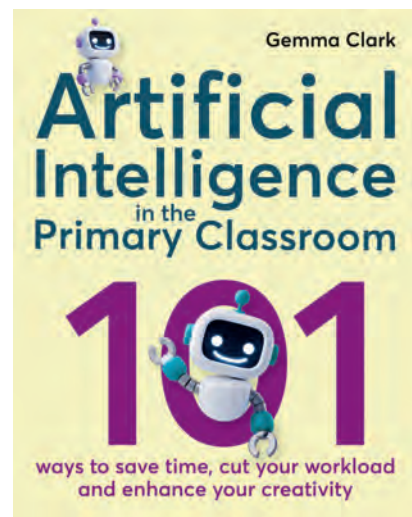
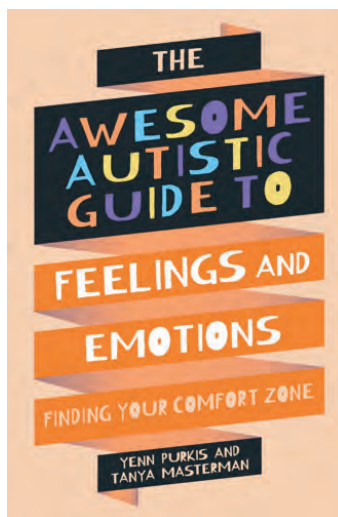
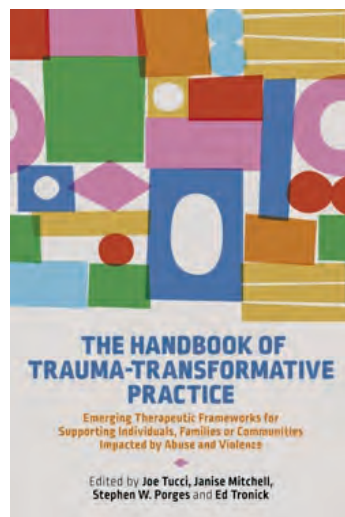
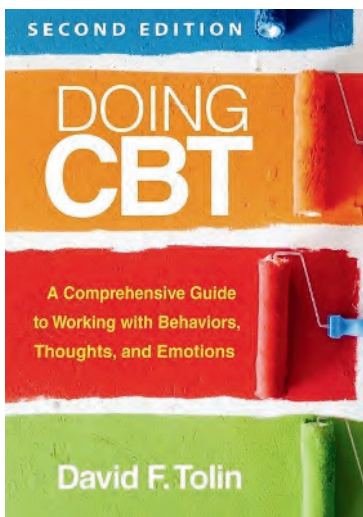




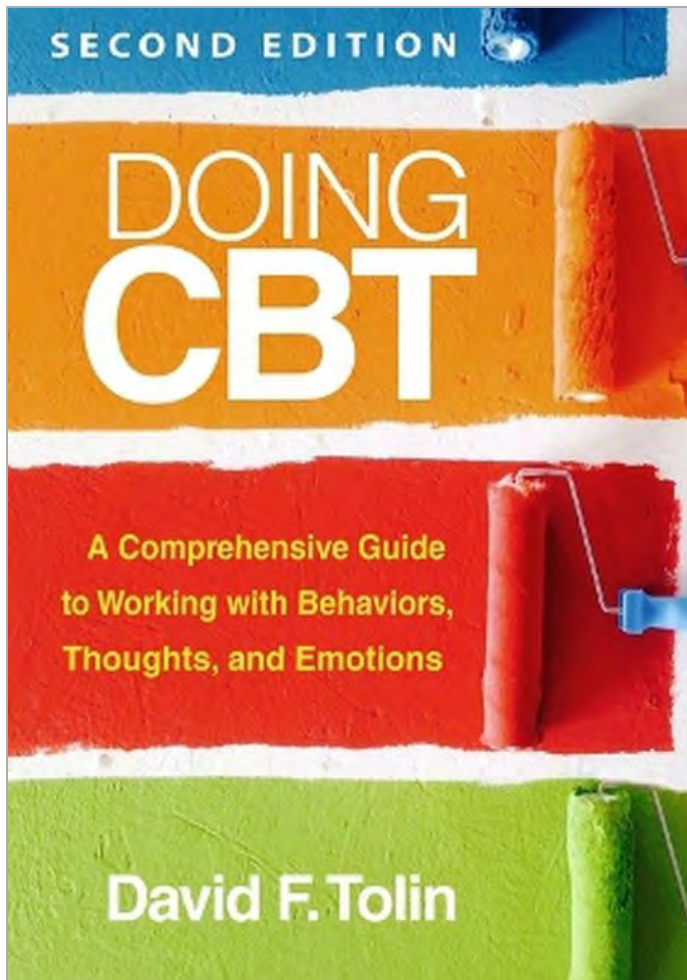
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Health and Education New Release Catalogue



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Doing CBT 2/e

A Comprehensive Guide to Working with Behaviors, Thoughts, and Emotions

By David F. Tolin

With new case material, expanded pedagogical tools, and updated theory and research, the second edition of this reader-friendly text is an ideal introduction to cognitive-behavioral therapy (CBT) for graduate students and practitioners.

In a witty, empathic style, David F. Tolin explains the "what's," "whys," and "how-tos" of addressing the behavioral, cognitive, and emotional elements of clients' psychological problems.

Featuring helpful graphics, vivid examples, and sample dialogues, and 39 reproducible worksheets and forms, the book concludes with four chapter-length case illustrations.

The companion website provides downloadable files for the reproducible materials, most in a fillable format.

New to This Edition

- * New or expanded discussions of case formulation, transdiagnostic interventions, therapeutic strategies like mindfulness and acceptance, and more.
- * Increased attention to cultural competence, intermediate beliefs, and linking conceptualization to intervention.
- * Additional chapter-length case example.

Pedagogical Features:

- * Numerous engaging boxes, including "Try This," "The Science Behind It," "Things that Might Bug You about This," and more.
- * New in the second edition--chapter-opening "Essential Points," "CBT Spotlight" boxes on popular variants of CBT, and end-of-chapter discussion questions.
- * Learning worksheets for self-practice of core CBT skills.
- * End-of-chapter key terms with definitions.

Author Bio:

David F. Tolin, PhD, ABPP, is founder and director of the Anxiety Disorders Center at The Institute of Living-Hartford Hospital and Adjunct Professor of Psychiatry at the Yale University School of Medicine. The author of over 200 scientific journal articles, Dr. Tolin has served as a principal investigator and scientific reviewer for the National Institutes of Health since 2003. He is a past president of the Association for Behavioral and Cognitive Therapies, a past president of the Society of Clinical Psychology (Division 12) of the American Psychological Association, and a recipient of awards for Distinguished Contribution to the Science of Psychology, Distinguished Contribution to the Practice of Psychology, and Distinguished Lifetime Contribution to Psychology from the Connecticut Psychological Association.

GUILFORD PUBLICATIONS

Category: OTHER MEDICINE

Disc: Acad & Professional

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Release Date: May 2024

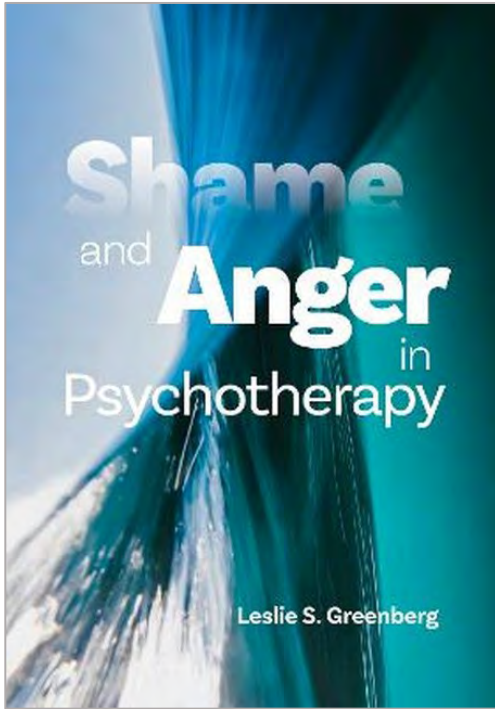
9781462554126

Paperback

700 pages

AUD\$: 177.00





Shame and Anger in Psychotherapy

By *Leslie S. Greenberg*

This book examines shame and anger, their relationship with one another, and how mental health providers can work with each of them to produce therapeutic change.

Although very different emotions, shame and anger are highly related in therapy. Because shame and anger have both adaptive and maladaptive forms, intervention differs depending on what type of shame or anger is being experienced and in what sequence they occur.

