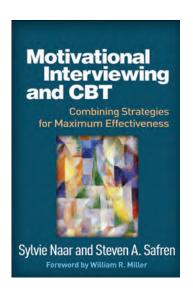
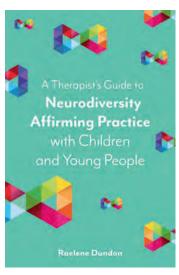
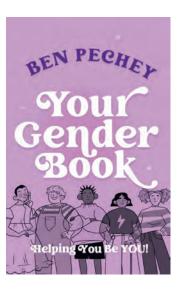


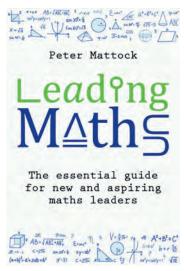
February 2024

Health and Education New Release Catalogue









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Motivational Interviewing and CBT

Combining Strategies for Maximum Effectiveness



Sylvie Naar and Steven A. Safren

Foreword by William R. Miller

Motivational Interviewing and CBT Combining Strategies for Maximum Effectiveness

By Sylvie Naar, Steven A. Safren, William R. Miller

NEW IN PAPERBACK

Providing tools to enhance treatment of any clinical problem, this book shows how integrating motivational interviewing (MI), and cognitive-behavioral therapy (CBT) can lead to better client outcomes than using either approach on its own.

The authors demonstrate that MI strategies are ideally suited to boost client motivation and strengthen the therapeutic relationship, whether used as a pretreatment intervention or throughout the course of CBT.

User-friendly features include extensive sample dialogues, learning exercises for practitioners, and 35 reproducible client handouts that can be downloaded and printed in a convenient 8½" x 11" size.

This title is part of the Applications of Motivational Interviewing Series, edited by Stephen Rollnick, William R. Miller, and Theresa B. Moyers.

Author Bio:

Sylvie Naar, PhD, is Professor and Director of the Division of Behavioral Sciences in the Department of Family Medicine and Public Health Sciences at Wayne State University. She conducts research on the use of MI and MI integrated with CBT to improve health behaviors for many populations. She also studies how best to teach MI and how to implement the approach within organizations.

Steven A. Safren, PhD, ABPP, is Professor of Psychology at the University of Miami. Previously, he was Professor of Psychology in Psychiatry at Harvard Medical School and Director of Behavioral Medicine at Massachusetts General Hospital (MGH). He is a past editor of Cognitive and Behavioral Practice and an associate editor of the Journal of Consulting and Clinical Psychology. Dr. Safren is a recipient of the Pioneer Award for Outstanding Contributions to HIV Adherence Science/Practice from the International Association of Providers of AIDS Care, as well as mentoring/training awards from Division 44 (Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues) of the American Psychological Association, Harvard Medical School, and the Division of Psychology Training at MGH.

GUILFORD PUBLICATIONS

Category: OTHER MEDICINE

Not Illustrated

Disc: Acad & Professional

254 X 178 mm

Release Date: January 2024

9781462553778

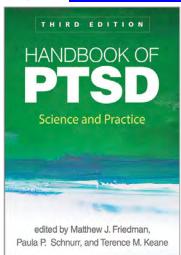


Paperback 242 pages

AUD\$: 82.99

PSYCHOLOGY

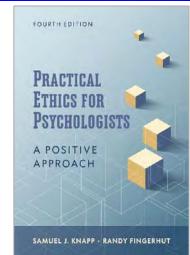




Handbook of PTSD 3/e Science and Practice

By Matthew J. Friedman, Paula P. Schnurr





Practical Ethics for Psychologists 4/e A Positive Approach

By Samuel J. Knapp, Randy **Fingerhut**



Contributors examine the breadth of current knowledge on the mechanisms by which stressful events can alter psychological processes, brain function, and individual behavior.

GUILFORD PUBLICATIONS

Category: PSYCHOLOGY Australian and NZ Contributors

Disc: ACAD & PROFESSIONAL

254 X 178 mm

Release Date: February 2024

9781462553785

Paperback 670 pages **NOT ILLUSTRATED** AUD\$: 177.00

AMERICAN PSYCHOLOGICAL ASSOCIATION

Category: PSYCHOLOGY Disc: ACAD & PROFESSIONAL

those impacted by their work.

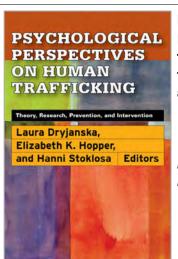
254 X 178 mm

Release Date: February 2024

9781433842498 AUD\$: 190.00

Guided by the APA Ethics Code and social justice, this book

helps psychologists solve ethical dilemmas while empowering



Psychological Perspectives on Human Trafficking

Theory, Research, Prevention, and Intervention

By Laura Dryjanska, Elizabeth K. Hopper



Paperback

270 pages

HANDBOOK Occupational Health **Psychology** THIRD EDITION Lois E. Tetrick, Gwenith G. Fisher, Michael T. Ford & James Campbell Quick

Handbook of **Occupational Health** Psychology 3/e

Paperback

319 pages

By Lois Ellen Tetrick, Gwenith G. Fisher



Explores human trafficking through various psychological frameworks, summarizing the definitions and types of trafficking, their social impact, and the ways in which mental health practitioners can provide care to victims.

AMERICAN PSYCHOLOGICAL ASSOCIATION

Category: PSYCHOLOGY Disc: ACAD & PROFESSIONAL 229 X 152 mm

Release Date: February 2024

9781433838705

AUD\$: 165.00

Grounded in the Total Worker Health model, this new edition reflects the expanding scope of the field, as well as recent changes in the nature and organization of work.

AMERICAN PSYCHOLOGICAL ASSOCIATION

Category: PSYCHOLOGY Disc: ACAD & PROFESSIONAL

254 X 178 mm

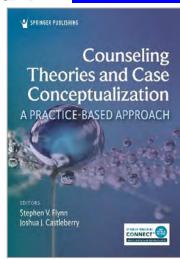
Release Date: February 2024

9781433837777

Paperback 660 pages

AUD\$: 254.00





Counseling Theories and Case Conceptualization A Practice-Based Approach

By Stephen V. Flynn, Joshua J. Castleberry



Helps future counsellors apply key theoretical constructs to real-world scenarios through session transcripts and detailed case conceptualizations for students enrolled in master's and advanced doctoral programs.

SPRINGER PUBLISHING COMPANY

Category: NURSING & ANCILLARY Disc: ACAD & PROFESSIONAL 254 X 178 mm

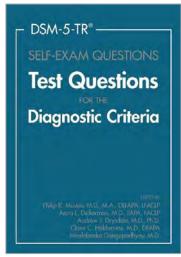
Release Date: February 2024

9780826182913

438 pages

AUD\$: 211.00

Paperback



DSM-5-TR (R) Self-Exam Questions Test Questions for the Diagnostic Criteria

By Philip R. Muskin, Anna L. Dickerman



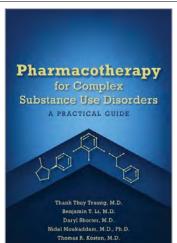
DSM5TR® SelfExam Questions: Test Questions for the Diagnostic Criteria elucidates the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition, Text Revision, through self-exam questions designed to test the readers knowledge.

AMERICAN PSYCHIATRIC ASSOCIATION PUBLISHING

Category: OTHER MEDICINE

Disc: ACAD & PROFESSIONAL Paperback 254 X 178 mm 450 pages

Release Date: February 2024 B&W THROUGHOUT **9781615375097** AUD\$: **190.00**



Pharmacotherapy for Complex Substance Use Disorders A Practical Guide

By Thanh Thuy Truong, Benjamin Li



In 2020, the National Survey on Drug Use and Health estimated that 40.3 million Americans met the criteria for a substance use disorder (SUD) in the past year. Yet few FDAapproved treatments exist for SUDs.

