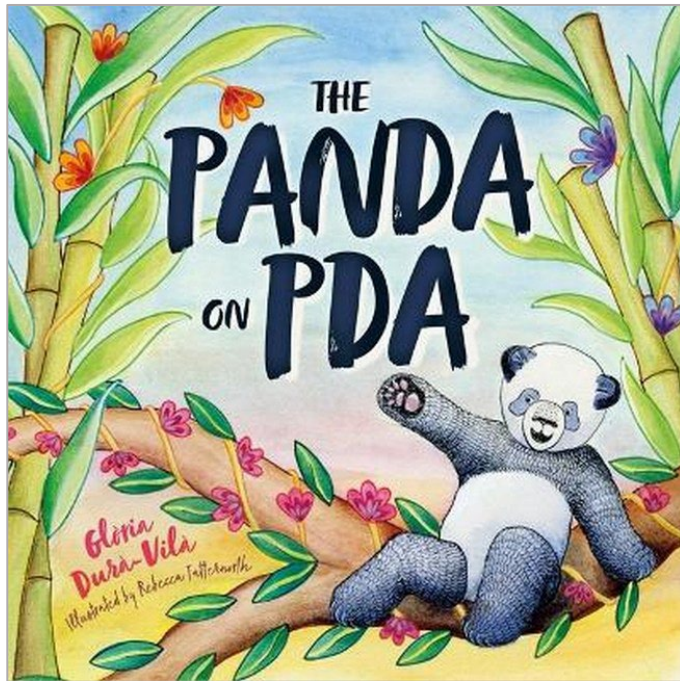
9781849055239



Hardback

36 pages

AUD\$: 28.99



The Panda on PDA

A Children's Introduction to Pathological Demand Avoidance

By Gloria Dura-Vila, Rebecca Tatternorth

NEW

In this positive, gentle, and PDA-friendly guide for young children, PDA is explained by a playful Panda who has PDA and is very proud of it.

The Panda is full of talents and strengths but finds it very hard to do what others want.

In fact, the Panda has become great at climbing trees and bamboo and hiding in caves to escape demands!

The Panda addresses the challenges and struggles of PDA honestly but can also thrive and live a happy life in the right environment, when supported by others.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

216 X 213 mm

Release Date: September 2022

9781839970061

Hardback

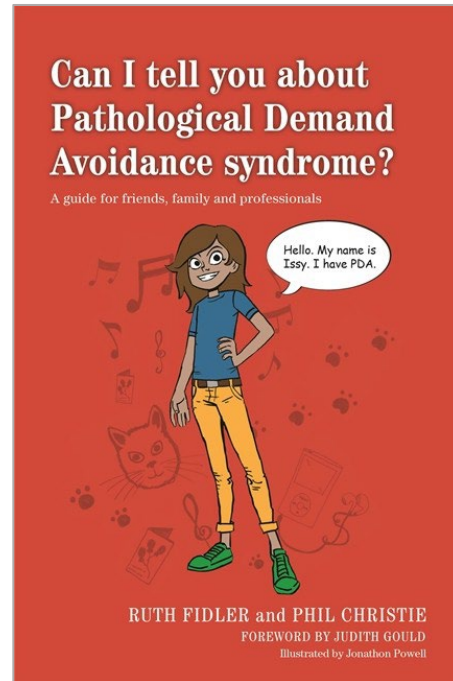
40 pages

COLOUR SECTION(S)

AUD\$: 32.99



9 781839 970061



Can I tell you about Pathological Demand Avoidance syndrome?

A guide for friends, family, and professionals

NEW

By Ruth Fidler, Phil Christie, Judith Gould, Jonathon Powell

Meet Issy - an 11-year-old girl with pathological demand avoidance syndrome (PDA), a condition on the autism spectrum.

Issy invites readers to learn about PDA from her perspective, helping them to understand how simple, everyday demands can cause her great anxiety and stress.

Issy tells readers about all the ways she can be helped and supported by those around her.

This illustrated book is for readers aged 7 and upwards and will be an excellent way to increase understanding about PDA in the classroom or at home.

It also includes practical tips and recommended resources for parents and professionals.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

226 X 152 mm

Release Date: March 2015

9781849055130

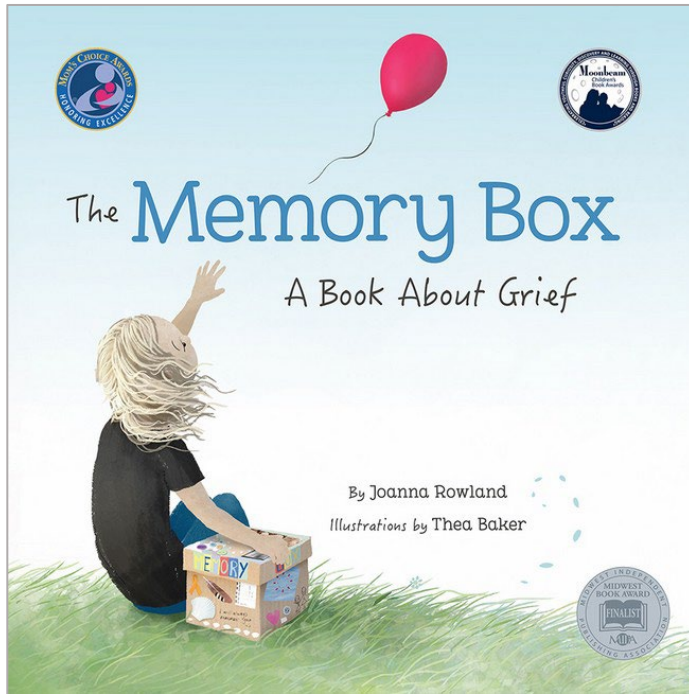
Paperback

56 pages

AUD\$: 26.99



9 781849 055130



The Memory Box

A Book about Grief

By Joanna Rowland, Thea Baker

"I'm scared I'll forget you' From the perspective of a young child, Joanna Rowland artfully describes what it is like to remember and grieve a loved one who has died.

The child in the story creates a memory box to keep mementos and written memories of the loved one, to help in the grieving process.

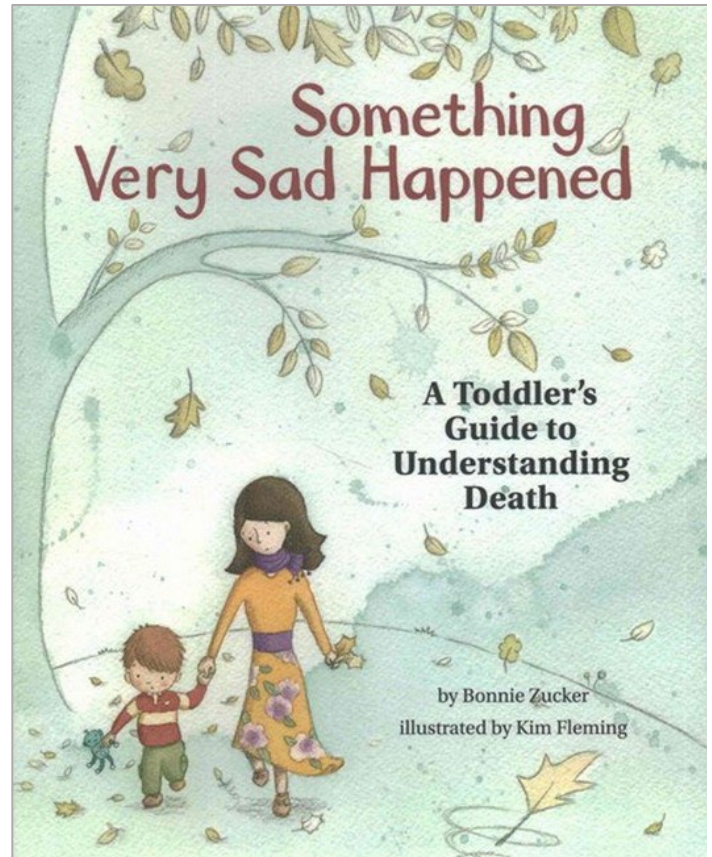
Heartfelt and comforting, The Memory Box will help children and adults talk about this very difficult topic together. The unique point of view allows the reader to imagine the loss of any they have loved - a friend, family member, or even a pet.

