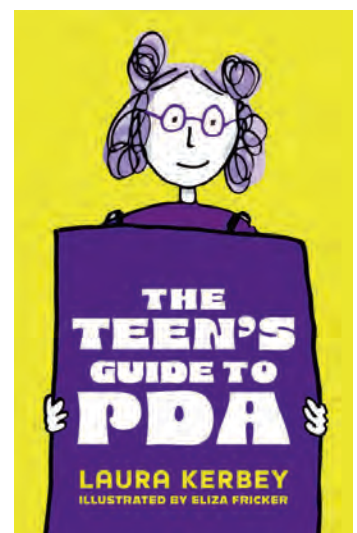
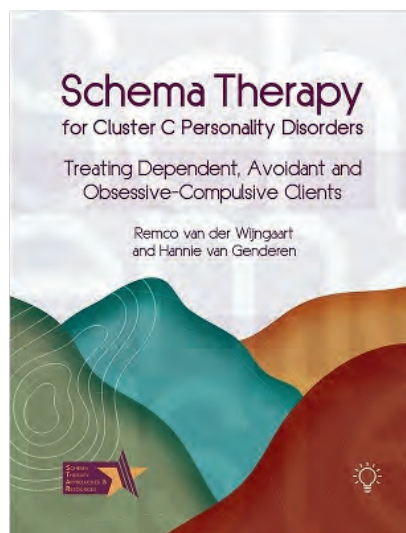
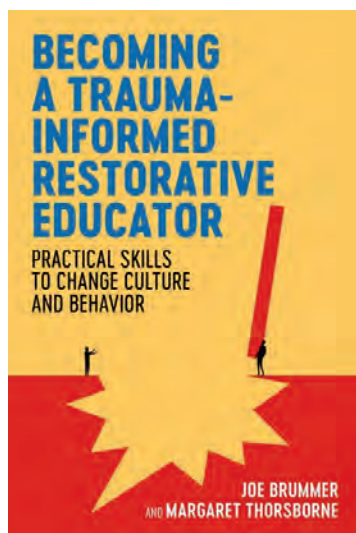
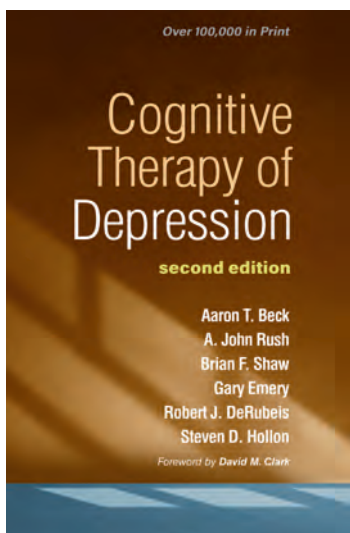




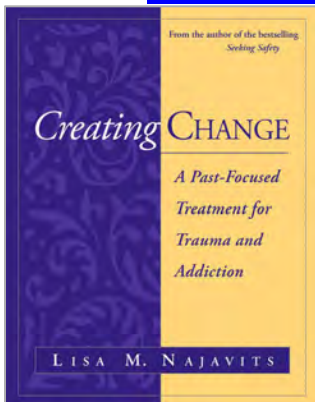
# September 2024

## Health and Education New Release Catalogue



[www.woodslane.com.au](http://www.woodslane.com.au)

P: (02) 8445 2300 | E: [info@woodslane.com.au](mailto:info@woodslane.com.au)



### Creating Change

A Past-Focused Treatment for Trauma and Addiction

By Lisa M. Najavits

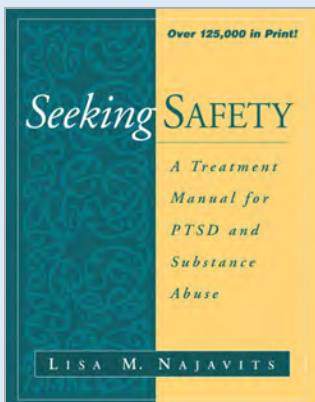
This flexible, evidence-based manual offers counsellors a gentle, compassionate approach to help people with trauma, addiction, or both explore their past. *Creating Change* guides clients to understand how trauma and addiction arose over time, grieve losses and regrets, create a new perspective on their life story, and take pride in their survival. The manual has 23 topics that can be implemented in any order with individuals or groups. Topics include: \* Relationship Patterns, \* Break the Silence, \* Deepen Your Story, \* Balance Dark and Light, \* Emotions and Healing, and \* Influences: Family, Community, Culture. The book has a convenient large-size format and includes 83 reproducible handouts and clinical tools, many of which can be downloaded and printed at the companion website.

**GUILFORD PUBLICATIONS**

Disc: ACAD & PROFESSIONAL  
Paperback  
399 Pages  
Rel Date: September 2024  
**9781462554621**  
**AUD\$: 141.00**



### ALSO BY LISA M. NAJAVITS – IN STOCK NOW



### Seeking Safety

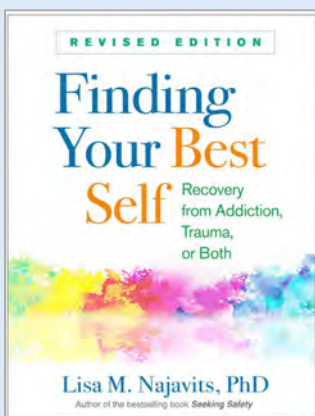
A Treatment Manual for PTSD and Substance Abuse

By Lisa M. Najavits

This manual presents the first empirically studied, integrative treatment approach developed specifically for co-occurring PTSD and substance abuse. For persons with this prevalent and difficult-to-treat dual diagnosis, the most urgent clinical need is to establish safety--to work toward discontinuing substance use, letting go of dangerous relationships, and gaining control over such extreme symptoms as dissociation and self-harm. The manual is divided into 25 specific units or topics, addressing a range of different cognitive, behavioral, and interpersonal domains. Each topic provides highly practical tools and techniques to engage patients in treatment.

**GUILFORD PUBLICATIONS**

Disc: ACAD & PROFESSIONAL  
Paperback  
279 X 216 mm  
401 Pages  
Rel Date: **March 2002**  
**9781572306394**  
**AUD\$: 150.00**



### Finding Your Best Self (Revised Edition)

Recovery from Addiction, Trauma, or Both

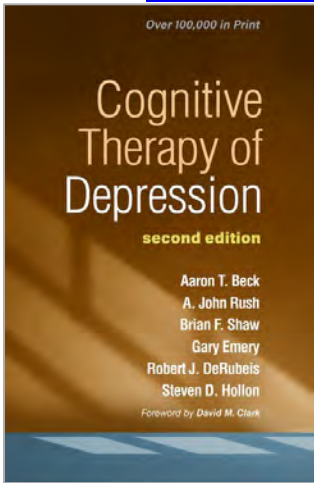
By Lisa M. Najavits

Addiction and trauma are two of the most common and difficult issues that people face. In this motivating book, leading expert Lisa Najavits explains the link between addiction and trauma and presents science-based self-help strategies that you can use no matter where you are in your recovery. Every chapter features inspiring words from people who have "been there," plus carefully designed reflection questions, exercises, and other practical tools. Learn how you can: \*Build coping skills so that the future is better than the past. \*Keep yourself safe and find support. \*Set your own goals and plan to achieve them at your own pace. \*Choose compassion over self-blame and shame. \*Move toward your best self--the person you want to be. If you are a family member or friend seeking to support a loved one--or a helping professional--this book is also for you.

**GUILFORD PUBLICATIONS**

Disc: TRADE INTERNATIONAL  
Paperback  
266 X 203 mm  
269 Pages  
Rel Date: **July 2019**  
**9781462539895**  
**AUD\$: 49.99**





### Cognitive Therapy of Depression 2/e

By Aaron T. Beck, A. John Rush, et al.