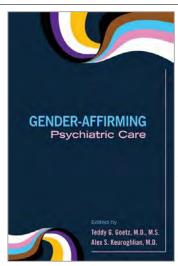
AMERICAN PSYCHIATRIC ASSOCIATION PUBLISHING

Category: OTHER MEDICINE Disc: ACAD & PROFESSIONAL

229 X 152 mm

Release Date: October 2023 9781615374953 Paperback 345 pages

COLOUR SECTION(S)
AUDS: 183.00



Gender-Affirming Psychiatric Care

By Teddy G. Goetz, Alex S. Keuroghlian



Gender-Affirming Psychiatric Care is the first textbook in the field to provide an affirming, intersectional, and evidence informed approach to caring for transgender, nonbinary, and/or gender expansive (TNG) individuals.

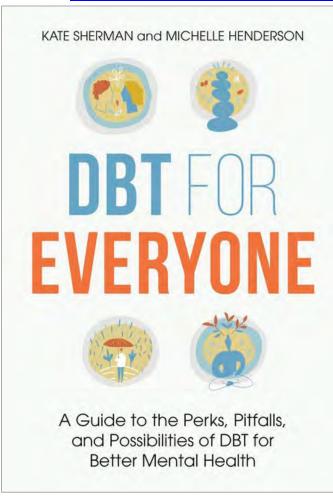
AMERICAN PSYCHIATRIC ASSOCIATION PUBLISHING

Category: OTHER MEDICINE

Disc: ACAD & PROFESSIONAL Paperback 229 X 152 mm 380 pages

Release Date: February 2024 B&W THROUGHOUT 9781615374724 AUD\$: 147.00





Author Bio:

Kate Sherman and Michelle Henderson are Licensed Mental Health Counselors and hosts of the popular podcasts, DBT and Me and The Couch and the Chair. They both have personal and professional experience of using DBT skills and are passionate about communicating the benefits of DBT more widely. Both authors are based in the US.

DBT for Everyone

A Guide to the Perks, Pitfalls, and Possibilities of DBT for Better Mental Health

By Michelle Henderson, Kate Sherman

Key Sales Points:

*A simple guide to using DBT skills in daily life from the hosts of the popular DBT and Me podcast.

DBT skills can be a fantastic way to approach life's challenges. But where do you start?

This down-to-earth guide walks you through the four DBT modules, mindfulness, distress tolerance, emotion regulation, and interpersonal effectiveness.

Each chapter explains how to practice the key skills and dives into the authors' own experiences to explore what works, what doesn't, and which skills work best for challenges.

Journaling prompts help you work out how to fit the skills into your own day-to-day life, so you can make changes that work for you.

DBT works by helping you to understand difficult emotions and develop skills to regulate them in a healthy way.

Whether you struggle with mental health difficulties, or just want to improve the way you handle everyday stress and challenges, this book will filter out the jargon and show you how to use DBT skills in real life.

JESSICA KINGSLEY PUBLISHERS

Category: FAMILY & HEALTH

B&W Throughout

Disc: Trade International 246 X 173 mm

Release Date: February 2024

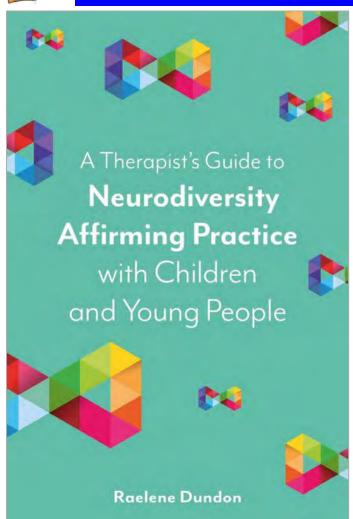
9781839975882

9 781839 975882

Paperback 208 pages

AUD\$: 40.99





A Therapist's Guide to Neurodiversity Affirming Practice with Children a

By Raelene Dundon

AUS AUTHOR

Key Sales Points:

* The go-to-guide for shifting your clinical practice to an affirming approach that honours neurodivergence.

In this honest and practical guide, autistic therapist Raelene Dundon explores and demystifies how neurodiversity affirming principles can be easily applied to therapeutic practice.

Covering essential considerations for working with neurodivergent clients such as presuming competence, promoting autonomy, and respecting communication styles, and providing advice on the best affirming approaches in therapy including how to accommodate sensory needs and encourage self-advocacy, Raelene provides easy-to-implement ways to make your practice inclusive and empowering for neurodivergent children and young people.

The deficit model is out. It's time to become neurodiversity affirming.

Author Bio:

Raelene Dundon is the Director of Okey Dokey Childhood Therapy, a large multidisciplinary therapy practice for children in Melbourne, Australia. She is a late diagnosed Autistic ADHDer and is an endorsed Educational and Developmental Psychologist. Raelene has over 15 years' experience working with neurodivergent children and their families, providing educational, social/emotional and parenting support.

JESSICA KINGSLEY PUBLISHERS

Category: CLINICAL/INT'L MEDIC

Author is from Australia

B&W Throughout

Disc: Acad & Professional

229 X 152 mm

Release Date: January 2024

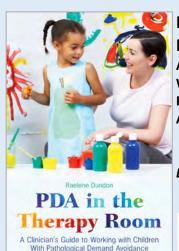
9781839975851

9 781839975851

Paperback 208 pages

AUD\$: 56.99





PDA in the Therapy Room

A Clinician's Guide to Working with Children with Pathological Demand Avoidance

By Raelene Dundon



Pathological Demand Avoidance (PDA) presents a unique challenge for professionals, whereby conventional therapy methods are often perceived as demands and met with opposition where they normally would have proven effective.

JESSICA KINGSLEY PUBLISHERS

Category: CLINICAL/INT'L MEDIC

Author is from Australia

Disc: TRADE INTERNATIONAL

229 X 152 mm

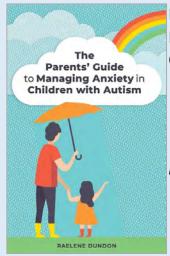
Release Date: April 2021

9781787753471

Paperback

176 pages 216 X 138
Release D
AUD\$: 48.99 97817859

aching Social Skills



Parents' Guide to Managing Anxiety in Children with Autism

By Raelene Dundon



This guide for parents is a complete introduction to autism and anxiety. Drawing on the author's clinical experience working with children and their families, it provides parents and carers with everything they need to know to help support their child.

JESSICA KINGSLEY PUBLISHERS

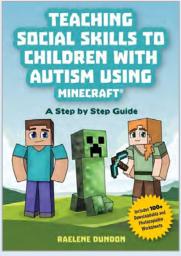
Category: CLINICAL/INT'L MEDIC

Author is from Australia

Disc: TRADE INTERNATIONAL Paperback 216 X 138 mm 176 pages

Release Date: January 2020

9781785926556 AUD\$: 40.99



Teaching Social Skills to Children with Autism Using Minecraft® A Step by Step Guide

By Raelene Dundon, Chloe-Amber Scott



This comprehensive and accessible guide contains everything that needs to be known in order to set up and run a Minecraft® Social Group for children with autism spectrum disorders.

JESSICA KINGSLEY PUBLISHERS

Category: CLINICAL/INT'L MEDIC

Author is from Australia

Disc: ACAD & PROFESSIONAL 296 X 201 mm

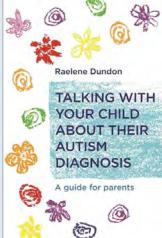
Release Date: April 2019

Release Date. April 2019

9781785924613

Paperback 224 pages

AUD\$: 61.99



Talking with Your Child about Their Autism Diagnosis

A Guide for Parents

By Raelene Dundon



Telling your child about their autism diagnosis can be daunting. Will they be better off for knowing? What's the right way to tell them? Should you inform anyone else too?

JESSICA KINGSLEY PUBLISHERS

Category: CLINICAL/INT'L MEDIC

Author is from Australia

Disc: TRADE INTERNATIONAL 216 X 159 mm

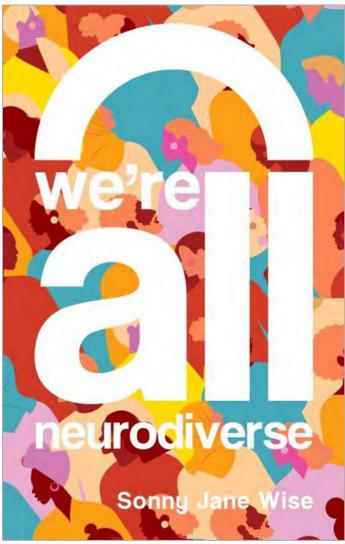
Release Date: January 2018

9781785922770

Paperback 160 pages

AUD\$: 40.99





Author Bio:

Sonny Jane Wise is a non-binary, disabled and neurodivergent advocate based in Australia. Sonny was diagnosed as a child and grew up only hearing a deficit narrative. Since then, their mission has been to change the narrative on neurodiversity and neurodivergence as an internationally recognised public speaker, author, and creator.