A parent guide in the back includes information on helping children manage the complex and difficult emotions they feel when they lose someone they love, as well as suggestions on how to create their own memory box.

1517 MEDIA

Disc: TRADE INTERNATIONAL
257 X 257 mm
Release Date: November 2017
9781506426723

Hardback
32 pages
COLOUR THROUGHOUT
AUD\$: 37.99



Something Very Sad Happened

A Toddler's Guide to Understanding Death

By Bonnie Zucker, Kim Fleming

When a loved one dies, it can be hard to know how to explain it to a young child, particularly if you are grieving the loss yourself.

Sensitively written and gently illustrated, Something Very Sad Happened explains death in developmentally appropriate terms for two-and three-year-old children.

It reassures the child that it is okay to feel sad, and that love never dies.

Includes a Note to Parents and Caregivers with more information about how to talk about death, answer your child's questions, and maintain your connection throughout the grieving process.

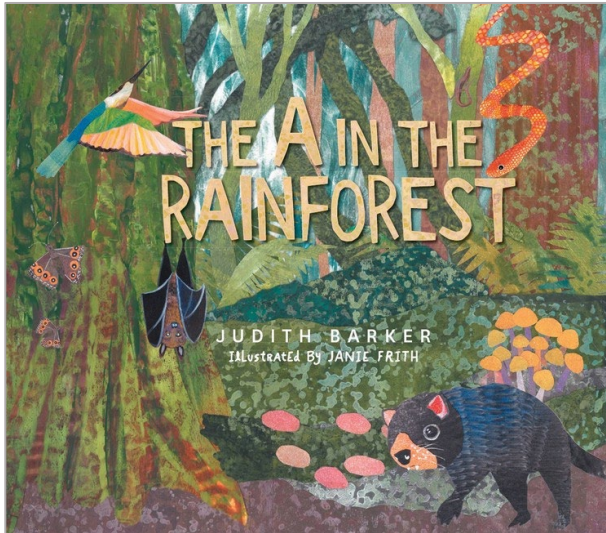
MAGINATION PRESS

Disc: TRADE INTERNATIONAL
254 X 203 mm
Release Date: October 2016
9781433822667

Hardback
32 pages

AUD\$: 34.99





The A in the Rainforest

By Judith Barker, Janie Frith

Key Sales Points:

- * Fourth book in this award-winning series.
- * Unique approach to phonemes and the teaching of English.
- * Designed to appeal to primary aged children.
- * Hardback version ISBN - **9781925868838**.

This is the story of the A. The A in the Rainforest is a fun Australian-themed phoneme story that teaches young readers about the vowel sound A and where they can find it in different words.

Beautifully illustrated by Janie Frith, the rich colours and vibrant use of multi-media enhance the magical experience.

The book is about the journey of a young Rainbow Bird from the rainforests of Tasmania to their counterparts in New South Wales.

The first book from Judith and Janie, The Oo in Uluru, won a 2019 Book of the Year award from Speech Pathology Australia; this is their fourth book, the others being The EE in the Deep Blue Sea and The O in the Snow.

WOODSLANE PRESS

Author is from VIC

Disc: TRADE AUSTRALIAN
200 X 250 mm

Release Date: February 2022
9781925868821

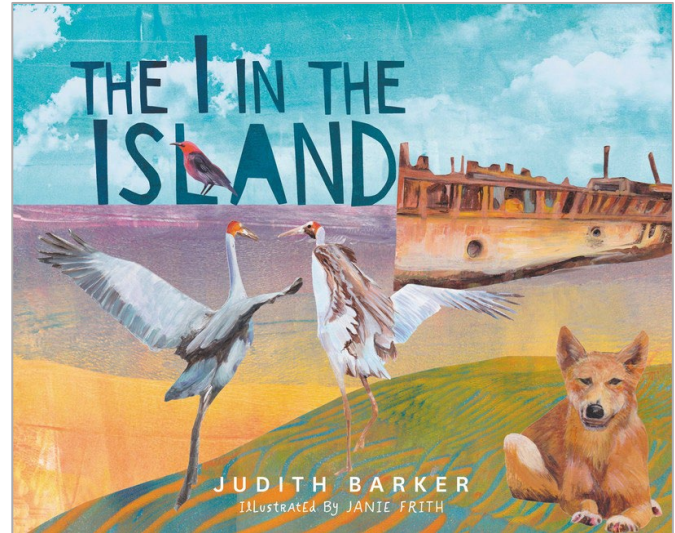
Age: 3+ years

Paperback

32 pages

COLOUR THROUGHOUT

AUD\$: 19.99



The I in the Island

By Judith Barker, Janie Frith

Key Sales Points:

- * Fifth book in this award-winning series – completes the A, E, I, O, U.
- * Unique approach to phonemes and the teaching of English.
- * Designed to appeal to primary aged children.

This is the story of the I. The I in the Island is a fun Australian-themed phoneme story that teaches young readers about the vowel sound I and where they can find it in different words.

Beautifully illustrated by Janie Frith, the rich colours and vibrant use of multi-media enhance the magical experience.

The book is about the Brolga dance of a group of Sydney Butchulla Elders, evoking a journey to faraway Kgari (Fraser Island).

The first book from Judith and Janie, the Oo in Uluru, won a 2019 Book of the Year award from Speech Pathology Australia; this is their fifth book, the others being the EE in the Deep Blue Sea, the O in the Snow and the A in the Rainforest.

WOODSLANE PRESS

Author is from VIC

Disc: TRADE AUSTRALIAN
250 X 200 mm

Release Date: October 2022
9781922800077

Age: 3+ years

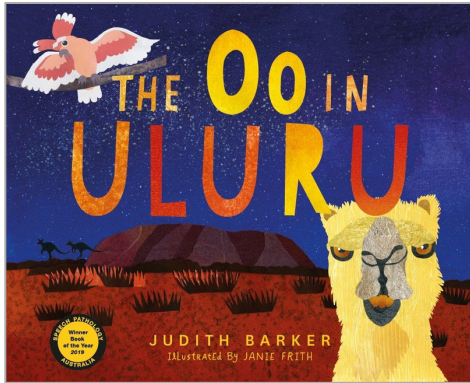
Paperback

32 pages

COLOUR THROUGHOUT

AUD\$: 19.99





The OO in Uluru

By Judith Barker,
Janie Frith

This is the story of the OO. Its an amusing sound for all of you. The OO in Uluru is a fun Australian-themed phoneme story that teaches young readers about the vowel sound OO and where they can find it in different words.