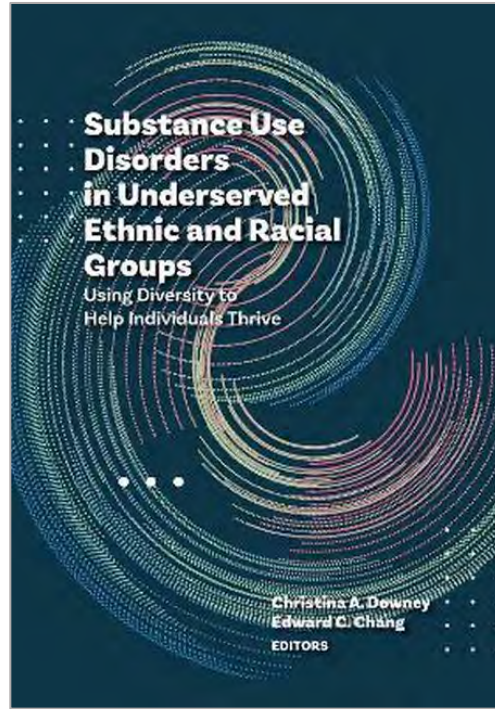
Therapists need to consider the type of shame or anger they are dealing with and how the two emotions interact before they can make process diagnoses of what is occurring at different moments in a session.

This book emphasizes the benefits of accessing and experiencing shame and anger viscerally to promote emotion change in therapy. It teaches therapists how to help clients access their shame or anger in a safe therapeutic setting to make this emotion amenable to transformation, and create new narratives based on the transformed feelings.

AMERICAN PSYCHOLOGICAL ASSOCIATION

Category: PSYCHOLOGY
Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: May 2024
9781433838965

Paperback
155 pages
AUD\$: 127.00



Substance Use Disorders in Underserved Ethnic and Racial Groups

Using Diversity to Help Individuals Thrive

By *Christina A. Downey, Edward C. Chang*

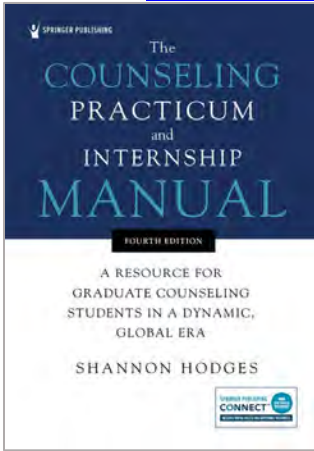
This book examines substance use disorders among individuals and communities of color and offers assessment, treatment, and prevention strategies for supporting and empowering individuals within their cultural contexts. It explores the unique histories and substance use trends within Black/African American, Latino/Latina/Latinx/Hispanic, Asian American/Pacific Islander, and American Indian/Alaska Native communities. This includes the role of intergenerational trauma and the enduring impacts of colonialism, slavery, and systemic oppression, as well as modern injustices and inequities in mental health and medical treatment, criminal justice, and other institutions. Expert contributors draw upon their extensive experiences working in these communities to establish evidence-based recommendations for culturally competent care. They explore common challenges with assessment and treatment, including the limitations of established models that fail to properly account for cultural factors. They offer culturally bound solutions that enable mental health professionals to better help individuals and communities while respecting their unique intersectional identities and values.

AMERICAN PSYCHOLOGICAL ASSOCIATION

Category: OTHER MEDICINE
Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: May 2024
9781433836589

Paperback
333 pages
AUD\$: 210.00





The Counseling Practicum and Internship Manual

A Resource for Graduate Counseling Students in a Dynamic, Global Era

By Shannon Hodges

The most comprehensive guide to the counseling practicum and internship experiences. This bestselling text prepares graduate counseling students to effectively negotiate the major issues and challenges they face while on pre-practicum, practicum, and internship. The expanded and revised fourth edition includes a new personal narrative describing lessons learned at the conclusion of each chapter, updated case studies, and an international focus. It encompasses the latest Council for Accreditation of Counseling and Related Educational Programs (CACREP) standards, expanded coverage of telemental health and telemental supervision, and the impact of technology on graduate counseling programs. Additionally, the fourth edition stresses diversity, equity, and inclusion with a particular focus on the LGBTQ+ population, multicultural counseling, and trauma treatment.

SPRINGER PUBLISHING COMPANY

NURSING & ANCILLARY
Disc: ACAD & PROFESSIONAL

Paperback

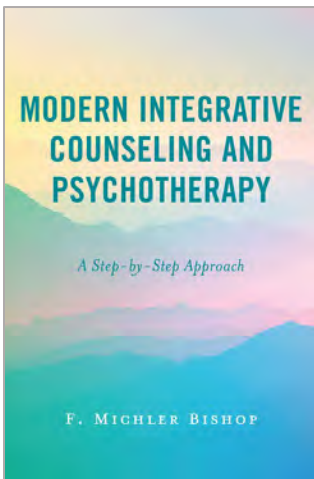
254 X 178 mm

446 Pages

Rel Date: May 2024

9780826166067

AUD\$: 152.00



Modern Integrative Counseling and Psychotherapy

By F. Michler Bishop

Clinicians know that clients are much more complex than any textbook suggests, and they come into our offices with myriad, interacting problems. No one theory or school of psychotherapy will help each and every one of them. Nor do we yet understand human behavior sufficiently to have a grand, unifying theory. *Modern Integrative Counseling and Psychotherapy* is a practical guidebook showing clinicians how to integrate multiple research-based approaches systematically, coherently, and sequentially in treatment planning. This book provides examples of ways to structure sessions and to get buy-in from clients by using strategic homework between sessions. It also shows practical ways that clinicians can incorporate neuroscience, genetics, and mindfulness in practical ways with clients.

ROWMAN & LITTLEFIELD PUBLISHERS

OTHER MEDICINE

Disc: ACAD & PROFESSIONAL

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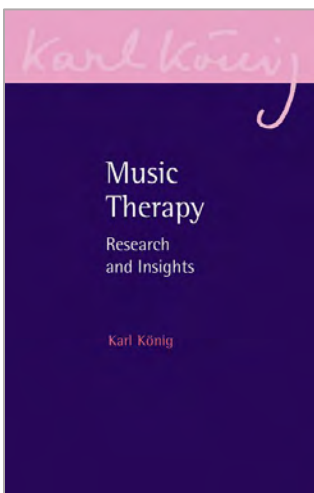
208 Pages

B&W THROUGHOUT

Rel Date: February 2024

9781538175606

AUD\$: 86.99



Music Therapy

Research and Insights

By Karl Koenig

Music Therapy helps to support individuals mental and emotional lives through therapeutic exercises that utilise a variety of musical elements. Drawing on the work of Rudolf Steiner, Karl Koenig, a pioneer of various forms of therapy within the Camphill movement, developed the basics of an anthroposophical music therapy, focusing on the fundamentals of music and how they connect to human beings. This fascinating book brings together Koenigs lectures, essays, and notes on music therapy, most of which have never been published. In them he explores areas such as studies on hearing, the nature of musical experience, and the role of music in Camphill and music therapy for those with impaired hearing.

FLORIS BOOKS

NURSING & ANCILLARY

Disc: TRADE INTERNATIONAL

Paperback

216 X 138 mm

196 Pages

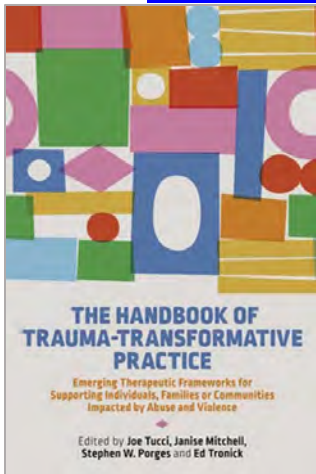
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Rel Date: May 2024

9781782508922

AUD\$: 38.99





The Handbook of Trauma-Transformative Practice

By Joe Tucci, Janise Mitchell

The definitive Handbook of Trauma-Transformative Practice brings together the work of leading international trauma experts to provide a detailed overview of trauma-informed practice and intervention: its history, the latest frameworks for practice and an inspiring vision for future trauma-transformative practice. The Handbook is interdisciplinary, incorporating trauma research, interpersonal neuroscience, the historical and continuing experiences of victims and survivors, and insights from practitioners. It addresses a range of current issues spanning polyvagal theory, the social brain, oxytocin and the healing power of love, and the neuropsychological roots of shame.

JESSICA KINGSLEY PUBLISHERS

SOCIAL WELFARE

Authors are from Australia

Disc: TRADE INTERNATIONAL

Paperback

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488 Pages

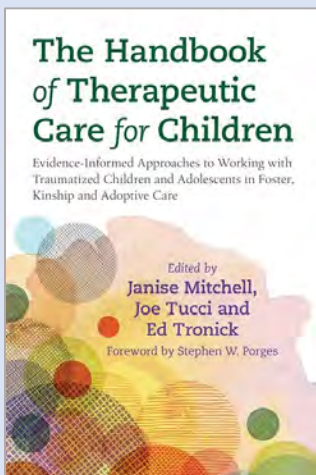
Rel Date: May 2024

9781787755772

AUD\$: 89.99



ALSO BY JOE TUCCI AND JANISE MITCHELL – IN STOCK NOW AND AVAILABLE NOW



Handbook of Therapeutic Care for Children

Evidence-Informed Approaches to Working with Traumatized Children and Adolescents in Foster, Kinship and Adoptive Care

By Joe Tucci, Janise Mitchell

This innovative book brings together a wide range of therapeutic approaches, techniques, and models to outline recent developments in the practice of supporting children in out of home care. It sheds light on the significance of schools, sports, and peer relationships in the lives of traumatized children. It also draws particular attention to the vital importance of considering children’s cultural heritage, and to the growing prevalence of relative care. Each chapter is set out by acclaimed and world-renowned contributors’ specific approach, such as Dan Hughes and his work on conceptual maps and Cathy Malchiodi and her research on creative interventions and gives practical ways to support children and carers. It also includes contributions from Bruce Perry, Allan Schore, and Martin Teicher.