We're All Neurodiverse

How to Build a Neurodiversity-Affirming Future and Challenge Neuronormativity

By Sonny Jane Wise

AUS AUTHOR

Key Sales Points:

- * Author with lived experience and a growing 70k strong platform- Sonny Jane Wise has a dedicated and growing Instagram @livedexperineceeducator where they share tips, explanations that directly engages with the book's audience of neurodivergent people, parents, and allies.
- * Radical interpretation of neurodiversity sets this book apart from other neurodiversity guides, sensitively making the argument that diagnosis such as schizophrenia and bipolar disorder should also fall under the term neurodivergent.
- * Appeals to a wide cross audience with narratives and interviews from people from people of colour, across cultures, age ranges, genders, and sexuality.

This affirming and thoughtful guide outlines how and why we need to fundamentally shift our thinking about neurodivergent people. We need to accept differences rather than framing them as a problem, abnormality, or disorder.

Welcome to the neurodiversity paradigm. At times challenging and radical, Sonny Jane Wise explores the intersections of neurodivergence with disability, gender, sexuality, and race. Through interviews, narratives, and the lens of their own raw experiences, they consider how current systems and structures that impact neurodivergent people are rooted in outdated capitalist and racist frameworks, and how these need to change and adapt to be neurodiversity affirming.

Sonny Janes words are a rallying cry to challenge the pathology paradigm. And instead offers nine principles for facilitating change with core values that are reflected in deeply personal stories from the neurodivergent community. Powerful and persuasive, this book is a clarion call for a kinder and more neurodiversity affirming society.

JESSICA KINGSLEY PUBLISHERS

Category: CLINICAL/INT'L MEDIC

Author is from Australia

Not Illustrated

Disc: Trade International 216 X 138 mm

Release Date: November 2023

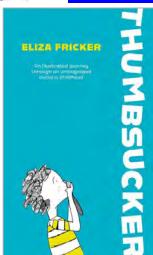
9781839975783

9 781839 975783

Paperback 208 pages

AUD\$: 34.99





Thumbsucker

By Eliza Fricker



From the Sunday Times bestselling author, Eliza Fricker, comes an illustrated graphic novel that explores her neurodivergent childhood. Full of personal anecdotes and insights, Eliza's is a story that will resonate with many adults.

JESSICA KINGSLEY PUBLISHERS

Category: FAMILY & HEALTH Disc: TRADE INTERNATIONAL

216 X 138 mm

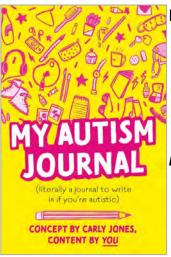
Release Date: October 2023

9781839978548

Paperback 128 pages

B&W THROUGHOUT

AUD\$: 37.99



My Autism Journal

By Carly Jones



The first fully illustrated journal, tailored for autistic teenagers to help them express difficult emotions like anxiety, trauma, and depression. Full of prompts and the freedom to create.

JESSICA KINGSLEY PUBLISHERS

Category: CLINICAL/INT'L MEDIC Disc: TRADE INTERNATIONAL

229 X 152 mm

Release Date: October 2023

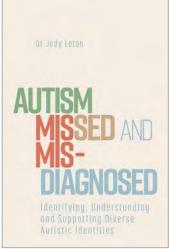
9781839974342

Ages: 11 - 16 years

Paperback 176 pages

B&W THROUGHOUT

AUD\$: 38.99



Autism Missed and Misdiagnosed

Identifying, Understanding and Supporting Diverse **Autistic Identities**

By Judy Eaton



A professionals' guide to understanding and better identifying diverse autistic presentations, with chapters covering autistic diagnosis in BAME communities, misdiagnosis, and the criminal justice system.

JESSICA KINGSLEY PUBLISHERS

Category: CLINICAL/INT'L MEDIC Disc: ACAD & PROFESSIONAL

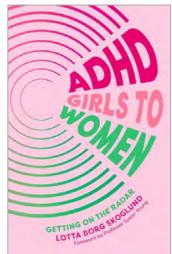
229 X 152 mm

Release Date: October 2023

9781839974601

Paperback 224 pages

B&W THROUGHOUT AUD\$: 56.99



ADHD Girls to Women From Invisibility, Emotional Dysregulation & Burn out to Self Knowledge

By Lotta Borg Skoglund



A research-informed look at the unique challenges of girls and women with ADHD, from an international ADHD expert, drawing on the lived experiences of ADHD women and girls to provide tips and strategies for stronger emotional regulation.

JESSICA KINGSLEY PUBLISHERS

Category: FAMILY & HEALTH Disc: TRADE INTERNATIONAL

216 X 138 mm

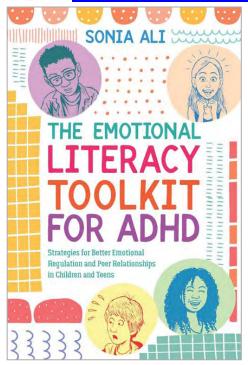
Release Date: January 2024

9781805010548

Paperback 224 pages

B&W THROUGHOUT

AUD\$: 35.99



The Emotional Literacy Toolkit for ADHD Strategies for Better Emotional Regulation and Peer Relationships in Children and Teens

By Sonia Ali

Key Sales Points:

*An interactive mentoring book to help older children and teens with ADHD develop emotional literacy.

Challenges with emotional regulation and rejection sensitivity can disproportionately affect children and teens with ADHD, impacting on their development at school and their relationship with their peers. Developed for children and young people who experience difficulties with emotional regulation, SEND specialist Sonia Ali, shares a mentoring Intervention programme to support a child or young person with this issue at school or at home. Covering concepts like the fight, flight or freeze response and the Window of Tolerance, managing anger outbursts and overwhelm or navigating conflict with peers, this easily digestible book will help educators and carers support children and teens to develop core emotional literacy skills in an enjoyable way! This accessible, step-by-step guide is packed with activities, including role-play situations, discussion-based statements, quizzes and more.

JESSICA KINGSLEY PUBLISHERS

Category: PSYCHOLOGY
Disc: TRADE INTERNATIONAL

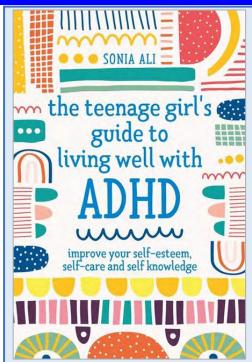
229 X 152 mm

Release Date: February 2024

9781839974267



Paperback 144 pages B&W THROUGHOUT AUD\$: 40.99



The Teenage Girl's Guide to Living Well with

Improve Your Self-Esteem, Self-Care, and Self Knowledge

By Sonia Ali

Key Sales Points:

* The go-to guide for teenage girls with ADHD, helping them to understand their strengths.

ADHD can impact your life in many ways. This positive, self-affirming guide will increase your knowledge about ADHD and empower you in your daily life. The chapters are full of tips, tricks, and life hacks so you can better manage your time, harness your creativity, energy and enthusiasm, and make more time for fun! Reflection activities and quizzes will help you better understand yourself and learn strategies on how to manage the intense emotions of rejection sensitivity. You'll learn the fundamentals of great self-care and how to look forward to life beyond school. Learn how ADHD brains work, and tricky concepts like executive functioning. Quick chapter summaries let you pick which sections are most relevant to you right now, and the strategies and visuals are designed for ADHD brains and can be used with support from parents, mentors, or teachers.