WOODSLANE PRESS

Author is from VIC

Disc: TRADE AUSTRALIAN

200 X 250 mm

Release Date: August 2019

9781925868180

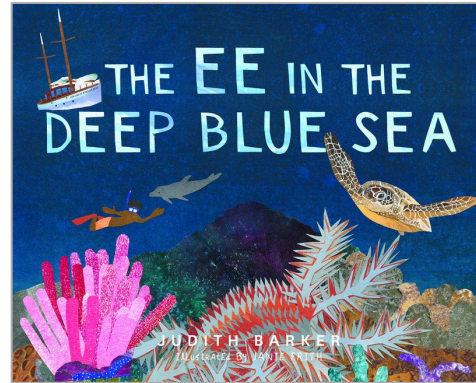
Age: 3+ years

Paperback

32 pages

COLOUR THROUGHOUT

AUD\$: 19.99



The EE in the Deep Blue Sea

By Judith Barker,
Janie Frith

This is the story of the EE. A curious sound as you can see. This is a beautifully illustrated Australian-themed phoneme story that teaches young readers about the vowel sound EE and where they can find it in different words.

WOODSLANE PRESS

Author is from VIC

Disc: TRADE AUSTRALIAN

200 X 250 mm

Release Date: August 2020

9781925868401

Age: 3+ years

Paperback

32 pages

COLOUR THROUGHOUT

AUD\$: 19.99



The O in the Snow

By Judith Barker,
Janie Frith

A fun Australian-themed phoneme story that teaches young readers about the vowel sound O and where they can find it in different words. Beautifully illustrated, the rich colours and vibrant use of multi-media enhance the magical experience.

WOODSLANE PRESS

Author is from VIC

Disc: TRADE AUSTRALIAN

200 X 250 mm

Release Date: August 2021

9781925868609

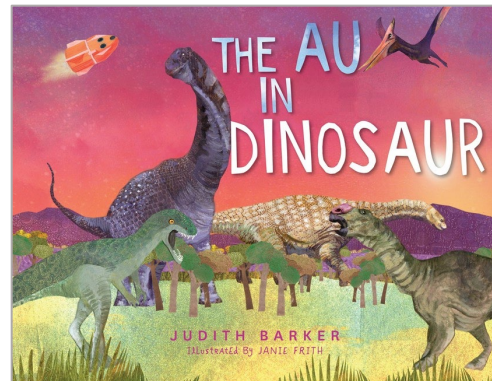
Age: 3+ year

Paperback

32 pages

COLOUR THROUGHOUT

AUD\$: 19.99



The AU in the Dinosaur

By Judith
Barker, Janie
Frith

This is the story of the AU. The AU in the Dinosaur is a fun Australian-themed phoneme story that teaches young readers about the vowel sound AU and where they can find it in different words.

WOODSLANE PRESS

Author is from VIC

Disc: TRADE AUSTRALIAN

200 X 250 mm

Release Date: November 2023

9781922800381

Age: 3+ years

Paperback

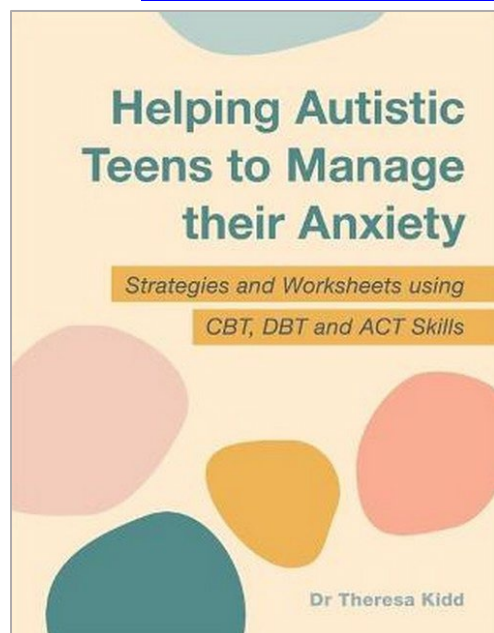
32 pages

COLOUR THROUGHOUT

AUD\$: 19.99



COMING SOON



Helping Autistic Teens to Manage their Anxiety

Strategies and Worksheets using CBT, DBT, and ACT Skills

By *Dr Theresa Kidd*

Key Sales Points:

* For professionals and parents working with autistic teens with anxiety, this practical activity book provides expert theory, advice, and tailored worksheets to put straight into practice.

Drawing on the author's extensive clinical and research experience, this book presents practical strategies purposefully developed for parents, therapists and teachers working with autistic adolescents experiencing anxiety.

In addition, it features chapters dedicated to assisting parents in supporting their anxious child.

The book outlines the co-occurrence of anxiety and autism, highlights specific anxiety risks, and triggers, and presents practical solutions for overcoming barriers to therapeutic engagement.

A collection of CBT, ACT and DBT-informed practical worksheets are included, making this book ideal for use at home, at school or in OT, Psychology and Speech sessions

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

279 X 216 mm

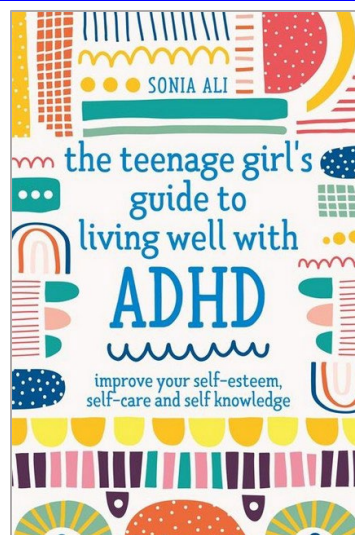
Release Date: April 2022

9781787754508

Paperback

240 pages

AUD\$: 52.99



The Teenage Girl's Guide to Living Well with ADHD

Improve Your Self-Esteem, Self-Care and Self Knowledge

By *Sonia Ali*

Key Sales Points:

* The go-to guide for teenage girls with ADHD, helping them to understand their strengths.

Have you ever been told you are chatty or fidgety at school? Do you have a constantly whirring mind? Do you tune out and daydream or find it hard to pay attention? ADHD can impact your life in many ways. This positive, self-affirming guide will increase your knowledge about ADHD and empower you in your daily life. The chapters are full of tips, tricks, and life hacks so you can better manage your time, harness your creativity, energy, and enthusiasm, and make more time for fun! Reflection activities and quizzes will help you better understand yourself and learn strategies on how to manage the intense emotions of rejection sensitivity. You'll learn the fundamentals of great self-care and how to look forward to life beyond school. Learn how ADHD brains work, and tricky concepts like executive functioning. Quick chapter summaries let you pick which sections are most relevant to you right now, and the strategies and visuals are designed for ADHD brains and can be used with support from parents, mentors, or teachers. The Teenage Girls Guide to Living Well with ADHD gives you all you need to build on your strengths and overcome challenges to fully embrace who you are and live your best life.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