JESSICA KINGSLEY PUBLISHERS

SOCIAL WELFARE

Authors are from Australia

Disc: ACAD & PROFESSIONAL

Paperback

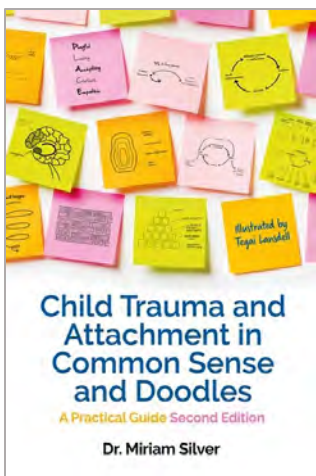
228 X 150 mm

344 Pages

Rel Date: November 2019

9781785927515

AUD\$: 74.99



Child Trauma and Attachment in Common Sense and Doodles 2/e

A Practical Guide

By Miriam Silver, Teg Lansdell

Trauma and attachment are commonly used terms but are complex concepts. 'Trauma' refers to negative experiences that cause us to fear for our safety, whilst 'attachment' describes meaningful relationships with someone we love or respect. Why, then, is so much of the language surrounding these concepts so obscure, and why is it so challenging to help children who have experienced trauma, and lack healthy attachment bonds? Providing grounded advice accompanied by accessible 'doodles' throughout, this guide aims to bring some clarity to the subject. It explains the differing attachment patterns in children who are adopted, fostered, or have experienced early trauma.

JESSICA KINGSLEY PUBLISHERS

SOCIAL WELFARE

Disc: TRADE INTERNATIONAL

Paperback

216 X 138 mm

240 Pages

B&W THROUGHOUT

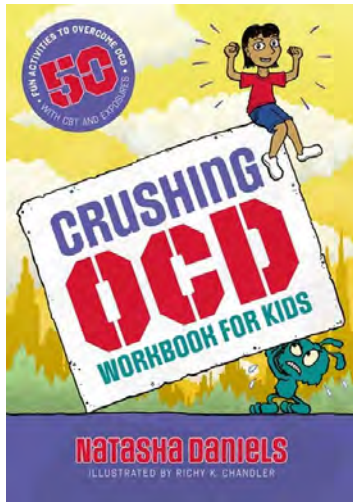
Rel Date: May 2024

9781839979125

AUD\$: 35.99



NEW EDITION



**Crushing OCD
Workbook for Kids**
50 Fun Activities to Overcome
OCD with CBT and Exposures

By *Natasha Daniels, Richy
K. Chandler*

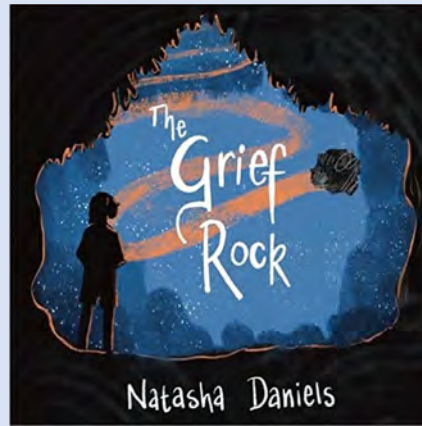


Show OCD who's boss! Using the exercises in this book, you'll learn how to spot when OCD is stirring up trouble, and how to stop it in its tracks.

JESSICA KINGSLEY PUBLISHERS

Category: OTHER MEDICINE
Disc: TRADE INTERNATIONAL
246 X 173 mm
Release Date: May 2024
9781839978883

Paperback
112 pages
B&W THROUGHOUT
AUD\$: 44.99



The Grief Rock
A Book to Understand
Grief and Love

By *Natasha Daniels,
Lily Fossett*



When someone you love dies, the grief rock shows up. Sometimes grief can feel like a heavy weight you are carrying around. It can be difficult to explain how you feel or know how you will cope carrying the grief rock around.

JESSICA KINGSLEY PUBLISHERS

Category: LIFE SKILL/GEN STUDS
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216 X 213 mm
Release Date: August 2023
9781839974397

Hardback
32 pages
COLOUR SECTION(S)
AUD\$: 29.99



**How to Parent Your
Anxious Toddler**

By *Natasha Daniels*

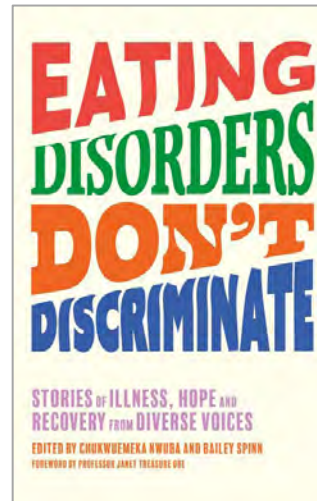


Why does your toddler get upset when his or her routine is disrupted? Why do they follow you from room to room and refuse to play on their own? Why are daily routines such as mealtimes, bath time, and bed time such a struggle?

JESSICA KINGSLEY PUBLISHERS

Category: FAMILY & HEALTH
Disc: TRADE INTERNATIONAL
228 X 150 mm
Release Date: November 2015
9781849057387

Paperback
224 pages
AUD\$: 34.99



**Eating Disorders Don't
Discriminate**

Stories of Illness, Hope and
Recovery from Diverse Voices

By *Dr Chukwuemeka Nwuba,
Bailey Spinn*

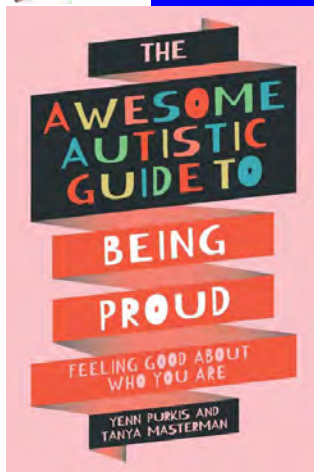


Eating disorders know no boundaries. They don't discriminate. Every story of living with an eating disorder is unique. Eating Disorders Don't Discriminate brings together thirty-one of them.

JESSICA KINGSLEY PUBLISHERS

Category: FAMILY & HEALTH
Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: May 2024
9781839976995

Paperback
304 pages
B&W THROUGHOUT
AUD\$: 39.99



The Awesome Autistic Guide to Being Proud

Feeling Good About Who You Are

By Yenn Purkis, Tanya Masterman

Welcome to the autistic community! We're very glad you're here! Sometimes it can be difficult to feel proud of who you are. Maybe you feel different from other people or struggle to fit in - there is no need to worry! Yenn, Tanya and a tiny meerkat called Min are here to help you discover how to feel proud to be you. From learning about the autistic community and who is a part of it, to finding like-minded friends and connecting with others, this book will give you everything you need to ask the question 'what does it mean to be me?' Learn alongside Min how the special things that make you YOU can also help find your own community.

JESSICA KINGSLEY

PUBLISHERS

LIFE SKILL/GEN STUDS

Authors are from Australia

Age: 9+ years

Disc: TRADE INTERNATIONAL

Paperback

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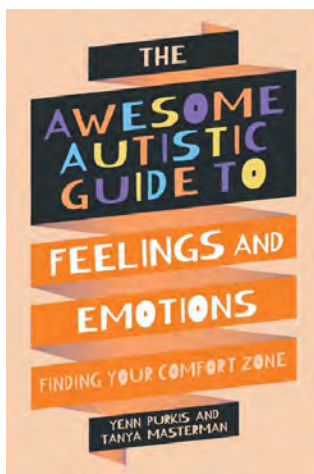
96 Pages

B&W THROUGHOUT

Rel Date: May 2024

9781839977367

AUD\$: 32.99



The Awesome Autistic Guide to Feelings and Emotions

Finding your Comfort Zone

By Yenn Purkis, Tanya Masterman

Understanding your feelings and emotions is an incredibly important part of learning to become your most awesome autistic self! Yenn, Tanya and a tiny meerkat called Min are here to help you find out everything you need to know about your feelings and emotions, using tips and tricks they have picked up along the way to help you calm your brain down when it feels overloaded. From anger and worry to sadness and joy, emotions can come in all shapes and sizes with some feeling big and others feeling much smaller.

JESSICA KINGSLEY

PUBLISHERS

LIFE SKILL/GEN STUDS

Authors are from Australia

Age: 9+ years

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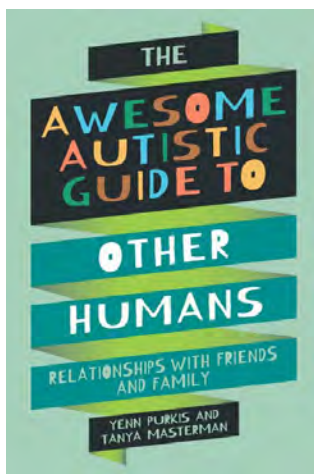
96 Pages

B&W THROUGHOUT

Rel Date: May 2024

9781839977381

AUD\$: 32.99



The Awesome Autistic Guide to Other Humans

Relationships with Friends and Family

By Yenn Purkis, Tanya Masterman

Let's face it, other humans can be difficult to understand sometimes! There is no need to worry! Yenn, Tanya and a tiny meerkat called Min are here to help you find out everything you need to know about friendships, improving relationships with your family members, and how to deal with issues and arguments that can arise with the people in your life. Answering the difficult questions like 'What makes a good friend?' and 'Why do adults tell me to do things?' this book gives you helpful tips, tricks, and advice you need to help you understand other humans whilst staying true to your own awesome autistic self.