Reflecting major contemporary developments in theory and clinical practice, the second edition of this authoritative guide has been significantly rewritten with 85% new material. Cognitive therapy (CT) pioneer Aaron T. Beck and associates provide cutting-edge knowledge about the cognitive model of depression and the most effective, lasting ways to reduce clients' suffering. The volume links clearly explained theoretical principles to specific therapeutic strategies. Techniques for identifying, examining, and changing the thoughts, beliefs, and behaviours that give rise to depression and related disorders are illustrated with compelling vignettes and sample dialogues.

PREVIOUS EDITION ISBN 9780898629194.

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL

Paperback

229 X 152 mm

408 Pages

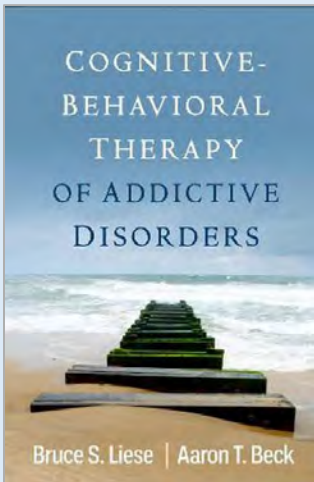
Rel Date: September 2024

9781572305823

AUD\$: 128.00



### ALSO BY AARON T. BECK – IN STOCK NOW



### Cognitive-Behavioral Therapy of Addictive Disorders

By Bruce S. Liese, Aaron T. Beck

Grounded in decades of CBT research and clinical practice, as well as cutting-edge cognitive science, this book provides critical tools for understanding and treating the full range of addictive behaviours. Bruce S. Liese and Aaron T. Beck explain how to systematically develop case conceptualizations and support clients in achieving their recovery goals. The authors use vivid case examples to illustrate CBT techniques, structure, psychoeducation, motivational interviewing, group treatment, relapse prevention, and other effective therapeutic components. Reflecting nearly 30 years of important advances in the field, this entirely new book replaces the authors classic Cognitive Therapy of Substance Abuse.

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL

Hardback

229 X 152 mm

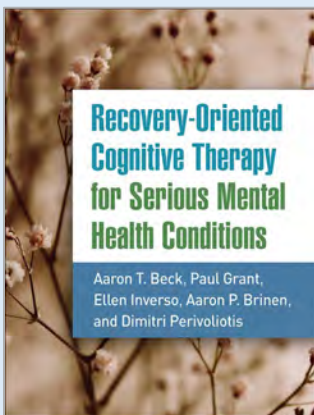
292 Pages

NOT ILLUSTRATED

Rel Date: September 2022

9781462548842

AUD\$: 86.99



### Recovery-Oriented Cognitive Therapy for Serious Mental Health Conditions

By Aaron T. Beck, Paul Grant

From pioneering treatment developers, this is the authoritative presentation of recovery-oriented cognitive therapy (CT-R). This evidence-based approach empowers people given a serious mental health diagnosis such as schizophrenia to build a better life in their chosen community. CT-R provides innovative strategies to help individuals shift from a "patient" mode to an adaptive mode of living and take positive steps to pursue valued aspirations. Vivid case vignettes and sample dialogues illustrate ways to access the adaptive mode with people experiencing negative symptoms, delusions, hallucinations, communication difficulties, self-harming or aggressive behavior, and other challenges. In a convenient large-size format, the book includes reproducible handouts and forms.

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL

Paperback

267 X 203 mm

282 Pages

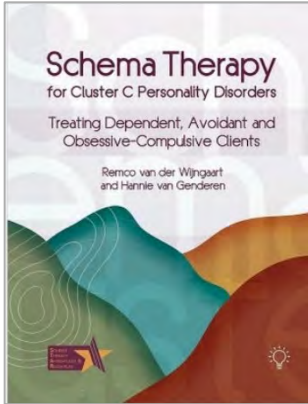
Rel Date: March 2021

9781462545193

AUD\$: 97.99







## Schema Therapy for Cluster C Personality Disorders

Treating Dependent, Avoidant and Obsessive-Compulsive Clients

By *Remco van der Wijngaart, Hannie van Genderen*

Personality disorders are categorised into three 'clusters', each containing several specific disorders with common characteristics that differentiate them from those contained in the other clusters. Schema therapy was developed primarily to manage and treat 'cluster B' personality disorders, especially borderline personality disorder, and it has a robust evidence base in this area. Research studies have shown that schema therapy is also an effective treatment for clients with 'cluster C' personality disorders - dependent personality disorder, avoidant personality disorder and obsessive-compulsive personality disorder - but only if several important adaptations and adjustments to the treatment protocol are made.

**PAVILION PUBLISHING & MEDIA**

Disc: ACAD & PROFESSIONAL  
Paperback

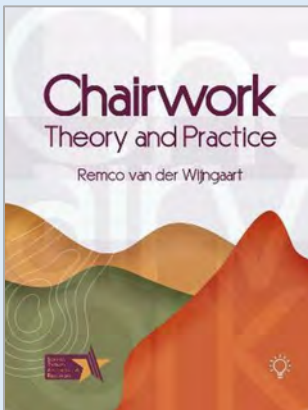
Rel Date: September 2024

**9781803883878**

**AUD\$: 86.99**



### ALSO BY REMCO VAN DER WIJNGAART – IN STOCK NOW



## Chairwork

Theory and Practice

By *Remco van der Wijngaart*

Chairwork is a therapeutic technique that allows clients to create distance between themselves and problematic beliefs, events, memories, individuals, and patterns of responding. Although chairwork has been used in various therapeutic frameworks for decades, it is as part of schema therapy (ST) that it has recently taken a big step forward. This new title in the *Schema Therapy Approaches and Resources* series is a practical guide for therapists who want to learn to apply chairwork in their own practice. It also offers tools for those who already have some experience with this technique, as well as advice on further techniques to make working with chairs more effective in challenging situations. A final chapter looks at pitfalls for therapists, with guidance for recognizing and dealing with a wide range of challenging situations that occur in clinical practice.

**PAVILION PUBLISHING & MEDIA**

Disc: ACAD & PROFESSIONAL  
Paperback

250 X 180 mm

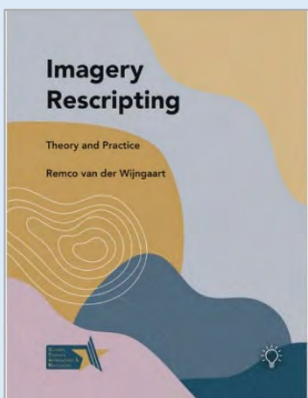
220 Pages

B&W THROUGHOUT

Rel Date: **May 2023**

**9781803882383**

**AUD\$: 89.99**



## Imagery Rescripting

Theory and Practice

By *Remco Van Der Wijngaart*

Imagery rescripting (IR) is a therapeutic technique that allows problematic events to be retrieved from memory and modified in positive directions. This complete manual for practitioners offers a clear and well-organized introduction to how IR can be applied in the treatment of personality disorders and other problems. It explores the various ways in which the technique can be utilised - how imagery exercises can provide insight into present problems via events of the past, how the therapist can rescript images in the early stages of treatment, and how clients can learn to rescript images themselves as the therapy progresses. The use of IR to prepare clients for future trigger situations is also discussed.