229 X 152 mm

Release Date: March 2022

9781787757684

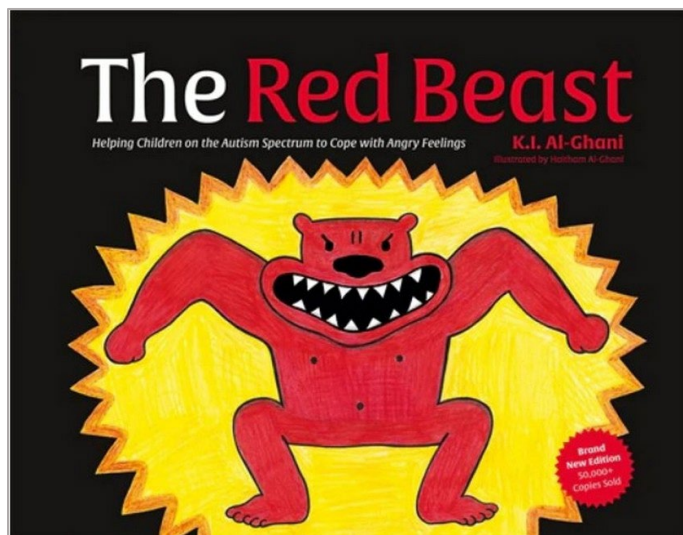
Paperback

160 pages

B&W THROUGHOUT

AUD\$: 34.99





The Red Beast 2/e

Helping Children on the Autism Spectrum to Cope with Angry Feelings

By K.I. Al-Ghani,
Haitham Al-Ghani

NEW EDITION

Key Sales Points:

- * This book has been extremely popular, achieving lifetime sales of over 50,000 copies.
- * The new, inclusive language and illustrations will make sure it covers all children who struggle to regulate emotions, with a less heavy focus on Aspergers Syndrome.

Deep inside everyone, a red beast lies sleeping. When it is asleep, the red beast is quite small, but when it wakes up, it begins to grow and grow. This is the story of a red beast that was awakened. Danni is in the school playground when his friend, Charlie, kicks a ball that hits him in the stomach, and wakes up the sleeping red beast: 'I hate you - I'm gonna get you!' The red beast doesn't hear the teacher asking if he's okay. It doesn't see that Charlie is sorry - how can Danni tame the red beast? The second edition of this vibrant fully illustrated children's storybook is written for children aged 4-9 and has been updated with inclusive up-to-date language and new illustrations to make sure every child's red beast can learn to be tamed!

This is an accessible, fun way to talk about anger, with useful tips about how to tame the red beast and guidance for parents on how anger affects children who struggle to regulate their emotions.

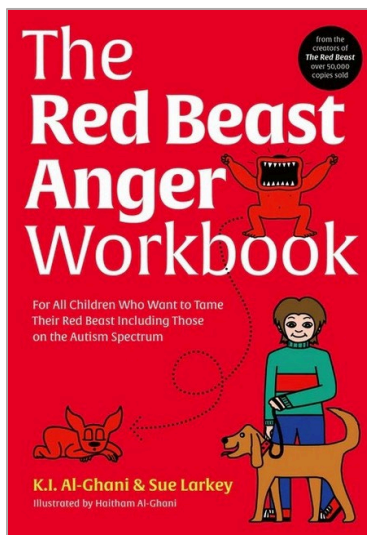
JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
279 X 216 mm
Release Date: August 2022
9781839972751

Hardback
40 pages
COLOUR THROUGHOUT
AUD\$: 36.99



9 781839 972751



The Red Beast Anger Workbook

For All Children Who Want to Tame Their Red Beast Including Those on the Autism Spectrum

By Kay Al-Ghani, Sue Larkey, Haitham Al-Ghani

NEW

Key Sales Points:

- * Interactive workbook to help autistic children learn how to identify anger triggers and develop self-regulation.

This illustrated and interactive workbook will help children find ways to calm their Red Beast and learn how to prevent it from waking in the first place. Full of practical activities and illustrated examples, it supports the development of emotional and sensory regulation and provides coping mechanisms for children who experience intense emotional flooding or meltdowns as well.

The workbook includes a helpful introduction for adults on the science of self-regulation, clear guidance on how to pace the learning and a wide range of activities such as scenarios to help children explore their anger, anger management plans, and exercises that encourage interoceptive awareness.

It also addresses common causes of anger including perfectionism, winning, and losing and discusses the importance of a positive attitude and using kind words in a child-friendly way. Join Danni and his friends and family as they explore the challenges they face from the Red Beast and how they overcome them.

JESSICA KINGSLEY PUBLISHERS

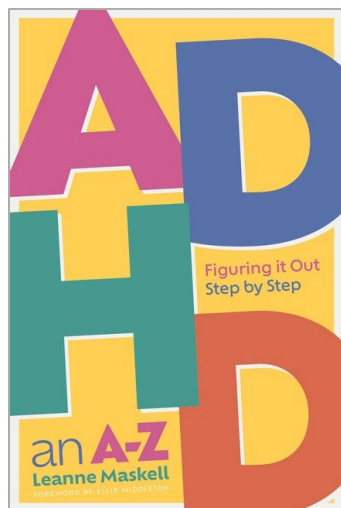
Author is from Australia

Disc: TRADE INTERNATIONAL
246 X 173 mm
Release Date: August 2023
9781839974151

Paperback
128 pages
B&W THROUGHOUT
AUD\$: 38.99



9 781839 974151



ADHD an A-Z Figuring it Out Step by Step

By *Leanne Maskell*

NEW



This ADHD guide gives strategic advice on how to deal with issues young adults with ADHD may face, including: budgeting plans for impulsive spending, advice on rejection sensitive dysphoria, and body scans and CBT exercises, this book provides everything you need to feel confident and supported.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

229 X 152 mm

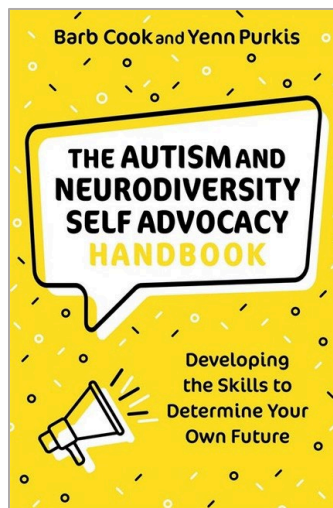
Release Date: March 2023

9781839973857

Paperback

304 pages

AUD\$: 33.99



The Autism and Neurodiversity Self Advocacy Handbook

Developing the Skills to Determine Your Own Future

By *Barb Cook, Yenn Purkis*



This is the ultimate guide to self-advocacy for autistic people at all stages of life. It covers specific scenarios including work, school, and family and relationships, as well as looking at advocacy for the wider community, whether that's through social media, presentations or writing.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia

Disc: TRADE INTERNATIONAL

229 X 152 mm

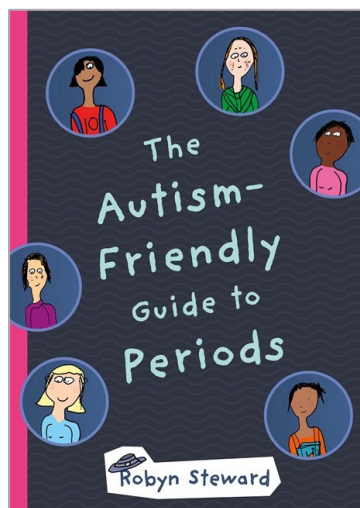
Release Date: March 2022

9781787755758

Paperback

176 pages

AUD\$: 39.99



Autism-Friendly Guide to Periods

By *Robyn Steward*



Written by autistic author Robyn Steward, this is a detailed guide for young people aged 9 to 16 on the basics of menstruation. Created in consultation with young people, an online survey, and a group of medical professionals, this is a book that teaches all people about periods.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