JESSICA KINGSLEY

PUBLISHERS

LIFE SKILL/GEN STUDS

Authors are from Australia

Age: 9+ years

Disc: TRADE INTERNATIONAL

Paperback

229 X 152 mm

96 Pages

B&W THROUGHOUT

Rel Date: May 2024

9781839977404

AUD\$: 32.99





Awesome Autistic Go-To Guide

A Practical Handbook for Autistic Teens and Tweens

By Yenn Purkis, Tanya Masterman

This book explores what it feels like to be a young person on the autism spectrum and looks at all the brilliant things people on the autism spectrum can do. Full of insights about being awesome and autistic, this book celebrates the strengths of understanding the world in a different way. It looks at all the reasons being you and thinking differently can be totally awesome! It also has tips for managing tricky situations such as meltdowns, sensory differences, and anxiety. It includes fun activities and diary pages where you can write your thoughts and feelings to help you concentrate on your strengths and work on your challenges.

JESSICA KINGSLEY

PUBLISHERS

LIFE SKILL/GEN STUDS

Authors are from Australia

Disc: TRADE INTERNATIONAL

Paperback

228 X 152 mm

112 Pages

Rel Date: June 2020

9781787753167

AUD\$: 34.99



THE ORIGINAL AWESOME AUTISTIC GO-TO GUIDE! IN STOCK NOW AND AVAILABLE NOW



The Autistic Survival Guide to Therapy

By Stephanie Jones

"This is the book that would've saved me nine different therapists, decades of self-analysis, thousands of pounds, twelve different doctors and untold amounts of pain, frustration and trauma - in spending a lifetime looking for the right answers in the wrong places I've become an accidental expert." In this candid, witty and insightful exploration into therapy, Steph Jones uses her professional and lived experiences as a late diagnosed autistic woman and therapist, as well as consulting therapists from across the world and tapping into the autistic community, to create the ultimate autistic survival guide to therapy. Steph confronts the statistics, inadequate practices and ableist therapists head on and poses the questions of how we can make therapy neurodivergence-affirming and more.

JESSICA KINGSLEY

PUBLISHERS

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Paperback

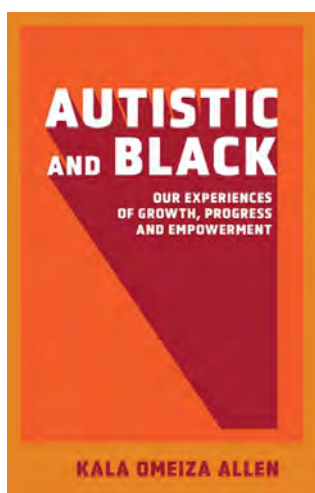
216 X 138 mm

256 Pages

Rel Date: May 2024

9781839977312

AUD\$: 42.99



Autistic and Black

Our Experiences of Growth, Progress and Empowerment

By Kala Allen Omeiza

"It's time we bring forward Black autistic pain points and celebrate the triumphs of ourselves, family members, and organizations that care for these individuals. Through following the real stories of others from around the world, I hope fellow Black and autistic individuals will be empowered to realize that being Black and autistic is enough." In this powerful insight into the lives of Black autistic people, Kala Omeiza Allen brings together a community of voices from across the world, spanning religions, sexuality, and social economic status to provide a deep and rich understanding of what it means to be autistic and Black.

JESSICA KINGSLEY

PUBLISHERS

CLINICAL/INT'L MEDIC

Disc: TRADE INTERNATIONAL

Paperback

216 X 138 mm

224 Pages

B&W THROUGHOUT

Rel Date: May 2024

9781839976209

AUD\$: 42.99





A JOHNS HOPKINS PRESS HEALTH BOOK

THIRD EDITION

Dying at Home

A Family Guide *for* Caregiving



ANDREA SANKAR *with* CM CASSADY

Author Bio:

Andrea Sankar is a professor of medical anthropology at Wayne State University, where she is also the co-founder and co-director of the Social Work and Anthropology doctoral program. The former editor of Medical Anthropology Quarterly, Sankar was named Michiganian of the Year in 1995 for her work on HIV/AIDS.

CM Cassidy is a PhD candidate in social work and anthropology at Wayne State University who has worked with chronically ill and dying persons in California, Oregon, and Michigan.

Dying at Home 3/e

A Family Guide for Caregiving

By *Andrea Sankar, Caitlin Cassidy*

A comprehensive guide for those caring for a loved one nearing the end of life. Many people seek the comfort and dignity of dying at home.

Advances in pharmacology and hospice care allow the dying to remain at home relatively free of pain and symptoms, but navigating professional services, insurance coverage, and family dynamics often compounds the complexity of this process.

Extensively updated and revised, this third edition of Andrea Sankar's *Dying at Home: A Family Guide for Caregiving* provides essential information that caregivers and dying persons need to navigate this journey.

Featuring contributions by professionals and personal stories from in-depth case studies of family caregivers, this guide discusses the challenges, resources, benefits, and barriers to care at home.

With updates on advance care planning, developments in palliative care medicine, and the availability of legally assisted dying, this edition discusses how to:

- * Arrange medical care, nursing, and ancillary therapies.
- * Understand costs, sources of financial support, and insurance coverage.
- * Collaborate with health professionals in the home.
- * Assist in implementing pain management techniques.
- * Find social and spiritual support, as well as self-care for caregivers.
- * Handle family dynamics and legal matters.
- * Collaborate to make complex care and treatment decisions.
- * Navigate the process of dying and caring for the body after death.

JOHNS HOPKINS UNIVERSITY PRESS

Category: FAMILY & HEALTH

B&W Throughout

Disc: Acad & Professional

235 X 156 mm

Release Date: May 2024

9781421447735

Paperback

488 pages

AUD\$: 65.99





Paramedic Placements

A Pocket Guide for Nursing and Health Care

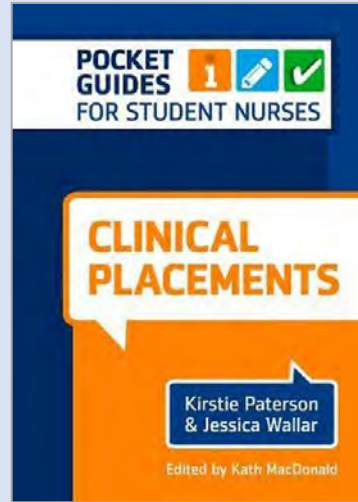
By *Karan Botsford*



Paramedic placements can be daunting - you'll be working in a range of settings and supporting individuals with a variety of conditions. There are new colleagues to work with, and newly learned theory to put into practice.

SCION PUBLISHING LTD
Category: NURSING & ANCILLARY
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148 X 105 mm
Release Date: May 2024
9781914962165

Spiral bound
104 pages
AUD\$: 23.99



Clinical Placements

A Pocket Guide

By *Kirstie Paterson, Jessica Wallar*



A handy, pocket-sized guide designed to help student nurses prepare for their clinical placements. Clinical placements are an essential part of nurse training, but they can be extremely daunting, especially for new nursing students.

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Category: NURSING & ANCILLARY
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148 X 105 mm
Release Date: **October 2017**
9781908625458

Spiral bound
92 pages
AUD\$: 26.99



Confidentiality

A Pocket Guide for Nursing and Health Care

By *Marc Cornock*



Confidentiality is a tricky concept in health care that can be difficult to understand, but it does not have to be. This book is a handy pocket-sized guide.

SCION PUBLISHING LTD
Category: NURSING & ANCILLARY
Disc: ACAD & PROFESSIONAL
148 X 105 mm
Release Date: **March 2024**
9781914962127

Spiral bound
96 pages
NOT ILLUSTRATED
AUD\$: 26.99



Consent

A Pocket Guide for Nursing and Health Care

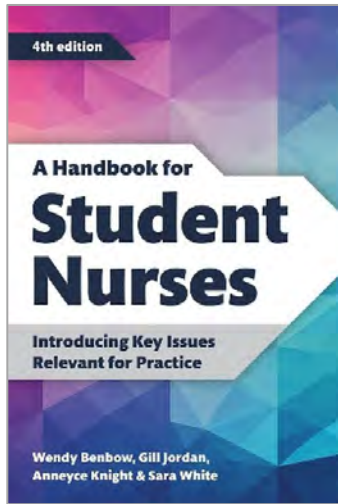
By *Marc Cornock*



A handy pocket guide to help demystify the subject of Consent for all those working in health and social care. Consent is a concept that can be complex and difficult to understand, but it does not have to be.

