

# COUNSELLING

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**SEMESTER 2 | 2024**



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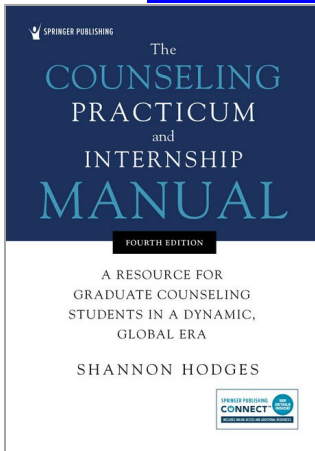


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NEW EDITION

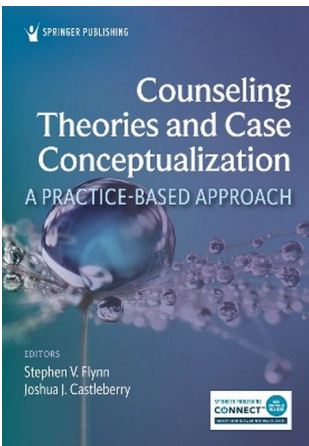
## The Counseling Practicum and Internship Manual 4/e

A Resource for Graduate Counseling Students in a Dynamic,  
Global Era

By *Shannon Hodges*

The most comprehensive guide to the counseling practicum and internship experiences. This bestselling text prepares graduate counseling students to effectively negotiate the major issues and challenges they face while on pre-practicum, practicum, and internship. The expanded and revised fourth edition includes a new personal narrative describing lessons learned at the conclusion of each chapter, updated case studies, and an international focus. It encompasses the latest Council for Accreditation of Counseling and Related Educational Programs (CACREP) standards, expanded coverage of telemental health and telemental supervision, and the impact of technology on graduate counseling programs.

**SPRINGER PUBLISHING  
COMPANY**  
Disc: ACAD & PROFESSIONAL  
Paperback  
254 X 178 mm  
446 Pages  
Rel Date: May 2024  
**9780826166067**  
**AUD\$: 152.00**



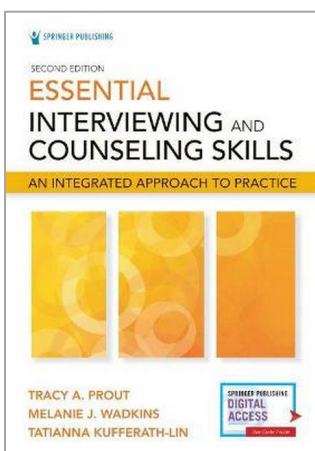
NEW

## Counseling Theories and Case Conceptualization A Practice-Based Approach

By *Stephen V. Flynn, Joshua J. Castleberry*

Helps future counselors apply key theoretical constructs to real-world scenarios through session transcripts and detailed case conceptualizations. For students enrolled in master's and advanced doctoral programs, this groundbreaking textbook blends theoretical insight and practical application. Woven throughout is a focus on the multiple levels of diversity, intersectionality, and identity that individuals embody and the skills and interventions necessary to produce positive outcomes. The book is distinguished by the inclusion of Voices from the Field, digital video interviews with 12 expert practitioners of leading theories. These practitioners, representing different contextual backgrounds and intersectional identities, share their perspectives and experiences on how to best use a particular theory to help minority populations who have experienced discrimination.

**SPRINGER PUBLISHING  
COMPANY**  
Disc: ACAD & PROFESSIONAL  
Paperback  
254 X 178 mm  
438 Pages  
Rel Date: November 2023  
**9780826182913**  
**AUD\$: 194.00**

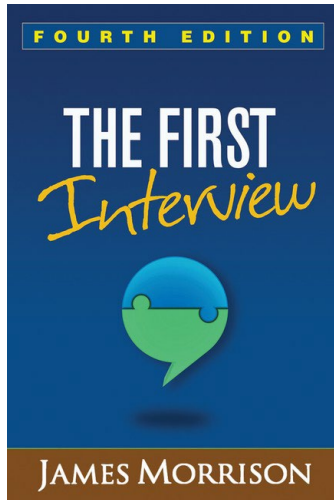


## Essential Interviewing and Counseling Skills 2/e An Integrated Approach to Practice

By *Tracy A. Prout, Melanie J. Wadkins*

The only comprehensive interviewing and counseling text grounded in a strong multi-theoretical foundation. Structured around CACREP standards, *Essential Interviewing and Counseling Skills* Second Edition uniquely encompasses both theory and practice from the perspectives of a diverse array of theoretical schools and practice strategies. While continuing to disseminate counseling fundamentals, the second edition focuses extensively on the acquisition of robust interviewing and counseling skills including special preparation for the initial assessment and counseling session. It is also distinguished by its integration of cognitive behavioral and psychodynamic therapy approaches.

**SPRINGER PUBLISHING  
COMPANY**  
Disc: ACAD & PROFESSIONAL  
Paperback  
254 X 178 mm  
450 Pages  
COLOUR SECTION(S)  
Rel Date: October 2021  
**9780826192653**  
**AUD\$: 214.00**

**The First Interview 4/e***By James Morrison*

This trusted practitioner resource and course text is grounded in James Morrison's experience with more than 15,000 mental health patients.

**GUILFORD PUBLICATIONS**

Disc: TEXT

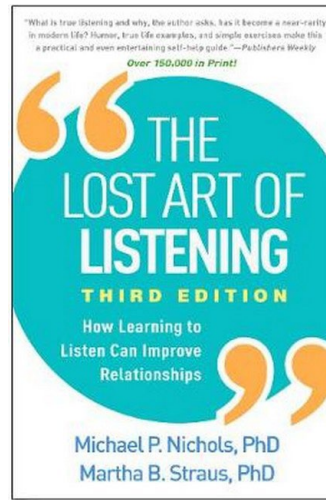
229 X 152 mm

Release Date: February 2017

**9781462529834**

Paperback

369 pages

**AUD\$: 77.99****The Lost Art of Listening 3/e****How Learning to Listen Can Improve Relationships***By Michael P. Nichols*

This thoughtful, witty, and empathic book has already helped over 125,000 readers break through conflicts and transform their personal and professional relationships.