248 X 176 mm

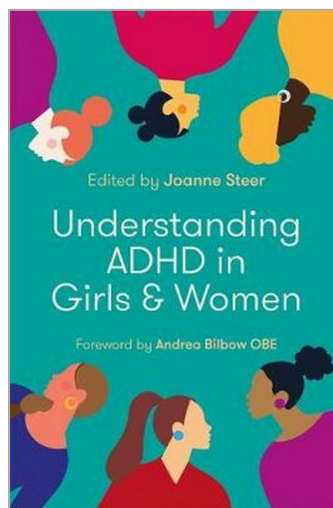
Release Date: June 2019

9781785923241

Hardback

96 pages

AUD\$: 34.99



Understanding ADHD in Girls and Women

By *Joanne Steer, Andrea Bilbow*



This book offers honest and clear professional insights into what it really means to have ADHD and provides information about where to go and what to expect. It explains routes to assessment and diagnosis, how ADHD can affect education and available treatments.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

229 X 152 mm

Release Date: June 2021

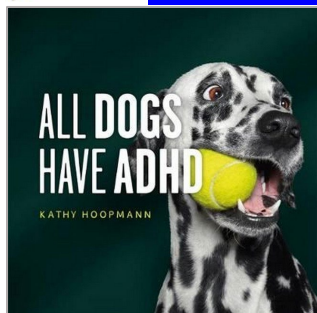
9781787754003

Paperback

360 pages

B&W THROUGHOUT

AUD\$: 52.99



All Dogs Have ADHD

By Kathy Hoopmann

This delightful, revised edition of All Dogs Have ADHD takes an inspiring and affectionate look at Attention Deficit Hyperactivity Disorder (ADHD). With all-new images from the canine world, it explores a variety of traits that will be instantly recognisable to those who are familiar with ADHD. Charming colour photographs of dogs bring to life familiar ADHD characteristics such as being restless and excitable, getting easily distracted, and acting on impulse. It combines humour with understanding to reflect the difficulties and joys of raising a child with ADHD and celebrates what it means to be considered different.

JESSICA KINGSLEY
PUBLISHERS

Author is from Australia

Disc: TRADE INTERNATIONAL

Hardback

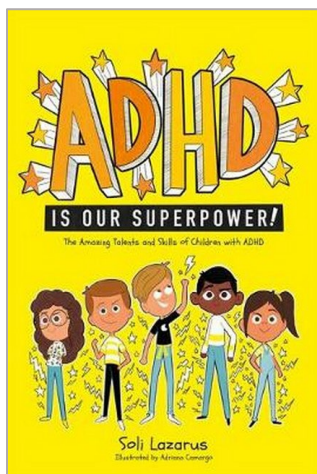
216 X 213 mm

80 Pages

Rel Date: August 2020

9781787756601

AUD\$: 28.99



ADHD Is Our Superpower

The Amazing Talents and Skills of Children with ADHD

By Soli Lazarus, Adriana Camargo

If you have attention deficit hyperactivity disorder (ADHD), you might struggle with things like concentrating in school, or sitting still, or remembering lots of instructions. But ADHD is also a superpower. In this book you will meet different girls and boys with ADHD who can do amazing things. You might recognise some of these strengths as things that you can do too! Some of these strengths help with everyday life, like being able to hyper-focus on a task or having boundless energy to try new things. Some strengths are superpowers for interacting with others, like having a strong sense of what is fair or entertaining friends and family to make them feel happy.

JESSICA KINGSLEY
PUBLISHERS

Disc: TRADE INTERNATIONAL

Paperback

229 X 152 mm

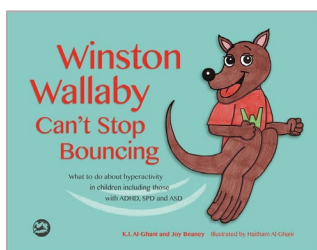
64 Pages

COLOUR SECTION(S)

Rel Date: August 2021

9781787757301

AUD\$: 26.99



Winston Wallaby Can't Stop Bouncing

What to do about hyperactivity in children including those with ADHD, SPD and ASD

By Kay Al-Ghani, Haitham Al-Ghani

Winston Wallaby, like most Wallabies, loves to bounce. However, Winston can't seem to ever sit still and when he starts school, he needs help to concentrate... Luckily his teacher Mrs Calm shows Winston how to settle down and focus his mind on class, and he learns new ways to help him with touch, feel, attention and awareness. This fun illustrated storybook will help children aged 5-10 with attention deficit hyperactivity disorder (ADHD), Sensory Processing Disorder (SPD) and Autism Spectrum Disorder (ASD) recognise their sensory needs and develop tools to support them. A helpful introduction for parents and carers explains hyperactivity and how it can affect a child's perception of the world, and the appendices at the back provide useful strategies to be adopted at school and at home.

JESSICA KINGSLEY
PUBLISHERS

Disc: TRADE INTERNATIONAL

Hardback

286 X 221 mm

72 Pages

Rel Date: March 2018

9781785924033

AUD\$: 36.99





All Cats Are on the Autism Spectrum

By Kathy Hoopmann

This updated edition of the bestselling *All Cats Have Asperger Syndrome* provides an engaging, gentle introduction to autism. All-new cats take a playful look at the world of autism, and these fun feline friends will strike a chord with all those who are familiar with typical autistic traits, bringing to life common characteristics such as sensory sensitivities, social issues, and communication difficulties. Touching, humorous and insightful, this book evokes all the joys and challenges of being on the autism spectrum, leaving the reader with a sense of the dignity, individuality, and the potential of autistic people.

**JESSICA KINGSLEY
PUBLISHERS**

Author is from Australia

Disc: TRADE INTERNATIONAL
Hardback

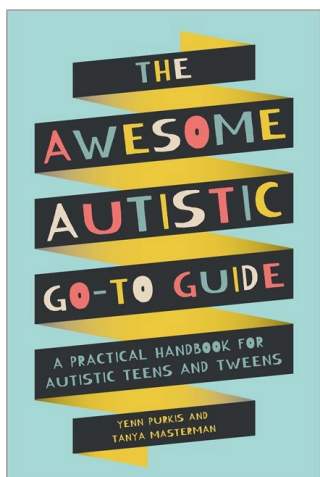
150 X 150 mm

80 Pages

Rel Date: September 2020

9781787754713

AUD\$: 28.99



Awesome Autistic Go-To Guide

A Practical Handbook for Autistic Teens and Tweens

By Yenn Purkis, Tanya Masterman

This book explores what it feels like to be a young person on the autism spectrum and looks at all the brilliant things people on the autism spectrum can do. Full of insights about being awesome and autistic, this book celebrates the strengths of understanding the world in a different way. It looks at all the reasons being you and thinking differently can be totally awesome! It also has tips for managing tricky situations such as meltdowns, sensory differences, and anxiety. It includes fun activities and diary pages where you can write your thoughts and feelings to help you concentrate on your strengths and work on your challenges. This book helps you develop the confidence to be who you are and help you live life with as little stress and anxiety as possible.