SCION PUBLISHING LTD
Category: NURSING & ANCILLARY
Disc: ACAD & PROFESSIONAL
148 X 105 mm
Release Date: **September 2023**
9781914962066

Spiral bound
70 pages
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A Handbook for Student Nurses 4/e
Introducing Key Issues Relevant for Practice

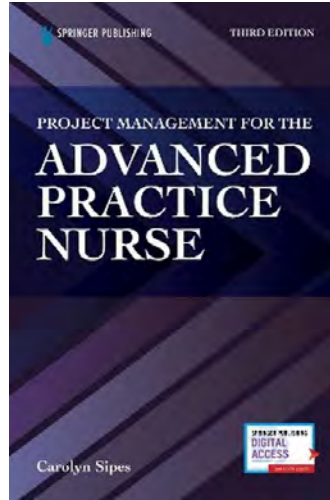
By *Wendy Benbow, Gill Jordan*



A Handbook for Student Nurses is widely recommended in institutions across the UK and is essential reading for new students.

SCION PUBLISHING LTD
Category: NURSING & ANCILLARY
Disc: ACAD & PROFESSIONAL
234 X 156 mm
Release Date: May 2024
9781914962141

Paperback
228 pages
AUD\$: 40.99



Project Management for the Advanced Practice Nurse

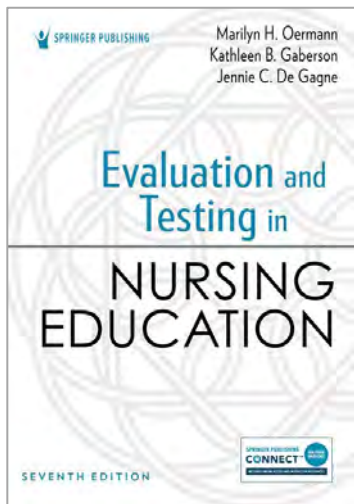
By *Carolyn Sipes*



Presents step-by-step strategies for applying project management skills in varied settings and identifying concepts critical to project success.

SPRINGER PUBLISHING COMPANY
Category: NURSING & ANCILLARY
Disc: ACAD & PROFESSIONAL
229 X 152 mm
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9780826140975

Paperback
248 pages
B&W THROUGHOUT
AUD\$: 144.00



Evaluation and Testing in Nursing Education

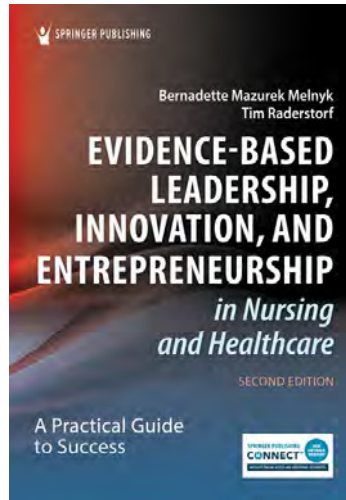
By *Marilyn H. Oermann, Kathleen B. Gaberson*



Previous edition AJN 2020 Book of the Year! With expert, comprehensive guidance on the assessment and evaluation of student learning in multiple settings, this award-winning text remains the gold standard.

SPRINGER PUBLISHING COMPANY
Category: NURSING & ANCILLARY
Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: May 2024
9780826139160

Paperback
750 pages
B&W THROUGHOUT
AUD\$: 202.00



Evidence-Based Leadership, Innovation, and Entrepreneurship in Nursing and Healthcare

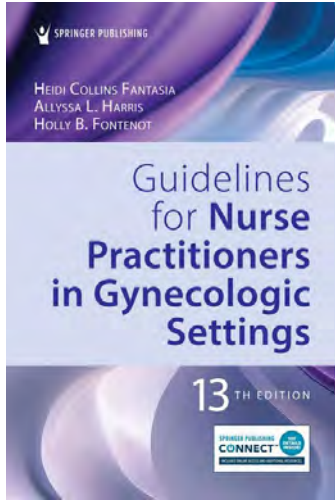
By *Bernadette Mazurek Melnyk, Tim Raderstorf*



Delivers the tools for a new generation of nurse leaders to forge innovative solutions for complex healthcare issues. Authored by world-class innovators and leaders in evidence-based healthcare practice.

SPRINGER PUBLISHING COMPANY
Category: NURSING & ANCILLARY
Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: May 2024
9780826160713

Paperback
512 pages
AUD\$: 194.00



Guidelines for Nurse Practitioners in Gynecologic Settings 13/e

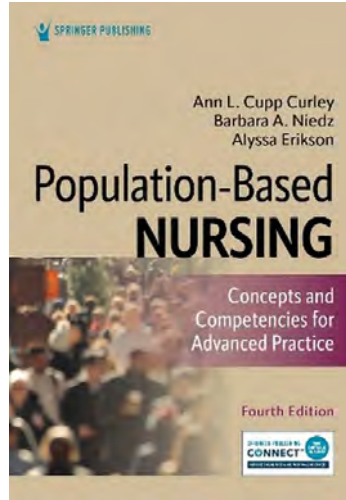
By Heidi Collins Fantasia, Alyssa L. Harris



The 13th edition of this gold standard for the assessment and management of gynecological health is updated with a broad trove of new evidence-based information to promote the highest standards of clinical practice.

SPRINGER PUBLISHING COMPANY
Category: NURSING & ANCILLARY
Disc: ACAD & PROFESSIONAL
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Release Date: May 2024
9780826173287

Spiral bound
496 pages
NOT ILLUSTRATED
AUD\$: 211.00



Population-Based Nursing Concepts and Competencies for Advanced Practice

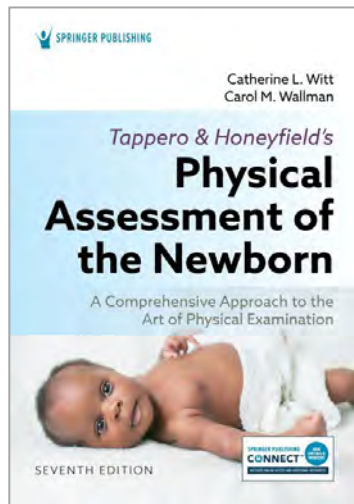
By Ann L. Curley, Barbara A. Neidz



Runner-up for 2020 AJN Book of the Year Award: Community Public Health Delivering essential content for APRN students focusing on population health, this award-winning text addresses the nurse's role.

SPRINGER PUBLISHING COMPANY
Category: NURSING & ANCILLARY
Disc: ACAD & PROFESSIONAL
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9780826143761

Paperback
376 pages
AUD\$: 177.00



Tappero and Honeyfield's Physical Assessment of the Newborn 7/e

A Comprehensive Approach to the Art of Physical Examination

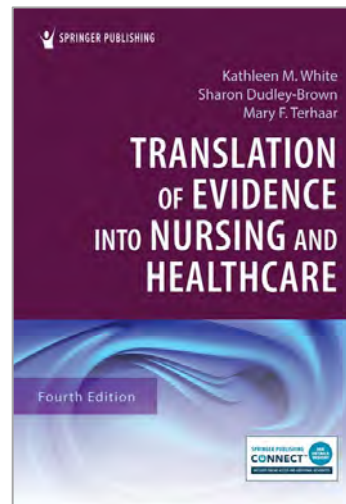
By Catherine L. Witt, Carol Wallman



With proven techniques and "how to" guidance, this newly revised and updated seventh edition of the definitive publication on neonatal care provides a wealth of in-depth information on the assessment of the newborn.

SPRINGER PUBLISHING COMPANY
Category: NURSING & ANCILLARY
Disc: ACAD & PROFESSIONAL
254 X 177 mm
Release Date: May 2024
9780826140623

Paperback
356 pages
NOT ILLUSTRATED
AUD\$: 194.00



Translation of Evidence into Nursing and Healthcare

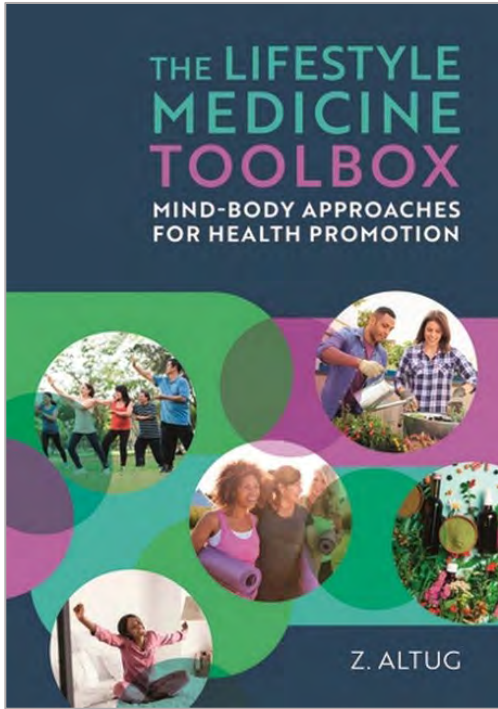
By Kathleen M. White, Sharon Dudley-Brown



2020 AJN Book-of-the-Year Award Winner for Nursing Research! Named a Doody's Core Title! Serving as both a text for DNP students and an applied resource for practicing health professionals.

SPRINGER PUBLISHING COMPANY
Category: NURSING & ANCILLARY
Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: May 2024
9780826191151

Paperback
456 pages
AUD\$: 177.00



The Lifestyle Medicine Toolbox
Mind-Body Approaches for Health Promotion

By Ziya Altug

This holistic guide provides an integrative toolbox on how healthcare and fitness professionals can promote lifestyle medicine with their clients.