**GUILFORD PUBLICATIONS**

Disc: TRADE INTERNATIONAL

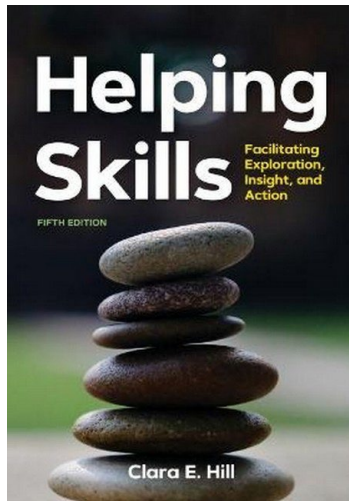
229 X 152 mm

Release Date: May 2021

**9781462542741**

Paperback

368 pages

**AUD\$: 51.99****Helping Skills 5/e****Facilitating Exploration, Insight, and Action***By Clara E. Hill*

Presents an updated model of essential helping skills for undergraduate and first year graduate students. This book synthesizes the author's extensive clinical and classroom experience into an easy-to-read guide to the helping process.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

Disc: ACAD &amp; PROFESSIONAL

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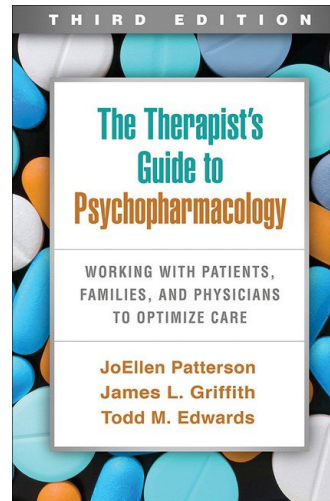
Release Date: October 2019

**9781433831379**

Paperback

485 pages

B&amp;W THROUGHOUT

**AUD\$: 212.00****The Therapist's Guide to Psychopharmacology 3/e****Working with Patients, Families, and Physicians to Optimize Care***By JoEllen Patterson, James L. Griffith*

Now in a revised and updated third edition, this noted practitioner guide and text incorporates the latest knowledge about psychopharmacology and collaborative care.

**GUILFORD PUBLICATIONS**

Disc: ACAD &amp; PROFESSIONAL

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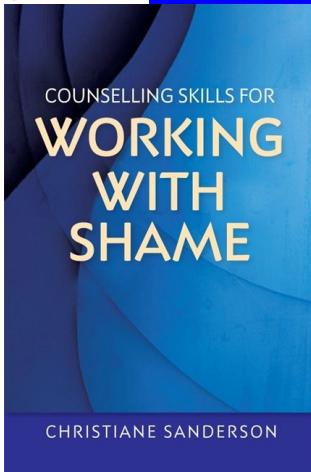
Release Date: November 2021

**9781462547661**

Paperback

308 pages

**AUD\$: 84.99**



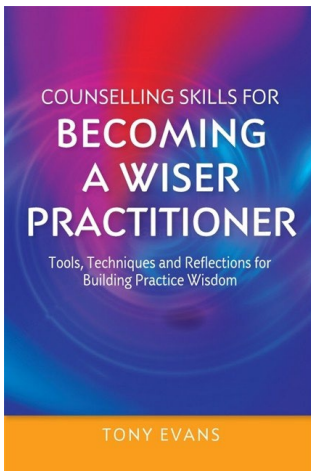
## Counselling Skills for Working with Shame

*By Christiane Sanderson*

*Counselling Skills for Working with Shame* helps professionals to understand and identify shame and to build shame resilience in both the client and themselves. Shame is ubiquitous in counselling where there is an increased vulnerability and risk of exposure to shame. While many clients experience feelings of shame, it is often overlooked in the therapeutic process and as a result can be left untreated. It is particularly pertinent when working with clients who have experienced trauma, domestic or complex abuse, or who struggle with addiction, compulsion and sexual behaviours. Written in an accessible style, this is a hands-on, skills-based guide which helps practitioners to identify what elicits, evokes or triggers shame.

**JESSICA KINGSLEY  
PUBLISHERS**

Disc: TEXT  
Paperback  
226 X 152 mm  
264 Pages  
Rel Date: October 2015  
**9781849055628**  
**AUD\$: 55.99**



## Counselling Skills for Becoming a Wiser Practitioner

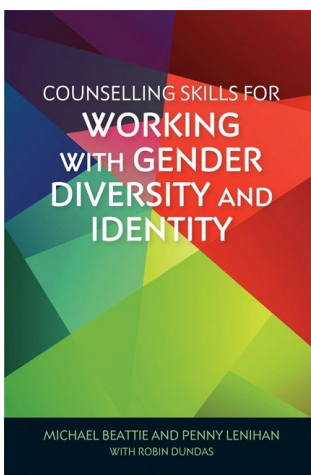
**Tools, Techniques and Reflections for Building Practice Wisdom**

*By Tony Evans*

Conveying the reality of the counselling room, this book provides helpful tips and techniques to enable practitioners to develop and refine their skills. At the heart of this book is the idea of 'situated action'. By this we mean suspending purely intellectual faculties and exploring a different kind of intelligence - one shaped in the real world - in essence what happens to theory when it meets real life. It offers thirty-four skills to achieve this kind of practice wisdom which contain a mixture of reflection, client stories, quotes, and images. This text will translate theory into practice for students and be a source of inspiration and reflection for the experienced practitioner wanting to develop their skills.

**JESSICA KINGSLEY  
PUBLISHERS**

Disc: TEXT  
Paperback  
228 X 155 mm  
240 Pages  
Rel Date: September 2015  
**9781849056076**  
**AUD\$: 55.99**



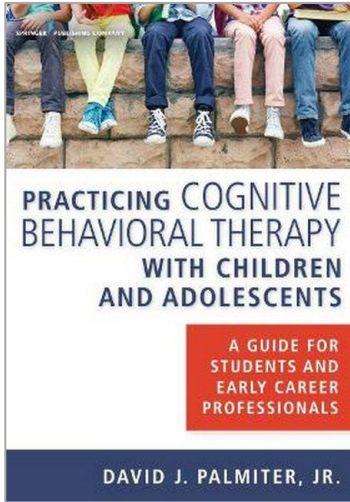
## Counselling Skills for Working with Gender Diversity and Identity

*By Michael Beattie, Penny Lenihan*

For any student or practitioner needing to gain a sound understanding of the complex fields of gender variance, gender identity and gender dysphoria, this book provides the ideal starting point for the knowledge and skills that you need. Emphasising the need for affirmative practice in gender care, it provides an overview of the subject areas and process issues which most commonly arise in counselling, combining theoretical with practical perspectives. It explores the diverse range of identities including masculinity, femininity, non-binary, gender dysphoria, trans, and cisgender. It also addresses challenges which may clients experience in their daily lives - in the workplace, when coming out, when transitioning and in intimate relationships.

**JESSICA KINGSLEY  
PUBLISHERS**

Disc: TEXT  
Paperback  
226 X 150 mm  
312 Pages  
Rel Date: May 2018  
**9781785927416**  
**AUD\$: 61.99**



## Practicing Cognitive Behavioral Therapy with Children and Adolescents

A Guide for Students and Early Career Professionals

By *David J. Palmiter*

This is the only resource dedicated specifically to increasing the confidence and professional competence of graduate students and early career professionals who use cognitive behavioural therapy with children and adolescents.