**PAVILION PUBLISHING & MEDIA**

Disc: ACAD & PROFESSIONAL  
Paperback

246 X 189 mm

220 Pages

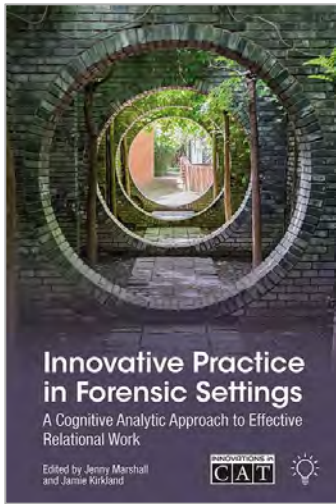
B&W THROUGHOUT

Rel Date: **September 2021**

**9781914010576**

**AUD\$: 86.99**





**Innovative Practice in Forensic Settings**  
A Cognitive Analytic Approach to Effective Relational Work

By *Jenny Marshall, Jamie Kirkland*

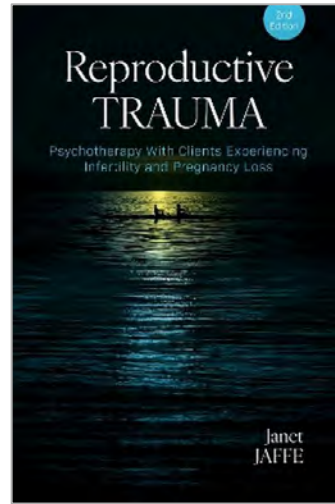


Working in forensic services requires clinicians to deal with complex trauma on both a professional and personal basis. Professionally, they must care for and rehabilitate people who have not only experienced trauma but also behaved.

**PAVILION PUBLISHING & MEDIA**

Disc: ACAD & PROFESSIONAL  
234 X 156 mm  
Release Date: September 2024  
**9781803883366**

Paperback  
320 pages  
**AUD\$: 82.99**



**Reproductive Trauma**  
Psychotherapy With Clients Experiencing Infertility and Pregnancy Loss

By *Janet Jaffe*

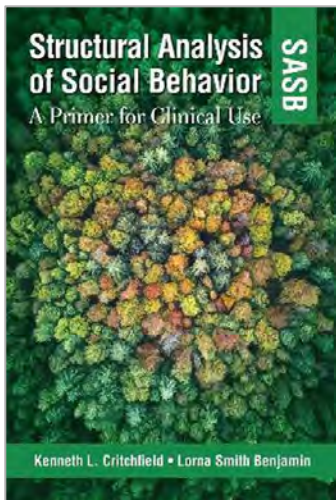


This second edition gives mental health professionals the tools they need to treat patients who suffer from infertility or pregnancy loss, as well as new guidance for processing their own reproductive traumas.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: September 2024  
**9781433841453**

Paperback  
221 pages  
**AUD\$: 121.00**



**Structural Analysis of Social Behavior (SASB)**  
A Primer for Clinical Use

By *Kenneth L. Critchfield PhD, Lorna Smith Benjamin*

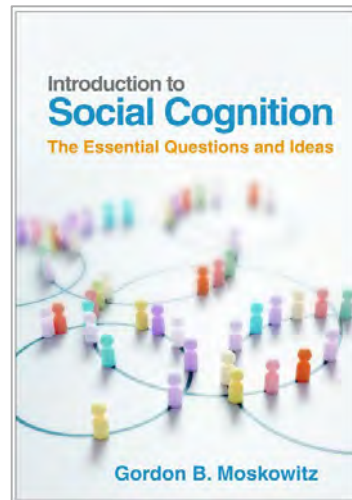


*Structural Analysis of Social Behavior (SASB)* helps clinicians and researchers make objective assessments of relationship patterns and enables clients to improve their social interactions. SASB can help identify connections between clients' current symptoms and their current & historical relationship patterns.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: September 2024  
**9781433837913**

Paperback  
280 pages  
**AUD\$: 145.00**



**Introduction to Social Cognition**  
The Essential Questions and Ideas

By *Gordon B. Moskowitz*

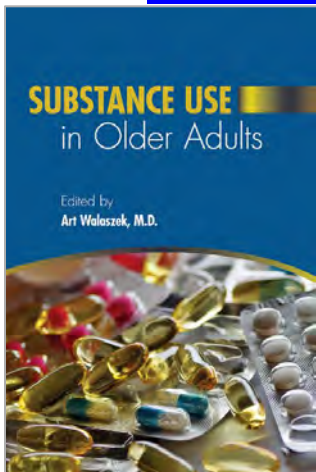


Why are first impressions so powerful? How do we "know" what others are like when we cannot read their minds? How can scientists measure biases that people do not want to admit--or do not know they have? This engaging text delves into social cognition by exploring questions in the field through lens.

**GUILFORD PUBLICATIONS**

Disc: ACAD & PROFESSIONAL  
254 X 178 mm  
Release Date: September 2024  
**9781462554546**

Paperback  
564 pages  
**AUD\$: 163.00**



### Substance Use in Older Adults

By Art Walaszek

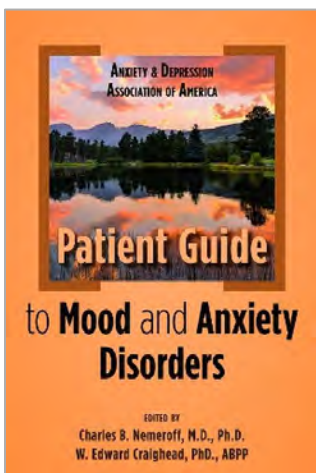
By 2050, 85.7 million people in the United States are projected to be 65 or older. Older adults are especially prone to the effects of substances, and a 2021 survey showed that 4 million older adults were dealing with a substance use disorder. As the country's population ages, clinicians will inevitably have to care for a greater number of older adults with substance use disorders, but the literature on the topic—and the evidence base for treatment—is limited. In *Substance Use in Older Adults*, more than 20 contributors translate their real-world experience in geriatric psychiatry into an accessible, evidence-based guide to screening for and assessing substance use in older adults.

AMERICAN PSYCHIATRIC ASSOCIATION PUBLISHING

Disc: ACAD & PROFESSIONAL Paperback 229 X 152 mm 356 Pages COLOUR SECTION(S) Rel Date: April 2024 9781615375073 AUD\$: 152.00



SELF-HELP



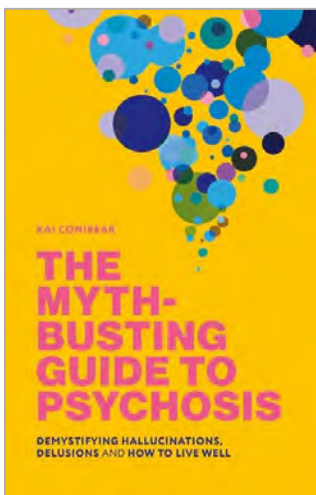
### Anxiety and Depression Association of America Patient Guide to Mood and Anxiety Disorders

By Charles B. Nemeroff, W. Edward Craighead

The Anxiety and Depression Association of America (ADAA) and the American Psychiatric Association (APA) have collaborated on this comprehensive guide, which is designed to empower patients and their support networks in their quest for wellness. Structured into six sections, each offering invaluable insights and tools, the book features: \* A thorough description of various mental health disorders-including major depressive disorder, bipolar disorder, social anxiety disorder, and others-that bridges the gap between professional diagnosis and patient comprehension. \* A concise summary of evidence-based treatments for specific disorders that will help guide informed decisions toward optimal treatment paths. \* A detailed, chapter-by-chapter analysis of U.S. Food and Drug Administration-approved medications for psychiatric disorders as well as new medications in development.