Its clinical and evidence-informed approach focuses on the six primary lifestyle medicine factors: nutrition, exercise, sleep hygiene, stress management, risky substance use, and social connectedness.

Each factor is enriched with a variety of strategies and advice including anti-inflammatory recipes, self-guided visualisation, tips on how to break bad habits, sustainable fitness, and mind-body exercises.

Based on the author's 30+ years of experience as a trained physical therapist treating musculoskeletal conditions, this book's nonpharmacological and nonsurgical focus allows clients to feel empowered in taking charge of their health through a plethora of resources and techniques. It provides clear, actionable steps and real-world examples to nurture sustainable changes that promote long-term health and healing.

JESSICA KINGSLEY PUBLISHERS

Category: COMPLE'TARY MEDICINE

Disc: TRADE INTERNATIONAL

246 X 173 mm

Release Date: **March 2024**

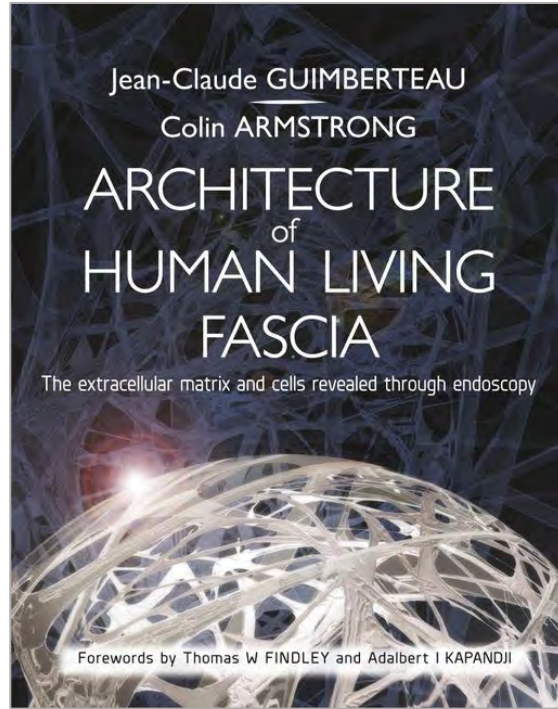
9781839979088

Paperback

352 pages

B&W THROUGHOUT

AUD\$: 74.99



Architecture of Human Living Fascia
The Extracellular Matrix and Cells Revealed Through Endoscopy

By Jean Claude Guimberteau, Colin Armstrong

This beautifully illustrated book introduces Dr. Guimberteau's groundbreaking work. He is the first person to publish video "movies" showing the structure of the fascia and how the fascia responds to. Based on what can be seen he has developed his own concept of the Multifibrillar structural organisation of the body, wherein the "microvacuole" is the basic functional unit. His films confirm the continuity of fibres throughout the body thereby seeming to confirm the tensegrity theory, which provides the basis of many manual therapy and bodywork teachings.

The book and videos provide, for the first time, an explanatory introduction and explanation of these theories and link them to the visual evidence shown in the video. This material will be highly valued by osteopaths, massage therapists, chiropractors, and others as it provides part of the scientific underpinning of their techniques, as well as an explanation of what is happening when they use those techniques to treat their clients. So Guimberteau's material confirms what manual therapists already believed but didn't fully understand.

HANDSPRING PUBLISHING

Category: PRE-CLINICAL MEDIC

Disc: ACAD & PROFESSIONAL

278 X 219 mm

Release Date: **March 2024**

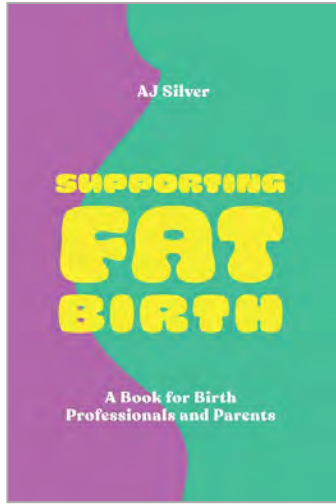
9781805012573

Paperback

224 pages

AUD\$: 151.00





Supporting Fat Birth

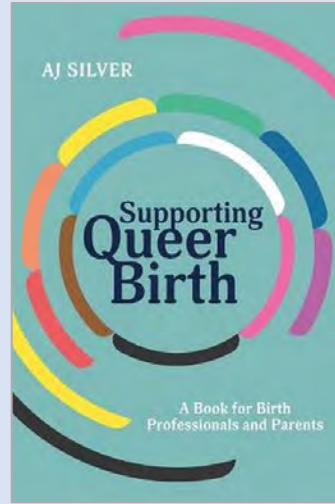
By AJ Silver



This pioneering guide provides birth professionals, pregnant people, and advocates with comprehensive insight into navigating conception, pregnancy, birth, and the perinatal period whilst fat.

JESSICA KINGSLEY PUBLISHERS
Category: NURSING & ANCILLARY
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: May 2024
9781839976339

Paperback
208 pages
B&W THROUGHOUT
AUD\$: 69.99



Supporting Queer Birth

A Book for Birth Professionals and Parents

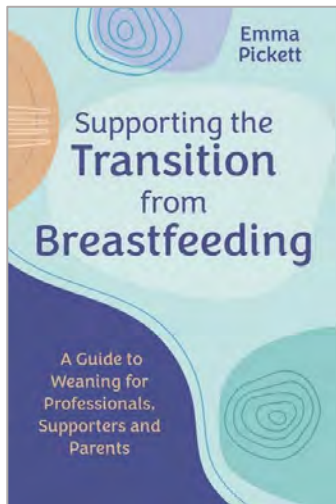
By AJ Silver



Bringing together the stories and experiences of LGBT+ parents as well as professionals in the field, this guide explains what healthcare and birth workers can do to improve care for their clients.

JESSICA KINGSLEY PUBLISHERS
Category: NURSING & ANCILLARY
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: June 2022
9781839970450

Paperback
208 pages
B&W THROUGHOUT
AUD\$: 67.99



Supporting the Transition from Breastfeeding

A Guide to Weaning for Professionals, Supporters and Parents

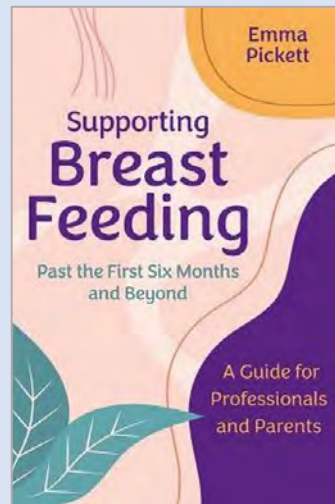
By Emma Pickett



This comprehensive and accessible guide provides birth workers and lactation professionals with the skills to help families navigate the emotional and physical challenges of weaning.

JESSICA KINGSLEY PUBLISHERS
Category: NURSING & ANCILLARY
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: March 2024
9781839977855

Paperback
192 pages
B&W THROUGHOUT
AUD\$: 62.99



Supporting Breastfeeding Past the First Six Months and Beyond

A Guide for Professionals and Parents

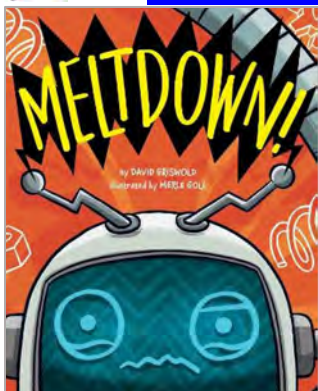
By Emma Pickett



This evidence-based guide for professionals covers essential information to help support parents breastfeeding past the first six months, including starting solids alongside breastfeeding, nursing manners, and more.

JESSICA KINGSLEY PUBLISHERS
Category: NURSING & ANCILLARY
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: June 2022
9781787759893

Paperback
288 pages
B&W THROUGHOUT
AUD\$: 67.99



Meltdown!

By David Griswold, Merle Goll

This humorous picture book uses robots to help kids explore big emotions. Did you know robots never stay up past their bedtime? They power down right at seven o'clock. And when robots are upset, they never hit. They use their programming language: BLEEP BLOOP! But even robots with all the latest updates will occasionally malfunction. Meltdowns happen. And while they are no fun, they don't last forever. *Meltdown!* normalizes big emotions and explores some ways to cope with even the biggest mega robot meltdowns.

MAGINATION PRESS

FICTION

Disc: TRADE INTERNATIONAL
Hardback

254 X 203 mm

32 Pages

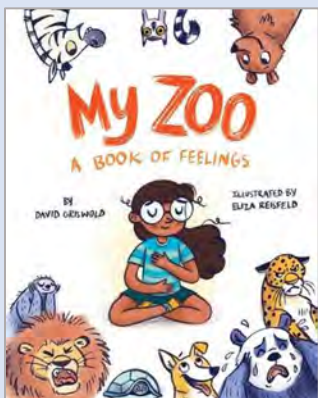
Rel Date: May 2024

9781433842573

AUD\$: 38.99



BACKLIST TITLE - IN STOCK NOW AND AVAILABLE NOW



My Zoo

A Book of Feelings

By David Griswold, Eliza Reisfeld

We have a whole zoo of feelings inside of us--an angry lion, a happy puppy, a calm sloth. Some days we feel like just one animal and some days we feel like them all. *My Zoo* helps kids to identify and accept different emotions.