### SPRINGER PUBLISHING COMPANY

Disc: TEXT

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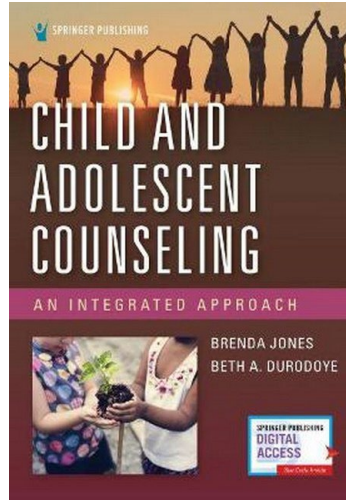
Release Date: October 2016

9780826131188

Paperback

400 pages

AUD\$: 120.00



## Child and Adolescent Counseling An Integrated Approach

By *Brenda Jones, Beth A. Durodoye*

This the first text to fully integrate the developmental, systemic, multicultural, and relational elements of child and adolescent counseling.

### SPRINGER PUBLISHING COMPANY

Disc: ACAD & PROFESSIONAL

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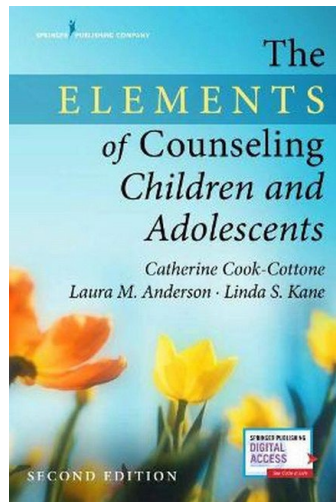
Release Date: November 2021

9780826147639

Paperback

500 pages

AUD\$: 186.00



## The Elements of Counseling Children and Adolescents 2/e

By *Catherine Cook-Cottone, Laura M. Anderson*

Distills essential and up-to-date guidelines for students and practitioners of child and adolescent counseling. Featuring concise, step-by-step protocols supported by evidence-based practice.

### SPRINGER PUBLISHING COMPANY

Disc: TEXT

100 X 10 mm

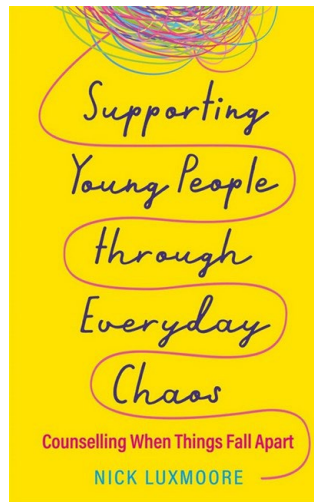
Release Date: April 2019

9780826162137

Paperback

150 pages

AUD\$: 103.00



## Supporting Young People through Everyday Chaos Counselling When Things Fall Apart

By *Nick Luxmoore*

A guide to teenage pastoral care formed of example discussions between veteran counsellor Nick Luxmoore and young people on a range of topics surrounding normal life being interrupted.

### JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

216 X 138 mm

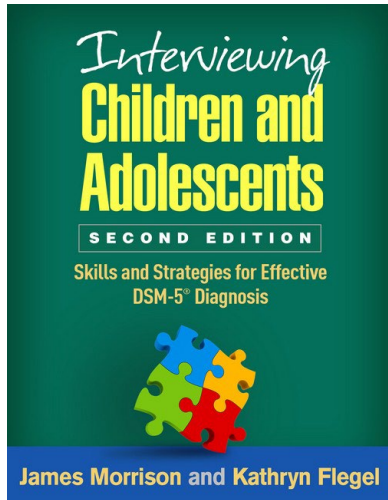
Release Date: September 2022

9781839973598

Paperback

160 pages

AUD\$: 42.99



**Interviewing Children and Adolescents 2/e**  
Skills and Strategies for Effective DSM-5(R) Diagnosis

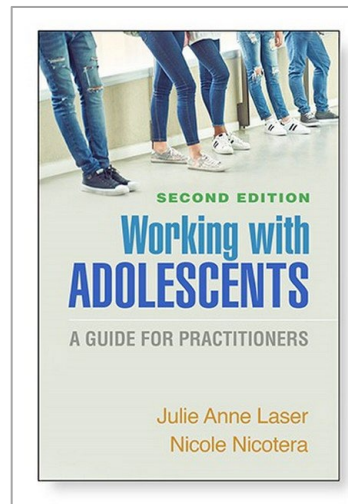
*By James Morrison, Kathryn Flegel*

This instructive clinical resource has given thousands of clinicians and students essential skills for evaluating infants through adolescents with any type of mental health issue.

**GUILFORD PUBLICATIONS**

Disc: TEXT  
235 X 187 mm  
Release Date: December 2017  
**9781462533794**

Paperback  
493 pages  
**AUD\$: 89.99**



**Working with Adolescents 2/e**  
A Guide for Practitioners

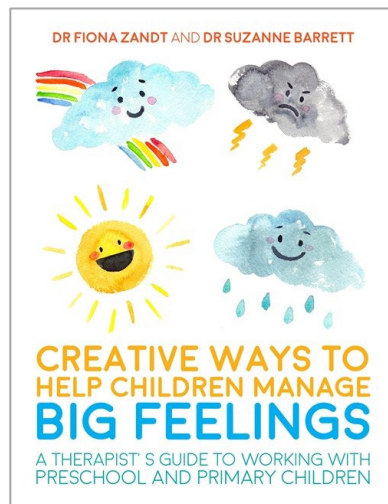
*By Julie Anne Laser, Nicole Nicotera*

Noted for its multisystemic-ecological perspective, this accessible text and practitioner resource has now been revised. The book provides a comprehensive view of adolescent development.

**GUILFORD PUBLICATIONS**

Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: August 2021  
**9781462546152**

Hardback  
362 pages  
NOT ILLUSTRATED  
**AUD\$: 107.00**



**Creative Ways to Help Children Manage BIG Feelings**  
A Therapist's Guide to Working with Preschool and Primary Children

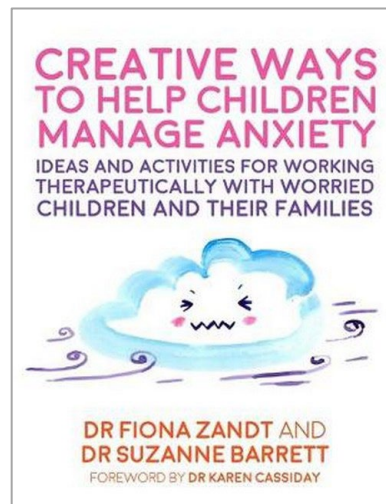
*By Fiona Zandt, Suzanne Barrett*

To be able to effectively offer therapy to children, complex therapeutic concepts need to be presented in an appropriate and engaging manner.