AMERICAN PSYCHIATRIC ASSOCIATION PUBLISHING

Disc: TRADE INTERNATIONAL Paperback 229 X 152 mm B&W THROUGHOUT Rel Date: April 2024 9781615375035 AUD\$: 84.99



### The Myth-Busting Guide to Psychosis

Demystifying Hallucinations, Delusions, and How to Live Well

By Kai Conibear, Sameer Jauhar

Psycho, psychotic, psychosis. The words get thrown around by everyone from newsreaders to the guy in the pub talking about his ex, and feed into a fog of stigma and misinformation that can make it feel impossible to talk about living with hallucinations and delusions. Psychosis affects 6% of the UK population at some point in their lives. It can be caused by a huge range of factors, from sleep deprivation and certain medications to bipolar disorder and schizophrenia. This guide digs into what psychosis really means, what it feels like, and how to handle its effects along with tackling stigma and other people's misconceptions. Informed by interviews and the authors own lived experience, this book explores the realities of living with psychosis. Whether you experience psychosis or support someone who does, this book will help you to understand the symptom and tackle its challenges.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL Paperback 214 X 138 mm 208 Pages Rel Date: September 2024 9781839978661 AUD\$: 41.99







## The Teen's Guide to PDA

*By Laura Kerbey, Eliza Fricker, and Forward by Dr. Julia Woollatt*

Being a teenager is tricky at the best of times.

Your body is changing, and hormones are raging around your body - adding PDA to the mix makes this even harder!

You may often feel misunderstood by others and find it hard to understand yourself too.

Whether you've just been diagnosed with PDA -or are a seasoned PDAer keen to know a bit more - this warm and wittily illustrated guide will give you a better understanding of your amazing brain and why you are so good at some things but find other things tricky.

It will help you to advocate for yourself better, understand your anxieties, manage rejection sensitivity dysphoria, explain to your family and friends and others what you need (and what drives you up the wall) - and navigate school or alternative education.

### JESSICA KINGSLEY PUBLISHERS

B&W Throughout

Disc: Trade International

216 X 138 mm

Release Date: September 2024

9781805011835

Paperback

128 pages

AUD\$: 32.99

#### **Author Bio:**

Laura Kerbey is the co- founder of PAST (Positive Assessments Support and Training) and Kite Therapeutic Learning. She has been working with autistic children and young people for over 20 years and is neurodivergent herself.

Eliza Fricker is a neurodivergent illustrator, author, and mother of a neurodivergent child. She is the writer and illustrator for her blog, Missing the Mark and is always looking for new ways to help parents feel seen and heard.





## Navigating PDA in America

**A Framework to Support Anxious, Demand-Avoidant Autistic Children, Teens and Young Adults**

*By Ruth Fidler, Diane Gould*

Although Pathological Demand Avoidance (PDA) has been a recognized autistic profile in the UK for some time, awareness is still growing in America. When parents first learn about it, they talk about having a lightbulb moment of understanding their child better. Many described how, having found traditional parenting and behavioral techniques made things worse instead of better, they felt judged and alone. Teachers and school administrators also reported struggling to support their PDA students. The children, teens, and young adults themselves were often left feeling misunderstood. The authors of this book explain PDA with an emphasis on promoting well-being both for PDA individuals and all those who support them. They provide a neurodiversity-affirming framework for supporting anxious, demand avoidant individuals across a range of settings and services.

**JESSICA KINGSLEY**

**PUBLISHERS**

Disc: TRADE INTERNATIONAL

Paperback

229 X 152 mm

208 Pages

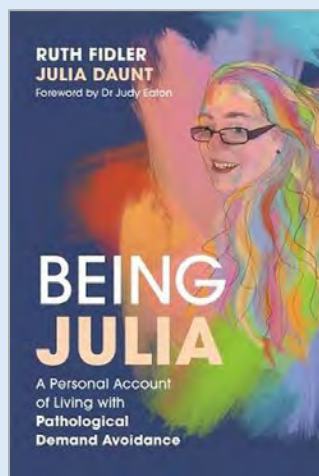
Rel Date: September 2024

**9781839972744**

**AUD\$: 43.99**



### ALSO BY RUTH FIDLER – IN STOCK NOW



## Being Julia

**A Personal Account of Living with Pathological Demand Avoidance**

*By Ruth Fidler, Julia Daunt*

Diagnosed with Pathological Demand Avoidance (PDA) at aged 12 and writing this memoir at age 37, Julia Daunt depicts the ins and out of PDA and its symptoms, while maintaining a positive outlook on what is possible to achieve. Co-written with professional specialist Ruth Fidler, it covers how PDA impacts Julia's life, including meltdowns, sensory issues, and communication in relationships. Including examples of school reports and handwritten letters, a chapter written from Julia's partner's perspective and even an example of Julia's favourite recipe, this warm and personal look at living and thriving with PDA is informative and inspiring.

**JESSICA KINGSLEY**

**PUBLISHERS**

Disc: TRADE INTERNATIONAL

Paperback

229 X 152 mm

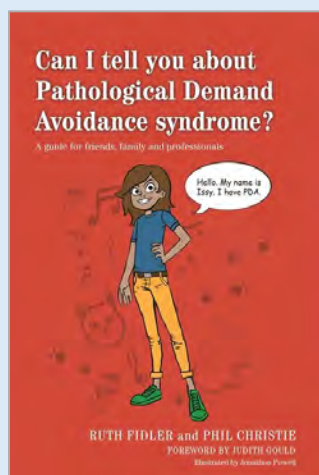
192 Pages

B&W THROUGHOUT

Rel Date: **November 2021**

**9781849056816**

**AUD\$: 34.99**



## Can I tell you about Pathological Demand Avoidance syndrome?

**A guide for friends, family and professionals**

*By Ruth Fidler, Phil Christie*

Meet Issy - an 11-year-old girl with pathological demand avoidance syndrome (PDA), a condition on the autism spectrum. Issy invites readers to learn about PDA from her perspective, helping them to understand how simple, everyday demands can cause her great anxiety and stress. Issy tells readers about all the ways she can be helped and supported by those around her. This illustrated book is for readers aged 7 and upwards and will be an excellent way to increase understanding about PDA in the classroom or at home. It also includes practical tips and recommended resources for parents and professionals.

**JESSICA KINGSLEY**

**PUBLISHERS**

Disc: TRADE INTERNATIONAL

Paperback

226 X 152 mm

56 Pages

Rel Date: **March 2015**

**9781849055130**

**AUD\$: 26.99**







**Conversations with Monsters**  
On Morality, Creativity, and Neurodivergent Survival

By *Charlotte Amelia Poe*



How does autistic trauma really feel, and how can you find your way through it to a warmer, brighter place? Written by best-selling author Charlotte Amelia Poe this is a poignant and whimsical exploration of the true autistic experience.

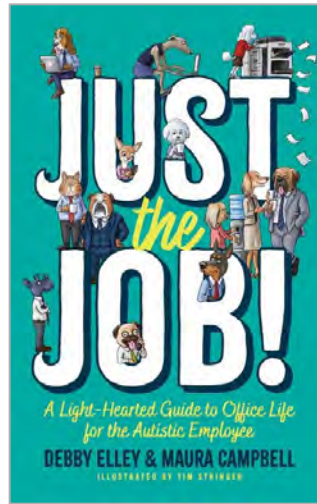
**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
198 X 129 mm  
Release Date: September 2024

**9781805010999**

Paperback  
176 pages

**AUD\$: 29.99**



**Just the Job!**  
A Light-Hearted Guide to Office Life for the Autistic Employee

By *Maura Campbell, Debby Elley*



Smart casual? Close of play? Endless water-cooler discussions about the weather? Non-autistic adults can behave in baffling ways - and never more so in the maze of unwritten social rules, jargon and ritual that is your average day at the office.