**JESSICA KINGSLEY
PUBLISHERS**

Disc: TRADE INTERNATIONAL
Paperback

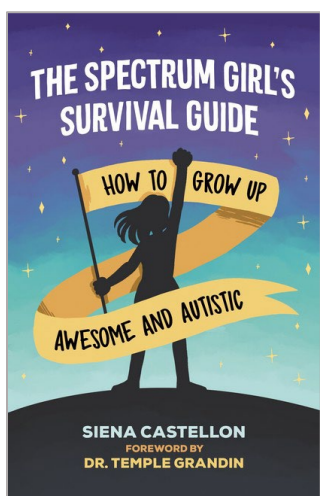
228 X 152 mm

112 Pages

Rel Date: June 2020

9781787753167

AUD\$: 34.99



Spectrum Girl's Survival Guide

How to Grow Up Awesome and Autistic

By Siena Castellon

"Never be ashamed of being different: it is this difference that makes you extraordinary and unique." This essential go-to guide gives you all the advice and tools you'll need to help you flourish and achieve what you want in life. From the answers to everyday questions such as Am I using appropriate body language? and Did I say the wrong thing? through to discussing the importance of understanding your emotions, looking after your physical and mental health, and coping with anxiety and sensory overloads, award-winning neurodiversity campaigner Siena Castellon uses her own experiences to provide you with the skills to overcome any challenge. With practical tips on friendships, dating, body image, consent, and appearance, as well as how to survive school and bullying, *The Spectrum Girls Survival Guide* gives you the power to embrace who you are, reminding you that even during the toughest of teen moments, you are never alone.

**JESSICA KINGSLEY
PUBLISHERS**

Disc: TRADE INTERNATIONAL
Paperback

216 X 138 mm

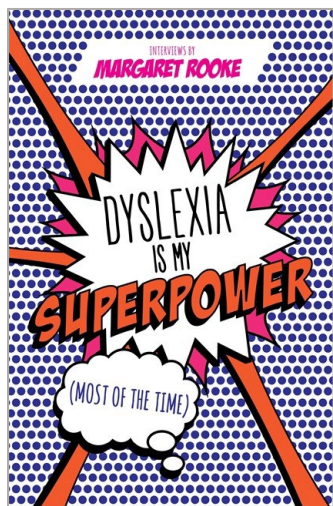
256 Pages

Rel Date: May 2020

9781787751835

AUD\$: 34.99





Dyslexia is My Superpower (Most of the Time)

By Margaret Rooke,
Catherine Drennan

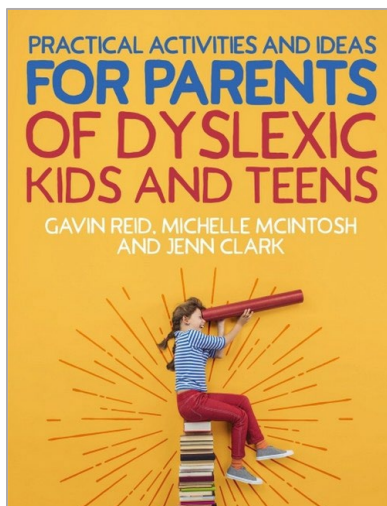


In more than 100 interviews, children and young adults reveal their personal tips and tactics for honing the creative benefits of dyslexia, enabling them to thrive in school and beyond. Strategies include ways to develop confidence and self-belief.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
215 X 140 mm
Release Date: December 2017
9781785922992

Paperback
240 pages
AUD\$: 36.99



Practical Activities and Ideas for Parents of Dyslexic Kids and Teens

By Gavin Reid, Michelle
McIntosh

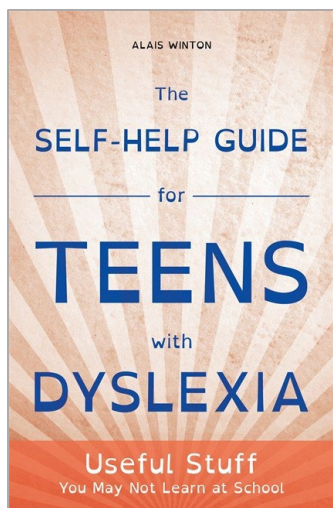


Over 70 tried and tested accessible activities and games for parents to use with dyslexic children and teens to boost their fundamental educational skills including reading, writing, spelling and executive functioning, and support.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
279 X 216 mm
Release Date: May 2022
9781787757615

Paperback
192 pages
B&W THROUGHOUT
AUD\$: 44.99



Self-Help Guide for Teens with Dyslexia Useful Stuff You May Not Learn at School

By Alais Winton

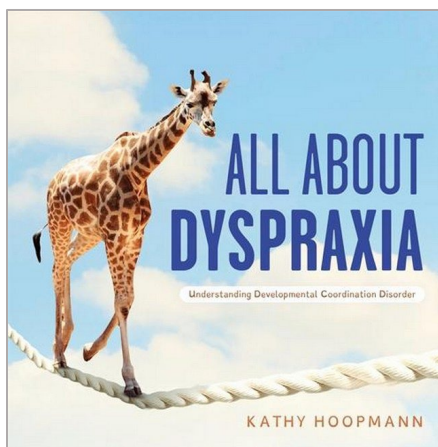


As Alais Winton knows, having dyslexia doesn't mean you're not bright; like her, you might just need a different way of looking at things. In this book, she lets you in on the learning techniques which work for her, and which you may not be taught at school.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
214 X 140 mm
Release Date: August 2015
9781849056496

Paperback
128 pages
AUD\$: 28.99



All About Dyspraxia Understanding Developmental Coordination Disorder

By Kathy
Hoopmann



A playful look at the world of dyspraxia, explored through photographs of an array of animals, following in the best-selling footsteps of Kathy Hoopmann's Inside Aspergers Looking Out. It provides a perfect introduction to the condition for families, friends, and the people who work with them.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
216 X 213 mm
Release Date: March 2022
9781787758353

Hardback
80 pages
AUD\$: 28.99



Don't Hug the Quokka!

By Daniel Errico, Mia Powell

NEW

That quokka may be cute, but does it want a hug?

The quokka says "No!".

In *Don't Hug That Quokka!*, young readers get a light-hearted and friendly introduction to the concept of consent, learning that even the most adorable creatures might not want a hug-unless they say so!

Consent is an important topic for parents to introduce with young children, but it can be tricky to do so in a way that's clear without being frightening.

This book is funny and cute but has a clear message that you must ask before touching someone else-it's a good place to start for young kids.

Author Bio:

Daniel Errico is a children's author and producer, and founder of <https://www.freechildrenstories.com/>. His works have been featured by The United Nations, The Today Show, Good Morning America, Huffington Post, BuzzFeed, USA Today, and many others. He is the creator and head writer of the Hulu Original Series the Bravest Knight, based on a successful short film. Visit him at @pajamabooks on Twitter and Instagram. Mia Powell is a mixed media illustrator who studied Illustration at Birmingham City University. She is a winner of the D&AD Newblood Pencil award. She lives in the UK. Visit her at @mi_illustration on Instagram.