**JESSICA KINGSLEY PUBLISHERS**

**Authors are from Australia**  
Disc: ACAD & PROFESSIONAL  
276 X 214 mm  
Release Date: June 2017  
**9781785920745**

Paperback  
200 pages  
**AUD\$: 61.99**



**Creative Ways to Help Children Manage Anxiety**  
Ideas and Activities for Working Therapeutically with Worried Children and Their Families

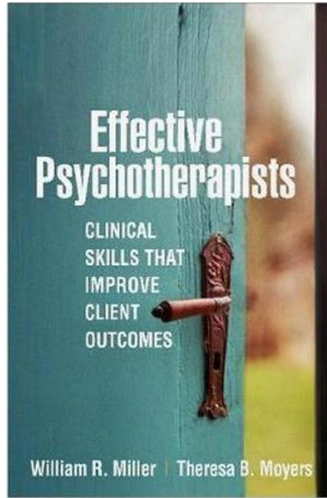
*By Fiona Zandt, Suzanne Barrett*

This book sets out therapeutic activities to help children aged 4-12 years and their families to better understand and manage anxiety. It explains how to work with anxious children, providing a framework for assessment.

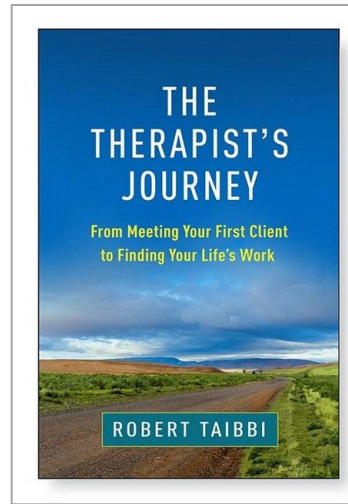
**JESSICA KINGSLEY PUBLISHERS**

**Authors are from Australia**  
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279 X 216 mm  
Release Date: January 2021  
**9781787750944**

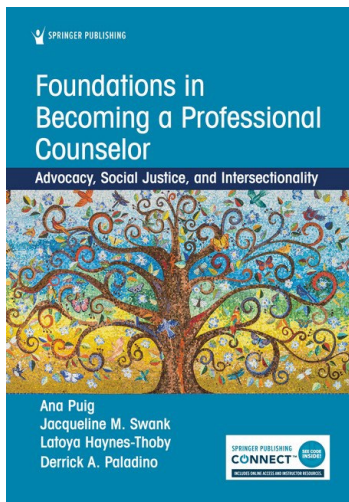
Paperback  
208 pages  
B&W THROUGHOUT  
**AUD\$: 61.99**

**Effective Psychotherapists**  
Clinical Skills That Improve Client OutcomesBy *William R. Miller*

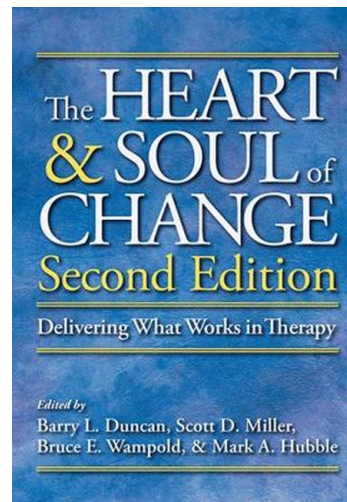
What is it that makes some therapists so much more effective than others, even when they are delivering the same evidence-based treatment?

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Disc: ACAD & PROFESSIONAL  
228 X 152 mm  
Release Date: March 2021  
**9781462546893**Paperback  
214 pages  
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**AUD\$: 69.99****The Therapists Journey**  
From Meeting Your First Client to Finding Your Life's WorkBy *Robert Taibbi***NEW EDITION**

Psychotherapists just starting out in the field often have more questions than answers: "Am I really cut out for this job?" "Where do I want my career to be heading?" "How do I deal with my reactions to clients, or theirs to me?"

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Release Date: September 2023  
**9781462552412**Paperback  
252 pages  
NOT ILLUSTRATED  
**AUD\$: 84.99****Foundations in Becoming a Professional Counselor**  
Advocacy, Social Justice, and IntersectionalityBy *Ana Isabel Puig, Jacqueline M. Swank*

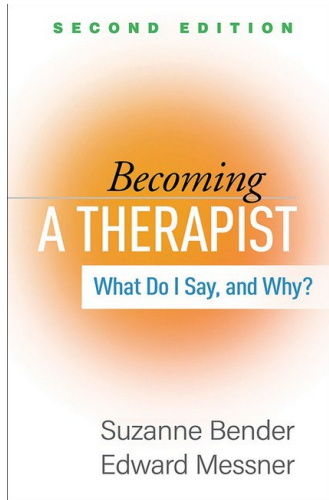
Helps counselors-in-training develop their sense of identity as advocates and seekers of social justice. Distinguished by a potent social justice and multicultural perspective.

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Release Date: March 2023  
**9780826163851**Paperback  
426 pages  
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**AUD\$: 204.00****The Heart and Soul of Change 2/e**  
Delivering What Works in TherapyBy *Dr Barry L Duncan, Dr Scott D Miller*

The editors of this second edition have created a new and enriched volume that presents the most recent research on what works in therapeutic practice, a thorough analysis of this research, and practical guidance.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**  
Disc: ACAD & PROFESSIONAL  
250 X 175 mm  
Release Date: March 2023  
**9781433842108**Paperback  
**AUD\$: 157.00**





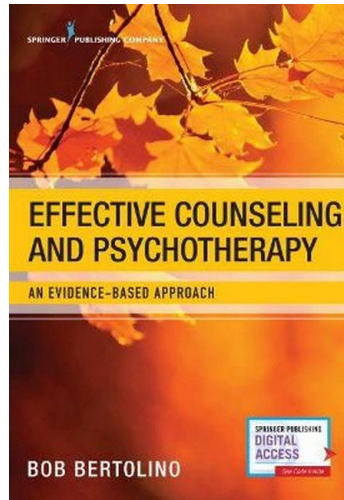
**Becoming a Therapist  
2/e**  
What Do I Say, and Why?

**By Suzanne Bender, Edward  
Messner**

Revised and expanded for the digital age, this trusted guidebook and text helps novice psychotherapists of any orientation bridge the gap between coursework and real-world clinical practice.

**GUILFORD PUBLICATIONS**  
Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: September 2022  
**9781462549467**

Paperback  
454 pages  
**AUD\$: 82.99**



**Effective Counseling  
and Psychotherapy**  
An Evidence-Based Approach

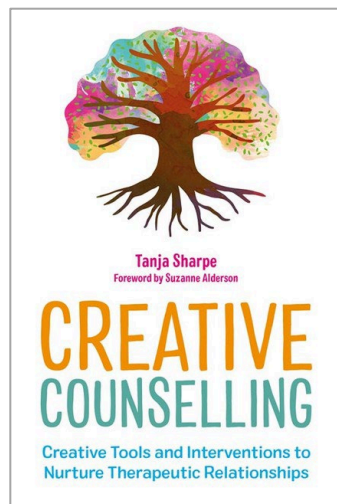
**By Bob Bertolino**

Grounded in over 50 years of outcome research, this comprehensive textbook focuses on outcomes management and the principles and core strategies for delivering competent and effective therapeutic practice.