JESSICA KINGSLEY PUBLISHERS

Category: FAMILY & HEALTH Disc: TRADE INTERNATIONAL

229 X 152 mm

Release Date: March 2022

9781787757684

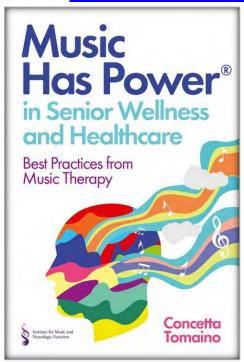


Paperback 160 pages

B&W THROUGHOUT

AUD\$: 37.99





Music Has Power (R) in Senior Wellness and Healthcare

Best Practices from Music Therapy

By Concetta Tomaino, The Institute of Music, and **Neurologic Function**

Key Sales Points:

* How to introduce and use music therapeutically in senior healthcare settings, both in home and in agency, with practical directives and evidence-based interventions.

The transformative role music therapy can play in all areas of healthcare, and especially in the care of older adults is increasingly apparent. However, while music activities are present in most care settings, these activities don't provide the therapeutic benefits that are possible with music therapyinformed interventions and programs. Best practices from music therapy are transforming dementia care and have the potential to improve healthcare-and health-for older people, whatever their needs, wherever they receive care. With chapters on mental health and wellness, dementia, as well as movement and speech rehabilitation, this comprehensive and friendly practice guide will help all caregivers use music therapy best practices to provide better, more fulfilling support across all senior healthcare settings.

JESSICA KINGSLEY PUBLISHERS

Category: NURSING & ANCILLARY Disc: ACAD & PROFESSIONAL

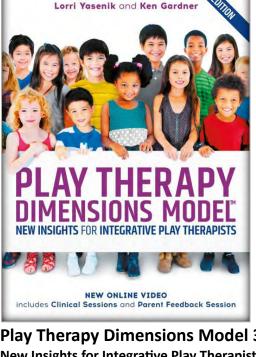
234 X 156 mm

Release Date: February 2024

9781805010647



Paperback 224 pages **B&W THROUGHOUT** AUD\$: 59.99



Play Therapy Dimensions Model 3/e **New Insights for Integrative Play Therapists**

By Lorri Yasenik, Ken Gardner, Karen Stagnitti, Athena A. **Drewes**

Key Sales Points:

* A fresh update of the key play therapy textbook, utilized as a core text in play therapy training internationally.

An updated take on a fundamental decision-making framework, this practical guide explores the dimensions of play therapy and how they apply to today's practitioner. In-depth case studies illustrate the interplay between theory and practice, demonstrating an integrative case conceptualization approach. Scales have been updated to reflect current best practice and developments in the field and combine with the core decisionmaking framework for a deeper, expanded use of the model. New chapters delve into parent work and case conceptualization utilizing observational and self-reflective forms. Downloadable video content brings the text to life, including a new video illustrating the essentials of consultation with parents. Whether you're a seasoned play therapist or just starting out, this fresh take on the dimensions of play therapy will foster self-reflection of the who, what, when, why, and how of play therapy.

JESSICA KINGSLEY PUBLISHERS

Category: NURSING & ANCILLARY Disc: TRADE INTERNATIONAL

246 X 173 mm

Release Date: February 2024

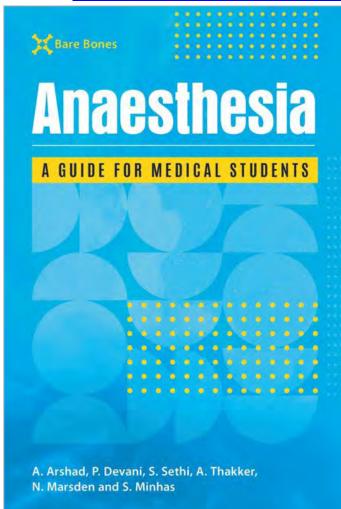
9781839976537



Paperback 288 pages **B&W THROUGHOUT**

AUD\$: 94.99





Bare Bones Anaesthesia A medical student's guide

By Adam Arshad, Sonika Sethi, Pooja Devani, Nicholas Marsden, Simran Minhas

A one-stop full-colour resource which provides tailored, guideline-specific information to prepare you for your medical school examinations.

Bare Bones Anaesthetics is an exciting new text appropriate for the level of a medical student to excel in their medical school examinations.

It contains all the core information you need to know and includes important MCQ and OSCE tips for those tricky situations that examiners attempt to catch medical students out on.

These are highlighted throughout the textbook to emphasize their importance for your learning and to focus your understanding.

Written by a team of junior doctors, who have recently been through medical schools, the book gives you the essential information in an easy-to-use format.

SCION PUBLISHING LTD

Category: OTHER MEDICINE Disc: Acad & Professional 244 X 172 mm

Release Date: February 2024

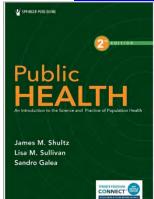
9781911510987

Paperback 128 pages

AUD\$: 50.99

HEALTH AND SOCIAL CARE





Public Health 2/e

An Introduction to the Science and Practice of Population Health

By James M. Shultz, Lisa M. Sullivan

Now in its second edition, *Public Health: An Introduction to the Science and Practice of Population Health* is expanded in both scope and depth of content to better aid students who are launching their public health studies and preparing for professions in the field. This edition features a greater emphasis on the social determinants of health, health equity, prevention of disease and disability, and the practice of public health. Public Health explores both historical public health issues and contemporary public health challenges-including environmental justice, food deserts, climate change, and COVID-19-through the social ecological lens and with a life course perspective. In addition to establishing a solid knowledge base on the foundations, functions, and core values of public health, the book presents an engaging survey of the social ecological framework and of the demographic factors affecting health at different life stages.

SPRINGER PUBLISHING COMPANY

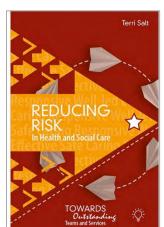
MEDICINE: GEN ISSUES
Disc: ACAD & PROFESSIONAL
Paperback

Paperback 254 X 178 mm 450 Pages

B&W THROUGHOUT Rel Date: February 2024

9780826180421 AUD\$: 178.00





Reducing Risk in Health and Social Care Towards Outstanding Teams and Services

By Terri Salt

The Towards Outstanding series offers essential resources for health and social care services regulated by the Care Quality Commission, built around the five questions that inspectors use (are services safe, effective, caring, responsive and well-led?). Written by a senior CQC inspector, *Reducing Risk in Health and Social Care* takes a close-up look at the are they safe? aspect of assessment, showing that exceptional safety is about the consistent and effective identification and mitigation of everyday risks for the service type. The CQC has introduced a new approach involving quality statements, with a greater focus on risk, and this will be the first book to include the new standards.

PAVILION PUBLISHING & MEDIA

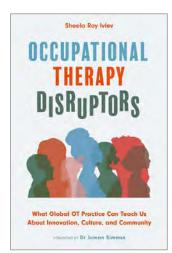
MEDICINE: GEN ISSUES
Disc: ACAD & PROFESSIONAL

Paperback 234 X 156 mm 312 Pages

NOT ILLUSTRATED
Rel Date: February 2024

9781803883076 AUD\$: 89.99





Occupational Therapy Disruptors

What Global OT Practice Can Teach Us About Innovation, Culture, and Comm

By Sheela Roy Ivlev

This anthology collates 16 unique and powerful perspectives from occupational therapists around the globe, each highlighting the culture that they are a part of and how it informs their work and care. Ranging across almost every continent in the world including stories from Aotearoa to the Gaza Strip to Dhaka and beyond, The Disrupt OT Book of Community Guidance offers a decolonised re-examination of occupational therapy through a poignant, global lens. Based on a series of interviews conducted by Sheela Roy Ivley, each account provides candid and personal reflections and challenges found in occupational therapy in different cultural and political contexts and inspires occupational therapists to enrich their own practice with cultural awareness and reflexivity.

JESSICA KINGSLEY PUBLISHERS

NURSING & ANCILLARY
Disc: TRADE INTERNATIONAL
Paperback

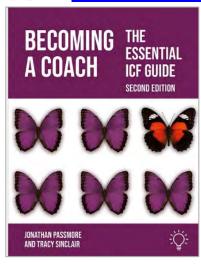
Paperback 229 X 152 mm 208 Pages

B&W THROUGHOUT Rel Date: February 2024

9781839976650 AUD\$: 53.99







Becoming a Coach 2/e The Definitive ICF Guide 2023

By Jonathan Passmore, Tracy Sinclair



How can you become the very best coach you can be? Becoming a Coach provides all the knowledge and inspiration needed to reflect on who you are, what you do, and how you can develop as a professional coach.