MAGINATION PRESS

LIFE SKILL/GEN STUDS

Disc: TRADE INTERNATIONAL
Hardback

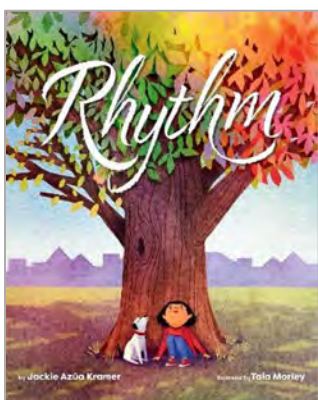
254 X 203 mm

32 Pages

Rel Date: February 2023

9781433840357

AUD\$: 34.99



Rhythm

By Jackie Azua Kramer, Taia Morley

In this powerful story of resilience and hope, one girl observes her community through the changing rhythm of each season. In a town once vibrant but now affected by unemployment and food insecurity, one girl watches the seasons go by. Winter's rhythm brings hearty soups. Spring's rhythm brings soft breezes and pale-yellow afternoons. Through it all one tree is her steady, generous friend. From acorns and dried leaves, to crocuses, to views of the sky and stars, the tree brings her gifts each season.

MAGINATION PRESS

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Disc: TRADE INTERNATIONAL
Hardback

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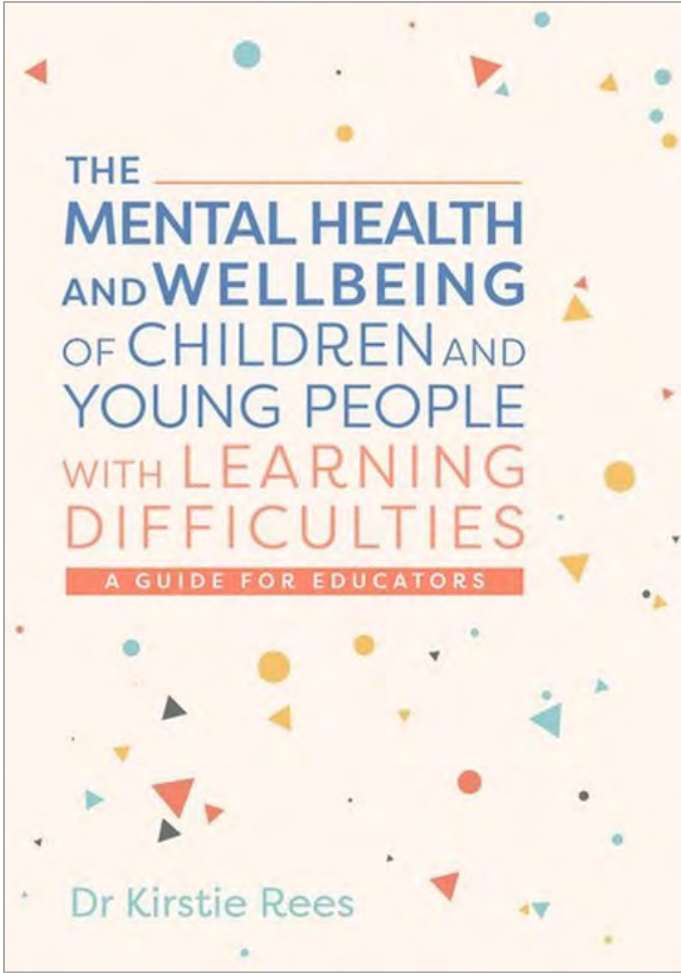
32 Pages

Rel Date: May 2024

9781433842634

AUD\$: 39.99





The Mental Health and Wellbeing of Children and Young People with Learning Difficulties

A Guide for Educators

By Kirstie Rees, Masha Pimas

Key Sales Points:

* A practical guide for educators and professionals to support the mental health and wellbeing of children with learning differences.

Knowing when children and young people are struggling, and identifying the best ways of supporting them is vital.

This is more important when working with children with varying learning difficulties who may not always be able to communicate their feelings.

By demystifying terms such as mental health, wellbeing, learning difficulties and the sensitivities surrounding labels, this practical and evidence-based guide helps you achieve an in-depth understanding of the children and young people you work with.

It provides you with skills and knowledge for supporting their mental health and wellbeing in educational settings - from nursery to secondary school in both mainstream and specialist environments with talking and non-verbal communication approaches to accommodate varying needs.

Most importantly its holistic approach explores the interaction between the child's learning difficulties and the psychological, social, and environmental factors which influence how they manage their ups and downs in life.

This lets you think beyond the child and the classroom.

Author Bio:

Dr Kirstie Rees is a Depute Principal Educational Psychologist with significant experience of supporting children and young people with a range of learning difficulties. She has published research in this area and has presented at conferences in the UK and overseas. Kirstie is a Practice Tutor on the MSc in Educational Psychology at the University of Dundee. She is based in Glasgow, Scotland.

JESSICA KINGSLEY PUBLISHERS

Category: EDUCATION

B&W Throughout

Disc: Trade International

246 X 173 mm

Release Date: May 2024

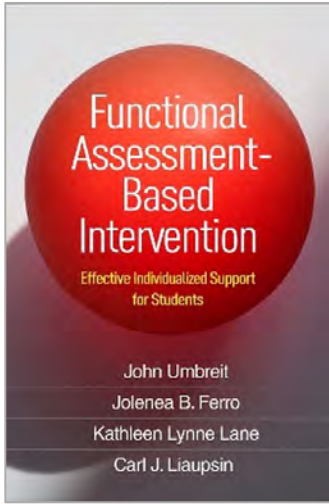
9781839975486

Paperback

320 pages

AUD\$: 56.99





Functional Assessment-Based Intervention
Effective Individualized Support for Students

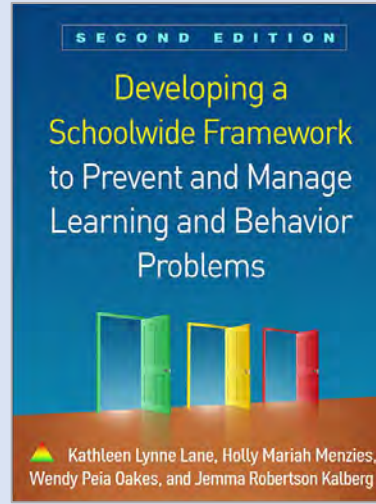
By John Umbreit, Jolenea B. Ferro



From noted authorities, this book presents a comprehensive approach to designing and implementing evidence-based Tier 3 behavior interventions for K-12 students.

GUILFORD PUBLICATIONS
Category: OTHER MEDICINE
Disc: ACAD & PROFESSIONAL
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Release Date: May 2024
9781462553815

Paperback
368 pages
AUD\$: 130.00



Developing a Schoolwide Framework to Prevent and Manage Learning and Behavior Problems 2/e

By Kathleen Lynn Lane, Holly Mariah Menzies

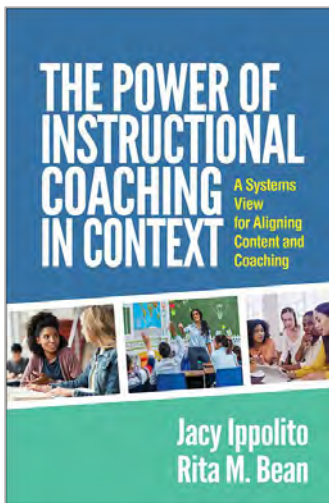


Now revised and expanded, this volume explains how to design, implement, and evaluate a comprehensive, integrated, three-tiered (Ci3T) model of prevention.

GUILFORD PUBLICATIONS
Category: EDUCATION
Disc: TEXT
266 X 203 mm
Release Date: **January 2020**
9781462541737

Paperback
257 pages
AUD\$: 77.99

ALSO BY KATHLEEN LYNNE LANE – IN STOCK AND AVAILABLE NOW



The Power of Instructional Coaching in Context
A Systems View for Aligning Content and Coaching

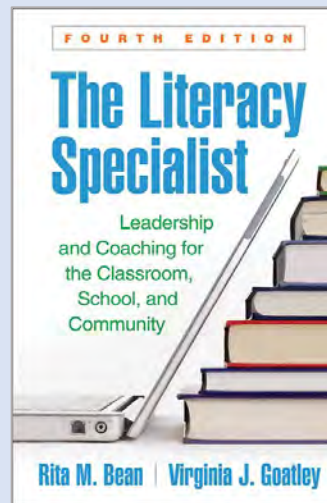
By Jacy Ippolito, Rita M. Bean



From nationally known experts, this book provides guidance for leveraging the power of instructional coaching and helping coaching programs succeed.