**SPRINGER PUBLISHING COMPANY**  
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Release Date: April 2018  
**9780826141125**

Paperback  
254 pages  
**AUD\$: 130.00**

**CREATIVE COUNSELLING**



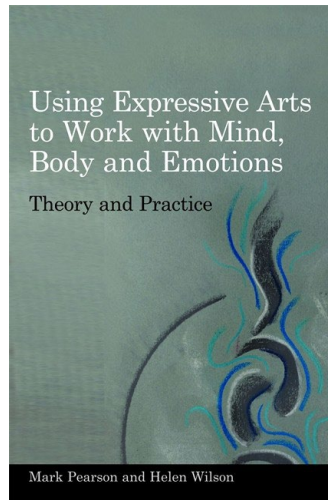
**Creative Counselling**  
Creative Tools and  
Interventions to Nurture  
Therapeutic Relationships

**By Tanja Sharpe, Suzanne  
Alderson**

A practical guide showing therapists how to incorporate creative interventions into counselling to help clients through art, sound, movement, symbols and poetry.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: June 2022  
**9781839970184**

Paperback  
224 pages  
B&W THROUGHOUT  
**AUD\$: 57.99**



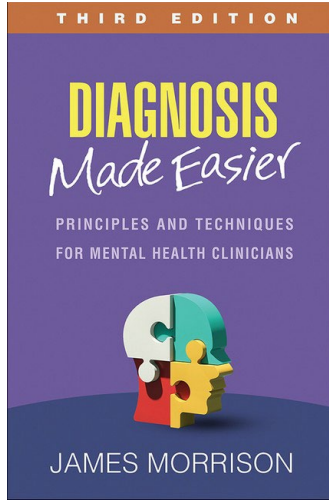
**Using Expressive Arts  
to Work with Mind,  
Body and Emotions**  
Theory and Practice

**By Helen Wilson, Mark Pearson**

*Using Expressive Arts to Work with Mind, Body and Emotions* combines theory, research and activities to produce practical suggestions for enhancing client participation in the therapy process.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: ACAD & PROFESSIONAL  
232 X 156 mm  
Release Date: October 2009  
**9781849050319**

Paperback  
320 pages  
**AUD\$: 66.99**



**Diagnosis Made Easier  
3/e**  
Principles and Techniques for  
Mental Health Clinicians

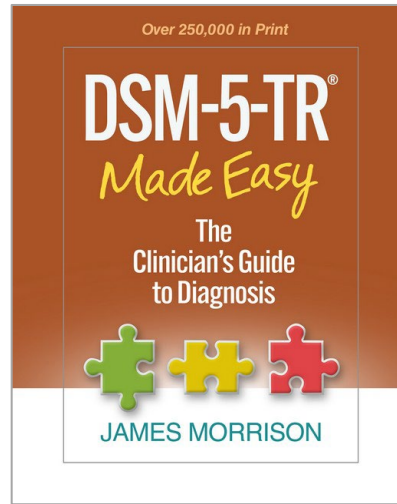
**NEW EDITION**

*By James Morrison*

The third edition of this incisive practitioner resource and course text—updated for the DSM-5 Text Revision (DSM-5-TR)—takes the reader step by step through diagnostic decision making in mental health.

**GUILFORD PUBLICATIONS**  
Disc: TEXT  
229 X 152 mm  
Release Date: April 2024  
**9781462553402**

Paperback  
346 pages  
NOT ILLUSTRATED  
**AUD\$: 103.00**



**DSM-5-TR (R)  
Made Easy**  
The Clinician's Guide to  
Diagnosis

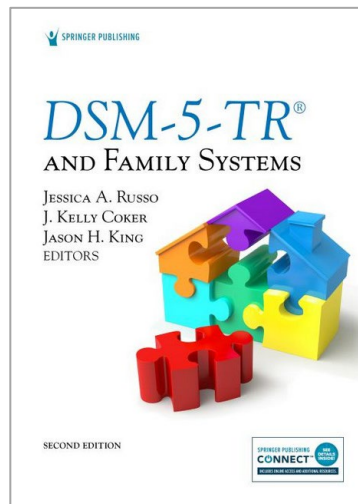
**NEW EDITION**

*By James Morrison*

Fully updated for the DSM-5 Text Revision (DSM-5-TR), this trusted guide presents the breadth of DSM diagnoses in an accessible, engaging, and clinically useful format. Master diagnostician James Morrison demystifies the dense DSM-5-TR.

**GUILFORD PUBLICATIONS**  
Disc: ACAD & PROFESSIONAL  
240 X 190 mm  
Release Date: July 2023  
**9781462551347**

Hardback  
660 pages  
**AUD\$: 163.00**



**DSM-5-TR (R) and  
Family Systems**

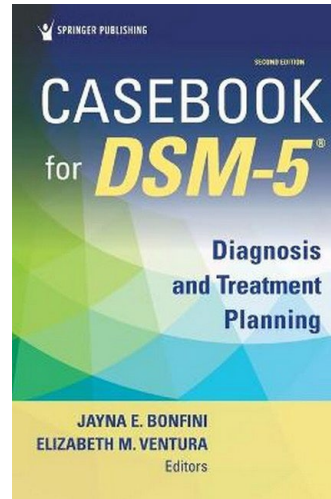
**NEW**

*By Jessica A. Russo, J. Kelly  
Coker*

Offers useful strategies for creating rapport between the linear-focused DSM-5-TR and the circular causality approach of systems-oriented clinicians.

**SPRINGER PUBLISHING COMPANY**  
Disc: ACAD & PROFESSIONAL  
254 X 178 mm  
Release Date: November 2023  
**9780826140265**

Paperback  
632 pages  
NOT ILLUSTRATED  
**AUD\$: 177.00**



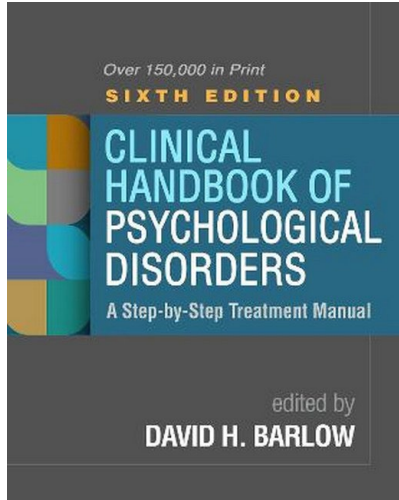
**Casebook for DSM-5**  
Diagnosis and Treatment  
Planning

*By Jayna E. Bonfini, Elizabeth  
Ventura*

A practical casebook for graduate-level programs in mental health masterfully that demonstrates how to put the DSM-5 into practice. It is designed to help students understand why a particular diagnosis is given.

**SPRINGER PUBLISHING COMPANY**  
Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: July 2021  
**9780826186331**

Paperback  
236 pages  
**AUD\$: 84.99**



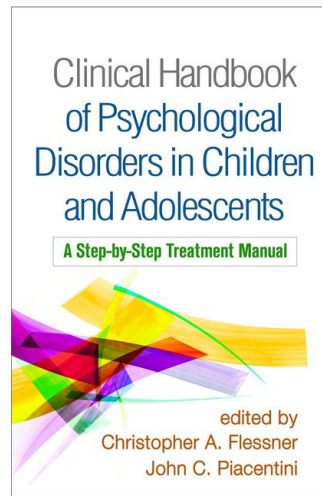
**Clinical Handbook of Psychological Disorders 6/e**  
A Step-by-Step Treatment Manual

By David H. Barlow

Now in a revised and expanded sixth edition, this is the leading text on evidence-based treatments for frequently encountered mental health problems.