PAVILION PUBLISHING & MEDIA

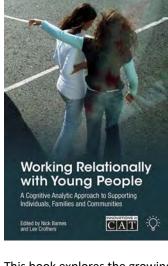
Category: PSYCHOLOGY Disc: ACAD & PROFESSIONAL 246 X 189 mm

Release Date: February 2024

9781803880433

Paperback
288 pages

NOT ILLUSTRATED AUD\$: 99.99



Working Relationally with Young People

A Cognitive Approach to Helping Individuals, Families and Communities

By Nick Barnes, Lee Crothers



This book explores the growing interest in and demand for relational mental health support for young people, parents, families, and communities.

PAVILION PUBLISHING & MEDIA

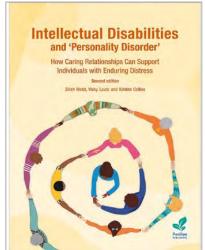
Category: OTHER MEDICINE Disc: ACAD & PROFESSIONAL

234 X 156 mm

Release Date: February 2024

9781803883120

Paperback 288 pages NOT ILLUSTRATED AUD\$: 89.99



Intellectual Disabilities and 'Personality Disorder' How Caring Relationships Can Support Individuals with Enduring Distress

By Zillah Webb, Vicky Laute



Some individuals with intellectual disabilities experience pervasive patterns of feeling and thinking that affect the way in which they relate to others and understand themselves.

PAVILION PUBLISHING & MEDIA

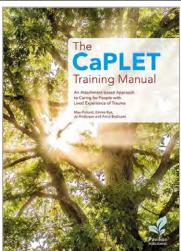
Category: SOCIAL WELFARE Disc: ACAD & PROFESSIONAL

246 X 189 mm

Release Date: January 2024

9781803882581

Paperback 400 pages NOT ILLUSTRATED AUD\$: 134.00



The CaPLET Training Manual

An Attachment-based Approach to Caring for People with Lived Experience of Trauma

By Jo Anderson, Anna Bodicoat



There is increased interest in trauma informed care in the UK and worldwide, however so far there are limited resources for professionals providing training to help health and social care staff.

PAVILION PUBLISHING & MEDIA

Category: SOCIAL WELFARE Disc: ACAD & PROFESSIONAL

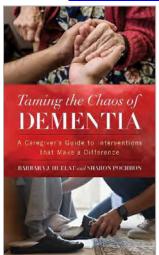
100 pages

Release Date: January 2024

Paperback

9781803882703 AUD\$: 194.00





Taming the Chaos of Dementia

A Caregiver's Guide to Interventions That Make a Difference

By PhD Pochron Sharon T.



The dementia journey for both caregiver and patient can be chaotic and scary, and while there is no cure for dementia, there ARE interventions that can help make the journey a calmer and more comfortable one.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: FAMILY & HEALTH Disc: ACAD & PROFESSIONAL 216 X 140 mm

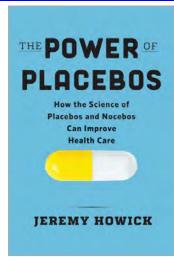
Release Date: November 2023

9781538178980

Hardback 200 pages

B&W THROUGHOUT

AUD\$: 63.99



The Power of Placebos How the Science of Placebos and Nocebos Can Improve Health Care

By Jeremy Howick



The history, philosophy, ethics, and science behind the placebo and nocebo effects. Placebos are the most widely used treatments in the history of medicine.

JOHNS HOPKINS UNIVERSITY PRESS

Category: PSYCHOLOGY Disc: TRADE INTERNATIONAL

229 X 152 mm

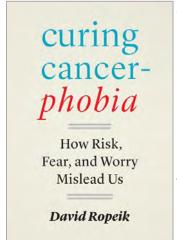
Release Date: February 2024

9781421446387

Hardback 320 pages

B&W THROUGHOUT

AUD\$: 89.99



Curing Cancerphobia How Risk, Fear, and Worry Mislead Us

By David Ropeik



Our fear of cancer causes great harm to individual health and to society. The fear of cancer is understandable. But that fear is in some ways outdated, as it fails to account for the medical progress made against this family of diseases.

JOHNS HOPKINS UNIVERSITY PRESS

Category: LAWS SPECIFIC JURISD Disc: TRADE INTERNATIONAL

229 X 152 mm

Release Date: February 2024

9781421447407

Hardback 392 pages

B&W THROUGHOUT AUD\$: 109.00



We Wait for a Miracle Health Care and the Forcibly Displaced

By Muhammad H. Zaman



The story of how we treat refugees is a story about our own moral failings, and the barriers that refugees face in accessing health care can be as difficult to overcome as any other adversity in their path to stability.

JOHNS HOPKINS UNIVERSITY PRESS

Category: MEDICINE: GEN ISSUES Disc: TRADE INTERNATIONAL

229 X 152 mm

Release Date: February 2024

9781421447308

Hardback 248 pages

AUD\$: 78.99

PARENTING





Why Mixed Feeding Matters

By Karen Hall



Many parents plan to introduce a bottle early in their child's life, whether they're going to use formula or expressed breastmilk. Many more find themselves going down this pathway even though they hadn't planned to.

PINTER AND MARTIN

Category: FAMILY & HEALTH Disc: TRADE INTERNATIONAL

175 X 110 mm

Release Date: February 2024

9781780666600

Paperback 160 pages

B&W THROUGHOUT

AUD\$: 24.99



Why Single Parents Matter

By Amy Brown



One in six families with children under 18 in the UK is headed by a single parent, yet portrayals of single parents in the public eye are often one-sided, focusing on challenges and negative stories.

PINTER AND MARTIN

Category: FAMILY & HEALTH Disc: TRADE INTERNATIONAL

175 X 110 mm

Release Date: February 2024

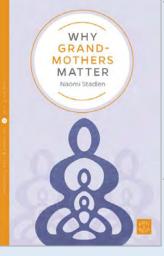
9781780666556

Paperback 160 pages

B&W THROUGHOUT

AUD\$: 24.99

PARENTING TITLES FROM PINTER AND MARTIN ALSO AVAILABLE AND IN STOCK NOW



Why Grandmothers Matter

By Naomi Stadlen



Why Grandmothers Matter describes the experience of having grandchildren across many cultures, and discusses the sometimes-delicate relationships between grandmother, parent-child and grandchild.

PINTER AND MARTIN

Category: FAMILY & HEALTH Disc: TRADE INTERNATIONAL

175 X 110 mm

Release Date: September 2023

9781780666501

Paperback 144 pages B&W THROUGHOUT AUD\$: 24.99



Why Formula Feeding Matters

By Shel Banks



Evidence-based information about formula feeding as safely and effectively as possible.

PINTER AND MARTIN

Category: FAMILY & HEALTH Disc: TRADE INTERNATIONAL

172 X 111 mm

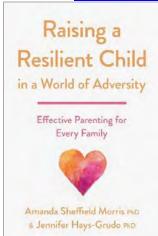
Release Date: April 2022

9781780665955

Paperback 160 pages

AUD\$: 24.99





Raising a Resilient Child in a World of Adversity Effective Parenting for Every Family

By Amanda Sheffield Morris, Jennifer Hays-Grudo

Parenting doesn't always come naturally. This book provides expert guidance for caregivers who struggle with parenting because of adversity in their own lives, or simply because they are raising kids in an increasingly stressful world. As parents and caregivers, we want to shore up kids to help them through difficult or disturbing experiences. But if we or our child have experienced adversity or trauma, this can be especially challenging, and we may not have good parenting models to draw from. How do we know whether we are providing our child or teen with too much structure or not enough? How do we provide discipline that is effective but not harsh? How do we teach our kids to be resilient and manage their feelings when we have trouble managing our own?