GUILFORD PUBLICATIONS
Category: EDUCATION
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: May 2024
9781462554010

Paperback
280 pages
NOT ILLUSTRATED
AUD\$: 91.99



The Literacy Specialist 4/e
Leadership and Coaching for the Classroom, School, and Community

By Rita M. Bean, Virginia J. Goatley

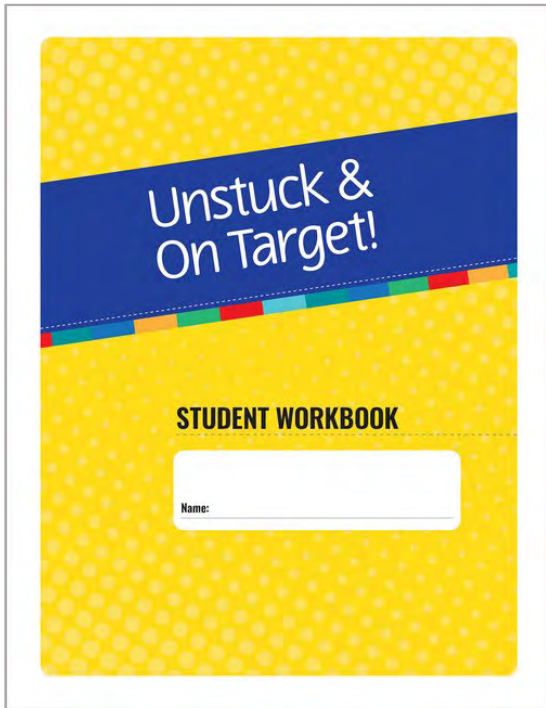


The definitive practitioner resource and text for developing excellence as a PreK–12 literacy/reading specialist is now updated to reflect key changes in the field.

GUILFORD PUBLICATIONS
Category: EDUCATION
Disc: TEXT
229 X 152 mm
Release Date: **January 2021**
9781462544554

Paperback
374 pages
NOT ILLUSTRATED
AUD\$: 89.99

ALSO BY RITA BEAN - IN STOCK NOW AND AVAILABLE NOW



Unstuck & On Target! Student Workbook Ages 11-15

By John F. Strang, Lauren Kenworthy, Lynn Cannon, Katie Alexander, Monica Werner

These packs of student workbooks are part of Unstuck and On Target!

Ages 11-15, an executive function curriculum that supports flexibility, planning, and organization in middle school students. Ideal for schools and districts that prefer to purchase student workbooks instead of printing out the digital files that come with the manual, these workbooks are sold in convenient packs of five.

Each workbook is 64 pages and contains student worksheets for all the lessons in the curriculum.

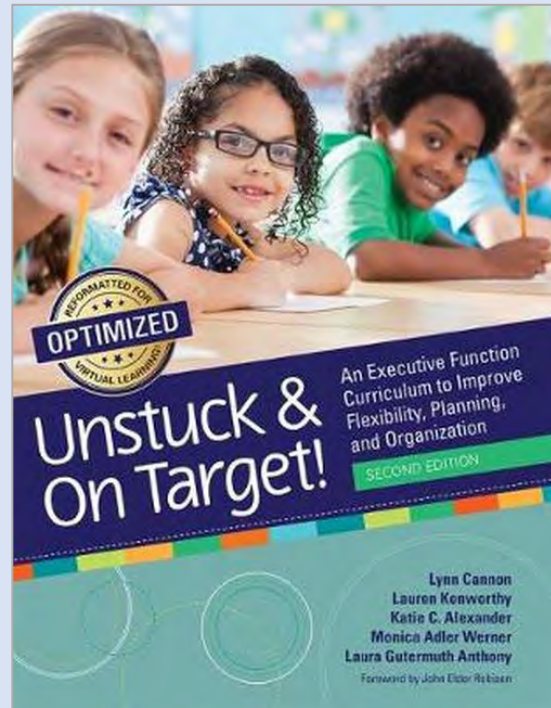
Learn more about *Unstuck and On Target!* This proven, highly effective curriculum consists of small-group lessons specially designed to help middle school students develop the strong executive function skills they need to set and reach goals, collaborate with peers, engage in efficient planning and organization, and lay the groundwork for a bright future.

BROOKES PUBLISHING CO

Category: EDUCATION
Disc: ACAD & PROFESSIONAL
279 X 216 mm
Release Date: May 2024
9781681257655

Paperback
64 pages

AUD\$: 141.00



Unstuck and On Target! 2/e

An Executive Function Curriculum to Improve Flexibility, Planning, and Organization

By Lynn Cannon, Lauren Kenworthy, Katie Alexander, Monica Werner, Laura Gutermuth Anthony

A highly effective intervention for students ages 8-11, *Unstuck & On Target!* gives you 21 ready-to-use, field-tested lessons that boost critical skills like cognitive flexibility, problem solving, coping, and goal setting. Ideal for use with learners with autism, ADHD, and other challenges that affect executive function, this curriculum includes a comprehensive manual and a package of digital, downloadable components that are easy to print and use in face-to-face or virtual settings. *Unstuck and On Target!* This proven curriculum is one of the few tailored to the needs of Tier 2 students who need more focused instruction. Gives you explicit, step-by-step routines, activities, and scripts to help students improve executive function skills. Targets the flexibility and planning skills every student needs to learn effectively, reduce stress, get along with others, problem-solve, and more. Can be done with any class, by any teacher. Each ready-to-use lesson comes complete with clear instructions, materials lists, and tips for teachers. Makes learning fun with engaging games, role plays, stories, and lively class discussions.

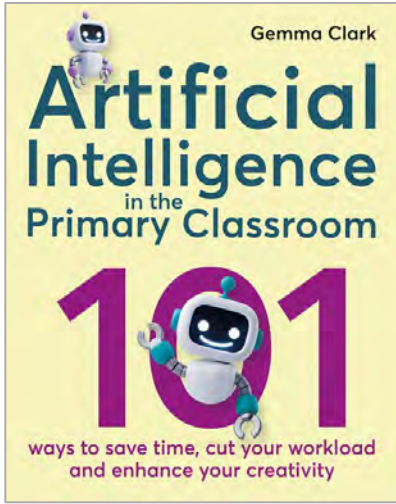
BROOKES PUBLISHING CO

Category: EDUCATION
Disc: ACAD & PROFESSIONAL
279 X 216 mm
Release Date: **June 2021**
9781681254906

Paperback
304 pages

AUD\$: 152.00





Artificial Intelligence in the Primary Classroom
101 ways to save time, cut your workload and enhance your creativity

By Gemma Clark



A comprehensive guide that presents 101 innovative ways to effectively integrate artificial intelligence into primary education, enhancing learning experiences and streamlining administrative tasks for teachers.

CROWN HOUSE PUBLISHING

Category: EDUCATION
Disc: ACAD & PROFESSIONAL
234 X 184 mm
Release Date: May 2024
9781785837142

Paperback
170 pages
NOT ILLUSTRATED
AUD\$: 39.99



Empowered by the Human Design
Utilizing the BBARS of Excellence Framework to Foster Student and Educator Success

By Katie Pagnotta

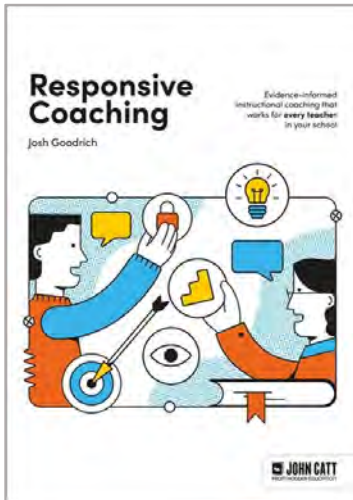


Youth mental health challenges are on the rise. The educator attrition rate is leaving schools scrambling to fill positions. And everyone is on information overload.

JOHN CATT EDUCATIONAL

Category: EDUCATION
Disc: ACAD & PROFESSIONAL
208 X 148 mm
Release Date: May 2024
9781036002763

Paperback
300 pages
NOT ILLUSTRATED
AUD\$: 41.99



Responsive Coaching
Evidence-informed instructional coaching that works for every teacher in your school

By Josh Goodrich

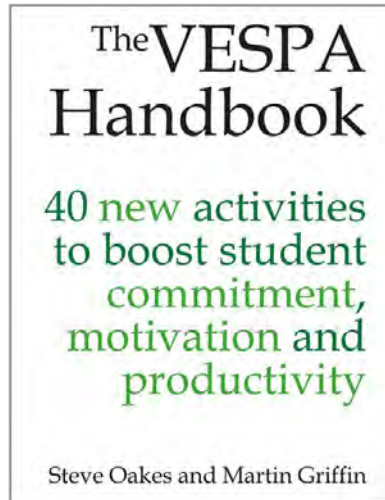


Great teachers make a huge difference to students' lives. Helping them to improve throughout their career is vital. But how can we best do this?

JOHN CATT EDUCATIONAL

Category: EDUCATION
Disc: ACAD & PROFESSIONAL
210 X 148 mm
Release Date: May 2024
9781036003210

Paperback
200 pages
AUD\$: 33.99



The VESPA Handbook
40 new activities to boost student commitment, motivation & productivity

By Steve Oakes, Martin Griffin



Offers 40 concrete, practical tools and activities that will supercharge learners' ambition, organisation, persistence, and determination.

CROWN HOUSE PUBLISHING

Category: EDUCATION
Disc: ACAD & PROFESSIONAL
234 X 184 mm
Release Date: May 2024
9781785837104

Paperback
220 pages
NOT ILLUSTRATED
AUD\$: 49.99



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