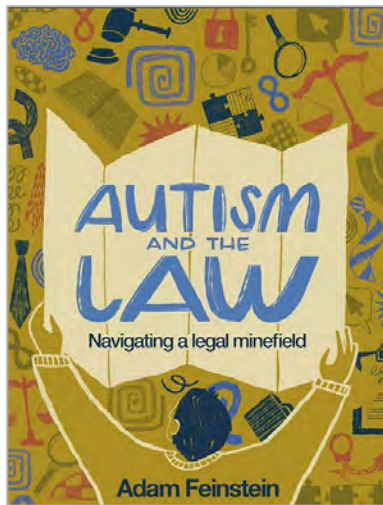
**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
214 X 136 mm  
Release Date: September 2024

**9781805012481**

Paperback  
208 pages

**AUD\$: 38.99**



**Autism and the Law**  
Navigating a Legal Minefield

By *Adam Feinstein*



This accessible guide to navigating all aspects of the law as an autistic person will offer helpful advice and useful resources, alongside an overview of the current research on the impact of being autistic from a legal standpoint.

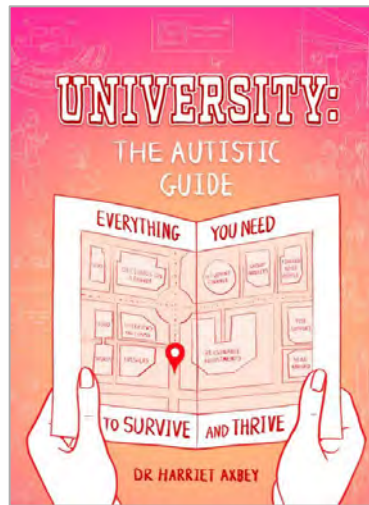
**PAVILION PUBLISHING & MEDIA**

Disc: ACAD & PROFESSIONAL  
246 X 189 mm  
Release Date: September 2024

**9781803883205**

Paperback  
450 pages

**AUD\$: 96.99**



**University: The Autistic Guide**  
Everything You Need to Survive and Thrive

By *Dr. Harriet Axbey*



Starting university is a daunting experience for any student, especially if this includes moving away from home for the first time. This helpful, informative, and friendly handbook is a guide to starting university for autistic young people.

**PAVILION PUBLISHING & MEDIA**

Disc: TRADE INTERNATIONAL  
243 X 156 mm  
Release Date: September 2024

**9781803882543**

Paperback  
156 pages

**AUD\$: 65.99**



### Raising Capable Kids

The 12 Habits Every Parent Needs Regardless of their Child's Label or Challenge

By *Deborah Winking*

Many children are labelled different - by doctors, psychologists, educators, or even peers- and as parents, this label can limit our hopes and expectations for them. Although the challenges that come with these labels are very real, and can be daunting, all our children can be raised to be strong, capable, curious humans. This book brings together the 12 habits you need to set your child up for success regardless of diagnosis. Chapters range from defining what capable means for your child and setting expectations for how others treat your child, to challenging your child in safe ways, and helping your child build a narrative of strength.

JESSICA KINGSLEY

PUBLISHERS

Disc: TRADE INTERNATIONAL

Paperback

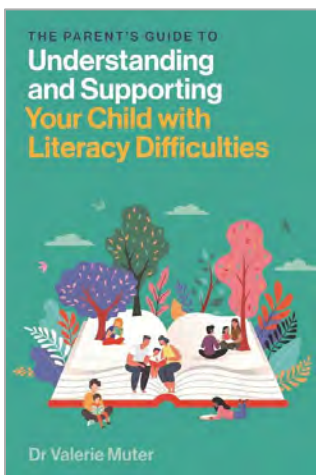
216 X 138 mm

256 Pages

Rel Date: September 2024

9781805011095

AUD\$: 41.99



### The Parent's Guide to Understanding and Supporting Your Child with Literacy Difficulties

By *Valerie Muter*

Why do some children experience literacy difficulties? How can I identify if my child finds reading and spelling challenging? What is the best way to support them at home? As a parent, it can be difficult to identify how your child's literacy difficulties may present in a home setting and supporting the child with literacy difficulties doesn't end at the school gates! Child psychologist, Valerie Muter, goes beyond the classroom to offer a wealth of resources for parents to use at home to help engage their child in reading and writing. From giving you a guidance on how to communicate with teachers about your concerns and requesting screenings and assessments to giving you lots of tips and tricks that you can implement at home to support your child's growth, this is the ultimate guide to answer all the questions you might have about literacy difficulties and more.

JESSICA KINGSLEY

PUBLISHERS

Disc: TRADE INTERNATIONAL

Paperback

229 X 152 mm

256 Pages

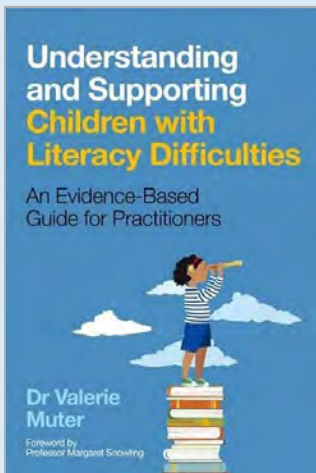
Rel Date: September 2024

9781839977060

AUD\$: 43.99



### ALSO BY VALERIE MUTER - IN STOCK NOW



### Understanding and Supporting Children with Literacy Difficulties

An Evidence-Based Guide for Practitioners

By *Valerie Muter, Maggie Snowling*

Learning to read is arguably the single most important educational challenge a child faces in the first years of schooling, setting a child up for future academic success and opportunities. However, it is estimated that one in six children experience literacy difficulties. This is the go-to book for psychologists, educationalists and other professionals wanting a deeper understanding of current thinking around dyslexia, reading comprehension difficulties, and related SpLDs. Drawing on six fictional case studies to illustrate her points, and using examples of good practice throughout, Valerie Muter unpacks the latest psychological theories and research on literacy disorders.

JESSICA KINGSLEY

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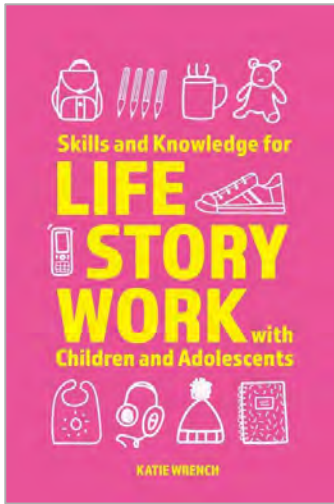
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### Skills and Knowledge for Life Story Work with Children and Adolescents

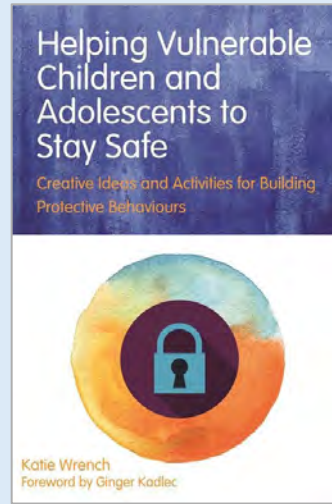
By Katie Wrench



Life story work allows care-experienced and adopted young people to understand their histories and come to terms with their feelings about the past. This accessible guide helps therapists and social care professionals to develop their skills.

JESSICA KINGSLEY PUBLISHERS  
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### Helping Vulnerable Children and Adolescents to Stay Safe

Creative Ideas and Activities for Building Protective Behaviours

By Katie Wrench, Ginger Kadlec

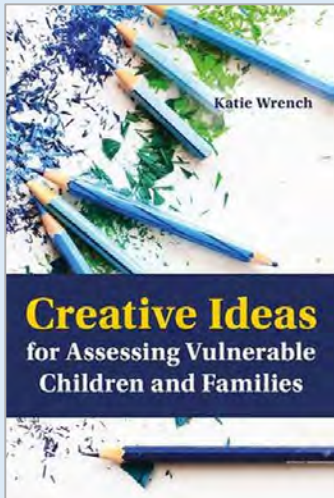


Helping vulnerable children and young people to build protective behaviours is the key to keeping them safe. Full of creative ideas and activities, this guide provides the tools to help children develop these key skills.