APA LIFETOOLS

FAMILY & HEALTH

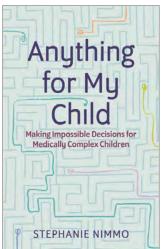
Disc: TRADE INTERNATIONAL

Paperback 216 X 140 mm 208 Pages

Rel Date: February 2024

9781433834073 AUD\$: 66.99





Anything for My Child

Making Impossible Decisions for Medically Complex Children

By Stephanie Nimmo

Every parent wants the same thing. A happy, healthy child who will enjoy a fulfilling life. But what happens when things don't go according to plan? What happens when parents must become advocates for their child's healthcare needs? Who decides what is in a child's 'best interests'? Stephanie Nimmo faced these questions first-hand when her daughter, Daisy, was diagnosed with a life-limiting condition as a baby. Seen through the lens of Stephanie's own experiences, this sensitive book delves into the complex world of medical ethics and paediatric palliative care. From recognising tipping points to the importance of building relationships with palliative care teams well before crisis, this book explores how medical professionals can better support families throughout their child's care.

JESSICA KINGSLEY PUBLISHERS

FAMILY & HEALTH
Disc: TRADE INTERNATIONAL
Paperback
216 X 138 mm

216 X 138 mm 272 Pages

B&W THROUGHOUT Rel Date: February 2024

9781805010272 AUD\$: 45.99





I Don't Want to Be a Mom

By Irene Olmo, Kendra Boileau

What does choice really mean for a woman? In I Don't Want to Be a Mom, Irene Olmo recounts her coming-of-age transformation from assuming she will one day start a family to realizing that she just doesn't want to be a mom. With an affecting mix of humour and introspection, she describes the subtle and not-so-subtle ways she was pressured to have children and the feelings of isolation and self-doubt that ensued. Her delightful full-color illustrations capture perfectly the maddeningly narrow-minded reactions of those around her as well as her own discomfort and frustration. A true story of liberation and self-empowerment in the face of societal prejudice, I Don't Want to Be a Mom questions the imposition of motherhood on women as both an expectation and a path toward fulfillment. It shows us that "choice" has more than one dimension and that, ultimately, some questions in life are more complicated than they seem.

PENN STATE UNIVERSITY PRESS

SOCIETY CULTURE

Disc: TRADE INTERNATIONAL

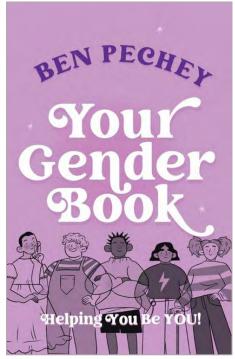
Paperback 150 X 100 mm 112 Pages

Rel Date: February 2024

9781637790595 AUD\$: 68.99







Your Gender Book Helping You To Be You!

By Ben Pechey

Key Sales Points:

* A fun and uplifting guide to exploring your gender for children aged 7-10.

'This book is here to hold your hand; to answer your questions; soothe your soul; help you understand yourself in new ways. The best place to start is at the beginning. The best time is now! So, turn the page and let's explore who you are!'

If you are at the start of your journey with gender identity, or looking to help someone who is, this insightful guide offers a safe space to celebrate you becoming your true - and most joyful - self.

With fun activities, resources, and LGBTQ+ role models throughout, this book sheds light on everything from gender identity, sex, pronouns, and expression, to barriers, mental health, allyship and finding happiness. Written in Ben Pechey's trademark witty, upbeat, and vibrant style, this empowering tool will help you engage with your gender creatively and become your most authentic self.

JESSICA KINGSLEY PUBLISHERS

Category: LIFE SKILL/GEN STUDS

Age: 7 - 10 years

Disc: TRADE INTERNATIONAL

246 X 173 mm

Release Date: February 2024

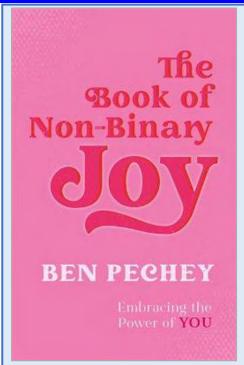
9781839976100

9 781839976100

Paperback 176 pages

B&W THROUGHOUT

AUD\$: 33.99



The Book of Non-Binary Joy Embracing the Power of You

By Ben Pechey, Sam Prentice

Key Sales Points:

* Embrace your non-binary self and love who you are with this witty, inspiring, and unapologetic guide.

A joy to read JEFFREY MARSH Full of wit, fun and wisdom! ALEX IANTAFFI Oh hello darling, and welcome to *The Book of Non-Binary Joy!* This book is here to help you be yourself - free from judgement and expectation - as you unlock more joy in your life. Take my hand and let's start your journey of self-love today. Whether you are at the start of your journey or have been on the wild ride of gender introspection for a long time, this guide is here to help you thrive as your authentic - and most fabulous - non-binary self.

With personal stories, valuable insights and interactive sections, this inspiring book covers a wide range of topics, including mental health, understanding your past, allyship privilege and self-expression. Written with warmth and unapologetic humour, and with bold illustrations throughout, Ben Pechey has created the ultimate safe space for you to embrace your non-binary life and start living.

JESSICA KINGSLEY PUBLISHERS

Category: SOCIETY CULTURE Disc: TRADE INTERNATIONAL

216 X 138 mm

Release Date: May 2022

9781787759107

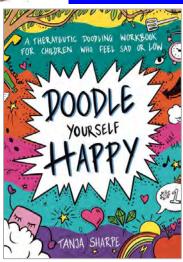


Paperback 224 pages

B&W THROUGHOUT

AUD\$: 37.99





Doodle Yourself Happy

A Therapeutic Doodling Workbook for Children Who Feel Sad or Low

By Tanja Sharpe



Drawing on evidence-based therapeutic approaches, this doodling workbook helps children aged 8+ explore and understand their feelings of sadness and work towards building more happiness in their lives.

JESSICA KINGSLEY PUBLISHERS

Category: LIFE SKILL/GEN STUDS Disc: TRADE INTERNATIONAL 246 X 173 mm

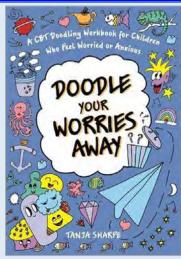
Release Date: February 2024

9781839976223

Age: 8- 12 years Paperback 128 pages

B&W THROUGHOUT

AUD\$: 34.99



Doodle Your Worries Away

A CBT Doodling Workbook for Children Who Feel Worried or Anxious

By Tanja Sharpe



Drawn from over 15 years of experience of supporting young people with anxiety, this workbook takes an integrative approach and is a valuable resource for anyone looking to support a child experiencing worry.

JESSICA KINGSLEY PUBLISHERS

Category: LIFE SKILL/GEN STUDS Disc: TRADE INTERNATIONAL

246 X 173 mm

Release Date: December 2021

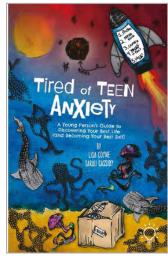
9781787757905

Paperback 128 pages

B&W THROUGHOUT

AUD\$: 37.99

ALSO BY SARAH CASSIDY - AVAILABLE AND IN STOCK



Tired of Teen Anxiety

A Young Person's Guide to Discovering Your Best Life (and Becoming Your Best)

By Sarah Cassidy, Lisa Coyne



Tired of Teen Anxiety is a step-by step guide for teens on how to come to terms with anxiety, do the things that matter to them and get on with living their lives.

PAVILION PUBLISHING & MEDIA

Category: OTHER MEDICINE Disc: TRADE INTERNATIONAL

216 X 135 mm

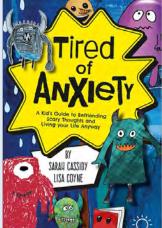
Release Date: February 2024

9781803882758

Paperback 160 pages

COLOUR SECTION(S)

AUD\$: 59.99



Tired of Anxiety

A Kid's Guide to Befriending Difficult Thoughts & Feelings and Living Your Life Anyway

By Sarah Cassidy, Lisa Coyne



Tired of Anxiety is a step-by step guide for children on how to do the things that matter to them despite anxiety. Based on principles of Acceptance and Commitment Therapy (ACT).