**GUILFORD PUBLICATIONS**  
Disc: ACAD & PROFESSIONAL  
150 X 150 mm  
Release Date: August 2021  
9781462547043

Hardback  
822 pages  
AUD\$: 206.00



**Clinical Handbook of Psychological Disorders in Children and Adolescents**  
A Step-by-Step Treatment Manual

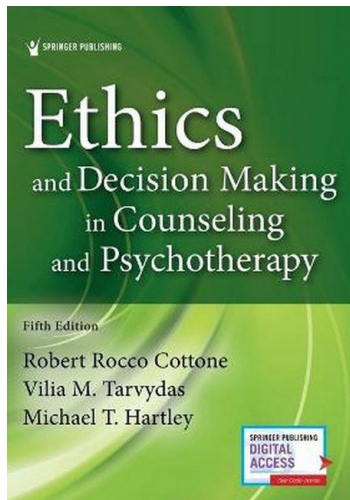
By Christopher A. Flessner, John C. Piacentini

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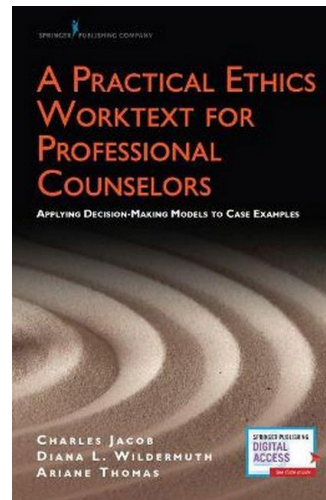
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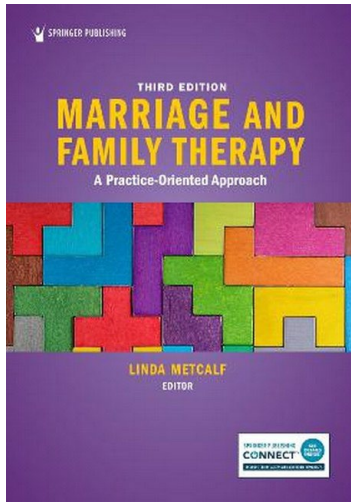
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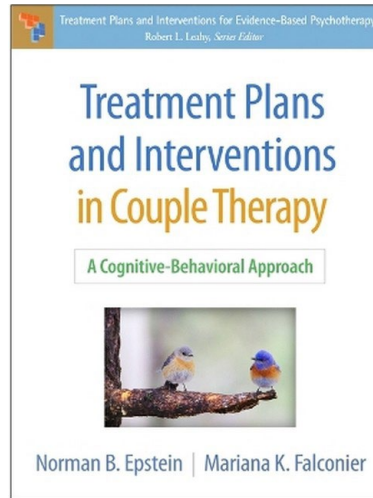
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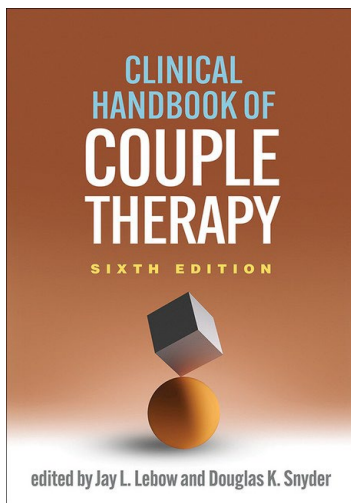
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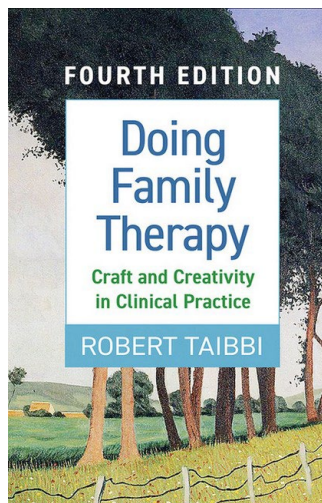
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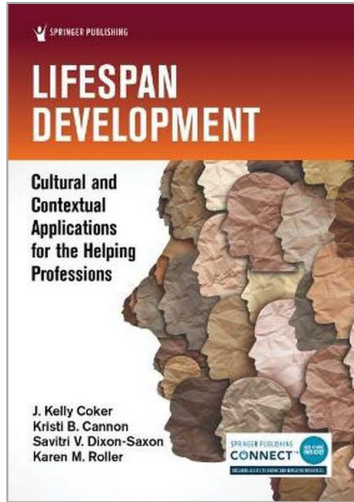
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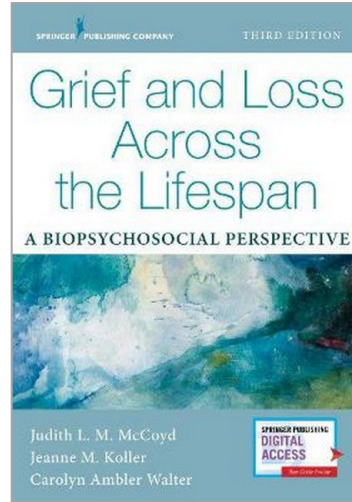
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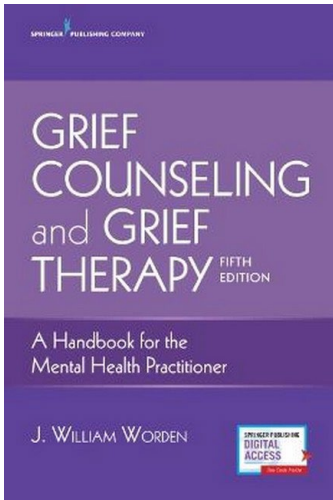
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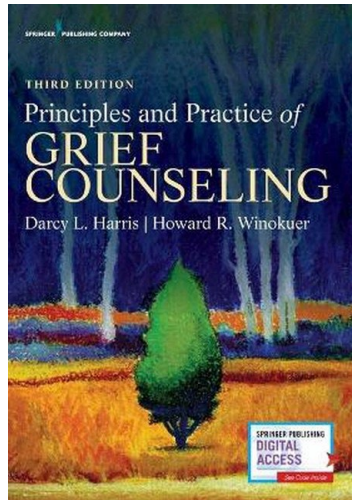
*By J. William Worden*

Encompassing new content on the treatment of grief, loss, and bereavement, this updated and revised fifth edition delivers the most current research and practical information for upper-level students and practitioners alike.