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### Creative Ideas for Assessing Vulnerable Children and Families

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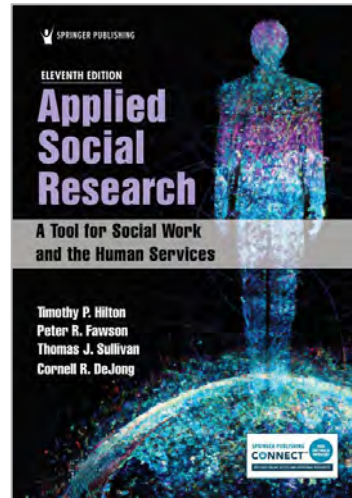
By Katie Wrench



For the busy frontline practitioner with little time to plan, this hands-on guide presents imaginative and unique methods to engage families and caregivers throughout the process of assessing vulnerable children.

JESSICA KINGSLEY PUBLISHERS  
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### Applied Social Research 11/e

A Tool for Social Work and the Human Services

By Timothy P. Hilton, Peter R. Fawson

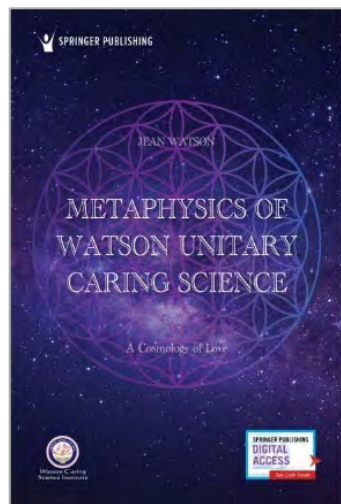


Designed for students and professionals in social work, public administration, nursing, criminal justice, and other human services fields, this text breaks down complex concepts into accessible, real-world applications.

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### Metaphysics of Watson Unitary Caring Science A Cosmology of Love

By Jean Watson

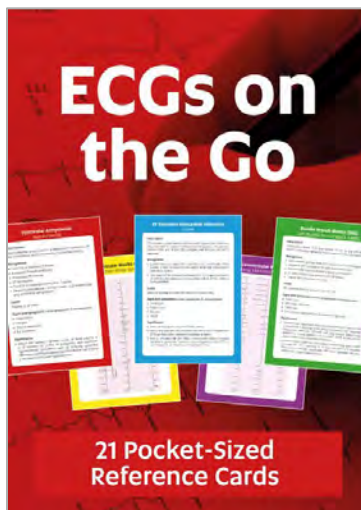


Delivers a transcendent worldview uniting science, metaphysics, and a cosmology of Love, in the service of healing humanity. This innovative publication addresses metaphysics as a core consideration and foundation for the evolution of nursing.

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### ECGs On The Go 21 Pocket-Sized Reference Cards

By Steve Poulton

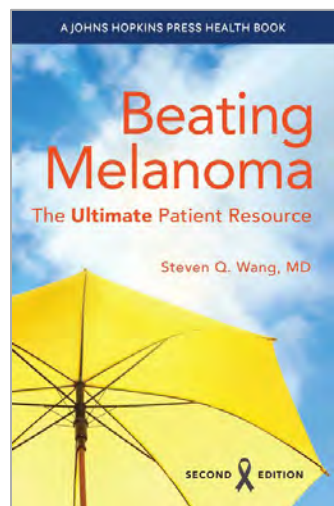


These pocket-sized, easy-to-read reference cards will enable you to feel more confident in your recognition and interpretation of the common 12-lead ECG rhythms frequently seen in the prehospital setting, along with their associated signs.

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### Beating Melanoma The Ultimate Patient Resource

By Steven Q Wang

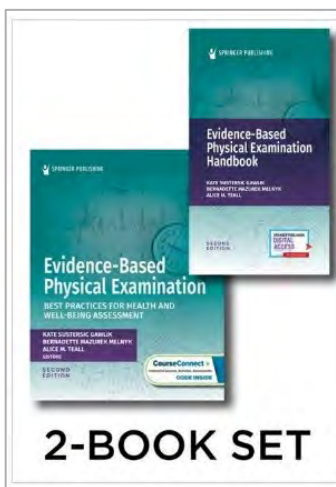


Now in its second edition and completely revised, this practical guide offers up-to-date research on the diagnosis, treatment, and prevention of melanoma, and a readable narrative that demystifies everything from the pathology report to the stages of cancer. Features updated information on new immunotherapies and targeted treatment.

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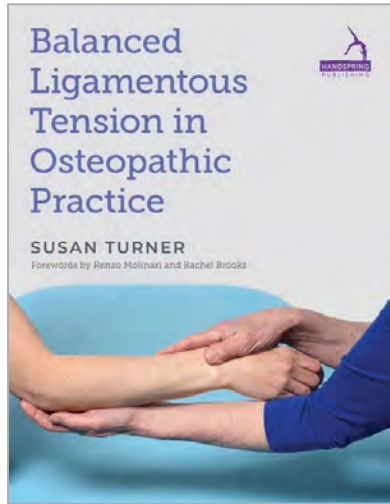


Complete evidence-based guidance on the assessment of patients across the life span and development of sound clinical reasoning in one convenient and affordable set! Delivers an empirical approach to history-taking and physical assessment techniques while focusing on patient well-being and health promotion.

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**Balanced Ligamentous Tension in Osteopathic Practice**

By Susan Turner



This user-friendly book will guide the reader to understand how Balanced Ligamentous Tension (BLT) can be used as a therapeutic principle in the practice of osteopathy. BLT is seen by many as an indispensable bridge between the better known 'structural' and 'cranial' approaches.

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**Working with Unusual Essential Oils**

By Helen Nagle-Smith, Jennifer Peace Rhind



As the aromatherapy market expands exponentially, newer and lesser-known essential oils are often missed from traditional aromatherapy texts. This unique and updated toolkit profiles 40 emerging oils from around the globe with each profile detailing the background, strengths, chemistry, cautions and safety.

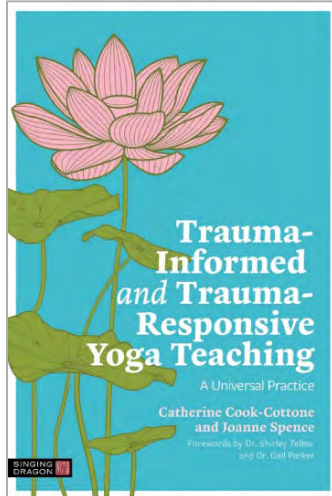
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**Trauma-Informed and Trauma-Responsive Yoga Teaching**  
A Universal Practice

By Catherine Cook-Cottone, Joanne Spence



This essential manual meets the increasing need for yoga teachers to be trauma-informed and trauma-responsive, and aware of how poses, breathwork, and meditation can impact the body.

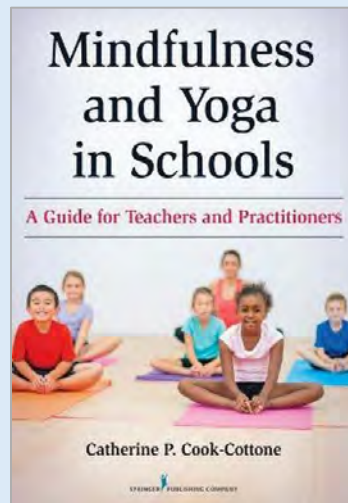
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**Mindfulness and Yoga in Schools**  
A Guide for Teachers and Practitioners

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The first research-based text intended to help teachers and practitioners implement mindfulness and yoga programs in schools. A complete review of the literature on mindfulness and yoga interventions is provided along with detailed steps.