PAVILION PUBLISHING & MEDIA

Category: OTHER MEDICINE Disc: TRADE INTERNATIONAL

216 X 135 mm

Release Date: January 2023

9781803880808

Paperback 128 pages NOT ILLUSTRATED

AUD\$: 54.99

CHILDRENS BOOKS





Alex and the Scary Things

A Story to Help Children Who Have Experienced Something Scary

By Melissa Moses, Alison MacEachern

Alex is an alligator who has experienced 'scary' things. In this charmingly illustrated story, he talks about how this affects him and how he copes. By reading about the different parts of Alex that come out because of the scary things he has experienced, such as The Destroyer when he is angry, Spacey when he dissociates, and Puddles when he is sad, children will learn to recognise when they experience these emotions themselves and find solutions for overcoming them. Alex talks about the different coping strategies he uses to get back to being himself, such as breathing techniques, a counting game, painting, and finding a safe space he can go to, encouraging children to think about when they can do to help themselves handle difficult feelings.

JESSICA KINGSLEY PUBLISHERS

PICTURE BOOKS

Age: 4 – 8 years

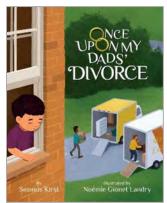
Disc: TRADE INTERNATIONAL

Paperback 210 X 210 mm 40 Pages

COLOUR SECTION(S)
Rel Date: February 2024

9781805011934 AUD\$: 30.99





Once Upon My Dads' Divorce

By Seamus Kirst, Noemie Gionet Landry

Helps children understand the divorce of same-sex parents and how a child's living situation may change. Once upon a time, Grayson's life was like a fairy tale. He lived in a big brick house with Papa and Daddy. They had chocolate chip pancakes on Saturdays and read bedtime stories together every night. But when Grayson's dads get a divorce, everything changes. First, Papa moves into an apartment. Then, Daddy moves into a smaller house. Now it's one week with Papa, then one week with Daddy. Will Grayson ever feel like himself again? Once Upon My Dads' Divorce sensitively portrays the challenges of moving from one house with both parents to two houses and offers reassurance on many questions and feelings readers may have after their parents' divorce.

MAGINATION PRESS

LIFE SKILL/GEN STUDS

Age: 4 - 8 years

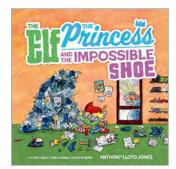
Disc: TRADE INTERNATIONAL

Hardback 254 X 203 mm 32 Pages

Rel Date: February 2024

9781433840746 AUD\$: 38.99





The Elf, the Princess and the Impossible Shoe A Story about Overcoming Perfectionism

By Anthony Lloyd Jones

Once upon a time, in a kingdom far away, there lived an elf. The elf was a shoemaker, and her shoes were admired around the kingdom. The elf was confident at her job, until one day the Princess ordered a pair of shoes for the Royal Ball. Putting pressure on herself and comparing her work to her friends' on 'Elfstagram', the elf is worried that her shoes will not be perfect. The Elf, The Princess and the Impossible Shoe explores childhood perfectionism and the anxiety that it can cause and offers children aged 5+ effective tools to deal with their feelings.

JESSICA KINGSLEY PUBLISHERS

PICTURE BOOKS

Age: 5 - 7 years

Disc: TRADE INTERNATIONAL

Hardback 6 X 3 mm 48 Pages

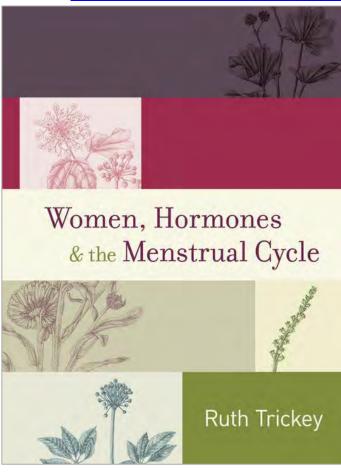
B&W THROUGHOUT

Rel Date: February 2024 **9781839975417**

AUD\$: 32.99







Author Bio:

Ruth Trickey has spent 48 years in health care, 40 years of which were as a natural therapist. Over this time, she has had a particular focus on building bridges between disparate health care disciplines. In the beginning this was no mean feat - the 'us and them' culture was very much alive and well when she first started practicing in the late 1970s. Through lecturing, writing, and in the clinic, she developed a team approach which aimed to allow patients to achieve the best from all health care modalities. She termed this collaborative medicine, and it is an approach that has spread far and wide amongst Australian practitioners.

Women, Hormones & The Menstrual Cycle 3/e (re-issue)

By Ruth Trickey

AUS AUTHOR

Key Sales Points:

- * Originally published in the 1990s, has become a must-have book for practitioners.
- * Full of the wisdom and experience of a life-long career.
- * Re-issue of the latest 2011 edition.

Women, Hormones & the Menstrual Cycle is the definitive guide to natural medicine and women's health, focusing on health complaints from adolescence through to menopause and beyond.

Ruth Trickey and practitioners from the Melbourne Holistic Health Group and other contributors, provide comprehensive information and treatment protocols based on years of research and clinical experience.

This book is essential reading for professional health care providers and health science students, as well as individuals interested in a more thorough understanding of the health concerns affecting women.

This 3rd edition was fully revised in 2011 providing research on evidenced-based natural medicine.

A range of gynaecological complaints are discussed including premenstrual syndrome (PMS), endometriosis, polycystic ovarian syndrome (PCOS), amenorrhoea and menopausal symptoms.

Unique to Women, Hormones & the Menstrual Cycle is the focus on a collaborative model of health care, where naturopathic treatments for specific conditions are presented alongside more conventional medical approaches.

WOODSLANE PRESS

Category: PRE-CLINICAL MEDIC

Author is from Australia

Figures/Diagrams

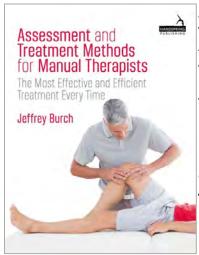
Disc: Text Hardback 250 X 176 mm

Release Date: February 2024

1086 pages

AUD\$: 150.00





Assessment and
Treatment Methods
for Manual Therapists
The Most Effective and
Efficient Treatment Every
Time

By Jeffrey Burch, Peter Anthony



This book is a comprehensive guide to the most up-to-date assessment and treatment methods that form the cornerstone of manual therapy. Complete with step-by-step instructions and detailed illustrations.

HANDSPRING PUBLISHING

Category: NURSING & ANCILLARY Disc: ACAD & PROFESSIONAL

246 X 189 mm

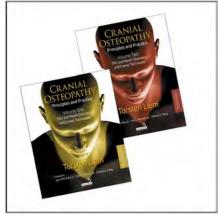
Release Date: January 2024

9781839978746

Paperback 288 pages

B&W THROUGHOUT

AUD\$: 96.99



Cranial
Osteopathy TwoVolume Set

By Torsten Liem



This richly illustrated guide is structured into two volumes. The first volume focuses on the jaw joint, TMJ and mouth disorders, and the facial skull, whilst the second volume covers special sense organs, orofacial pain and more.

HANDSPRING PUBLISHING

Category: COMPLE'TARY MEDICINE Disc: ACAD & PROFESSIONAL

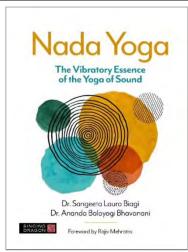
246 X 189 mm

Release Date: January 2024

9781805010784

Shrink-wrapped pack

COLOUR SECTION(S)
AUD\$: 350.00



Nada Yoga

The Vibratory Essence of the Yoga of Sound

By Dr Sangeeta Biagi, Ananda Balayogi Bhavanani



This contemporary manual offers comprehensive guidance on the complex practice of Nada Yoga, also known as the Yoga of Sound. It approaches the topic in a contemporary, multimedia manner that combines both traditional and modern teachings.

SINGING DRAGON

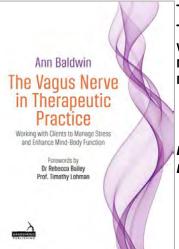
Category: MIND, BODY, SPIRIT Disc: ACAD & PROFESSIONAL

229 X 152 mm

Release Date: February 2024

9781839974502

Paperback 224 pages COLOUR SECTION(S) AUD\$: 48.99



The Vagus Nerve in Therapeutic Practice Working with Clients to Manage Stress and Enhance Mind-Body Function

By Ann Baldwin, Rebecca Bailey



The Vagus Nerve in Therapeutic Practice explains the importance and benefits of self-regulating the nervous system, focusing on the vagus nerve. The author addresses the anatomy and evolution of the vagus nerve.