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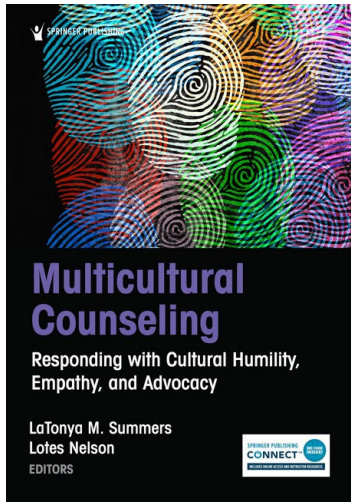
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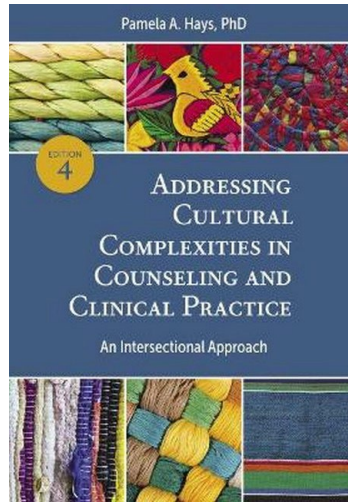
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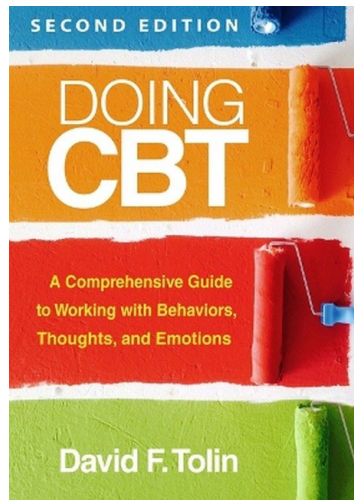
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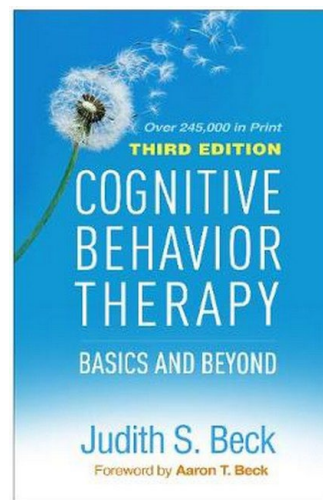
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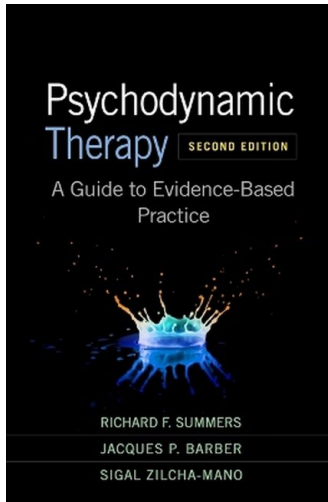
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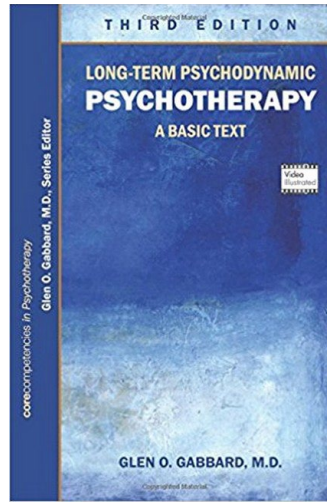
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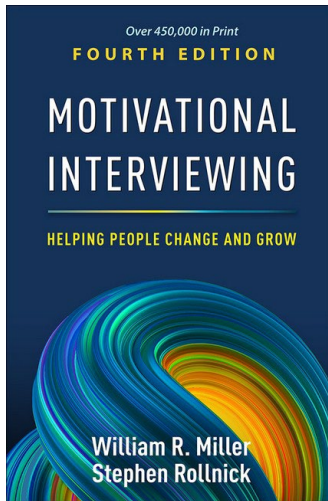
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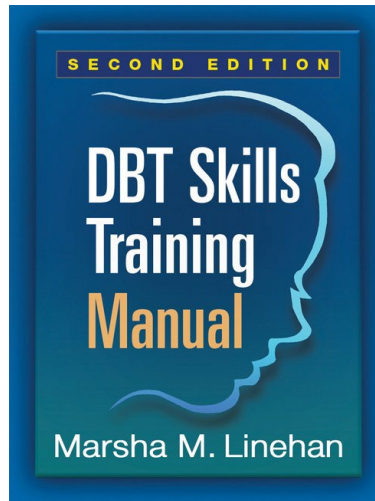
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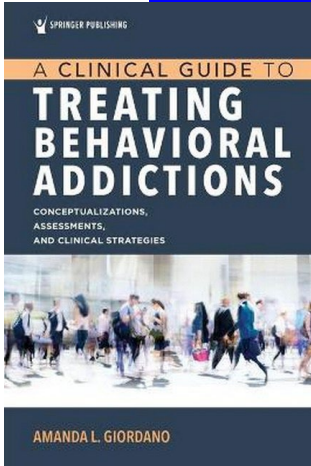
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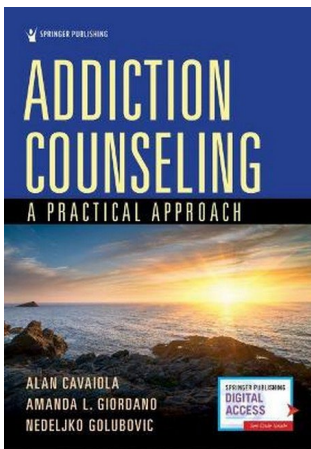


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An innovative new text addressing 11 behavioral addictions in detail with a focus on recent neuroscience. This practical, approachable guide for clinicians comprehensively covers an array of behavioural addictions ranging from internet gaming addiction and sex addiction to social media addiction and food addiction. Each chapter answers foundational questions to inform clinical practice including: How do I conceptualize it? How do I identify it? How do I assess it?, How do I treat it?, and How do I learn more? & Through this innovative resource, clinicians will gain valuable knowledge regarding the conceptualization, identification, assessment, and treatment of behavioral addictions.

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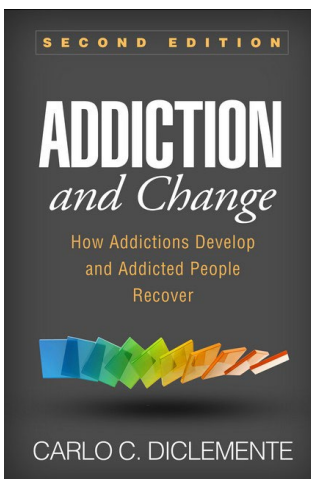
## Addiction Counseling

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Equips the upcoming generation of addiction counselors with crucial knowledge to skilfully treat current and future addictions. Grounded in leading-edge, evidence-based research, this hands-on text applies a step-by-step approach to addictions counseling. This book encompasses assessment, diagnosis, and treatment planning; case management; and relapse prevention, with an incisive focus on process addictions and co-occurring disorders. The text covers all essential topics as outlined in the gold standard SAMSHA Counselor Training Manual. Included are detailed guidelines on how to write succinct treatment plans and conduct effective client sessions; case studies; role-playing exercises; and clinical applications to assessment and diagnosis, treatment planning, and case management.