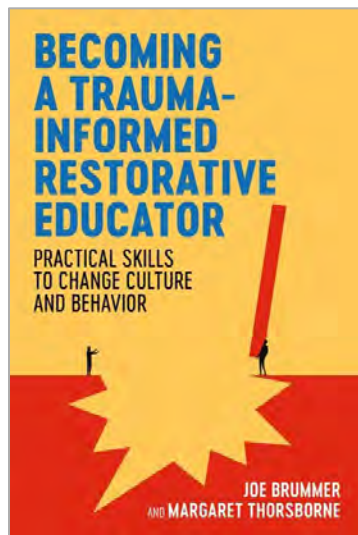
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### Becoming a Trauma-informed Restorative Educator

Practical Skills to Change Culture and Behavior

By Joe Brummer, Margaret Thorsborne, and Foreword by Dr. Lori Desautels

Maybe you have heard the terms trauma-informed and restorative - but how do you go about becoming a trauma-informed, restorative educator?

This practical book outlines the values, ideas and neuroscience behind trauma-informed restorative practice and its proven effectiveness.

It clearly explains key theories relating to shame, trauma, and your autonomic nervous system, and explains how to apply this knowledge in practice.

Examples and stories of restorative practice feature throughout to inspire and emulate, as do practical protocols, tools, and systems to develop your skills as a trauma-informed educator.

Critically, it also explains the personal and professional qualities you need to nurture to truly engage in trauma-informed, restorative practice, with reflection points to aid learning and self-development.

Read this book and take your first steps to creating a trauma-informed, restorative classroom - even if your school isn't doing it!

JESSICA KINGSLEY PUBLISHERS

Author is from Australia

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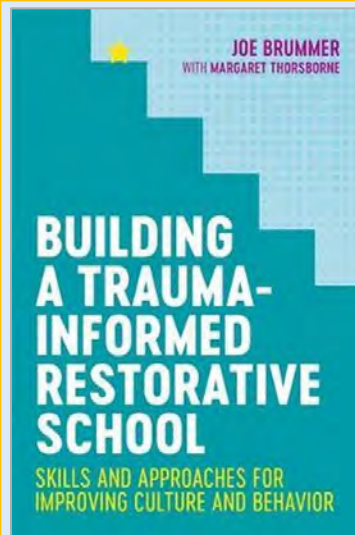
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### Building a Trauma-Informed Restorative School

Skills and Approaches for Improving Culture and Behavior

By Joe Brummer, Margaret Thorsborne

Covering both theory and practice, this book will teach educators everything they need to know about developing restorative practices in their education settings, in a way that is also trauma informed.

The first part of the book addresses the theory and philosophy of restorative approaches, and of trauma-informed and trauma-sensitive schools.

The second part outlines the five restorative skills (mindfulness, honest expression, empathy, the art of asking questions and the art of requests), what they look like in practice (including using circles, peer mediation, respect agreements and restorative dialogue), and how to implement them.

Every strategy is clearly explained and adapted to be appropriate for children and adults who have experienced trauma.

Everything the book discusses has been especially designed to be adapted for different school settings and their challenges.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia

Disc: ACAD & PROFESSIONAL

229 X 152 mm

Release Date: March 2021

9781787752672

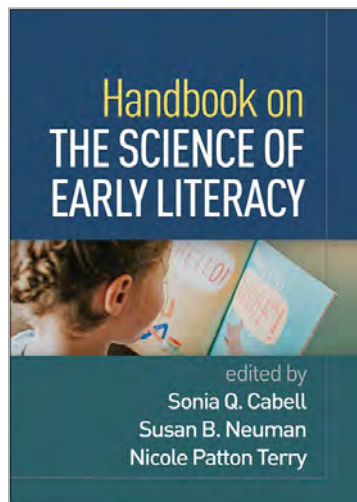
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### Handbook on the Science of Early Literacy

By Sonia Q. Cabell, Susan B. Neuman, Nicole Patton Terry



Synthesizing the best current knowledge about early literacy, this comprehensive handbook brings together leading researchers from multiple disciplines. The volume identifies the instructional methods and areas of focus shown to be most effective for promoting young children’s growth in reading.

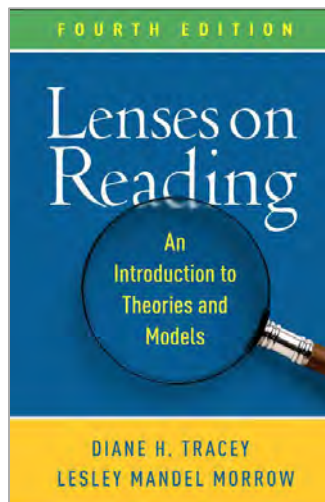
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### Lenses on Reading 4/e An Introduction to Theories and Models

By Diane H. Tracey, Lesley Mandel Morrow



Now in a revised and updated fourth edition incorporating current advances in research and instructional practices, this well-established text accessibly introduces prominent theories and models related to reading. The book is organized, from classical approaches to contemporary cognitive, social learning.

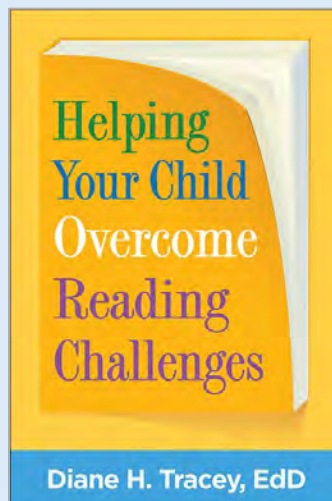
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By Diane H. Tracey



When a child struggles with learning to read, it can feel overwhelming. What causes reading difficulties? How can parents support their children on the road to a rich and rewarding literacy life?

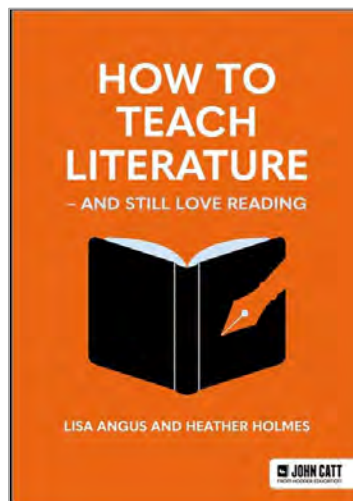
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### How to Teach Literature - and Still Love Reading

By Heather Holmes, Lisa Angus



If you’re a book lover with a TBR list as long as your arm, and you also happen to be a teacher of English literature, *How to Teach Literature - and Still Love Reading* is the book for you. The book is packed full of inspirational reading suggestions.

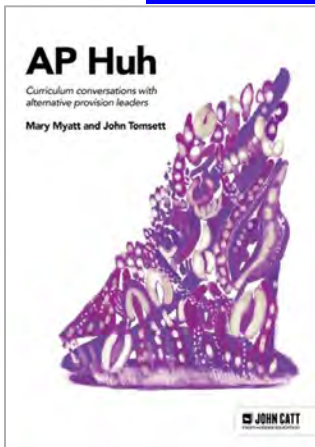
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## Alternative Provision Huh

Curriculum conversation with alternative provision leaders

By *Mary Myatt, John Tomsett*

For one reason or another, mainstream education does not suit every young person. Many young people are educated in alternative provision, which is defined by the Department for Education as educational provision 'for pupils who, because of exclusion, illness or other reasons, would not otherwise receive suitable education'. As of 2023, over 25,000 young people are enrolled in alternative provision, and those numbers continue to rise. It is essential, then, that the curriculum on offer in alternative provision is exemplary, as these young people - already facing extraordinary challenges - need the very best if they are going to progress successfully into adulthood. *Huh* is the Egyptian god of endlessness, creativity, fertility, and regeneration. He is the deity Mary Myatt and John Tomsett have adopted as their god of the curriculum.