MAGINATION PRESS

Disc: Trade International

254 X 203 mm

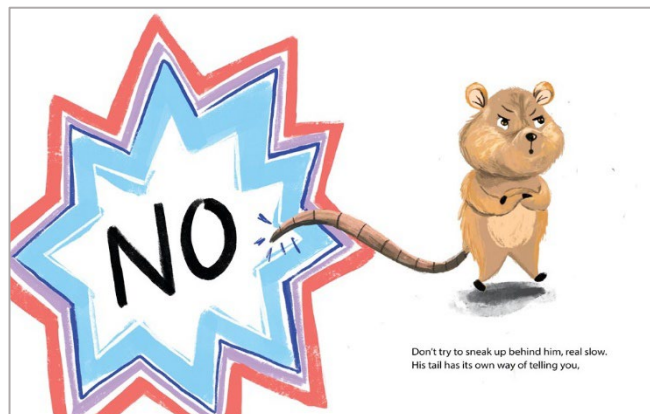
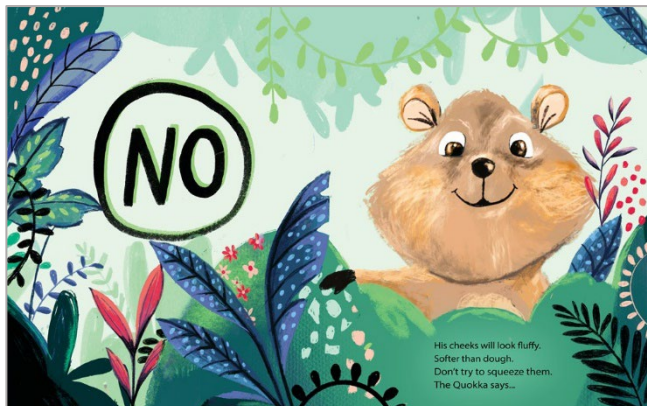
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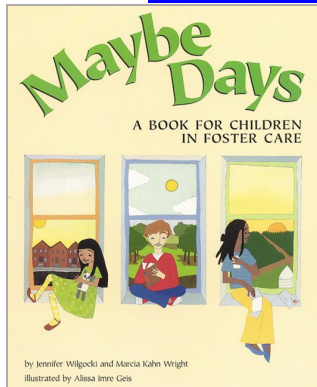
9781433837067

Hardback

32 pages

AUD\$: 36.99





Maybe Days

A Book for Children in Foster Care

By Jennifer Wilgocki, Marcia Wright

For many children in foster care, the answer to many questions is often ""maybe"". ""Maybe Days"" is a straightforward look at the issues of foster care, the questions that children ask, and the feelings that they confront. A primer for children going into foster care, the book also explains in children's terms the responsibilities of everyone involved - parents, social workers, lawyers, and judges. As for the children themselves, their job is to be a kid - and there's not maybe about that.

MAGINATION PRESS

Age: 4+ years

Disc: TRADE INTERNATIONAL

Paperback

100 X 100 mm

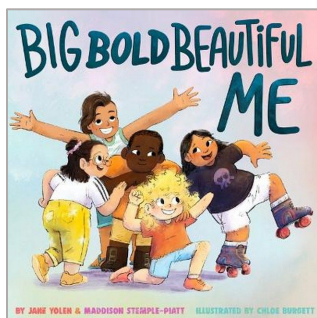
32 Pages

COLOUR SECTION(S)

Rel Date: December 2001

9781557988027

AUD\$: 20.99



Big Bold Beautiful Me

A Story that's Loud and Proud and Celebrates You!

By Jane Yolen, Maddison Stemple-Piatt

Kids will delight in reading Big, Bold, Beautiful Me and find themselves marching along and standing side-by-side protagonists just like them who portray body positivity is a loud, proud, and very fun way. Grown-ups will welcome the message of healthy attitudes when facing negative or derogatory comments of others. Together it is a valuable resource for young readers to confidently embrace who they are with big bold beautiful appeal to teachers, librarians, counsellors, and parents, too. I pull my shoulders back, and I walk with pride Hiking with my Nana, going stride for stride. Then I look in the mirror-and what do I see? Big and bold and beautiful me!

MAGINATION PRESS

Disc: TRADE INTERNATIONAL

Hardback

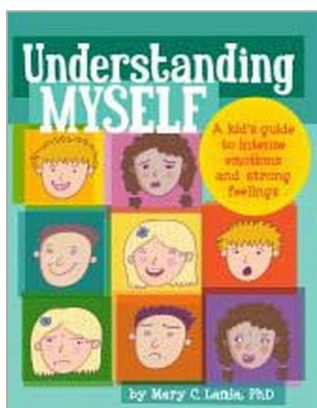
229 X 230 mm

32 Pages

Rel Date: February 2023

9781433838644

AUD\$: 34.99



Understanding Myself

A Kid's Guide to Intense Emotions and Strong Feelings

By Mary Lamia

Chock-full of cool psychology and info on emotions, real-life stories from kids, interesting facts, and feeling quizzes, Understanding Myself will help you notice just what all your emotions and feelings are telling you about yourself, your friends, and your family. So go ahead, peek inside! Soon you'll be an expert...on you.

MAGINATION PRESS

Disc: TRADE INTERNATIONAL

Paperback

100 X 10 mm

96 Pages

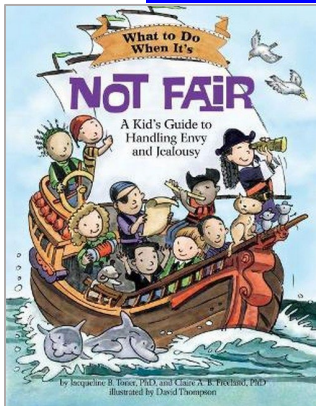
COLOUR SECTION(S)

Rel Date: January 2011

9781433808906

AUD\$: 20.99





What to Do When It's Not Fair

A Kid's Guide to Handling Envy and Jealousy

By *Jacqueline B. Toner, Clare A. B. Freeland*

Have you ever noticed how pirates use a spyglass to focus in on other ships or land in the distance? While they focus in on small things in the distance, they miss seeing other things around them. Sometimes they miss having fun. Sometimes they miss the beautiful treasure they already have! Just like a pirate using a spyglass, kids may focus in on one thing that they want, and not notice all the good things they already have. If you're a kid who thinks "it's not fair," this book is for you! What to Do When It's Not Fair guides children and their parents through the difficult emotions of envy and jealousy using strategies and techniques based on cognitive-behavioural principles. This interactive self-help book is the complete resource for educating, motivating, and empowering children to cope with envy - so they can sail the high seas with pleasure!

MAGINATION PRESS

Disc: TRADE INTERNATIONAL

Paperback

100 X 10 mm

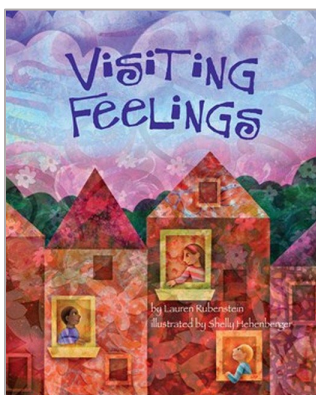
96 Pages

B&W THROUGHOUT

Rel Date: November 2013

9781433813412

AUD\$: 34.99



Visiting Feelings

By *Lauren Rubenstein, Shelly Hehenberger*

Do you have a feeling that's visiting today? Can you open your door and invite it to play? Visiting Feelings encourages children to treat their feelings like guests - welcome them in, get to know them, and perhaps learn why they are visiting. Through this purposeful and mindful exploration, Visiting Feelings harnesses a young child's innate capacity to fully experience the present moment and invites children to sense, explore, and befriend all their feelings with acceptance and equanimity. A Note to Parents provides more information about emotional awareness and mindfulness, plus practical advice, and activities for introducing mindfulness into daily family routine.