HANDSPRING PUBLISHING

Category: FAMILY & HEALTH Disc: ACAD & PROFESSIONAL

246 X 173 mm

Release Date: February 2024

9781913426552

Paperback 224 pages

B&W THROUGHOUT AUD\$: 81.99

EDUCATION





MacArthur-Bates Communicative Development Inventories (CDI) CDI-Ш

Forms: 31-37 Months 3/e

By Philip S. Dale



THIRD EDITION MacArthur-Bates Communicative Development **Inventories** User's Guide and Technical Manual CDI Virginia A. Marchman Philip S. Dale Larry Fenson

MacArthur-Bates Communicative **Development** Inventories (CDIs) User's Guide and Technical Manual

By Virginia Marchman, Philip Dale



CDI-III, part of the third edition of the MacArthur-Bates Communicative Development Inventories (CDIs), is a short, 2page tool that measures language and communication skills for children between the ages of 30 to 37 months.

The MacArthur-Bates Communicative Development Inventories (CDIs) are one of the most widely used and recommended measures of language and communication for young children.

BROOKES PUBLISHING CO

Category: EDUCATION

Disc: ACAD & PROFESSIONAL

2 pages

Release Date: January 2024

9781681257051

BROOKES PUBLISHING CO

Category: EDUCATION Disc: ACAD & PROFESSIONAL

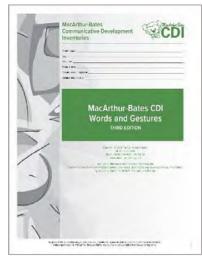
279 X 216 mm

Release Date: July 2023

9781681257075

Paperback 224 pages

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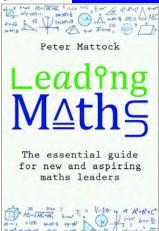
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Leading Maths

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By Peter Mattock

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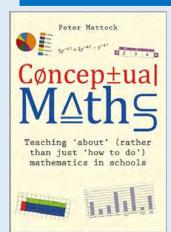
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Teaching 'about' (rather than just 'how to do') mathematics in schools

By Peter Mattock

Empowers teachers to support students on a coherent journey through school mathematics, showcasing the best models, metaphors, and representations along with excellent examples, explanations and tasks that can be used across the curriculum. Concepts are at the heart of the study of mathematics. They are the ideas that remain constant whenever they are encountered, but which combine and build upon each other to create the mathematical universe. It is the structure of each concept that gives rise to the procedures that are used in calculation and problem-solving – and by learning about these structures, a learner can make sense of how different processes are doing what they do, using them flexibly as need demands.

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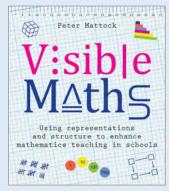
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Visible Maths

Using representations and structure to enhance mathematics teaching in schools

By Peter Mattock

Visible Maths supports maths teachers in the use of concrete and pictorial representations to illuminate key mathematical ideas and concepts. Viewing the maths lesson as an opportunity for pupils to develop a deep understanding of the concepts and relationships in maths, rather than to simply learn how to follow algorithms and processes that lead to 'the answer', is increasingly recognised as the pinnacle of best practice in maths education. In this book, Peter Mattock explores this approach in detail: focusing on the representations and structures that illustrate and elucidate key mathematical ideas, demonstrating their strengths in developing conceptual understanding, and exposing the potential pitfalls of their use and how to avoid them.

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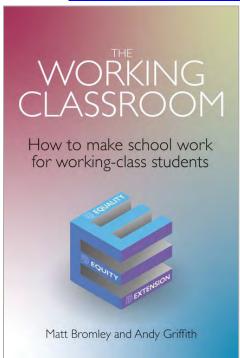
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The Working Classroom How to make schoolwork for working-class students

By Matt Bromley, Andy Griffith

Offers practical guidance and advice on how to approach maths leadership and explores the challenges and rewards that come with this unique position. Most pupils and parents will recognise the importance of the subject, but many feel it's fine to "not be good at maths". Leading a subject area in schools is often about managing what seem at face value to be contradictions, and nowhere is this truer than in leading maths. Offering practical advice and guidance, Leading Maths explores how maths leaders can make the most of their role and shows them how to manage the daily pressures and demands that come with it.

Backed up by specific examples from fifteen years of experience leading maths, Peter Mattock goes on to examine the more long-term, strategic view of maths leadership, including how leaders can work with their teams to develop high quality mathematics teaching and learning for all pupils. Leading Maths also contains contributions from experienced maths leaders who examine specific approaches to leading maths across phases and in different settings, including multi-academy trusts.

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Activate

A professional learning resource to help teachers and leaders promote self-regulated learning

By James Mannion, Louise Stoll, Karen Spence-Thomas, Grea Ross

Created by James Mannion, Louise Stoll, Karen Spence-Thomas and Greg Ross, *Activate* is a card-based professional learning resource that aims to improve pupils' experiences and outcomes by promoting self-regulated learning among leaders, teachers and pupils. This resource enables teachers and leaders to 'activate' pupils to become the drivers of their own learning.

Comprising six sets of resource cards and a clear and detailed facilitator guide – along with an extensive bibliography and additional downloadable materials – *Activate* has been designed to support time-pressed teachers and leaders to understand the theory and practice of self-regulated learning in an accessible way. Working through the activities will enable teachers and leaders to realise the potential of these powerful ideas in working with pupils, while helping them to regulate their own learning. The *Activate* cards are designed to facilitate learning conversations and associated actions, to help teachers, leaders and pupils become more confident, proactive, self-regulated learners.

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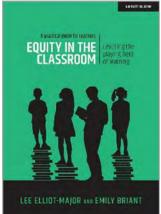


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Equity in the classroom

By Lee Elliot Major, Emily Briant

Equity in the Classroom sets out a new equity-based approach in education to help teachers improve the prospects of underserved and working-class pupils who for too long have not fulfilled their full potential in schools. The equity approach recognises that we must address our own cultural biases and barriers within the classroom, while helping to remove extra barriers to learning experienced by children outside schools. Based on thousands of research studies and years of working with expert teachers, the book sets out the principles and practical strategies for trainee teachers, teachers, and teacher leaders. Adopting an equity mindset involves four key principles: equity not equality - doing more to overcome the extra barriers some learners experience, capacity not deficit thinking - recognising the talents in all pupils, deep not shallow relationships - developing authentic individual relationships with pupils and more.

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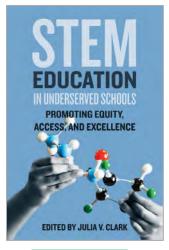
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STEM Education in Underserved Schools

Promoting Equity, Access, and Excellence

By Julia V. Clark, Edmund W. Gordon

Offers a model for increasing equity in STEM education at the K-12 level in the United States. In STEM Education in Underserved Schools, editor Julia V. Clark addresses an urgent national problem: the need to provide all students with a quality STEM education. Clark brings together a prestigious group of scholars to uncover the factors that impede equity and access in STEM education teaching and learning and provides research-based strategies to address these inequities. This contributed volume demonstrates that students of color and those from lower socioeconomic communities have less access to qualified science and mathematics teachers, less access to strong STEM curriculum, less access to resources, and fewer classroom opportunities than their peers at other schools.

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Using Supervision in Schools 2/e

A Guide to Building Safe Cultures and Providing Emotional Support 2023

By Penny Sturt, Jo Rowe

As a universal service, education is expected to safeguard and meet the needs of all pupils, some of whom may have complex issues, and to offer emotional support for children and their families. There are increasing pressures and changes facing schools and teachers, accelerated by the impact of the pandemic; however, unlike other stressful professions, there is no accepted framework for supporting school staff to deal with the personal and emotional rigours of their role. Supervision offers a solution - an effective method of supporting staff with safeguarding, and with the broader emotional demands of their work. Based on direct experience and presenting an Integrated Model of Supervision (IMS), this book offers guidance for instigating supervision in school settings.

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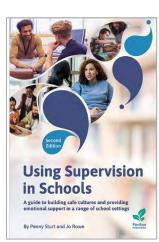
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