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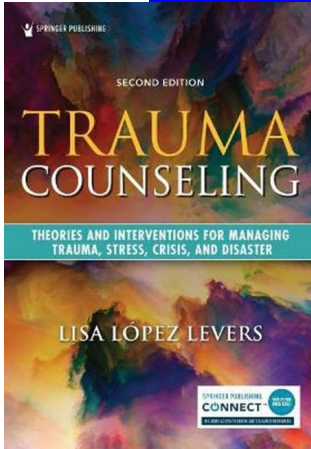
How Addictions Develop and Addicted People Recover

By *Carlo C. DiClemente*

Not everyone who experiments with substance use or risky behavior becomes addicted, and many who are addicted have been able to recover. This authoritative book, now revised and updated, has given tens of thousands of professionals and students a state-of-the-art framework for understanding the journey both into and out of addiction. From Carlo C. DiClemente, codeveloper of the transtheoretical model (TTM), the book identifies the stages and processes involved in initiating, modifying, maintaining, or stopping any pattern of behavior. Grounded in extensive research, and illustrated with vivid case examples, the book shows how using the TTM can help overcome obstacles to change and make treatment and prevention more effective.

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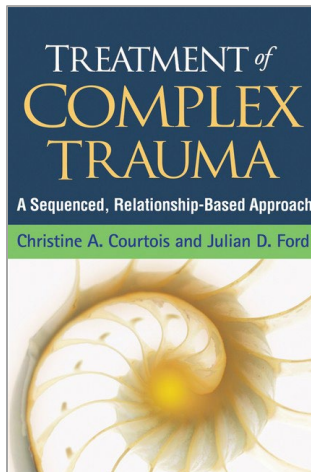
## Trauma Counseling 2/e

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By *Lisa Lopez Levers*

The only comprehensive text to focus on trauma, stress, crisis, and disaster counseling from a clinical practice perspective. This overarching text, intended both for mental health practitioners-in-training and for practicing clinicians, focuses on the impact of stress, crisis, trauma, and disaster on diverse populations across the lifespan as well as on effective treatment strategies. The second edition is newly grounded in a "trauma scaffold," providing foundational information that therapists can build upon, step-by-step, to treat individuals affected by more complex trauma events. This resource newly addresses the mental health implications of COVID-19, which has had an enormous impact on multitudes of people since the beginning of the pandemic, its repercussions likely to continue for some time into the future.

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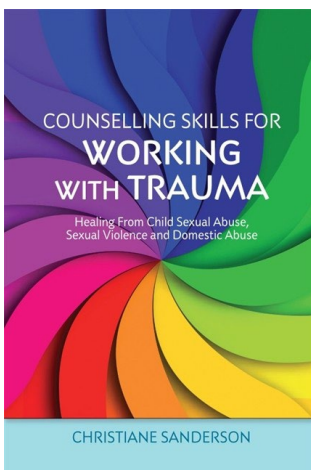
## Treatment of Complex Trauma

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This insightful guide provides a pragmatic roadmap for treating adult survivors of complex psychological trauma. Christine Courtois and Julian Ford presents their effective, research-based approach for helping clients move through three clearly defined phases of posttraumatic recovery. Two detailed case examples run throughout the book, illustrating how to plan and implement strengths-based interventions that use a secure therapeutic alliance as a catalyst for change. Essential topics include managing crises, treating severe affect dysregulation and dissociation, and therapist self-care. The companion website offers downloadable reflection questions for clinicians and extensive listings of professional and self-help resources. A new preface in the paperback and e-book editions addresses key scientific advances.

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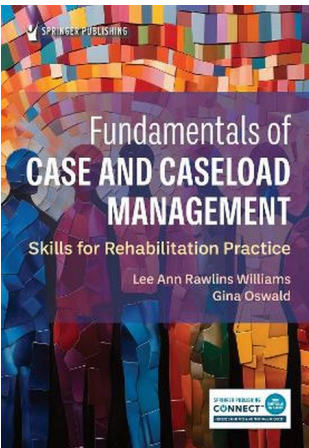
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The leading text and go-to practitioner resource on psychiatric rehabilitation is now in a thoroughly revised third edition, bringing readers up to date on current ideas, findings, and evidence-based best practices. The expert authors present the knowledge needed to help adults with psychiatric disabilities develop their strengths and achieve their life goals. The book describes effective ways to assess personal needs and aspirations; integrate medical and psychosocial interventions; implement supportive services in such areas as housing, employment, education, substance use, and physical health; and combat stigma and discrimination. "Personal Examples" throughout the text share the experiences of diverse individuals recovering from serious mental illness.

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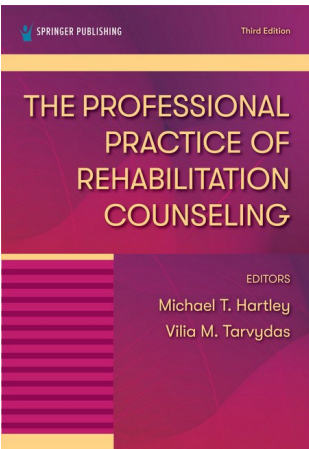
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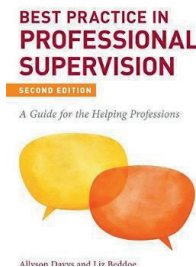
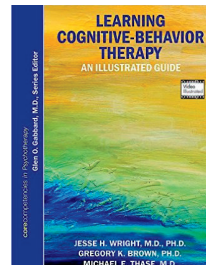
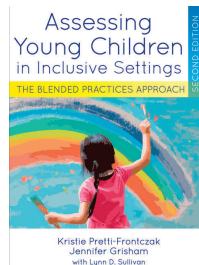
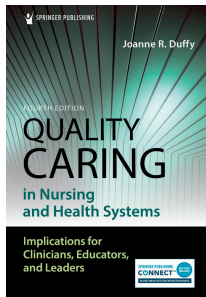
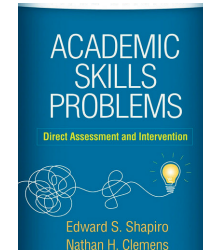
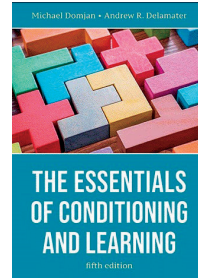
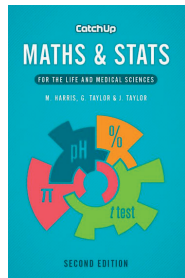
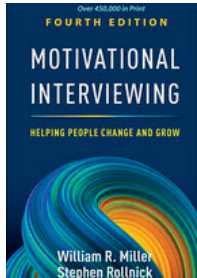
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