MAGINATION PRESS

Disc: TRADE INTERNATIONAL

Hardback

100 X 100 mm

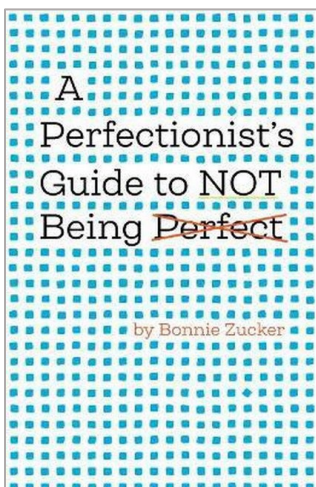
32 Pages

COLOUR SECTION(S)

Rel Date: November 2013

9781433813399

AUD\$: 32.99



A Perfectionist's Guide to Not Being Perfect

By *Bonnie Zucker*

It's hard for teens to be happy when they've created a very narrow window of what defines success. The goal of this helpful book is to encourage teens to maintain their desire to achieve without striving to always be perfect and to appreciate and love who they are just as they are, not for what they do or accomplish. Finding a balance between work and play is key. Challenging perfectionism is about the pursuit of happiness. When teens can recognize that perfectionism is a disadvantage, they can become motivated to do something about it. For many, it may just be shifting the perfectionism a bit to land in a more positive place. It might be about deciding when and where to be slightly perfectionistic, when and where they can let go of high standards and all-or-nothing thinking, and when it's okay to simply do a "good enough" job on something.

MAGINATION PRESS

Disc: TRADE INTERNATIONAL

Hardback

216 X 140 mm

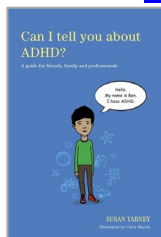
256 Pages

Rel Date: November 2022

9781433837036

AUD\$: 34.99





Can I tell you about ADHD?

Chris Martin

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

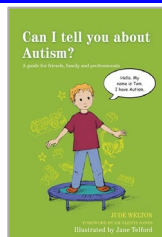
228 X 152 mm

Rel Date: March 2013

9781849053594

Paperback
64 pages

AUD\$: 26.99



Can I tell you about Autism?

Jane Telford

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

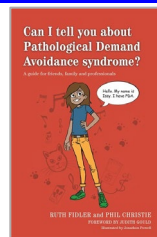
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Rel Date: May 2014

9781849054539

Paperback
64 pages

AUD\$: 26.99



Can I tell you about Pathological Demand Avoidance syndrome?

Ruth Fidler

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

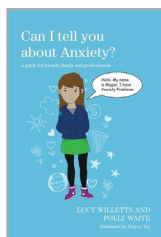
226 X 152 mm

Rel Date: March 2015

9781849055130

Paperback
56 pages

AUD\$: 26.99



Can I tell you about Anxiety?

Kaiyee Tay

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

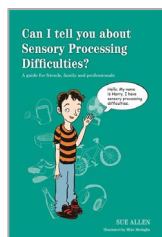
228 X 152 mm

Rel Date: September 2014

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Paperback
56 pages

AUD\$: 26.99



Can I tell you about Sensory Processing Difficulties?

Sue Allen

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

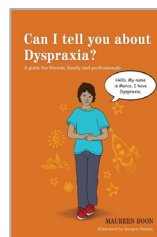
226 X 150 mm

Rel Date: December 2015

9781849056403

Paperback
56 pages

AUD\$: 26.99



Can I tell you about Dyspraxia?

Imogen Hallam

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

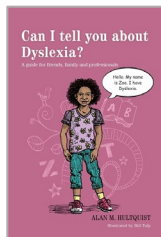
228 X 150 mm

Rel Date: May 2014

9781849054478

Paperback
56 pages

AUD\$: 26.99



Can I Tell You About Dyslexia?

Alan M. Hultquist

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

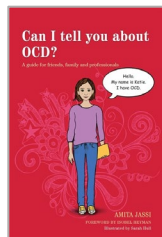
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Rel Date: September 2013

9781849059527

Paperback
56 pages

AUD\$: 26.99



Can I Tell You About OCD?

Isobel Heyman

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

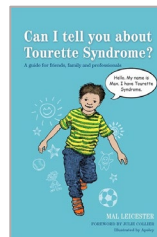
230 X 163 mm

Rel Date: July 2013

9781849053815

Paperback
48 pages

AUD\$: 26.99



Can I Tell You About Tourette Syndrome?

Mal Leicester

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

228 X 156 mm

Rel Date: February 2014

9781849054072

Paperback
56 pages

AUD\$: 26.99



Can I tell you about Gender Diversity?

CJ Atkinson

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

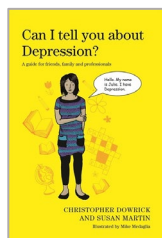
228 X 157 mm

Rel Date: April 2017

9781785921056

Paperback
64 pages

AUD\$: 26.99



Can I tell you about Depression?

Christopher Dowrick

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

230 X 156 mm

Rel Date: March 2015

9781849055635

Paperback
48 pages

AUD\$: 26.99



Can I Tell You About Self-Harm?

Pooky Knightsmith

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

228 X 150 mm

Rel Date: March 2018

9781785924286

Paperback
72 pages

AUD\$: 26.99



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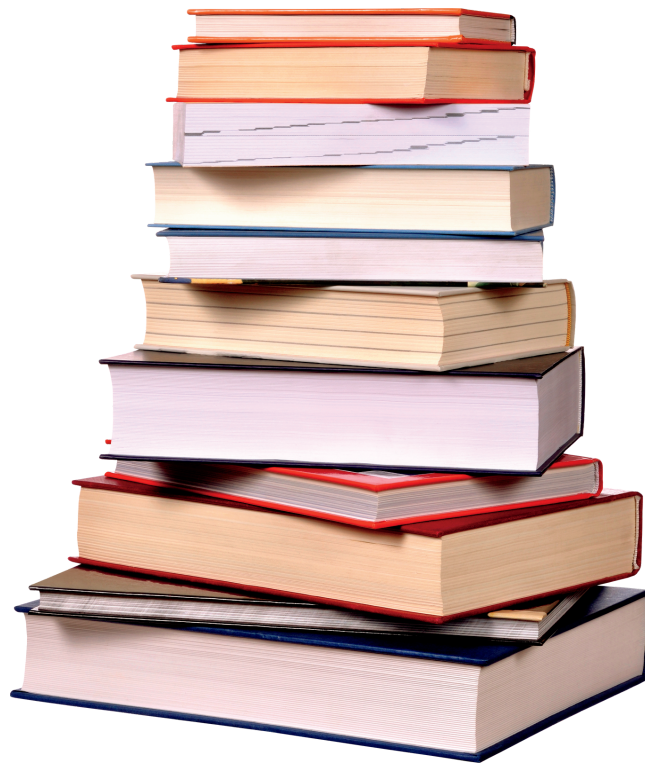
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