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## SEND Huh

curriculum conversations with SEND leaders

By *Mary Myatt, John Tomsett*

Huh is the Egyptian god of endlessness, creativity, fertility, and regeneration. He is the deity Mary Myatt and John Tomsett have adopted as their god of the curriculum. Their *Huh* series of books focuses on how practitioners design the curriculum for the young people in their schools. The Huh project is founded on conversations with colleagues doing great work across the education sector. In *SEND Huh*, Mary Myatt and John Tomsett discuss curriculum provision for pupils with additional needs with some of the leading experts in the field. Mary and John interviewed pupils, parents, teachers, headteachers, CEOs, educational consultants, and lecturers.

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## Huh

Curriculum conversations between subject and senior leaders

By *Mary Myatt, John Tomsett*

Schools need to have purchase on the curriculum: why they teach the subjects beyond preparation for examinations, what they are intending to achieve with the curriculum, how well it is planned and enacted in classrooms and how they know whether it's doing what it's supposed to. Fundamental to this understanding are the conversations between subject leaders and their line managers. However, there is sometimes a mismatch between the subject specialisms of senior leaders and those they line manage. If I don't know the terrain and the importance of a particular subject, how can I talk intelligently with colleagues who are specialists? This book sets out to offer some tentative answers to these questions. Each of the national curriculum subjects is discussed with a subject leader and provides an insight into what they view.

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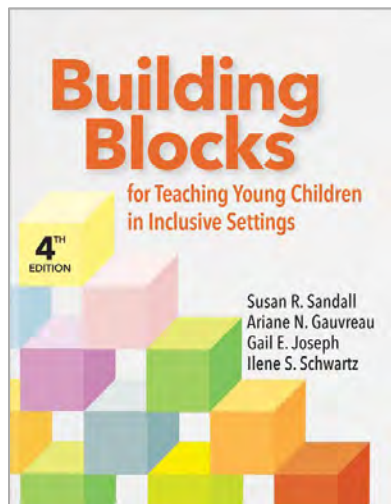
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### Building Blocks for Teaching Young Children in Inclusive Settings

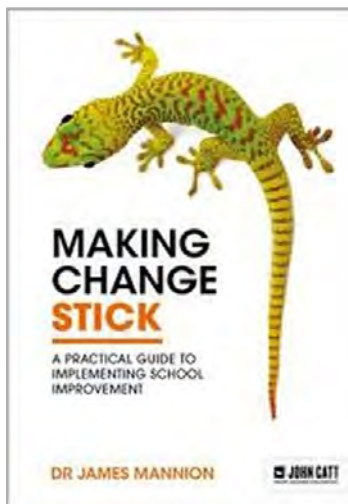
By Susan R. Sandall, Ilene S. Schwartz



Building Blocks provides a framework for successful and meaningful inclusion of young children in inclusive settings. Like the first three editions, the fourth edition offers pre- and inservice teachers three types of practical, evidence-based inclusion strategies.

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### Making Change Stick: The Art and Science of Implementing School Improvement

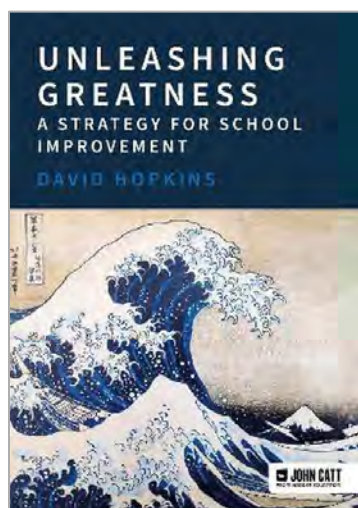
By James Mannion



Why do so few school improvement initiatives improve pupil outcomes? In this practical guide to implementing school improvement, Dr James Mannion argues that there are two main reasons. First, school leaders and second, problems with top-down change.

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### Unleashing Greatness - a strategy for school improvement

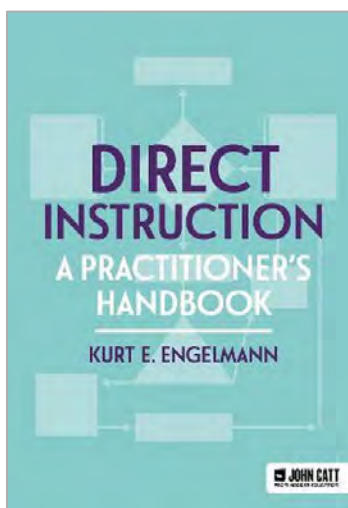
By David Hopkins



There is a paradox at the heart of contemporary school improvement and system change in education. Why is it that despite the phenomenal increase in our recent knowledge about what works in schooling, that standards still lag expectations and school level performance is far too variable?

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### Direct Instruction A Practitioner's Handbook

By Kurt Engelmann

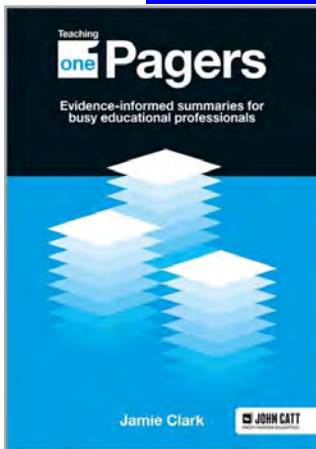


Direct Instruction (DI) is a powerful instructional approach designed to ensure that students master critical skills and content required for more advanced learning. This book provides a systematic explanation of the Direct Instruction methodology and DI program design.

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### Teaching One-Pagers

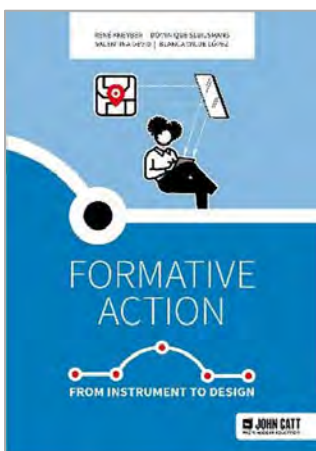
Evidence-informed summaries for busy educational professionals

By *Jamie Clark*

Ask any teacher and they would say that workload is one of the biggest blockers to their professional development. Simply put, most teachers are time-poor and too busy to engage with educational research to improve their classroom instruction. One-pagers are ultra-concise A4 summaries that share important ideas about good teaching. In this practical little book, Jamie Clark presents over 50 evidence-informed one-pagers that help educators reflect on their practice, build pedagogical knowledge, and generate professional discussion.

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### Formative Action

From Instrument to Design

By *Rene Kneyber, Dominique Sluijsman*

Formative practices can motivate students, enhance their self-regulation, and help find a better balance between education and assessment. However, the successful implementation of formative practices and feedback in lessons begins with a well thought out educational design. In this book, the authors outline the implementation principles to which formative action must adhere to be of practical and substantive significance. They also explain how educators can use feedback more effectively and efficiently, and the essential role of instilling a shared sense of quality.

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### Supporting Students' Executive Function Skills in the Trauma-Sensitive Classroom

Focusing in on Working Memory

By *Jen Alexander, Jennifer Dickey*

Students who experience trauma may have ongoing difficulties with executive function skills—including working memory, a skill that’s foundational to attention, focus, and school success. Part of an essential new series of laminated quick guides for pre-K–12 educators, this is your concise, practical introduction to supporting students who struggle with working memory. Jen Alexander and Jennifer Dickey, educators, and experts on trauma-sensitive schools, guide you through this important topic in a friendly, warm, and personal style. They’ll give you the insight you need to understand your students’ needs, plus practical guidance, tools, and real-world ideas you can use right away to support working memory and set every learner up for success.

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